

How A Loose Woman

The Little Book of Loose Women - Loose Women 2010-02-18

OK, enough is enough. You spend your life running around after everyone else and never get a minute to yourself. It's easy to forget the things that really matter in life when you're knee-deep in laundry and chasing the guinea pig round the garden... Some people turn to self-help gurus or psychics, but how about some good old fashioned straight-talking from the Loose Women? Between us we've seen it all - sugar daddies, toy boys, break-ups, make-ups, losing weight, choosing cake... Now we think it's time we shared some of our pearls of wisdom, heartfelt advice and the best bits of all the funniest and most outrageous things we've ever said. Whittling it down wasn't an easy task, believe us! So set aside some you-time and indulge in our lovely little book. We hope it will be a source of laughter and comfort to women everywhere - loose or otherwise!

Loose Woman - Judi Thomas 2015-11-05

A collection of poems and haiku, by a woman about becoming and being a woman.

Loose Women - Hamlyn 2019-10-03

* For 20 years the Loose Women panellists have been entertaining the nation with their forthright opinions on the vagaries of modern life. For the first time, they have come together to share intimate thoughts, fears, memories and anecdotes that are both thought-provoking and entertaining in equal measure. Loose Women: Let Loose! takes on the essential subjects of Love, Sex, Self-Esteem, Friendships, Family, Body Image and Wellness. Whether it is parenting advice from Nadia ('It's important to have a support network when you're a new parent'); Gloria's experience with bereavement ('Losing a child changes you, you can't be the same person'); Coleen's feelings about love ('I do believe there is "the one" - for now'); or Janet's take on mental health ('It doesn't need to be triggered by splitting up or a death, it could be happening in small ways'), there are stories that have never been shared before alongside the show's best bits, making Loose Women: Let Loose! a hilarious and honest guide to handling life's ups and downs as a 21st-century woman.

Confessions of a Good Girl - Andrea McLean 2012-02-02

From GMTV weathergirl to Loose Women anchor, Andrea McLean has become one of our most-loved TV presenters. But for years her famous smile has been concealing some devastating secrets. With heartbreaking honesty she opens up about the end of her first marriage and how, on the edge of a breakdown, she found herself juggling her demanding career with raising her son alone. When her second marriage also fell apart - in the glare of the media spotlight - it seemed her life had really hit rock bottom. In her fully updated autobiography, Andrea writes movingly about her joys and sorrows, and about coming to terms with being a single mum again. She describes how she learns that messing up doesn't mean you're wicked - just human. And she takes us behind the scenes at GMTV, Dancing on Ice and Loose Women to reveal that television can be a treacherous place for a good girl!

Loose Woman - Sandra Cisneros 2001

Loose Woman - Sandra Cisneros 2013-04-30

A candid, sexy and wonderfully mood-strewn collection of poetry that celebrates the female aspects of love, from the reflective to the overtly erotic. • From the bestselling author of *The House on Mango Street* and winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. "Not only a gifted writer, but an absolutely essential one." —The New York Times Book Review "All poets would do well to follow the example of Sandra Cisneros, who takes no prisoners and has not made a single compromise in her language." —Barbara Kingsolver, Los Angeles Times

Riding the Waves - Jane McDonald 2019-10-31

THE SUNDAY TIMES BESTSELLER 'Everything is much easier in life when difficult situations are faced with humour and a smile. But, don't get me wrong, that took years to realise. What a journey...' Whether

performing in an arena, presenting a number one TV show or recording a top-ten album, Jane McDonald will never forget her Northern roots. Her down-to-earth Yorkshire charm is as much a part of her as her talent for singing, and here she is telling her remarkable story with characteristic wit and warmth, in her own words. A miner's daughter from Wakefield, Jane was a shy child who struggled with anxiety, but she found the courage to overcome her fears and follow her passion for performing. Jane famously hit the big time overnight on TV show *The Cruise* twenty years ago, but here she talks for the first time about how she survived the dark legacy of that early success, and climbed right back up for a second bite of the cherry. It hasn't all been plain sailing, but in Jane's world tough times make the good times better, and her spirit, heart and humour sparkle from every page.

LOOSE WOMEN: Here Come the Girls - Loose Women 2009-10-15

It's that time of year again - the clocks go back, you've ditched the bikini diet, lost your other half to the football and it's blooming freezing... Winter can seem bleak, but the award-winning Loose Women girls are here to help get you through. Packed with brand new exclusive content, this warm, honest and jaw-achingly funny book is a must-have for all Loose Women fans. The nation's favourite feisty females open up on the trickiest of seasonal dilemmas - including office party disasters, detox vs. retox, surviving heartbreak at Christmas and a stocking full of saucy confessions! Just like a night out with the girls, and brimming with all-new wit, wisdom and hilarious stories, this book is the perfect tonic for those cold winter nights. So grab a warm mug of hot chocolate, snuggle up on the sofa and be reminded of the things that really matter in life... with a little help from the girls!

LOOSE WOMEN Girls' Night In - Loose Women 2009-08-20

OK so the fad diet failed, you're never going to be a domestic goddess, the husband's gone AWOL and you've dropped the baby. Time to close the door, curl up on the sofa, pour yourself a stiff drink and laugh out loud. In this wickedly funny book, the Loose Women girls discuss all the topics closest to their hearts - from younger men to sugar daddies, six-pack fantasies to support knickers, this book is packed with lively, wide-ranging opinions. They share toe-curling confessions of wild nights out (Carol has been particularly generous in her contributions to this section. Thanks Carol.), celebrity encounters, pearls of wisdom, and woeful tales of disastrous relationships (Again, thanks Carol...). The pros and cons of being single, the highs and lows of long-term love, domestic drudgery, drunken skulduggery... It's all here. If you've ever fancied your doctor or wept over a washing machine service manual - and laughed to tell the tale - this is your kind of book. Witty, wise, funny and comforting book, it will leave you aching with laughter and itching for a night out with the girls.

Three Loose Women : a Novel - William Hegner 1972

The Loose Women Book for Lovely Mums - Loose Women 2011-03-17

The perfect gift for lovely mums everywhere, this book is a collection of heart-warming anecdotes and hilarious misdemeanors that celebrate mums and reminds us all why they are so special. The Loose Women will reflect on their relationships with their own mothers - from Jane McDonald, who lives with her mum; to Carol McGiffin remembering her childhood as great fun, but a 'health and safety nightmare'. They will also share their own experiences of being mums - Coleen Nolan tells how it's been the role she's loved most in life and shares some of the silliest things her children have said; Denise talks of her surprise at becoming a mother for the second time; Sherrie Hewson reveals the joy she felt at becoming a mum after eight years of trying; while Oxo mum Lynda Bellingham remembers the struggles of bringing up her two teenage boys single-handedly. An irresistible mix of uplifting stories, laugh-out-loud banter and bittersweet moments, this book will be a gift to treasure for mums from all generations.

Oh, Carol! - Carol McGiffin 2010-05-27

Carol McGiffin has been on Loose Women almost since it started over a decade ago, and she is known and adored by their millions of viewers as one of the most-loved presenters on the show. She's brimming with brilliantly funny anecdotes and controversial opinions, and says all the things everyone thinks but would never dream of saying. Carol is a natural storyteller and over the last few months she's been in virtual hibernation - turning down invitations, neglecting her lovely fiancé Mark and spending weeks on end sitting in a wonderful sort of overgrown baby grow known as a Slanket® - and all this so she could knuckle down and write the story of her life so far; all for you, dear reader, so you can enjoy the magical mystery tour that is The Life and Times of Carol McGiffin, aka Oh, Carol! And she's lived quite a life! It wasn't an easy start - growing up on a council estate; struggling to make ends meet; an early criminal career shoplifting mouth organs from Woolworths... It wasn't all doom and gloom though - Carol discovered her talent for making people laugh early on and she's been getting into trouble ever since! She will open up about her tempestuous marriage to Chris Evans, and will reveal all about why it eventually broke down; she'll also talk about her infamous seven years of celibacy and why she's never been frightened of being single. She's now found happiness with Mark and she'll share her secrets for looking fabulous after 40. It's not how old you are that counts, it's your outlook on life that keeps you young. As uniquely entertaining, funny and completely outrageous as the lady herself, Oh, Carol! is a must-read for woman everywhere.

LOOSE WOMEN HERE COME THE GIRLS - WOMEN LOOSE 2009-10-15

May Apple ; Loose Woman - Marge Piercy 1979

LOOSE WOMEN Girls' Night in - SSHb - Loose Women 2009-03-05

Loose Women Girl's Night In - Loose Women 2009-03-05

Ok so the fad diet failed, you're never going to be a domestic goddess, the husband's gone AWOL and you've dropped the baby. Time to close the door, curl up on the sofa, pour yourself a stiff drink and laugh

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Loose Women on Men - Loose Women 2010-10-14

Men are from Mars eh? Well yes, you won't get any argument from us on that front. Sometimes it really does feel like they're from another planet. Between us, we've had a few and though we'd like to tell you that our combined decades of dating disasters an

Loose Women: Let Loose! - ITV Ventures Limited 2019-10-03

* For 20 years the Loose Women panellists have been entertaining the nation with their forthright opinions on the vagaries of modern life. For the first time, they have come together to share intimate thoughts, fears, memories and anecdotes that are both thought-provoking and entertaining in equal measure. Loose Women: Let Loose! takes on the essential subjects of Love, Sex, Self-Esteem, Friendships, Family, Body Image and Wellness. Whether it is parenting advice from Nadia ('It's important to have a support network when you're a new parent'); Gloria's experience with bereavement ('Losing a child changes you, you can't be the same person'); Coleen's feelings about love ('I do believe there is "the one" - for now'); or Janet's take on mental health ('It doesn't need to be triggered by splitting up or a death, it could be happening in small ways'), there are stories that have never been shared before alongside the show's best bits, making Loose Women: Let Loose! a hilarious and honest guide to handling life's ups and downs as a 21st-century woman.

Loose Women - Loose Women 2010-08-05

Loose Woman - Beth Kaplan 2020

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