

Therapy With Couples A Behavioural Systems Approach To Marital And Sexual Problems

The Psychology of Sexual Health Dr. David Miller 2008-04-15 There have been rapid developments in the psychological management of sexually transmitted diseases, particularly HIV and AIDS. However, a significant proportion of those attending genitourinary clinics do not have a disease or infection, but rather are seeking help with sexual health issues relating to behaviour, prior sexual experiences and relationships. Hence as clinics become more and more generalist there is a need to focus on behavioural aspects of disease. This is the first text to draw together the knowledge base and expertise of clinicians and researchers from all disciplines in the psychological management of sexual health. It presents advances in theory and practice in a practical way that will be accessible for all disciplines.

Couple Therapy Len Sperry 2018-10-09 This new edition of Couples Therapy tackles four challenges currently facing the field: (1) accountability and the increasing demands for demonstrating effectiveness as a condition for reimbursement, (2) the need for practitioners to reconfigure their practice patterns in an ever-involving health-care system, (3) training mental health practitioners who have not completed marital and family therapy (MFT) programs, and (4) integrating new couples approaches and interventions into everyday clinical practice. The book offers a focused vision and successful strategies for working effectively with couples, both today and tomorrow. It incorporates the best insights from the neurosciences as well as new couples theories, research, and evidence-based interventions, introducing approaches including psychoanalytic, systemic, cognitive behavioral, Adlerian, constructivist, third wave, integrative, and mindfulness-based. Chapters also present practical applications and professional considerations, with a comprehensive look at how to work with diverse issues in couples therapy, such as substance abuse, domestic violence, sexual dysfunction, infidelity, aging, and much more. This third edition of Couples Therapy is an essential resource for students as well as mental health practitioners, social workers, and family counselors who are keen to better meet the needs of couples and the demands of the changing healthcare landscape.

Women and Psychiatric Treatment Claire Henderson 2013-05-24 Women and Psychiatric Treatment provides a practical guide to the challenge of preserving fairness in access and quality of provision of health care and argues that equity is only achievable through greater recognition of gender differences. Taking into account the main variables which influence treatment, such as setting, age and culture, clear suggestions are given for the reform of training, research and provision of services according to gender differences. Divided into seven sections, the book discusses the following subjects: the background treatment settings treatment of particular groups specific disorders managing the sequelae of trauma therapies the future: implications for training, research and service provision. This comprehensive and practical text offers a thorough investigation of the issues surrounding the treatment of women with mental health problems. It will be welcomed by psychiatrists, clinical psychologists and other mental health workers.

Handbook of Marriage and the Family Marvin B. Sussman 2013-06-29 In a thoroughgoing revision of the first edition of this classic text and reference, published by Plenum in 1987, the editors have assembled a distinguished group of contributors to address such topics as past, present, and future perspectives on family diversity; theory and methods of the family; changing family patterns and roles; the family and other institutions; and family dynamics and processes.

Shorter Oxford Textbook of Psychiatry Philip Cowen 2012-08-09 Widely recognised as the standard text for trainee psychiatrists, the Shorter Oxford Textbook of Psychiatry stands head and shoulders above the competition. The text has been honed over five editions and displays a fluency,

authority and insight which is not only rarely found but makes the process of assimilating information as smooth and enjoyable as possible. The book provides an introduction to all the clinical topics required by the trainee psychiatrist, including all the sub-specialties and major psychiatric conditions. Throughout, the authors emphasize the basic clinical skills required for the full assessment and understanding of the patient. Discussion of treatment includes not only scientific evidence, but also practical problems in the management of patients their family and social context. The text emphasizes an evidence-based approach to practice and gives full attention to ethical and legal issues. Introductory chapters focus on recognition of signs and symptoms, classification and diagnosis, psychiatric assessment, and aetiology. Further chapters deal with all the the major psychiatric syndromes as well as providing detailed coverage of pharmacological and psychological treatments. The book gives equal prominence to ICD and DSM classification - often with direct comparisons - giving the book a universal appeal. The Shorter Oxford Textbook of Psychiatry remains the most up-to-date secondary level textbook of psychiatry available, with the new edition boasting a new modern design and greater use of summary boxes, tables, and lists than ever before. The extensive bibliography has been brought up-to-date and there are targeted reading lists for each chapter. The Shorter Oxford Textbook of Psychiatry fulfils all the study and revision needs of psychiatric trainees, but will also prove useful to medical students, GPs, qualified psychiatrists, and those in related fields who need to be kept informed with current psychiatric practice.

Sex and Sexuality Glyn Hudson-Allez 2005-06-24 This book bridges the gap between the counsellor and the specialist sex therapist, by providing answers to questions raised by patients or clients about sex, gender and sexuality. It covers physiological information about genitalia, variations on sexuality, the differences between men and women in genital sexual arousal and sexual dysfunctions, an understanding of developmental sexuality and information as to whether the sex discussed is normal or pathological. By having a clearer understanding of usual sexual practices, counsellors can be readily equipped to reassure their clients, or refer to an appropriate person for specialist referral. Topics covered include physiological difficulties like erectile problems, ejaculatory difficulties, vaginismus and dyspareunia, and loss of sexual desire; gender problems including cross-dressing, transsexualism and intersex; and psychological problems include sexual addiction, fetishism and unusual sexual practices. These are discussed in the context of individual clients and in couple dynamics, and provide a comprehensive reference for the non-specialist mental health professional.

Integrating Sex And Marital Therapy Gerald R. Weeks 2013-06-20 The field of sex therapy has experienced tremendous growth in the last 20 years . The use of the term "sex therapy" for most clinicians brings several well-known therapists to mind and is associated with the treatment of a fairly limited number of sexual problems. The view of sex therapy as a profession has had both positive and negative consequences. The editor's state that the purpose in writing and editing this book was to build on the work of individually oriented sex therapy by adding the systems perspective. This book, then, represents an attempt at the integration of sex and marital or systems therapy.

Couples Therapy Linda Berg Cross 2013-12-16 Harness the power of an integrative approach to couples counseling! Why do marriages fail? The behaviorist or cognitive therapist explains that unhappy couples have self-defeating ways of thinking about their spouses and themselves. The sociologically oriented counselor points to the impact of social trends and dramatic changes in child-rearing and social expectations. A therapist oriented toward psychodynamics or systems theory sees the destructive patterns of childhood replayed in the marriage, with spouses taking on rigid roles. The pastoral or humanist counselor believes that partners who cannot experience self-fulfillment through commitment and trust will feel less love and grow more and more disconnected. *Couples Therapy, Second Edition*, brings together all these points of view to make a unified whole. This integrative approach proposes a new model of successful marriage based on four cornerstones: resiliency, social support, adaptability, and self-fulfillment. Weaving together theory and research, *Couples Therapy, Second Edition*, explores how common issues can lead to trouble in

relationships. It suggests specific interventions so therapists can teach clients to deal with such problem areas as anger management, domestic violence, depression, anxiety, parenting conflicts, in-laws, work pressures, and sexual dissatisfaction. *Couples Therapy, Second Edition*, offers a sound theoretical framework as well as practical ideas. Through clinical vignettes and up-to-date research, it makes the common conflicts and developmental stages of marriage so understandable that it can be profitably read by clients as well as counselors. Its invaluable resources for the couples therapist include: end-of-chapter professional development questions therapeutic exercises answers to frequently asked professional and ethical questions intervention suggestions for the therapist self-assessment questionnaires book and video recommendations on each chapter topic. Written in clear, readable prose, *Couples Therapy, Second Edition*, offers practical help for the experienced clinician as well as theoretical overviews for the counselor in training.

Treating Sexual Distress Jane D. Woody 1992-04-23 This book offers therapists an updated and expanded understanding of traditional sex therapy and the opportunity to sharpen clinical skills. The author provides sex, marital and family therapists with a detailed review of sexual distress and sex-focused techniques and offers an integrated treatment format. For other mental health professionals and trainees, it serves as an introduction to the nature and treatment of sexual distress, its historical precedents and current theoretical advances towards an integrative therapy for relationship and sexual problems. Numerous case studies are used throughout.

Systemic Sex Therapy Katherine M. Hertlein 2015-02-20 This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, *Systemic Sex Therapy* presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, *Systemic Sex Therapy* integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

Handbook of Behavioural Family Therapy Ian R.H. Falloon 2015-07-30 First published in 1988, behavioural family therapists worked in an area that had greatly changed since its inception over 20 years before. Growing out of the pioneering work of Gerald Patterson, Robert Paul Liberman, and Richard Stuart, whose backgrounds vary from psychology to psychiatry to social work, behavioural family therapy (BFT) had evolved to encompass systems theory, considerations of the therapeutic alliance, as well as approaches to accounting for and restructuring family members' subjective experiences through cognitive strategies. As BFT had not been the 'brain child' of any one charismatic innovator, but rather of a wide array of clinicians and researchers developing and rigorously testing hypotheses, it is fitting that this much-needed summation of the field was a collaborative product of an array of well-established practitioners of the time. They discuss in Part 1 of the book the theoretical parameters of BFT, focusing on modular behavioural strategies, the indications for therapy, assessment of family problems, pertinent issues arising in clinical practice, and approaches to the problem of resistance to change. Contributors to Part 2 then apply theory to such clinical situations as 'parent training' and helping families cope with patients suffering from developmental disabilities, alcoholism, schizophrenia, senile dementia, as well as anxiety,

obsessive-compulsive, and depressive disorders. Specific attention is also given to acute inpatient and primary health-care settings. While BFT had already proved quite effective in treating a great number of family problems, it was only in its infancy at the time of writing. As Falloon says in his overview 'all exponents of the method are constantly involved with the process of refinement, each clinician is a researcher, each family member is a research subject, and each researcher is contributing to clinical advancement.' This openness, in combination with a willingness to modify 'sacred' tenets of behaviourism while adapting proven techniques from other family therapies, made this title a landmark in its field. As such, it was not only of interest to all clinicians and researchers with a behavioural slant, but also to all family therapists who wished to challenge themselves to develop an integrative approach.

Therapy with Couples Michael Crowe 2008-04-15 Since the first edition of this practical book was published in 1990, a number of important developments have taken place and have been incorporated into the new edition. There are now many kinds of "non-traditional" relationships that accompany an increasing divorce rate and the shrinking number of marriages. Co-habitation, remarriage, step-parent/step-child relationships and their implications for the extended family, their strengths and areas of tension are examined. Accompanying these changes has been a development in therapeutic approaches and additional outcome data is now available. Rapid progress has been made in treatments, and their implications are described. In addition the therapeutic managing of separating and divorcing couples, domestic violence, and the aftermath of sexual and physical abuse are discussed.

Couple Therapy for Depression David Hewison 2014 'Couple Therapy for Depression' is an integrative 20-session couple therapy designed to treat depression in couples where there is also relationship distress. Following the recommendations of the UK's National Institute for Health and Care Excellence (NICE) for a behaviourally based couple therapy treatment, it draws on randomised controlled trial studies of efficacy as well as 'best practice' in behavioural, cognitive, emotionally focused, systemic, and psychodynamic couple therapies.

Current Catalog National Library of Medicine (U.S.) 1991 First multi-year cumulation covers six years: 1965-70.

Marriage and marital therapy Thomas J. Paolino 1978

The Art and Science of Assessment in Psychotherapy Chris Mace 2003-09-02 While professional trainings in psychotherapy and counselling vary considerably in the attention they pay to assessment, courses, conferences and workshops devoted to the subject are attracting an audience eager for more demonstration and discussion. In response, *The Art and Science of Assessment in Psychotherapy* offers an extended symposium on principles and practice. Guided by a belief that comparative study will spur critical reflection and innovation, its presentations encompass a wide range of therapeutic orientations, settings and interests. In the book twelve distinguished practitioners of widely used approaches within psychotherapy describe the methods they use in their assessments and how these have developed. They also discuss the uses and limitations of the therapies they offer. The approaches covered include psychoanalytic psychotherapy, in-patient psychotherapy, family therapy, group psychotherapy, psychodrama, cognitive-behaviour therapy, couple therapy and focal therapy. Additional chapters look at assessment in the light of psychotherapy research, question how far assessment can be separated from treatment, and ask whether the use of questionnaires and special tests aids or detracts from interviewing as a method of assessment. As psychotherapy matures as a profession, both chronologically and in response to public demand, interest in assessment methods is growing, yet to date the published material has been limited and dispersed amongst specialist books and journals. *The Art and Science of Assessment in Psychotherapy* offer the first comprehensive, practical review of a key professional issue which will be of interest to all practising psychotherapists and counsellors.

Psychological Perspectives on Sexual Problems Jane M. Ussher 1993 The regulation of sexuality and the careful distinction between normality and

abnormality has a long and checkered history--with psychologists at the forefront of this debate. Yet any attempt to identify a simple and unitary 'psychology of sexual problems' inevitably becomes the focus of a great deal of criticism, particularly from the disciplines of psychoanalysis and feminism. The aim of *Psychological Perspectives on Sexual Problems* is both to provoke and to promote a dialogue between those whose work directly involves research and intervention in the arena of sexuality, and those who would deconstruct, criticize, and reframe any understanding of sexuality outside of the dominant discourse of psychology. The contributors examine the psychological theories associated with sexuality and sexual problems and at the same time present examples of positive and empowering practice with groups of individuals whose sexuality is often ignored or marginalized. These individuals include those with learning difficulties or physical disabilities, sex offenders, gay men with AIDS, and women with eating disorders. *Psychological Perspectives on Sexual Problems* is the first text to integrate critical theory and current clinical practice, in an attempt to arrive at a revolutionary approach to the psychology of sexuality.

An Introduction to Marriage and Family Therapy Joseph L. Wetchler 2014-08-27 Now in its second edition, this text introduces readers to the rich history and practice of Marriage and Family Therapy, with 32 professionals from across the US presenting their knowledge in their areas of expertise. This blend of approaches and styles gives this text a unique voice and makes it a comprehensive resource for graduate students taking their first course in Marriage and Family Therapy. The book is divided into three sections: Part 1 focuses on the components on which 21st century family therapy is based and summarizes the most recent changes made to not only therapeutic interventions, but to the very concept of "family." Part 2 presents an overview of the 7 major theoretical models of the field: structural, strategic, Milan, social constructionist, experiential, transgenerational, and cognitive-behavioral family therapy. Each chapter in this section • Focuses on the founder of the theory, its theoretical tenants, and its key techniques • Shows how the model focuses on diversity • Presents the research that supports the approach Part 3 addresses specific treatment areas that are common to marriage and family therapists, such as sex therapy, pre-marital therapy, research, and ethics and legal issues. As an introduction to the field of Marriage and Family Therapy, this volume stands above the rest. Not only will readers gain an understanding of the rich history of the field and its techniques, but they will also see a complete picture of the context in which families are embedded, such as gender, culture, spirituality, and sexual orientation. This knowledge is the key to understanding what differentiates Marriage and Family Therapy from individual psychotherapy. Glossaries, case studies, tables, figures, and appendices appear generously throughout the text to present this information and give students a thorough overview to prepare them for their professional lives.

Couples and Family Therapy in Clinical Practice Ira D. Glick 2015-10-26 *Couples and Family Therapy in Clinical Practice* has been the psychiatric and mental health clinician's trusted companion for over four decades. This new fifth edition delivers the essential information that clinicians of all disciplines need to provide effective family-centered interventions for couples and families. A practical clinical guide, it helps clinicians integrate family-systems approaches with pharmacotherapies for individual patients and their families. *Couples and Family Therapy in Clinical Practice* draws on the authors' extensive clinical experience as well as on the scientific literature in the family-systems, psychiatry, psychotherapy, and neuroscience fields.

Adult Psychological Problems Lorna Champion 2014-04-08 First published in 2000. Routledge is an imprint of Taylor & Francis, an informa company.

The Handbook of Marriage and Marital Therapy G. Pirooz Sholevar 2013-11-11

Couple and Family Psychoanalysis Volume 1 Number 1 Molly Ludlam 2011-03-31 *Couple and Family Psychoanalysis* is an international journal sponsored by Tavistock Relationships, which aims to promote the theory and practice of working with couple and family relationships from a

psychoanalytic perspective. It seeks to provide a forum for disseminating current ideas and research and for developing clinical practice. The annual subscription provides two issues a year. Articles - Couple Psychoanalysis and Couple Therapy: Context and Challenge by Christopher Clulow - Time-Limited Couple Psychotherapy: Treatment of Choice, or an Imposition? by Viveka Nyberg - The Concept of the Link in Psychoanalytic Therapy by David E. Scharff - Bion and the Couple by Judith Pickering - Reflections on the Container-Contained Model in Couple Psychoanalytic Psychotherapy by Barbara Bianchini and Laura Dallanegra - A Psychoanalytic Family Therapy Programme for Dysfunctional Family Groups Where Juveniles Are at Risk: A Challenge for Care and Illustration of Treatment Through Family Therapy by Isabel Laudo and Antònia Llairó - Living in Two Languages: A Bilingual Couple Therapist's Experience of Working in the Mother Tongue by Nora Tsatsas and David Hewison - The Entangled Nature of Attachment and Sexuality in the Couple Relationship by Norma Caruso

The Essentials of Postgraduate Psychiatry Robin Murray 1997-08-21 A fully updated and comprehensively referenced new edition of this old favourite. It offers an authoritative yet readable account of modern psychiatry.

National Library of Medicine Current Catalog National Library of Medicine (U.S.) 1991

Family Therapy Review Robert H. Coombs 2005 The best review book available for helping students--those interested in family dynamics and aspire to become family therapists--quickly and easily grasp all the basic information expected of those who take licensing exams.

Using Homework Assignments in Cognitive Behavior Therapy Nikolaos Kazantzis 2005-12-05 From case examples and clinical strategies to assessment measures, sample homework assignments, and practice models, *Using Homework Assignments in Cognitive Behavior Therapy* provides the practitioner with all the tools needed to incorporate homework into therapy practice."--Jacket.

Topical Issues in Pain 2 Louis Gifford 2013-09 This is the second volume in the series stimulated by/deriving from the work and study days of the Physiotherapy Pain Association. This volume is about some fundamental changes in practice which aim to prevent chronic incapacity from musculoskeletal pain problems. It is also about our relationships with our patients, and theirs with their pain and their families. As such, the information provided is essential to all professions involved in physical rehabilitation and prevention of chronic incapacity. When practice changes there is a necessary extension of traditional thinking into new territories and new skills to be taken on. In particular, all the chapters in this book underline the recognition that while musculoskeletal pain has a biomedical origin, there are also important psychosocial components that require management within a biopsychosocial framework. Authors provide background knowledge and practical guidance to help readers integrate the biopsychosocial model and biopsychosocial assessment into patient management. The material in this book is as important to the management of acute pain as it is to chronic pain states. Importantly, the book is not about categorising patients as having either real or not real pain. It represents a determined effort by all the authors to present clinicians with tools that will help them to better understand their patients; help prevent them becoming disabled, and help most to lead far more active and productive lives - no matter how complex the presentation. Volumes in the Topical Issues in Pain series are written by clinicians for clinicians. Each volume reviews the literature and presents best practice in a lively and understandable text. All clinicians will benefit from the straightforward advice. I look forward to this series and to the activities of the Physiotherapy Pain Association because they promise to revolutionise the morale, dignity and way of thinking of physiotherapists and thereby to affect everyone concerned with pain. Patrick Wall *Physiotherapy* 95(2):101-2

Marriage and Family Therapy (MFT) National Exam Eli A. Karam, PhD, LMFT 2022-10-11 Written by AAMFT Training Award Winner! Distinguished by its focus on two key elements for exam success: the knowledge required for licensure and effective test-taking strategies, this helpful guide to the MFT National Licensing Exam provides a total of 360 questions including practice questions with in-depth Q&A and a complete

mock exam mirroring the test format. Podcasts summarizing major models and theories of marriage and family therapy are also included throughout to supplement the chapters. This reliable resource enables readers to quickly identify areas of strength and weakness with strategic questions at the end of each chapter. It encapsulates fundamental knowledge—representative of the depth and breadth of required information—in a concise, easily digestible format. In addition to the practice questions that prepare readers for what to expect on the exam, the full-length mock exam test not only the candidate's knowledge of family therapy concepts, models, and knowledge domains, but also requires readers to be prepared to apply their knowledge to the direct practice of MFT. Additionally, the guide analyzes the components of multiple-choice questions to give test-takers a greater familiarity with the exam. Brief summaries of key MFT models and theoretical perspectives are provided, along with an overview of the content of the six domains covered in the exam, including a review of the AAMFT Code of Ethics, DSM 5, and specific test-taking strategies as introduced in the 2022 AMFTRB National Examination Handbook for Candidates. Key Features: Presents 360 questions including full-length mock exam Includes proven strategies and tips for test-taking success Pinpoints only the content you need to pass the exam Written by AAMFT Training Award winner Organized to correspond to the six domains of the AMFTRB exam Reflects the most recent exam outline and structure Provides complete glossary with purchase Includes Podcasts that summarize major models and theories of MFT

Therapy with Couples Michael Crow 1990

Clinical Psychology Stefan G. Hofmann 2017-10-23 The first book to offer a truly global perspective on the theory and practice of clinical psychology While clinical psychology is practiced the world over, up to now there has been no text devoted to examining it within a global context. The first book of its kind, *Clinical Psychology: A Global Perspective* brings together contributions from clinicians and scholars around the world to share their insights and observations on the theory and practice of clinical psychology. Due partly to language barriers and entrenched cultural biases, there is little cultural cross-pollination within the field of clinical psychology. In fact, most of the popular texts were written for English-speaking European and Anglo-American audiences and translated for other countries. As a result, most psychologists are unaware of how their profession is conceptualized and practiced in different regions, or how their own practices can be enriched by knowledge of the theories and modalities predominant among colleagues in other parts of the world. This book represents an important first step toward rectifying that state of affairs. Explores key differences and similarities in how clinical psychology is conceptualized and practiced with children, adolescents and adults across different countries and cultures Addresses essential research methods, clinical interviews, psychometric testing, neuropsychological assessments, and dominant treatment modalities Follows a consistent format with each chapter focusing on a specific area of the practice of clinical psychology while integrating cultural issues within the discussion Includes coverage of how to adapt one's practice to the differing cultures of individual clients, and how to work in multidisciplinary teams within a global context *Clinical Psychology: A Global Perspective* is a valuable resource for students, trainees, and practicing psychologists, especially those who work with ethnic minority groups or with interpreters. It is also a must-read for practitioners who are considering working internationally.

Treatment Interventions in Human Sexuality Carol Nadelson 2012-12-06 Despite much progress in the past ten years, American medical schools have woefully inadequate sex education curricula. While some have a reasonable amount of lecture time, few have clinical opportunities for students to develop practical skills in working with patients who are struggling with sexual problems. It is my impression that the same is true in medical and gynecological residencies, as well as in graduate schools of psychology, counseling and social work. This book was specifically written to help fill that gap. This is a book for clinicians, and it will provide a wealth of practical clinical knowledge and skills in dealing with the gamut of patient's sexual concerns, problems and dilemmas. Twenty-four experts have contributed eighteen chapters which address both the common and unusual sexual

issues encountered in practice. These include sexual concerns from childhood to old age; gender identity and sexual preference; sexual dysfunction, including that of the physically ill and disabled; counseling with students, premarital, marital, and divorced patients; fertility and infertility; and chapters dealing with rape, incest and other sexual contacts between adults and children. Of particular importance are chapters on human sexuality in American minority populations, a chapter on alcohol, medication and other drugs, and a chapter on medical management of sexual problems in the gay population, a subject long-ignored by the profession. The focus on practical intervention and skill development is amplified by the concluding four appendixes devoted to patient management problems.

Systemic Sex Therapy Katherine M. Hertlein 2015-02-20 This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

An Introduction to Marriage and Family Therapy Joseph L. Wetchler 2014-04-04 Learn the fundamentals of family therapy and treatment! An Introduction to Marriage and Family Therapy presents insight and analysis from 20 of the foremost experts in the theoretical and practice areas of family therapy, offering a unique blend of approaches and styles. Chapters draw on each author's area of expertise in exploring the history of family therapy and the application of systems theory to families. Ideal as a comprehensive resource for entry-level students, the book also gives undergraduates a glimpse of graduate training and provides useful tips on how to apply to graduate school and what to expect while shopping for graduate education. An Introduction to Marriage and Family Therapy is divided into two parts: a theoretical section, where commonly used theories are presented with practical case examples, and a section devoted to special issues and topics, such as couples therapy, communication training, marital enrichment and premarital counseling. The book also covers substance abuse, divorce, gender and culture, family violence, sexual dysfunctions and sex therapy treatment, and the interface of ethics and the legal system. An Introduction to Marriage and Family Therapy also discusses: the history of family therapy systems theory and cybernetics structural and strategic family therapy cognitive-behavioral, experiential, and transgenerational therapies collaborative language-based models current research findings and much more! With its unique and comprehensive approach, An Introduction to Marriage and Family Therapy serves as a theoretical introduction to the field of marriage and therapy and related mental health disciplines where family treatment is emphasized. The book is essential for educators in marriage and family counseling classes and is an invaluable resource for therapists, counselors, social work professionals, pastoral educators, and family psychologists.

Nursing Patients with Cancer Nora Kearney 2006-01-01 "Nursing Patients with Cancer: Principles and Practice is a major new text: a comprehensive evidence-based source book that provides a detailed foundation for adult cancer nursing. It explains the essential social and scientific basis of modern cancer management, and equips nurses with the key skills and knowledge required to work in cancer care teams. The content is

based upon assessment and intervention of patient and family needs, and aims to prepare nurses to work with cancer patients and their families across a range of settings." -back cover.

Intimacy Martin Fisher 2012-12-06 Intimacy is a complex and heterogeneous concept that has generated a variety of definitions, theories, and philosophies over the years. Although there is much disagreement about the essential meaning of the term, there seems to be a consensus that intimacy, whatever it may be, is of central importance in human relationships, and specifically, in the theory and practice of psychotherapy. One approach to intimacy focuses on an intrapsychic conception. Intimacy occurs when an individual achieves full self-knowledge, and is fully in touch with his or her feelings and wishes. From this viewpoint, an intimate act occurs when a person is willing to share these feelings and wishes with another, so that self-disclosure becomes an important index of intimacy. This definition also implies that intimacy need not be reciprocal, so that a therapeutic relationship can achieve a good deal of intimacy without the therapist engaging in self-disclosure. An alternate approach to intimacy stresses the interpersonal nature of the concept. Intimacy is seen as the product of an interaction, and can only occur between people. Each one is able to touch something meaningful in the other, whether at a conscious, behavioral level or an unconscious and inferential level. Therapists seeking intimacy in these terms would probably be a good deal more active, and consider it more important to reveal something of the substance of their own persons, if not the facts of their lives.

A Clinician's Guide to Systemic Sex Therapy Gerald Weeks 2012-08-06 A Clinician's Guide to Systemic Sex Therapy provides readers with an integrative and comprehensive theory in guiding their clinical practice. Pragmatically oriented, this text walks clinicians through diagnosis and treatment with resources such as tables, graphs, flow charts, and implementation strategies. The text does not rely on only visual elements, however. Acknowledging that information needs to be guided by a theory that can be translated into practice, the authors use the Intersystems approach to provide a comprehensive perspective in understanding and improving intimate and sexual relationships for clients. A Clinician's Guide addresses and fills the lack of theoretical integration in the practice of couple and sex therapy and provides a relevant follow-up to the authors' extensive text, Systemic Sex Therapy (Routledge, 2008). This book is an essential roadmap for translating theory into practice and trains clinicians to give their clients the most thorough and valuable assistance possible.

Core Psychiatry E-Book Pdraig Wright 2012-01-08 A new edition of a highly successful, award winning textbook for trainee psychiatrists, covering in one volume all the subjects required for the new MRCPsych and similar exams. Written in a highly engaging manner, it will also prove invaluable to qualified psychiatrists who need to keep up-to-date with the latest developments, as well as clinical psychologists, general practitioners, psychiatric nurses and senior medical students Concise yet comprehensive, Core Psychiatry reflects the latest developments in the curriculum plus all that is new and essential in clinical practice and the sciences that underpin it. It includes new information on the new Mental Capacity Act and Mental Health Act as well as enhanced sections on psychopharmacology, old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation. The book also makes reference to the latest NICE guidelines and includes new sections on sleep medicine and trauma psychiatry. New edition of a popular MRCPsych curriculum based text Previous edition 'Highly Commended' (Mental Health category) in the BMA Awards 2005 Contains useful summary boxes, lists and key points to make last minute learning easy Comprehensive and authoritative resource written by contributors to ensure complete accuracy and currency of specialist information Chapters prepared by specialists working in conjunction with trainees - content totally up-to-date and jointly written by authors who have recently been in the exam situation Contains the latest findings in sleep medicine and trauma psychiatry Expanded section on psychology - including social psychology - to reflect the latest MRCPsych examination format Text updated in full to reflect the new Mental Capacity Act and Mental Health Act Relevant chapters now contain a 'skills and competency' section to

reflect changes in MRCPsych curriculum Updating and amendments to improve coverage of old age psychiatry, child and adolescent psychiatry, forensic psychiatry and rehabilitation Contains reference to the latest NICE guidelines in boxes and tables Enhanced discussion of the use of the best current management options, both pharmacological and psychotherapeutic, the latter including CBT, DBT, EMDR and psychodynamic group, couple and family therapy.

The Wiley Handbook of Sex Therapy Zoë D. Peterson 2017-04-24 The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room Includes contributions by more than 60 experts from a wide range of disciplines

Clinical Handbook of Couple Therapy, Fourth Edition Alan S. Gurman 2008-06-24 This authoritative handbook provides a definitive overview of the theory and practice of couple therapy. Noted contributors--many of whom developed the approaches they describe--combine clear conceptual exposition with thorough descriptions of therapeutic techniques. In addition to presenting major couple therapy models in step-by-step detail, the book describes effective applications for particular populations and problems. Chapters adhere closely to a uniform structure to facilitate study and comparison, enhancing the book's utility as a reference and text. See also *Clinical Casebook of Couple Therapy*, also edited by Alan S. Gurman, which presents in-depth illustrations of treatment.

British Journal of Hospital Medicine 1992

Therapy With Couples A Behavioural Systems Approach To Marital And Sexual Problems

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