

Sex Therapy Jersey

The Cultural Context of Sexual Pleasure and Problems - Cynthia A. Graham 2012

Using case material presented by distinguished authorities in the fields of psychotherapy, sex therapy, couples therapy and family therapy, this edited book addresses issues in sexuality that are often raised in psychotherapy (individual, marital and family therapy) across diverse cultures.

The Modern Clinician's Guide to Working with LGBTQ+ Clients - Margaret Nichols 2020-10-19

The Modern Clinician's Guide to Working with LGBTQ+ Clients is a ground-breaking resource for therapists working with LGBTQ+ clients whose identity expressions span all gender-, sex-, and relationship-diverse groups. Combining the author's extensive clinical experience with contemporary evidence-based research, the chapters of this book explore the origins and development of sexual minority groups, going beyond lesbian women and gay men to include transgender and gender nonbinary people, kink and polyamory, bisexuality and pansexuality, and those who identify as asexual or aromantic. The text also offers in-depth coverage of clinical work with transgender, gender-nonconforming, and nonbinary clients of all ages. With a wealth of therapeutic strategies and case studies, this resource helps professionals respond to this 'Big Tent' community in an informed and empathetic way. Spanning sexuality, gender, relationships and age groups, The Modern Clinician's Guide to Working with LGBTQ+ Clients is an invaluable reference for psychotherapists in a broad range of clinical settings.

Reclaiming Your Sexual Self - Kathryn Hall, Ph.D. 2004-07-14

"Kathryn Hall takes a fresh and refreshing new look at why so many women are not really interested in sex. A uniquely helpful book." -Harriet Lerner, Ph.D., author of The Dance of Anger "Women don't need medicine or magic to feel desire but rather reasons and motivation. This book provides sound strategies and sensible suggestions for overcoming sexual inertia and finding genuine satisfaction." -Sandra Leiblum, Ph.D., Director, Center for Sexual & Relationship Health, University of Medicine and Dentistry of New Jersey "The many who are searching for sexual desire in an easy-to-swallow pill form may be pleasantly surprised to find it in this easy-to-read book form." -Gerianne M. Alexander, Ph.D., Texas A&M University At last, a drug-free, holistic program to restore sexual passion and desire Despite what many so-called experts believe, lack of sexual desire in women does not necessarily indicate a hormonal problem. More often, asserts sex therapist Dr. Kathryn Hall, it means that something is out of balance in our lives. In Reclaiming Your Sexual Self, Dr. Hall reveals how to discover the source of your lack of sexual interest and take charge of your health. Drawing on successful methods she has used in her clinical practice, she helps you identify the imbalances that are affecting your overall well-being and get in touch with lost or neglected sexual feelings. Through a series of illuminating exercises and with Dr. Hall's wise, warm advice, you'll discover: * Why it's okay to want sex-and enjoy it * Ways to improve communication with your partner * The right conditions and circumstances to spark your sexual interest * How to maintain a vital sexual connection for the long term * When to consult a professional Hormone replacement therapy doesn't have to be the answer. You can reclaim your sexual self and keep desire and passion alive and well by following the proven, reassuring advice in this authoritative guide.

Principles and Practice of Sex Therapy - Kathryn S. K. Hall 2020-06-29

This widely used clinical reference and text--now significantly updated with 75% new material reflecting therapeutic advances, diagnostic changes, and increased coverage of sexual minority groups--comprehensively addresses sexual problems and their treatment. Prominent contributors interweave theory, research, and clinical considerations. Detailed case examples illustrate the process of assessment and intervention with individuals and couples across the lifespan, with attention to gender-related, cultural, and health concerns. The volume features an integrative introduction and conclusion, plus an instructive editorial commentary at the beginning of each chapter. New to This Edition *Many new authors and extensively revised chapters. *Coverage of advances in sexual medicine, ICD-11 diagnostic changes, and

other timely topics. *Chapters on sexual aversion, female sexual arousal disorder, and out-of-control sexual behavior. *Chapters on the transition to parenthood and the treatment of sexual concerns in the BDSM community and adult transgender clients. *Chapters on additional medical issues: cancer and spinal cord injury.

Gender Expansive Kids Polyamorous Couples and Mostly Heterosexual Men - Margaret Nichols 2020-09

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New Directions in Sex Therapy - Peggy J. Kleinplatz 2013-05-13

New Directions in Sex Therapy: Innovations and Alternatives focuses on cutting-edge therapy paradigms as alternatives to conventional sex therapy and expands the definition of the field. Replete with helpful clinical illustrations to demonstrate these new approaches in action, this book is intended for anyone who deals with sexual issues and concerns in therapy, clinicians of every kind, in addition to sex therapists.

The Wiley Handbook of Sex Therapy - Zoë D. Peterson 2017-04-24

The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room Includes contributions by more than 60 experts from a wide range of disciplines

Couples in Conflict - Stephen J. Betchen 2022-08-31

In the first book of its kind, Dr. Stephen J. Betchen teaches established and training marriage and family therapists to recognize the complexity and contradictions of control struggles in couples and, uniquely, how to clinically treat these issues to create a harmonious, long relationship. Integrating conflict theory, psychodynamic systems work, and the basic principles of sex therapy, the book aims to help professionals recognize and assess control struggles in couples, detect and examine their origin, and offer techniques to help break the struggle and alleviate its associated symptoms. Chapters begin by defining control and where the origin of control comes from before exploring how these origins and other sociocultural factors impact how we choose our partners. The book's second half examines how clinicians should assess and treat couples with both sexual and nonsexual symptoms, how to avoid being caught in the control crossfire as a therapist, and how to terminate sessions and prevent relapses. Filled with case studies and useful interventions throughout, this book aims to help clinicians working with all couples across cultures and sexual orientations find a common ground. It is indispensable for training and graduate clinicians that work with couples, especially couples with sexual disorders.

Women and Sex Therapy - Ellen Cole 2014-03-18

Outstanding feminist scholars present seldom discussed women's views of sexuality. In the past, there has been little feminist discussion among sexuality professionals and between feminist therapists and sex therapists. The valuable ideas expressed by the contributors to this book are aimed at increasing the possibilities for all therapists and counselors to discuss with their clients the nature of sexuality, and in particular, what women feel about sex. Professionals provide remarkable perspectives on issues that concern all women--orgasm, the double standard, new reproductive options, intimacy, bisexuality, and more.

Unmet Expectations in Couple and Sex Therapy - Stephen J. Betchen 2023-10-11

Stephen J. Betchen illuminates unmet expectations as one of the leading causes of relationship problems, offering an integrative, systemic, and conflict-oriented treatment model that will help both therapists and couples develop happier and more realistic relationships. This clinical guide helps therapists provide couples with the ability to recognize the origin of their expectations and when their expectations might be realistically or unrealistically too high or low. It defines and demonstrates the complexity of what met or unmet expectations are, identifying common symptoms as anger, incessant bickering, anxiety, disappointment, disillusionment, and sadness. Chapters outline how to determine the origin and impact of unmet expectations before discussing how and why we choose our partners that do or do not meet our needs. Addressing sociocultural factors in depth, Betchen provides tools to assess and treat both sexual and non-sexual symptoms and includes a chapter on how to manage the issue of when a therapist doesn't meet the expectations of their clients. The book is invaluable for therapists who work with couples as well as trainees and supervisors in couple, family, and sex therapy graduate and post-graduate programs.

The Art of Sex Therapy Supervision - James C. Wadley 2018-08-06

The Art of Sex Therapy Supervision is a collection of scholarly writings and case narratives that sheds light on issues that sex therapists face as supervisors or supervisees and provides techniques that can be adapted to fit clients' specific needs. Written by experts in a range of fields, this book covers a wide range of perspectives and methodologies for assisting diverse populations, including conservative Christians, LGBTQ clients, and those who exhibit out-of-control sexual behavior. It addresses individual, relational, and systemic engagement in the context of sexual function/dysfunction, and it also discusses obstructions clinicians can face when providing critical feedback to clients. This book will be useful for aspiring supervisors as well as those who supervise clinicians seeking licensure or certification.

Why Good Sex Matters - Nan Wise 2020-01-28

A sex therapist and neuroscientist describes anhedonia, the inability to feel a satisfactory amount of pleasure--and provides the pathway back to fully enjoying sex, food, time with family and friends, and other pastimes, while also staving off depression, anxiety, and addiction.

Principles and Practice of Sex Therapy, Fourth Edition - Sandra R. Leiblum 2006-11-30

This widely adopted text and clinical reference provides a comprehensive guide to assessment and treatment of all of the major female and male sexual dysfunctions. Leading authorities demonstrate effective ways to integrate psychological, interpersonal, and medical interventions. Every chapter includes detailed clinical examples illustrating the process of therapy and the factors that influence treatment outcomes. Winner-- Society for Sex Therapy and Research (SSTAR) Health Professional Book Award

Intrusive Partners - Elusive Mates - Stephen J. Betchen 2013-08-21

When two people form a relationship or marry, they begin to move towards one another with the expectation of closeness. The emotionality or intensity that accompanies this process, however, may result in fusion followed by a desperate need for space or distance. *Intrusive Partners - Elusive Mates* is the first book to deal exclusively with the pursuer-distancer interaction, and to focus significant attention on the emerging male pursuer-female distancer dynamic. This book revisits Fogarty's work, traces the concept over time and across different professional fields, and discusses in detail the concepts correlation with gender issues and social change. A detailed, step-by-step model of treatment to aid in de-escalating this potentially problematic style is also offered. The model in and of itself is unique because it integrates psychoanalytic conflict theory and psychodynamic systems theory into one treatment approach. This book is intended to offer the therapist a model for understanding and effectively discussing this dynamic, while at the same time allowing couples to read and explore it on their own.

Principles and Practice of Sex Therapy, Fifth Edition - Yitzchak M. Binik 2014-03-19

This book has been replaced by Principles and Practice of Sex Therapy, Sixth Edition, ISBN 978-1-4625-4339-7.

Treating Sexual Desire Disorders - Sandra R. Leiblum 2010-04-16

The loss or lack of interest in sex is a common complaint in sex therapy. Organized around in-depth case presentations, this book showcases effective treatment approaches for individuals and couples. The contributors are highly skilled therapists who explore the complexity of sexual desire problems and offer detailed descriptions of clinical techniques. The book illuminates the complex interplay of biological, psychological, interpersonal, contextual, and cultural factors that need to be considered in assessment and intervention. Concise chapter introductions by editor Sandra R. Leiblum summarize key themes and provide a context for understanding each author's approach.

Sexuality and Its Disorders - Mike Abrams 2016-10-07

Sexuality and Its Disorders explores sexuality from an evolutionary perspective using powerful, real-life case studies to help readers provide effective guidance around issues relating to sexuality. Drawing on his 30 years of clinical experience and research, author Mike Abrams provides a comprehensive, evidence-based, and clinically-oriented text with cutting-edge coverage throughout. Discussions include the physical and psychological development of sexual identity; the social aspects of sexual behavior; the many expressions of sexuality; cognitive behavior treatment of sexual problems; and more. The many perspectives of sexuality are examined with interviews and commentaries from major figures in the field—including David M. Buss, Helen Fisher, C. Sue Carter of Kinsey, Todd K. Shackelford, Ken Zucker, and Gordon Gallup—who discuss such topics as the origins of sexuality, the nature of love, the role of attachment, and the treatment of sexual problems.

Handbook of Sex Therapy - Joseph LoPiccolo 2012-12-06

When is it timely to publish a synthesis of previously published and original materials from a specific discipline? I believe it to be timely when one has a sufficient amount of high-quality material covering the critical areas of that topic, when the previously published material is scattered over a wide range of journals and books, and when there is no single book that synthesizes the discipline. The treatment of sexual dysfunction emerged to the front lines of health delivery only during the past decade with the pioneering work of William Masters and Virginia Johnson. In spite of the rash of sex clinics and sex therapists that followed, precious little solid research has been conducted on the various strategies of therapy, the means of assessing complex interpersonal sexual relationships, and the manner by which clinical change is objectively assessed. No one reader can keep pace with the multitude of journals that publish key material by sophisticated investigators. And no one investigator can cover these salient areas alone with his or her original work in a single volume. The critical papers have now been written. Ten were written specifically for this volume and thirty-three have previously appeared. This volume laces them together into a coherent pattern. Thus, the time for a synthesis in sexual dysfunction.

Systemic Sex Therapy - Katherine M. Hertlein 2015-02-20

This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

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