

Soul Of Sex Cultivating Life As An Act Of Love

Sex and the IWorld - Dale S. Kuehne 2009-07

A political scientist and pastor offers a positive, holistic vision that helps readers engage the cultural debate on sex and marriage in personal ethics and public policy.

New Directions in Sex Therapy - Peggy J.

Kleinplatz 2013-05-13

New Directions in Sex Therapy: Innovations and Alternatives focuses on cutting-edge therapy paradigms as alternatives to conventional sex therapy and expands the definition of the field.

Replete with helpful clinical illustrations to demonstrate these new approaches in action, this book is intended for anyone who deals with sexual issues and concerns in therapy, clinicians of every kind, in addition to sex therapists.

How To Think More About Sex - Alain de

Botton 2012-05-10

Think more about sex by thinking about it in a different way. In this rigorous and supremely honest book Alain de Botton helps us navigate the intimate and exciting - yet often confusing and difficult - experience that is sex. Few of us tend to feel we're entirely normal when it comes to sex, and what we're supposed to be feeling rarely matches up with the reality. How To Think More About Sex argues that 21st-century sex is ultimately fated to be a balancing act between love and desire, and adventure and commitment.

Covering topics that include lust, fetishism, adultery and pornography, Alain de Botton frankly articulates the dilemmas of modern sexuality, offering insights and consolation to help us think more deeply and wisely about the sex we are, or aren't, having. Discover more books from The School of Life: How to Stay Sane by Philippa Perry How to Find Fulfilling Work by Roman Krznaric How to Worry Less About Money by John Armstrong How to Change the World by John-Paul Flintoff How to Thrive in the Digital Age by Tom Chatfield How to Think More About Sex by Alain de Botton

Women Who Love Sex - Gina Ogden 2007-09-11

Wonderful sex does more than melt both body and soul; it brings power, energy, and deep satisfaction to all aspects of our lives. In this unique book, women who consider themselves highly sexually responsive talk in intimate detail about what gives them the greatest pleasure. They redefine sex—based on how women really experience sexual pleasure—confirming what every woman knows instinctively, while creating a new language that every woman will understand. Based on extensive one-on-one interviews conducted by Dr. Ogden with hundreds of women, this thought-provoking, wise, and unprecedented book transforms how we view sex by giving us new ways to think about sexual pleasure. To learn more about the author, Gina Ogden, go to www.ginaogden.com.
The Four Noble Truths of Love - Susan Piver 2018-06-01

"Susan Piver consistently offers what so many of us seek: A generous, caring, loving teacher, someone with an open heart and a clear mind, eager to help us find our own way forward."

—Seth Godin, author of Linchpin Broken hearts, resentment, affairs, divorce. Why is it so hard to make relationships work? New York Times bestselling author and mindfulness expert Susan Piver applies classic Buddhist wisdom to modern romance, including her own long-term relationship, to show that ancient philosophies have timeless—and unexpected—wisdom on how to love. The Four Noble Truths of Love will challenge the expectations you have about dating, sex, and romance, liberating you from the habits, traumas, and expectations that have been holding back your relationships. This mindful approach toward love will help you open your heart fearlessly, deepen communications with your partner, increase your compassion and resilience, and lead you toward a path of true happiness. You have nothing to lose and everything to gain: expansive, real love for yourself and others.

The Soul of Sex - Thomas Moore 1998

This superb new volume is addressed to everyone interested in hope, regardless of their religious or philosophical beliefs. Glenn Tinder, one of our most astute and creative thinkers, probes the failure of modern, secular hope and shows, with great sensitivity and openness, why the tenets of Christian faith offer a true and meaningful source for hope amid the widespread distress, confusion, and despondency of contemporary life. From *The Critics* Jean Bethke Elshtain Glenn Tinder argues compellingly that modern despondency flows from a collapse of unreasonable optimism about our individual and collective prospects. By contrast to despondency and brittle optimism, Tinder calls for a renewal of hope. Framed by Christian belief, Tinder's elegant essay reaches out to appeal to all men and women troubled by our current condition. A beautifully written and touching work. Michael Novak Tinder's weighty essay on the nature, spirituality, and politics of hope offers an illuminating perspective on a central pillar of civilization. Mary Ann Glendon "A pristine intellectual and spiritual achievement by one of the most penetrating thinkers. of our day" Richard John Neuhaus "With this essay Tinder once again vindicated his reputation as one of the most incisive thinkers and graceful writers working today. His is a most powerful argument that only a hope that has come to terms with all the reasons for despair can sustain us into a future that we do not and cannot control. Tinder's wisdom is in knowing that attention to first things requires facing up to last things."

The Heart and Soul of Sex - Gina Ogden
2006-07-11

Drawing on the results of her unique national sex survey—and on decades of clinical practice as a sex therapist—Gina Ogden offers a revolutionary exploration of women's sexual experience. The best sex, say thousands of women, doesn't just happen in the body. It is multidimensional, connecting body, mind, heart, and soul. In *The Heart and Soul of Sex*, Ogden coaches readers to fully realize the physical, emotional, mental, and spiritual aspects of sex, making what she calls the "ISIS Connection." Throughout the book are firsthand stories of survey respondents, offering examples of how ordinary women—from ages eighteen to eighty-

six and from many backgrounds—have found their own way to sexual expression that is deeply satisfying and even life-changing. *The Heart and Soul of Sex* takes the reader on a journey beyond the usual emphasis on performance, including practical exercises that can be done alone or with a partner. Ogden shows us that we can be much more than we've been told—not just fun and exciting but deeply healing, magical, and transformative.

Dear Lover - David Deida 2009-04-10

In *Dear Lover: A Woman's Guide to Men, Sex, and Love's Deepest Bliss*, David Deida explores every aspect of the feminine practice of spiritual intimacy, from sexuality and lovemaking to family and career to emotions, trust, and commitment. Written as a collection of letters from a man to his "dear lover," here is this internationally acclaimed writer's invitation to practice love as a living art, as you discover.

Soul Sex - Al Link 2003-02-12

This is not only a book about Tantric practices, but also about how you can use them to create a life-long, loving relationship. Because Pala and Al's emphasis is on Tantra in relationships, both beginners and skilled Tantric practitioners will find value here. Through the authors' mix of ancient Eastern sexual practices and modern Western approaches to communication and intimacy, you and your partner will learn to connect in ways that are respectful, nourishing, and lusty. Pala and Al offer their relationship as a model for a successful, long-term relationship in which to be happy, fulfilled, and spiritually awakened. *Soul Sex* includes thought-provoking discussions, personal anecdotes, and precise but simple techniques to inspire you to apply to your daily life. The observations and exercises included are drawn from the authors' own heady partnership and from the hundreds of couples they have had the privilege to teach at their Tantra sacred sex workshops.

The Re-enchantment of Everyday Life - Thomas Moore 1997-02-27

Starting from the premise that we can no longer afford to live in a disenchanted world, Moore shows that a profound, enchanted engagement with life is not a childish thing to be put away with adulthood, but a necessity for one's personal and collective survival. With his lens focused on specific aspects of daily life such as

clothing, food, furniture, architecture, ecology, language, and politics, Moore describes the renaissance these can undergo when there is a genuine engagement with beauty, craft, nature, and art in both private and public life. Millions of readers who found comfort and substance in Moore's previous bestsellers will discover in this book ways to restore the heart and soul of work, home, and creative endeavors through a radical, fresh return to ancient ways of living the soulful life.

Modern Sex Magick - Donald Michael Kraig
2003

This is one of the first books to clearly reveal the secrets of Western sex magick without relying on Tantric theory. It explores the latest scientific discoveries in the field of human sexuality. 55 line illustrations.

Sex, Gender, and Christianity - Priscilla Pope-Levison
2012-10-08

Should women be priests? Should women submit to their husbands? Is premarital sex okay? Inflammatory questions such as these have splintered Christianity and polarized the church. In *Sex, Gender, and Christianity*, a cadre of seasoned college professors offers the modest proposal that honest, fruitful conversations about these questions will take place only if we develop the ability to deal with sex, gender, and the Christian faith with the academic rigor and perspectives of our various disciplines. This volume contributes an unprecedented collection of first-rate articles from a variety of disciplines--from the social sciences to history, from literary criticism to theology--that will challenge college administrators, professors, and students to address fractious questions in an atmosphere of scholarly inquiry.

Tantric Love - Ma Ananda Sarita
2001

Sometimes it can be difficult for even the closest of partners to fully express their love during sex. We may resist deeper intimacy for many reasons, among them pain, insecurity, or simply a fear of sharing our most natural desire for physical love with another person. Tantra can help you dissolve these barriers to intimacy, and invites you to awaken the physical and spiritual energy that can bring partners together as loving soul mates. *Tantric Love* unlocks the secret powers of meditation, breathing, massage, and more to help you celebrate and

revitalize your love life. Each chapter focuses on one of the chakras -- or energy centers -- in the body and offers simple exercises that will help you share this energy and open the door to ecstasy. Discover new ways of pleasing your partner Enjoy sexual satisfaction through and beyond orgasm Learn how to open up to your partner -- both in and out of the bedroomAs you move from one stage to the next, you'll find that you're not only connecting with your lover on a physical level but on a deep spiritual level, too -- one that prepares you for a loving, lasting commitment to each other.

Soul Mates - Thomas Moore
2016-02-16

In *Care of the Soul*, Thomas Moore explored the importance of nurturing the soul and struck a chord nationwide—the book became a long-term bestseller, topping charts across the country. Building on that book's wisdom, *Soul Mates* explores how relationships of all kinds enhance our lives and fulfill the needs of our souls. Moore emphasizes the difficulties that inevitably accompany many relationships and focuses on the need to work through these differences in order to experience the deep reward that comes with intimacy and unconfined love. "I devoured *Soul Mates* like some comfort food for the spirit. . . . Moore moves love off the fast track and into the realm of mystery and imagination where it belongs."—*New Woman* "An eloquent, passionate, often mystical exploration of how we mere mortals might better understand ourselves and others in a society in which so much emphasis is placed on interpersonal dynamics and so little on introspection, care, grace, gratitude, and honor."—*Detroit News*

Dark Eros - Thomas Moore
1990

The Art of Living Alone and Loving It - Jane Mathews
2018-04-24

Whether you view living alone as the ultimate compromise or the ultimate luxury, it presents daily challenges, such as cooking for one, organising holidays, juggling finances, and avoiding the siren call of wine, Ugg boots and Netflix. And there are the less tangible tests, like nailing the octopus of loneliness to the wall, and holding your head high in a society where solo living is viewed (consciously or not) as the runner-up prize. Author Jane Mathews believes that to be truly content living alone, it pays to

examine every aspect of your life-relationships, health, home, finances, interests and spirituality- and then take action. No matter what your unique situation, there's something here for you. Jane provides the map and you choose the route to a more joyful, contented life.

The Way of the Superior Man - David Deida
2008-09

Deida explores the most important issues in men's lives--from career and family to women and intimacy to love and spirituality--to offer a practical guidebook for living a masculine life of integrity, authenticity, and freedom.

Aphrodite's Daughters - Jalaja Bonheim
1997-06-04

An intimate look at the transformative power of women's sexual experiences. Based on the stories of ordinary American women, Aphrodite's Daughters explores the central role of sexuality in women's spiritual journey. Witty, wise, entertaining, and compassionate, Aphrodite's Daughters quickly became an underground classic, and has changed the lives of thousands of women.

We - Robert A. Johnson 2013-03-05

Provides an illuminating explanation of the

origins and meaning of romantic love and shows how a proper understanding of its psychological dynamics can revitalize our most important relationships.

Dark Nights Of The Soul - Thomas Moore
2011-10-06

A 'dark night of the soul' is not a psychological syndrome, but a quest for meaning during life's darkest hours: the loss of a loved one, the end of a relationship, ageing and illness, career disappointments or just an ongoing dissatisfaction with life. Thomas Moore's extensive experience as a psychologist and theologian has taught him that the dark night is a challenge to restore ourselves and to become someone of substance, depth and soul. By using these trying times as an opportunity to reflect and delve into the soul's deepest needs, we can find a new understanding of life's meaning. Dark Nights of the Soul has its roots in a favourite chapter in Thomas Moore's million copy bestseller, *Care of the Soul*. In this beautifully-written and thought-provoking work he explores our contemporary anxieties and insecurities and shows how these metaphoric dark nights can become transforming rites of passage.

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