

Sex Addiction Clinic

In Tandem - MARK H. BIRD 2017-09-17

Connection is at the heart of recovery. For those who are in a relationship, that means you must develop individual recovery as well as the ability to work in tandem with your partner to establish couple recovery tools that bring connection. For those not in a primary relationship, connection is just as critical and requires you to work in tandem with family, friends, higher power, etc. Research suggest that connection is essential to long-term recovery, and it requires many skills to stay connected, like honesty, communication, trust building, accountability, empathy, and many others. This book provides a step-by-step process for developing the skills for connection in tandem with solid individual recovery skills.

The Paraphilias - J. Paul Fedoroff 2019-10-10

Of the thousands of papers and books about problematic sexual behaviors, most focus solely on sex crimes or so-called "hyper-sexuality" or "sexual addiction." Together, these publications present a grim and pessimistic prognosis for anyone who has unusual sexual interests of any type. This book challenges that view by providing a more informed and balanced review of what is known and what is not known about unconventional sexual interests. It is based on approximately thirty years of experience by the author concerning the assessment and treatment of paraphilias and unconventional sexual interests. The Paraphilias: Changing Suits in the Evolution of Sexual Interest Paradigms examines current and past perspectives concerning unconventional sexual interests associated with both criminal and non-criminal activities. Extensively referenced, it challenges the dogma that sexual interests are immutably determined during a single critical period and are thereafter unchangeable. The book provides extensive case histories and tables summarizing over 100 paraphilias and the latest research regarding them. It also reviews diagnostic criteria for the paraphilias. Analyses of current and past paradigms are presented together with new ways to understand, investigate, and provide meaningful and effective assistance to people with paraphilias. It is written for mental health clinicians and specialists in the fields of sexology and forensic psychiatry and psychology.

The Myth of Sex Addiction - David J. Ley 2014-07-10

In this controversial book, David Ley debunks the myth of sex addiction, showing how labeling it a disorder has wrested responsibility away from philandering men and excused their bad behavior as being out of their control. He takes on those who would label it a disease and ch...

Bad Girls - Rebecca Chance 2010-08-04

They met in rehab - but some of them had rather more therapy than they bargained for. Supermodel Amber Peterssould have the world at her feet. But her secret addiction has led her down a dangerous path. Lap dancer Skye Ellwood is desperate to get out of the life she's living, but has no idea how - until a client makes her an unusual proposition. Following an ultimatum from his fiance, A-list movie star Joe Jeffreys is finally heading to rehab to sort out his sex addiction - and save his squeaky-clean image. Spoiled daughter of a legendary rock god, Petal Gold is convinced she's a huge star in waiting, and she'll trample on anyone she thinks is standing in her way. Passion, jealousy, betrayal, revenge and scandal: during their tumultuous thirty days at Cascabel clinic, the lives of Amber, Skye, Joe and Petal will be transformed forever. But for one of them, the stakes could not be higher - or more dangerous.

Sex Addiction - Paula Hall 2019-02-04

Sex Addiction: A Guide for Couples and Those Who Help Them is a practical book that provides empathic support, guidance, information and pragmatic strategies for couples who want to survive sex and porn addiction - whether that's together, or apart. Sex and porn addiction devastates couple relationships, and unlike the impact of infidelity, there is no 'before' to get back to and no 'after'. This book adopts the metaphor of a boat, presenting addiction as the tidal wave that devastates the relation-ship, leaving both crew members fighting for survival. There's guidance to ensure each partner makes it safely back to shore

and advice on surveying the damage to your relation-ship and deciding if you want to save it and set sail again. You'll find practical advice for both the partner and the addicted partner, including first-hand accounts of couples that have already undertaken the journey. There are exercises to do alone, and many to share together, to help you understand what's happened, consider your future, and if you choose to stay together, begin the task of rebuilding trust and intimacy. Sex Addiction is not only a practical guide for couples, but also for the therapists who support them. This book will be a companion to Paula Hall's previous books on sex addiction and builds on the already known frameworks and models used, but it is also written to stand alone.

Lust, Anger, Love - Maureen Canning 2007-12

Sexual addiction in all its diversity is based on sexualized anger, according to therapist Canning (consultant, Sexual Disorders Clinic, The Meadows, Wickenburg, AZ). After sharing her childhood experience of incest and her reactions, she discusses ways to undo the shame and cultural conditioning leading to acting out sexually. Case examples are drawn from her private practice and from the headlines. Resources listed include hotlines and organizations.

Facing the Complexities of Women's Sexual Desire - Vera S. Maass 2006-11-22

This book focuses on a problem frequently encountered by sex and family therapists, psychologists and primary care physicians: women's sexual desire or lack thereof. The book covers both research and clinical interventions, and outlines factors that contribute to the decline in sexual desire in women of various ages. The text describes therapeutic steps which can be undertaken with the guidance of a therapist or by the woman herself.

Overcoming Sex Addiction - Thaddeus Birchard 2017-04-21

Overcoming Sex Addiction is an accessible self-help guide which uses the principles of cognitive behaviour therapy to help those with problematic or unwanted patterns of sexual behaviour. It is designed for those who are not yet ready to seek professional help or who live in a place where little help is available and can be used in conjunction with general psychotherapy. Written by a leading expert in the field, the book offers an insight into the origins of sex addiction, before going on to explain the cycle of addiction and how to break it. The book has a do-it yourself week-by-week programme of action to tackle compulsive sexual behaviour, and provides extensive advice on relapse prevention to help the reader move forward in recovery. Overcoming Sex Addiction will provide clear, informed guidance for sex addicts and those professionals working with them.

I Am Redeemed - Eric Saterdalen 2020-07-01

This is an incredible true story of a man who overcame sexual addiction, turned his marriage around, and has since gone on to help many others create similar victories in their own lives. After his arrest in 2017, Eric Saterdalen was faced with the devastating truth of his sexual addiction. This event launched him on a journey of recovery that would bring him closer to God and his faith. He now shares his story with the world in hopes that others won't have to go through the extremes that he did before getting help. Eric presents his story as a testament to faith-based recovery and provides readers with actionable steps and resources to support their own journey of redemption. This book is meant to inspire people-to show them that they can do it, too.

My Booky Wook - Russell Brand 2008-11-13

Russell Brand grew up in Essex. His father left when he was three months old, he was bulimic at 12 and left school at 16 to study at the Italia Conti stage school. There, he began drinking heavily and taking drugs. He regularly visited prostitutes in Soho, began cutting himself, took drugs on stage during his stand-up shows, and even set himself on fire while on crack cocaine. He has been arrested 11 times and fired from 3 different jobs - including from XFM and MTV - and he claims to have slept with over 2,000 women. In 2003

Russell was told that he would be in prison, in a mental hospital or dead within six months unless he went in to rehab. He has now been clean for three years. In 2006 his presenting career took off, and he hosted the NME awards as well as his own MTV show, 1 Leicester Square, plus Big Brother's Big Mouth on Channel 4. His UK stand-up tour was sold out and his BBC Radio 6 show became a cult phenomenon, the second most popular podcast of the year after Ricky Gervais. He was awarded Time Out's Stand Up Comedian of the Year and won Best Newcomer at the British Comedy Awards. In 2007 Russell hosted both the Brit Awards and Comic Relief, and continued to front Big Brother's Big Mouth. His BBC2 radio podcast became the UK's most popular. Russell writes a weekly football column in the Guardian and is the patron of Focus 12, a charity helping people with alcohol and substance misuse. He also hosts a podcast, Under the Skin, in which he delves below the surface of modern society.

Clinical Management of Sex Addiction - Patrick Carnes 2013-06-17

This is the first comprehensive volume of the clinical management of sex addiction. Collecting the work of 28 leaders in this emerging field, the editors provide a long-needed primary text about how to approach treatment with these challenging patients. The book serves as an excellent introduction for professionals new to the field as well as serving as a useful reference tool. The contributors are literally the pioneers of one of the last frontiers of addiction medicine and sex therapy. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. With a focus on special populations, it also becomes a handy problem-solving tool. Readable, concise, and filled with useful interventions, it is a key text for a problem clinicians must be able to identify. It is destined to be a classic reference.

Getting Real about Sex Addiction - Graeme Daniels 2022-02-15

This groundbreaking, engaging clinical resource for psychotherapists, sex therapists, and related clinicians is replete with rich and empathetic case material and offers a practical, powerful argument for using psychodynamic approaches when working with sex addicts and their partners to achieve long-lasting relational results.

Compulsive Sexual Behaviours - Silva Neves 2021-05-10

Compulsive Sexual Behaviours offers a unique approach to the struggles people face with their out-of-control sexual behaviours. This comprehensive guide is deeply rooted in the science of sexology and psychotherapy, demonstrating why it is time to re-think the reductive concept of 'sex addiction' and move towards a more modern age of evidence-based, pluralistic and sex-positive psychotherapy. It is an important manual for ethical, safe and efficient treatment within a humanistic and relational philosophy. This book will be an important guide in helping clients stop their compulsive sexual behaviours as well as for therapists to self-reflect on their own morals and ethics so that they can be prepared to explore their clients' erotic mind.

What's Up Doc? - Hilary Jones 2010-09-30

For Dr Hilary Jones, the question 'What's up doc?' has been asked of him ever since he qualified as a doctor at the Royal Free hospital in London over thirty years ago. As a junior medic patients used to ask him 'What's up?' when he prodded their bellies for signs of appendicitis. On the GMTV sofa presenters ask him 'What's up?' with the latest actress who has developed the typical tell-tale signs of anorexia nervosa. In the tabloid newspapers he's asked to comment on what's up with the premier league footballer who purports to suffer from sex addiction. On the radio he's asked 'What's up?' with the health of society in general, suffering as it does from epidemics of obesity and binge drinking. On a more everyday basis, in the GP surgery people ask him about unexplained lumps in their neck, or whether a pigmented mole is suspicious. Colleagues at work stop him in the corridor and say 'Can I just ask you about my child's leukaemia' or 'My mum's dementia?' At dinner parties people ask him about their haemorrhoids, or in pubs on the various merits of vasectomy. He's even been approached by complete strangers in dimly lit streets eager to hear his take on methadone and whether or not the NHS should freely supply it. And they ask him what Lorraine Kelly is really like, of course...

Addictive States of Mind - Marion Bower 2018-02-10

'Perversion is taken to mean different things within psychoanalytic discourse. In this book the authors view

perversions, not in terms of specific behaviours, but as a type of blueprint for object relations. While perversions may involve a quest for excitement through sex, drugs or gambling, for example, the focus here is on the underlying incapacity - or indeed at times refusal - to relate to the other as separate from the self and not as a narcissistic appendage. It is the anxieties aroused by intimacy and relatedness that drive the pursuit of ecstasy and excitement. Psychoanalytic thinking can help multidisciplinary teams to stand back and respond to the addictive state of mind in humane and containing ways that are not collusive. This book thus provides rich food for thought not only for the individual practitioner but also for those responsible for shaping services for addicted individuals.' - Alessandra Lemma, from the Preface.

CBT for Compulsive Sexual Behaviour - Thaddeus Birchard 2015-05-15

Increasing numbers of therapists are coming into contact with the problem of compulsive sexual behaviour disorders. However, it is still a relatively new field and there is little in the current literature available that enables the therapist to work with and treat this problem. CBT for Compulsive Sexual Behaviour: A guide for professionals addresses this by providing a guide to cognitive-behavioural theory and practice which includes the assessment, diagnosis and treatment of addictive sexually compulsive disorders. Beginning with a description of addictive sexuality and an overview of cognitive behavioural therapy in which CBT is presented as the most useful response, Thaddeus Birchard provides clear therapeutic information about the implementation of CBT treatment intervention. The chapters included cover the neuroscience that underpins the addictive process; a 'how to' chapter on the use of groups; paraphilias; trauma and attachment; comorbid disorders and cross-addictions and analysis on the function of internet pornography, all written from a cognitive behavioural stance. Using case vignettes throughout, Thaddeus Birchard draws on his own experience as a psychosexual therapist, along with the latest research in the field, to enable the therapist to treat a range of compulsive sexual problems in a way that can be applied in individual practice or in a group setting as well as how to prevent relapse. This book will be essential reading for psychosexual therapists, cognitive behaviour therapists and other professional working with sexual compulsive disorders.

The Handbook of Addiction Treatment for Women - Shulamith Lala Ashenberg Straussner 2001-01-18

Providing essential theoretical and practical guidelines for clinicians, educators, policymakers, and public health professionals, The Handbook of Addiction Treatment for Women is a comprehensive resource of the most current research and knowledge from recognized experts in the field of addiction and treatment. This much needed guide offers an historical context on the issue of women and addiction, examines the myriad challenges of the female addict, and includes recommendations for choosing a course of treatment that will meet the specific needs of an individual woman addict.

Love Sick - Sue William Silverman 2012-09-30

'An honest and deeply chilling account of what it's like to suffer from a compulsion to look for love in what are most definitely the wrong places' Elle For Sue Silverman, the wrong places to look for love include: At the end of a phone, when a stranger calls her college dorm late night and asks what she's wearing. On a blue leather couch, with a senator, while an intern on Capital Hill. In the back of a military truck, with a paratrooper, when hitching a ride across a desert on holiday. And still years later, in Room #213 of the Rainbow Motel, where she goes every Thursday lunchtime for routine sex with Rick (unbeknownst to Husband 2) ... In Love Sick, her unflinching memoir of her 28 days of treatment in a clinic for female sex addicts, Sue revisits her past behaviour as she learns to put her demons behind her and discover what love really means.

Living With: Sexuality Issues - Dr. Daniel Fung 2015-09-15

What is healthy sexual development? How do you protect a child from sexual abuse? The definitive guide to understanding and dealing with the different mental health issues that may affect children. Written by leading professionals in the field

The Transsexual Delusion - G. Eugene Pichler 2016-07-08

In his book Pichler looks at transsexualism as a behavioral addiction, much like a sex addiction, Internet addiction or pathological gambling addiction, which is caused by a faulty reward system in the human brain. Pichler further reports that the medications that effectively treat behavioral addictions show good results in treating transsexualism. In fact modern research shows that the drugs that effectively treat epilepsy treat behavioral addictions, including transsexualism.

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