

What Is An Open Marriage Relationship

What should couples do when considering ethical nonmonogamy? - CNN

It's Official - Here's How Many Of Us Actually Want An Open Relationship - HuffPost UK

'My Husband Hates Our Open Marriage!' - The Cut

I'm a Sex Therapist, These are 3 Signs You Should Open Your ... - Newsweek

Open Relationships: What You Need To Know - GLAMOUR UK

Emotional NeNe Leakes considers having an open marriage after late husband Gregg's death - Page Six

What Is An Open Relationship? How To Know If It's Right For You - Women's Health

Advice | Ask Amy: I have a distant relationship with my 'self-indulgent ... - The Washington Post

The One Habit Is Key To Building Better Friendships - Fatherly

Bradley Cooper on Lenny, Lenny's Nose, and "The Hangover" Part 4 - The New Yorker

The Couple Next Door cast: Meet the characters in Channel 4 thriller - Radio Times

Divorced Couples Stuck Living Together After They Can't Afford to ... - Newsweek

Meeting with Sarah Green MP about the Protection of Cohabiting ... - IBB Solicitors

Nepal registers its first same-sex marriage - CNN

How Having An Open Marriage Made Me Think Differently About ... - British Vogue

Jada Pinkett Smith Says She, Will 'Figuring Out' Relationship ... - PEOPLE

Can You Be Friends With Your Ex's New Partner? A Psychologist ... - Marie Claire

64% of men say this is their No. 1 dating red flag, according to recent survey - CNBC

Ask Amy: My parents are 'opening their relationship.' Help! - AL.com

Dolly Parton confesses she has a 'spicy open marriage' with husband of 56 years - Daily Star

Utah family helps couples connect through adventure - The Daily ... - Universe.byu.edu

Ricky Martin and Jwan Yosef had an open marriage before divorce: report - Page Six

Married couples would get a tax break on 2nd home under SC ... - The Island News

3 Reasons to Stop Waiting and Get Married - Relevant Radio

Shannen Doherty Is 'Open' to Finding Love Again (Exclusive) - PEOPLE

Can You Date Within Marriage? De Blasio Is About to Find Out - TIME

13 Bad Open Relationship Stories - BuzzFeed

What sex work taught Mitch Larsson, a lawyer-turned-escort, about himself and his clients - ABC News

Is Juan and Robyn Dixon's Marriage an Open Relationship? - Yahoo Entertainment

Now I'm Single, I Only Date Men In Open Relationships - Refinery29

I'm Nigel Farage's secret girlfriend... I love his loyalty, his empathy - and he's got a great bottom! - Daily Mail

Man Retracting Open Marriage Offer After Wife Gets Date Blasted ... - Newsweek

I had open relationships, but now I'm in a monogamous marriage - Insider

Taylor Swift's Publicist Shuts Down 'Insane' Rumor That Singer Secretly Married Joe Alwyn - Rolling Stone

I'm 66 & my wife's 29 - strangers stare when we hold hands & ask if I'm her MUM, our bedroom antics would s... - The Sun

Encore: When Two Open Marriages Collide - The New York Times

Love and Relationship Horoscope for November 29, 2023 - Hindustan Times

Amy Robach and T.J. Holmes try to make a comeback after their public scandal with new podcast, Amy and T.J. - LaineyGossip

I'm a UFC champ in an open marriage with my wife but she doesn't bed other men - now I'm receiving angry th... - The US Sun

Wife of William Daniels Was 'Devastated' by Early Open Relationship - PEOPLE

Emily Morse Wants You to Think Seriously About an Open ... - The New York Times

[The Amazing Race 35: Todd and Ashlie Martin Post-Elimination ... - Parade Magazine](#)
Reddit AITA: Husband Wants Open Marriage After Career Success ... - SheKnows
Debate as Couple State They're Better Parents After Opening Marriage - Newsweek
[Is My Partner Being Neglectful Or Are They Just Avoidant? - VICE](#)
RHOHB's Garcelle Beauvais Weighs in on Kyle Richards & Mauricio ... - E! NEWS
Lenny Kravitz Reflects on Past Infidelities, Desire for Marriage - Men's Journal
[In An Open Marriage, What Counts As "Lying"? - British Vogue](#)
Why You Should Date Someone in an Open Relationship - Cosmopolitan
'Open relationships' on the rise as couples break from traditions - New York Post
Cinema Chat: 'Dream Scenario' and 'Renaissance: A Film by ... - WEMU
Couple opened 11-year marriage to 'brother husband' - Insider
The New Infidelity: What makes polyamory and open relationships ... - Irish Examiner
['My wife is dating a married man. What do I do?' - Rediff.com](#)
Why Mo'Nique "Grew Out of" Her Open Marriage with Husband ... - Vanity Fair
Kylie Kelce Says Husband Jason's Family Is 'Warm and Inviting ... - Yahoo Entertainment
11 Past Celebrity Relationships You Probably Forgot About - BuzzFeed News
Married But Open: Indian Couples Embracing Non-Monogamy Say The More The Merrier - Outlook India
'My open marriage backfired in my face - my husband prefers our girlfriend' - The Mirror
75% of Gay People Find Open Marriages "Acceptable" - Metro Weekly
Will Smith's open marriage to Jada is the antithesis of Christian love - Premier Christianity
I'm Married To A Sex Therapist. This Is What Our Marriage Is Like. - HuffPost UK
Exploring Open Marriage: Guidelines for Setting Expectations - Healthnews.com
Will Smith and Jada Pinkett Smith's controversial relationship - a timeline - Style
Honest And Open: How Have Gen Z Women Reevaluated Dating Today - SheThePeople
Jada Pinkett Smith denies that she and Will are gay, in open marriage - Insider
Wedding night sex not important, relationship experts say - Business Insider
[How to avoid a wrong choice for marriage - Businessday](#)
SNP rocked by discovery of intimate texts revealing two politicians' torrid lockdown affair - at the same time - Daily Mail
Relationship expert: TikTok's "orange peel theory" and how to ... - Newswise
I Am Struggling To Trust My Husband After His Betrayal - Times Now
[Couple Returns to the St. George Temple 80 Years After Being ... - Church Newsroom](#)
My Wife Once Agreed To an Open Relationship. Can I Hold Her to It? - The New York Times
Married At First Sight Season 17: Is Orion To Blame For Crumbling ... - Screen Rant
Help! My Partner And I Are Experiencing 'Bed Death' - xoNecole
Is Your Open Marriage Any of Your Kid's Business? - InsideHook
TRUST US - The News International
[Dallas Actress JJ Nolan Stars in YouTube Series Before Marriage - Dallas Observer](#)
Ashley Darby's Storyline Falls Flat on 'RHOP' without Michael - Collider
Three conversations you need to have if you want to try an open relationship - EL PAÍS USA
[American Symphony: Jon Batiste on filming private anguish behind his musical success - BBC](#)
Open relationship: My fiancé wants to sleep with other people. I'm ... - Slate
A couples therapist recommends books about relationships - The Washington Post
Kody Brown's Strained Relationship With Kids Might Be Permanent ... - Screen Rant
Jada Pinkett Smith says her marriage to Will is a 'relationship of ... - Yahoo Entertainment
The thrillingly scandalous lives of the 300 American heiresses who paid to wed impecunious Dukes, Earls and Vi - Daily Mail
Mary Harron - 'Dalíland' movie review - Far Out Magazine
13 Celebrities Who Have Been in Open or Polyamorous Relationships - SheKnows
'My open marriage is controversial - we can veto any relationship if we don't approve' - The Mirror

'Golden Bachelor's Gerry Turner Was Open With Contestants About Relationship After Wife's Death: Source - Entertainment Tonight

New poll shows how waaaaaaay more gays endorse open ... - Queerty

What an open relationship means when you're in your 70s. - Slate

Open marriage: My wife's first choice in our open marriage freaked ... - Slate

Same-sex marriage verdict review: How does a review petition get heard in the Supreme Court? | Explained - The Hindu

Why startups need to better understand how VC works, and how it goes both ways - Disrupt Africa

The New Monogamy - Tammy Nelson

2013-01-02

Everyone has their own concept of what “monogamy” means—and most people assume their partners and spouses are on the same page. Couples may assume that they are monogamous, but never discuss exactly what the monogamy agreement means to them. What happens when this implicit agreement is broken? After infidelity, relationships can become strained as both partners lose trust and faith in each other. *The New Monogamy* offers a way out of these difficulties for couples struggling to stay together after infidelity. Couples make these implicit assumptions and agreements explicit so that each partner knows exactly what is expected of them in the future and what they can expect from their partner. Author Tammy Nelson helps couples regain trust, romance, and intimacy after infidelity by redefining the monogamy contract. The new monogamy contract is an explicit relationship agreement created after the affair that allows each partner to openly, honestly, and safely share their desires, expectations, and limitations. This agreement does not create an open marriage, but rather, an open conversation wherein each partner can have a say in setting the ground rules for their relationship. The book first helps couples rebuild trust after the affair, then engages in a series of Imago dialogues based on questions about what each partner really wants in the relationship, not what you think you should want or what a partner wants you to want. *The New Monogamy* includes questionnaires, checklists, and candid questions for partners to ask that help welcome complete honesty and trust back into the relationship. Then, the book helps couples make an erotic recovery from infidelity by addressing erotic problems that may surface and offers advice for

helping couples return to desiring and trusting one another. After an affair, it's impossible to go back to the way the relationship was before, but this book offers the chance for a new beginning.

A Happy Life in an Open Relationship -

Susan Wenzel 2020-03-10

Discover the secrets to successful open relationships. *A Happy Life in an Open Relationship* is a handbook to healthy nonmonogamous relationships. For anyone curious about open relationships, here is a valuable handbook from an expert in love, sex, and communication. Relationship therapist Susan Wenzel—who is in an open marriage herself—delivers skillful advice on how to navigate the complex emotional landscape of multi-partner relationships, from polyamory to swinging. • Filled with of compelling personal stories, anecdotes from clients, and practical exercises • A guide to cultivating harmonious and fulfilling open relationships • Author Susan Wenzel is a sex and relationship therapist with years of experience counseling patients on issues related to monogamy, intimacy, and trust. *A Happy Life in an Open Relationship* will help you develop your trust and communication skills, explore sexuality and desire, build your confidence and self-worth, set healthy boundaries, overcome jealousy, and so much more. People interested in making changes in their relationships will appreciate the positive tone, helpful advice, and expert wisdom from an accomplished relationship therapist who has gone through the experience herself. • A great book for anyone interested in testing the boundaries of monogamy and exploring the world of polyamory • An accessible and inviting guide for couples to build an open relationship that is strong and lasting • Perfect for fans of *Mating in Captivity: Unlocking Erotic Intelligence* and *The State of Affairs: Rethinking*

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Infidelity by Esther Perel, The Commitment: Love, Sex, Marriage, and My Family by Dan Savage, and Sex at Dawn: How We Mate, Why We Stray, and What It Means for Modern Relationships by Christopher Ryan

OPEN - Rachel Krantz 2022-01-25

***** 'A starkly naked story of a young woman's adventure of self-discovery, told with a striking lack of shame or apology. Highly recommended.' - Dr. Christopher Ryan, author of Sex At Dawn 'Smart, original, ambitious, and deeply absorbing memoir... She succeeds by bringing us deftly and irresistibly into her most intimate pains and joys, stretching our understanding of what commitment and autonomy mean.' - Dr. Wednesday Martin, author of Untrue & Primates of Park Avenue 'A perfect guide to our new world, the only problem I had picking up this book was putting it back down. Open compels, entertains, and may ultimately transform its readers.' - Dr. Terry Real, internationally recognised Family Therapist, author, and founder of the Relational Life Institute 'A sexy, messy, necessary look at polyamory' - Advocate When Rachel Krantz met and fell for Adam, he told her that he was looking for a committed partnership - just one that did not include exclusivity. Excited but a little trepidatious, Rachel set out to see whether love and a serious relationship can coexist beyond the familiar borders of monogamy. This is her open and honest true story. Now, in her debut memoir, she chronicles her dive into non-monogamy. With fly-on-the-wall detail and extraordinary perceptiveness, *OPEN* takes us inside Brooklyn parties and into the wider swinger and polyamory community. Armed with her journalistic instincts, detailed journal entries and interviews with experts and therapists, Krantz also breaks new ground in confronting the unique ways tacit abuse and gaslighting can manifest when things get so complex. Unflinching and brazen, *OPEN* asks what liberation really looks like, and whether the pleasure really is worth the pain.

The Game Changer - Franklin Veaux 2015-09 To make an open marriage work, Franklin and Celeste knew they needed to make sure no one ever came between them. That meant no overnights, no falling in love, and either one of them could ask the other to end an outside

relationship if it became too much to deal with. It worked for nearly two decades--and their relentless focus on their own relationship let them turn a blind eye to the emotional wreckage they were leaving behind.

I Am My Beloveds - Jonathan Papernick 2023-03-14

Ben Seidel wasn't sure how serious they were when he and his wife, Shira, discussed having an open marriage. But when Shira announces that she is going on a date with Liz, any ambiguity evaporates. Suddenly, every day is new terrain for Ben, navigating between keeping things together with Shira and exploring new partners. And when one of those new partners begins to matter to him more than he ever anticipated, he discovers that the complexities of this new life are only just beginning. Bracingly honest, refreshingly sexy, and deeply empathetic, *I Am My Beloveds* is the work of a superior storyteller, making real a lifestyle that might be as close as your own bedroom door.

[A Therapist's Guide to Consensual Nonmonogamy](#) - Rhea Orion 2018-03-05

Consensual nonmonogamy (CNM) means that all partners in a relationship consent to expanded monogamy or polyamory. Clinicians are on the front line in providing support for the estimated millions pioneering these modern relationships. This first available guide for therapists provides answers to prevalent questions: What is the difference between expanded monogamy and polyamory? Is CNM healthy and safe? Why would someone choose the complexities of multiple partners? What about the welfare of children? Through illustrative case studies from research and clinical practice, therapists will learn to assist clients with CNM agreements, jealousy, sex, time, family issues, and much more. *A Therapist's Guide to Consensual Nonmonogamy* serves as a step forward toward expanding standard clinical training and helps inform therapists who wish to serve the CNM population.

Open Marriage - Nena O'Neill 1984

The classic that revolutionized the way Americans see marriage. Sold more than 35 million copies and translated into 14 languages.

[Polywise](#) - Jessica Fern 2023-08-29

As polyamory continues to make its way into the mainstream, more and more people are

exploring consensual non-monogamy in the hope of experiencing more love, connection, sex, freedom, and support. While for many, the move expands personal horizons, for others, the transition can be challenging, leaving them blindsided and overwhelmed. Beyond the initial transition to non-monogamy, many struggle with the root issues beneath the symptoms of broken agreements, communication challenges, increased fighting, and persistent jealousy. Polyamorous psychotherapist Jessica Fern and restorative justice facilitator David Cooley share the insights they have gained through thousands of hours working with clients in consensually non-monogamous relationships. Using a grounded theory approach, they explore the underlying challenges that non-monogamous individuals and partners can experience after their first steps, offering practical strategies for transforming them into opportunities for new levels of clarity and intimacy.

Designer Relationships - Mark Michaels
2015-09-08

Contemporary relationships are in a state of rapid evolution. These changes can and should empower people with the opportunity to develop partnerships based on their own sexualities, understandings, and agreements. This makes it possible to create what Kenneth Haslam, founder of the Kinsey Institute's Polyamory Archive, has called "designer relationships." Designer relationships may encompass: people who bond emotionally but not sexually; people who agree to be non-exclusive; single people who have occasional lovers or friends with benefits; multiple partner configurations where long-term bonds exist among all or some; partnerships in which people are kinky and that make room to explore kink. The possibilities are limitless, and thinking about a partnership as something people can craft allows for flexibility and change. Relationships can open and close or have varying degrees and kinds of openness as circumstances demand. In the context of a designer relationship, decisions are made mutually, consciously, and deliberately. Best-selling authors and nationally known relationship experts Patricia Johnson and Mark A. Michaels are exemplars of this life choice, and have studied polyamory for over 20 years. This book explains exactly how you and your loved

ones can design your own life and love.

Open - Jenny Block 2009-02-10

Finally, a book about open marriage that grapples with the problems surrounding monogamy and fidelity in an honest, heartfelt, and non-fringe manner. Jenny Block is your average girl next door, a suburban wife and mother for whom married life never felt quite right. While many books on this topic presuppose that the reader is ready to embrace an "alternative lifestyle," Block operates from the assumption that most couples who are curious about or engaged in open marriages are in fact more like her — normal people who question whether monogamy is right for them; good people who love their spouses but want variation; capable parents who are not deviant just because they choose to be honest about their desires. Open challenges our notions of what traditional marriage looks like, and presents one woman's journey down an uncertain path that ultimately proves open marriage is a viable option for her and others.

A Happy Life in an Open Relationship -
Susan Wenzel 2020-03-10

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accomplished relationship therapist who has gone through the experience herself. • A great gift for anyone interested in testing the boundaries of monogamy and exploring the world of polyamory • An accessible and inviting guide for couples to build an open relationship that is strong and lasting • Perfect for fans of *Mating in Captivity: Unlocking Erotic Intelligence* and *The State of Affairs: Rethinking Infidelity* by Esther Perel, *The Commitment: Love, Sex, Marriage, and My Family* by Dan Savage, and *Sex at Dawn: How We Mate, Why We Stray, and What It Means for Modern Relationships* by Christopher Ryan
[The Polyamory Breakup Book](#) - Kathy Labriola
2019-10-04

Polyamory is not always easy. With multiple partners often come more complex relationships to navigate. This practical guide looks at the common causes of polyamorous breakups, identifies strategies to avoid ending relationships, and provides you with the toolkit to survive a breakup. Kathy Labriola uses real life examples and expert insight as a counselor and nurse. From how to handle jealousy to the practicalities of managing money and time with multiple partners, this book includes tips and insights from the polyamory community. It is inevitable that some relationships will end in a breakup. This book helps you maintain friendships and minimize the impact of a breakup on the rest of your polycule and wider community. Unlike traditional breakup guides, Labriola's book offers insight specific to the polyamory community and addresses the unique challenges that come with multiple partners.

Love Unlimited - Leonie Linssen 2010-09
Based on the case studies of 12 actual couples and individuals who are grappling with the complexities and challenges of "responsible non monogamy," this helpful resource delves into various types of open relationships. The stories included have a varied cast of characters - monogamous, heterosexual, homosexual, bisexual, and polyamorous - but they all share a desire to find practical and realistic solutions to their life situations. Each chapter concludes with tools and tips that provide valuable assistance for grasping the subject covered. Accompanied by short texts that give fascinating insights into how other cultures and traditions, from the

Taoist to the Celtic and beyond, have accommodated non monogamous relationships, this remarkable exploration offers a down-to-earth approach to a growing population.

Opening Up - Tristan Taormino 2008-05-05
Relationship expert and bestselling author Tristan Taormino offers a bold new strategy for creating loving, lasting relationships. Drawing on in-depth interviews with over a hundred women and men, *Opening Up* explores the real-life benefits and challenges of all styles of open relationships — from partnered non-monogamy to solo polyamory. With her refreshingly down-to-earth style and sharp wit, Taormino offers solutions for making an open relationship work, including tips on dealing with jealousy, negotiating boundaries, finding community, parenting and time management. *Opening Up* will change the way you think about intimacy.

Building Open Relationships - Liz Powell
2018-07-03
Have you read "that book" on non-monogamy and still wondered "But how do you actually DO this?" Are you totally great on the theory of open relationships, but feel like you don't know how it works in practice? Join Dr. Liz Powell, psychologist, speaker, and coach, as she draws from her education, research, and life experience to bring you *Building Open Relationships*. This new book is an all-inclusive guide to beginning and maintaining your non-monogamous life, no matter where you fall under the non-monogamous umbrella. Complete with worksheets, discussion starters, examples, and hard-won lessons (i.e. my mistakes), this book will give you all the tools you need to be more successful in non-monogamy.

[Magnetic Partners](#) - Stephen Betchen
2010-05-18
Do you and your partner argue about the same things over and over again? Are you often confused about why your partner is so angry with you? Are things getting worse and worse even though you've tried everything you can think of to make them better? In this breakthrough guide to repairing romantic relationships, therapist and marriage researcher Dr. Stephen Betchen presents a powerful new explanation of what leads to this kind of escalating conflict in couples and how you can repair your relationship and find a whole new

level of happiness. Based on his extensive experience as a couples' therapist, Dr. Betchen has discovered that the prevailing idea that opposites attract is wrong. Instead, one of the strongest forces that attracts people to one another is that they share a hidden, inner conflict in their lives—an unconscious struggle within themselves that each of them developed growing up—which he calls a "master conflict." The fact that a couple shares a master conflict acts as an almost magnetic force of attraction, but, over time, master conflicts often begin to push a pair apart—many of the very things you most appreciated about each other start to grate on you, producing increasing hostility. The good news is that by identifying the master conflict that you share, you and your partner can take the steps to break the cycle of fighting and come to a new place of understanding and happiness in your relationship. Often, just the realization that you have this hidden conflict acts as a powerful cure, allowing you to appreciate each other once again and to be empathetic about the things that have been irritating you both. From his years of work with couples, Betchen has identified the nineteen most common master conflicts—such as getting your needs met vs. caretaking; giving vs. withholding; commitment vs. freedom; power vs. passivity—and for each he provides vivid stories of couples who have struggled with them, as well as simple tests that help you to:

- Identify the core master conflict that is causing your relationship problems
- Understand the origins of your conflict and how it drew you to your partner
- Diagnose how the conflict is now pushing you apart
- Come to new terms with the conflict to save your relationship

As Dr. Betchen writes, knowledge of a master conflict is power, and *Magnetic Partners* is an empowering guide that will help you not only to identify and control your master conflict, but also to bring your relationship to a new level based on deeper understanding, ultimately leading to greater fulfillment and long-term resilience. *Partners*

—Wednesday Martin, PhD, New York Times bestselling author of *Primates of Park Avenue* and *Untrue Love* is eternal—but in an age when we live longer, communicate differently, and value gender equality, is it any wonder so many people are looking for new ways to support lasting, loving partnerships? "Monogamy is no longer a simple concept," says Dr. Tammy Nelson. "More couples every year are experimenting with open relationships and newer, more flexible versions of commitment ... yet few of us have been prepared with the skills we need to make those agreements work." *Open Monogamy* is a practical guide for people who wish to explore new directions in their relationships—to bring in excitement, variety, and fresh experiences without sacrificing trust, security, and respect. Through solo and partner exercises and real-life stories from people across the spectrum of relationship styles, you'll explore:

- The changing face of relationships—why the time to explore new visions of love has arrived
- Can open monogamy work for you? Self-assessment tools to find your place on the "monogamy continuum"
- Essential skills for having honest conversations about attraction and desire
- Exercises to remove shame and suspicion about open relationships
- How to create agreements—traditional or otherwise—that are fulfilling, exhilarating, and built to last

Dr. Nelson's 30 years of experience as a relationship and sex therapist have shown her that relationships can flourish even when the old idea of monogamy fails. "You want to love each other with fairness and integrity because that's what you signed up for, and honesty aligns with your shared values ... But you also want more. You want answers. The bad news? There is no one right way to do this. The good news? You can have anything you want." If you've ever wondered how to try an open relationship or polyamory, *Open Monogamy* gives you the tools you need to create a commitment agreement as unique as your love.

The Ultimate Open Marriage Manual - Blackdragon 2020-06-30

The Gay Man's Guide to Open and Monogamous Marriage - Michael Dale Kimmel 2017-06-09

Legal gay marriage is still a relatively new phenomenon. As gay men who are now able to get married, we find ourselves in a bit of a quandary: for many male couples, sex is a lot more important for us than it is for heterosexuals. Two married men often have a stronger desire for sex - wanting more of it and with a wider variety of partners - than married opposite-sex couples. How does this work within the structure of a monogamous marriage? Is an open relationship a better structure for gay marriage? Assuming that gay marriages will emulate heterosexual marriages is neither a valid nor a helpful assumption. But, as gay men, where does that leave us? There are currently no "rule books" for how a marriage between two men could or should work. While there are lots of books about how to plan your gay wedding, there are virtually none that address what to do after the honeymoon is over (literally and figuratively). This book fills that void. It offers married gay couples (and gay men considering marriage) an easy-to-follow, practical framework that they can use to help create, adjust and structure their marriages. Using helpful examples and first-hand quotes throughout, Openly-gay psychotherapist Michael Dale Kimmel offers a roadmap for gay men who want

to be married but have questions and concerns about monogamy and monotony.

Polyamory in the 21st Century - Deborah Anapol 2010-08-16

Unlike other books on this topic, *Polyamory in the 21st Century* weaves together research and facts to provide an informed and impartial analysis of polyamory as a lifestyle and as a movement, and to place it in a psychosocial as well as an historical context. Anecdotes and personal experiences allow the reader to develop a better understanding of polyamory and the people who practice and enjoy it. Anapol addresses the practical, the utopian, and the shadow sides of this intriguing, mysterious, yet often threatening lifestyle. It honestly addresses difficult issues such as the nature of commitment without exclusivity, balancing personal needs with loyalty to a partner, evaluating beliefs about love and relationship, the impact of polyamory on children, and the challenges that arise when one partner wants monogamy and another prefers polyamory. Without judgement, she explores this increasingly common practice, and reveals the true nature of a lifestyle that many do not understand.

What Is An Open Marriage Relationship:

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