

# Sexual Recovery Everywomans Guide Through Sexual Codependency

The Breakup Bible Rachel Sussman 2011-12-27 Breakups are an unfortunate but inevitable part of every woman's life, and there's no denying that the heartache experienced after the ending of a serious relationship can be excruciating. But it doesn't have to feel insurmountable, and there is always hope to be found. In *The Breakup Bible*, psychotherapist and breakup expert Rachel Sussman reveals the secrets every woman needs to get her life back on track. Drawing on hundreds of counseling sessions she's conducted with women at all stages of recovery, Sussman developed a proven 3-phase process for healing from a breakup. *The Breakup Bible* takes women through Healing, Understanding, and Transformation, with new perspectives and advice from real, healed women at each step. Sussman's plan for getting over the end of a relationship is revolutionary and sound, complete with steps for creating a personalized Love Map, a vital and groundbreaking tool for moving on after a breakup. *The Breakup Bible* proves that it is possible to not only survive a breakup, but to emerge from one as an even stronger, empowered woman.

**American Bookseller** 1991

**Every Man's Battle** Stephen Arterburn 2009 Updated for a new generation, a resource for overcoming sexual temptation shares the stories of men who have escaped sexual immorality and offers a practical plan for achieving sexual integrity.

**The New Men's Studies** Eugene R. August 1994 Contains some 1000 annotated entries that

describe books about men. Coverage includes men's awareness, health, rights, heterosexuality and homosexuality, patriarchy and minority males. Each entry describes the book's content and, where appropriate, its political stance.

*The Five Love Languages* Gary Chapman 2009-12-17 Marriage should be based on love, right? But does it seem as though you and your spouse are speaking two different languages? #1 New York Times bestselling author Dr. Gary Chapman guides couples in identifying, understanding, and speaking their spouse's primary love language-quality time, words of affirmation, gifts, acts of service, or physical touch. By learning the five love languages, you and your spouse will discover your unique love languages and learn practical steps in truly loving each other. Chapters are categorized by love language for easy reference, and each one ends with simple steps to express a specific language to your spouse and guide your marriage in the right direction. A newly designed love languages assessment will help you understand and strengthen your relationship. You can build a lasting, loving marriage together. Gary Chapman hosts a nationally syndicated daily radio program called A Love Language Minute that can be heard on more than 150 radio stations as well as the weekly syndicated program Building Relationships with Gary Chapman, which can both be heard on [fivelovelanguages.com](http://fivelovelanguages.com). The Five Love Languages is a consistent New York Times bestseller - with over 5 million copies sold and translated into 38 languages. This book is a sales phenomenon, with each year outselling the prior for 16 years running!

*Love Junkies* Christy Johnson 2014-03-18 A "Hand Up" for Women Stuck in the Toxic Love Rut Do romantic relationships leave you miserable and confused? Are you tired of getting into a relationship and as soon as the initial buzz is gone you get that sinking feeling that whispers, what am I doing? Did the new wear off as soon as the wedding bells rang? Experts say that we gravitate toward

relationships within a ten-point spread of our own IQ. Likewise, in the realm of soul-health, we also attract those with whom we are most emotionally compatible. That can be a good thing, or a bad thing - it depends on how much baggage we carry around! What if there was a way to diagnose your soul-health and create a plan for improvement so you could enjoy more satisfying romantic relationships? Complete with an online Soul-Health Profile that will help you assess your own soul-health and identify areas of weaknesses, Love Junkies is just that - an action plan and detailed guide to help you eliminate toxic behaviors that jeopardize your soul health and keep you stuck in unhealthy relationships. You'll learn how to change your habits and heal your soul and most importantly, break the toxic relationship cycle! FOREWORD: By Shannon Ethridge, bestselling author of the Every Woman's Battle books with Steve Arterburn, and The Sexually Confident Woman.

Don't Call It Love Dr. Gregory L. Jantz 2015-08-25 "You complete me" may be a romantic line in a popular movie, but it's not a healthy basis for a real relationship. Unfortunately, many people are drawn into relationships that are unfulfilling precisely because they are looking to other people to fill in the places where they are lacking--they are looking for a person who will "complete" them. At the heart of relationship dependency is a person's belief that he or she alone is not enough. But using others to provide wholeness simply does not work, because while we are made to be relationship dependent, it is God we must turn to in order to find wholeness. In a warm, engaging style, Drs. Jantz and Clinton walk readers through patterns of relationship dependency, helping them unravel why they are drawn back to the same dry well of unfulfilled relationships over and over again. Readers will discover how to break the cycle, banish their fears, and find wholeness in the God who designed them to be in relationship first and foremost with him, thus freeing them to find

healthy relationships with others. Includes a twelve-week personal recovery plan.

*The Resilient Woman* Patricia O'Gorman, PhD 2013-03-05 "The Resilient Woman brings together many effective theories on empowerment, parenting, self-esteem, self-care, and independence to provide a guidebook for woman of any age. Understanding and getting past the fear of releasing old ways of being opens the door to a future based on what really matters to you. As you discover ways to build your life from a foundation that is uniquely your own, you will release the dreams and hopes of the past that caused pain and failure."--Amazon.

**Violence and Sexual Abuse at Home** Susan Sorenson 2014-01-09 Violence and abuse that occur behind closed doors are not just personal concerns or issues. Family violence is a major mental health, social service, health care, and criminal justice problem that society cannot continue to ignore. *Violence and Sexual Abuse at Home* gives you the facts of spouse/partner and child maltreatment, an analysis of the intervention and prevention techniques commonly used, and alternative approaches and theories for understanding and reducing instances of family abuse. The factors behind maltreatment are multiple and diverse. Because there are so many approaches to treating perpetrators and victims, choosing a treatment strategy can sometimes feel overwhelming. Use *Violence and Sexual Abuse at Home* to help you decide which treatment models will be most effective in particular situations. Don't risk low success rates with your patients. This comprehensive guidebook can help you refine your treatment strategies, as you better your understanding of: mutual combat the ethical issues and legal mandates involved in reporting family maltreatment biological issues and aggression the causes of the physical maltreatment of children maltreatment of children with disabilities the debate surrounding "parent alienation syndrome" difficulties in diagnosing incest offenders the impact of child sexual maltreatment on the survivor's sexuality and

sexual functioning the repression, dissociation, and delayed recall of traumatic events Violence and Sexual Abuse at Home shows clinicians, researchers, advocates, and other professionals the importance of broadening their perspectives of all types of family maltreatment. Anyone working with people who abuse and/or with adults and children who are or have been abused should understand the developmental, social, psychological, cultural, and biological issues at play in violent home environments.

Women Who Love Sex Gina Ogden 2007-09-11 Wonderful sex does more than melt both body and soul; it brings power, energy, and deep satisfaction to all aspects of our lives. In this unique book, women who consider themselves highly sexually responsive talk in intimate detail about what gives them the greatest pleasure. They redefine sex—based on how women really experience sexual pleasure—confirming what every woman knows instinctively, while creating a new language that every woman will understand. Based on extensive one-on-one interviews conducted by Dr. Ogden with hundreds of women, this thought-provoking, wise, and unprecedented book transforms how we view sex by giving us new ways to think about sexual pleasure. To learn more about the author, Gina Ogden, go to [www.ginaogden.com](http://www.ginaogden.com).

**Unwanted** Jay Stringer 2018-09-04 Outreach magazine 2018 Resource of the Year—Counseling & Relationships! Unwanted: How Sexual Brokenness Reveals Our Way to Healing is a ground-breaking resource that explores the “why” behind self-destructive sexual choices. The book is based on research from over 3,800 men and women seeking freedom from unwanted sexual behavior, be that the use of pornography, an affair, or buying sex. Jay Stringer’s (M.Div, MA, LMHC) original research found that unwanted sexual behavior can be both shaped by and predicted based on the parts of our story—past and present—that remain unaddressed. When we pay attention to our unwanted sexual

desires and identify the unique reasons that trigger them, the path of healing is revealed. Although many of us feel ashamed and unwanted after years of sexual brokenness, the book invites the reader to see that behavior as the very location God can most powerfully work in their lives. Counselors, pastors, and accountability partners of those who experience sexual shame will also find in this book the deep spiritual and psychological guidance they need to effectively minister to the sexually broken around them.

**The Eden Project** James Hollis 1998 James Hollis examines society's fixed views and fantasies in regards to relationships. This text is not a practical guide on how to fix a relationship, but rather a challenge to greater personal responsibility, a call for individual growth as opposed to seeking rescue through others.

**Loving Him without Losing You** Beverly Engel 2001-01-19 Are you a Disappearing Woman? "Beverly Engel has identified a widespread problem and provided women with wise guidelines for bursting through it. She writes with compassion and insight. If you think you are a Disappearing Woman, you will drink in this book as if it were a health-giving elixir. It is!"-Susan Page, author of How One of You Can Bring the Two of You Together and If I'm So Wonderful, Why Am I Still Single? "This remarkably helpful book offers new insights into why so many women surrender their individuality in relationships. Don't wait until your hair is on fire to read it."-Maxine Schnall, founder and Executive Director of Wives Self Help "A book of depth and power. I highly recommend it not only to women who lose themselves in their relationships with men but to the parents of adolescent girls who need to be taught how to view themselves as valuable beings separate from their relationships with men and boys."-Michael Gurian, author of The Good Son and A Fine Young Man Do you frequently find yourself putting your lover's needs ahead of your own? Do you tend to lose

yourself in your romantic relationships? Have you ever neglected your career, your friends, or even your health while in the midst of a love affair? Now, in this landmark book, Beverly Engel examines the intricate reasons why so many women submerge themselves in their relationships with men and offers a straightforward, empowering program that you can use to free yourself from the powerful grip of this all-too-common problem and rediscover yourself as a Woman of Substance.

[The Emotionally Destructive Marriage](#) Leslie Vernick 2013-09-17 Something Has to Change... You can't put it into words, but something is happening to you. Your stomach churns, your heart aches, and the tension in your marriage is making you feel weary and a little crazy. The constant criticism, disrespect, cruelty, deceit, and gross indifference are eroding your confidence and breaking your spirit. For any woman caught in an emotionally destructive marriage, Leslie Vernick offers a personalized path forward. Based on decades of counseling experience, her intensely practical, biblical advice will show you how to establish boundaries and break free from emotional abuse. Learn to: · identify damaging behaviors · gain the skills to respond wisely · promote healthy change · stay safe · understand when, why, and even how to leave · recognize that God sees and hates what is happening to you Trying harder to be a perfect fantasy wife won't help fix what's wrong your marriage. Discover instead how you can initiate effective changes to stop the cycle of destruction and restore hope for the future. "Women in an emotionally abusive marriage do not need another book on how to have a good marriage; those books rub salt in raw wounds. No, they desperately need this book so that they can diagnose just how bad their marriage is and then, with Leslie's clear expertise, develop a plan that will either begin to turn their marriage around...or give them a wise route of escape." —Dee Brestin, author of *Idol Lies* and *The Friendships of Women*

*Co-Dependence Healing the Human Condition* Charles Whitfield 2010-01-01 Of all the books on the

often misunderstood concept of co-dependence, this is probably the clearest, most complete and informative. Charles Whitfield is a frontline clinician who has been assisting co-dependents in their healing for over twenty years. He has researched the literature on co-dependence, which he summarizes in this widely read book. He sees co-dependence as a way to more accurately describe the painful and confusing part of the human condition. In careful detail he describes just what co-dependence is and what it is not, how it comes about, and how to heal its painful aftereffects.

Women's Voices in Experiential Education Association for Experiential Education 1996 This book is a collection of feminist analyses of various topics in experiential education, particularly as it applies to outdoors and adventure education, as well as practical examples of how women's experiences can contribute to the field as a whole. Following an introduction, "The Quilt of Women's Voices" (Maya Angelou), the 25 chapters are: "Women's Outdoor Adventures: Myth and Reality" (Karen Warren); "Why Women's Outdoor Trips?" (Mary McClintock); "Inside Work, Outdoors: Women, Metaphor, and Meaning" (Heidi Mack); "The Eustress Paradigm: A Strategy for Decreasing Stress in Wilderness Adventure Programming" (Anjanette Estrellas); "The Value of Therapeutic Wilderness Programs for Incest Survivors: A Look at Two Dominant Program Models" (Ruth Rohde); "The History of Camping Women in the Professionalization of Experiential Education" (Wilma Miranda, Rita Yerkes); "A Philosophical Basis for a Women's Outdoor Adventure Program" (Denise Mitten); "The Outdoor Recreation Experience: Factors Affecting Participation of African American Women" (Nina S. Roberts, Ellen B. Drogin); "Leading the Way: Strategies That Enhance Women's Involvement in Experiential Education Careers" (T. A. Loeffler); "Feminist Perspectives on Outdoor Leadership" (Karla Henderson); "Feminist Pedagogy and Experiential Education: A Critical Look" (Karen Warren, Alison Rheingold); "Outdoor Leadership Considerations with Women Survivors of Sexual Abuse"

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(Denise Mitten, Rosalind Dutton); "Feminists Challenging Assumptions about Outdoor Leadership" (Martha Bell); "The Value of Feminist Ethics in Experiential Education Teaching and Leadership" (Denise Mitten); "A Politicized Ethic of Care: Environmental Education from an Ecofeminist Perspective" (Constance L. Russell, Anne C. Bell); "The Midwife Teacher: Engaging Students in the Experiential Education Process" (Karen Warren); "Women and the Outdoors: Toward Spiritual Empowerment" (Karla A. Henderson); "Snips and Snails and Puppy Dog Tails...The Use of Gender-Free Language in Experiential Education" (Deb Jordan); "Sexual Harassment and Experiential Education Programs: A Closer Look" (T. A. Loeffler); "Women of Color in Experiential Education: Crossing Cultural Boundaries" (Nina Roberts); "Lesbian Baiting Hurts All Women" (Mary McClintock); "Turn Off the Radio and Sing for Your Lives! Women, Singing, and Experiential Education" (Moon Joyce); "'Connecting with Courage,' an Outward Bound Program for Adolescent Girls" (Terry Porter); "Facing Women's Fear of Failure: An AWESome Experience" (Anne Dal Vera); and "Women in Experiential Education Speak Out: An Anthology of Personal Stories across Cultures" (Nina S. Roberts, Ellen J. Winiarczyk). Contains references, author profiles, and an annotated bibliography of Association for Experiential Education publications. (SV)

*Madly in Love with Me* Christine Arylo 2012 "A coach and workshop leader offers advice, encouragement, and exercises for improving self-esteem, self-empowerment, and self-acceptance"-- Provided by publisher.

Goddesses in Older Women Jean Shinoda Bolen 2001-03-06 At some point after fifty, every woman crosses a threshold into the third phase of her life. As she enters this uncharted territory -- one that is generally uncelebrated in popular culture -- she can choose to mourn what has gone before, or she can embrace the juicy crone years. In this celebration of Act 3, Jungian analyst Jean Shinoda Bolen

names the powerful new energies and potentials, or archetypes, that come into the psyche at this momentous time, suggesting that women getting older have profound and exciting reasons for welcoming the other side of fifty. As Bolen has explained in her remarkable body of work, there are goddesses in every woman, deep archetypal sources of wisdom, authenticity and spirituality that, once tapped, energize us and give us a sense of meaning and self-acceptance. The knowledge of which archetypes are active within us at each phase of life—maiden, mother (or matron), and crone—supports us in making choices that are true to who we are instead of conforming to others' ideas of who we should be. In Bolen's bestselling *Goddesses in Everywoman*, the classic work of the women's spirituality movement, the Greek goddesses personified these archetypes as they affected the first two phases of a woman's adult life. Now she explains that in the third stage, marked physiologically by menopause, there emerges a whole new cast of inner archetypes that a woman can draw on for guidance, creativity, personal integration, and joy. Once we learn to recognize these forces, we can feel empowered and wise, introspective and spiritual, sexually bold and full of mirth. For it is in the "wisewoman" years, when a woman has lived long enough to resolve the tasks of younger and middle adulthood, that she can fully and authentically become who she deeply is. The generation of women who are approaching or who have reached the crone years is historically unique. Influenced by the women's movement, they have benefited from educational opportunities, women's support networks, and economic resources as excellent preparation for decades of active postmenopausal life. By recognizing the goddess archetypes that emerge in this phase, women of this special generation will be enabled to transform the crone years into the best years of their lives.

[The Return of Desire](#) Gina Ogden 2008-07-15 Drawing on three decades of experience as a sex therapist and sex researcher, Dr. Gina Ogden shows you how to:

- Open up to the four energies that

spark desire • Create heart-to-heart communication with your partner • Transcend guilt, shame, and "good-girls-don't" messages • Help heal the sexual wounds of abuse, addiction, affairs, and low self-esteem • Enjoy sexual pleasure throughout your life span—from new love, to parenthood, and into your golden years

**Radically Speaking** Diane Bell 1996 The contributors to *Radically Speaking* show that a radical feminist analysis cuts across class, race, sexuality, region, religion and across the generations. It is essential reading for Women's Studies, sociology, cultural studies, and anyone interested in processes of social change. The collection reveals the global reach of radical feminism and analyze the causes and solutions to patriarchal oppression. Seventy writers discuss their ideas and practice of contemporary feminism.

*The Writers Directory* 2013

**Engendered Lives** Ellyn Kaschak 1992-08-18

**The Verbally Abusive Man - Can He Change?** Patricia Evans 2006-10 Practical applications and the latest clinical research are combined with the trademark support and assurance of the author in this guide that provides victims of verbal abuse the tools they need to transform their relationships. Original. 75,000 first printing.

Beyond Philosophy Nancy Tuana 2020-09 Questions of whether anything exceeds reasonable sense and meaning have persisted throughout the history of philosophy. These questions have even continued in postmodern thought as well as in liberatory philosophies in which many kinds of events and lineages are experienced and seen as beyond philosophy. In this cowritten text, distinguished philosophers Nancy Tuana and Charles Scott pay particular attention to lineages and their dynamism as they develop the idea of things beyond philosophy, beyond norms. This is not a history

of philosophy or a critical study of a particular philosopher but a way to engage experience around dimensions of events that are beyond measuring, counting, meaning, and value. These attunements, they assert, are vitally important for the ways people orient themselves in the world and comport themselves in it. Tuana and Scott build on the alternatives to normative ethics that they find in the work of Nietzsche, Foucault, and Anzaldúa. They urge attunement to the world as a way to speak about what is impossible to give voice to, to live in the spaces between speech and the unspeakable, and to conceptualize and articulate the boundaries of rational sensibility.

**The Fantasy Fallacy** Shannon Ethridge 2012 Sexual and emotional fantasies tend to reveal certain areas of trauma, brokenness, and disillusionment that are yet to be healed. Many people, including Christians, look to their sexual and emotional fantasies as a road map to where they can find the fulfillment they long for. However these fantasies aren't a reliable road map into the future, they are actually a rocky road map from the past. Shannon Ethridge, best-selling Christian author, certified life coach, and advocate for healthy sexuality offers fascinating insights into common sexual thoughts such as: dating a much older man or much younger woman connecting with strangers via cyberspace gay and lesbian fantasies fascination with pleasure, pain, and power Introduced in Genesis, God's design for sex, beyond procreation, is to offer connection and pleasure for marriage partners. But also in Genesis is an outline of seven sexual fallacies that bring discord, pain, and brokenness. The Fantasy Fallacy helps explain the basis for these fallacies and offers insights to help expose not only the meaning behind them, but ways to face them, heal from them, and find physical, emotional, and spiritual freedom.

*No Regrets* Kaveree Bamzai 2019-09-25 This is not a self-help book. It's a book that tells us what not to do, what to remember and what to forget. From being a mother to lessons learnt from our own

mothers; managing money to marriage; coping with pain and anger to taking ownership of our health and growing old, Kaveree Bamzai, first woman editor of one of India's largest newsmagazines, a wife, and mother of two boys and two dogs, tells us how to live a guilt-free life, with a little help from a host of highly accomplished women. With sparkling advice from Naina Lal Kidwai, Arianna Huffington, Sudha Murty, Smriti Irani, Twinkle Khanna and Sania Mirza, among others, *No Regrets* is the go-to book as we fumble and stumble through life.

**Secret Survivors** E. Sue Blume 1998-01-20 Focusing on the later manifestations of incest, this reference offers a diagnostic aftereffects checklist, suggestions for healthy, rather than neurotic, coping mechanisms, and therapeutic treatment strategies

Family Stressors Don R. Catherall 2005-07-05 First Published in 2005. Routledge is an imprint of Taylor & Francis, an informa company.

The Power of Archetypes Marie D. Jones 2017-07-24 Deep within your mind is a realm filled with powerful symbols that drive your thoughts, behaviors, and actions--often without your knowledge. This is the hidden world of "archetypes": universal symbols responsible for who you are, how the world sees you, and what you believe about yourself and your life's purpose. *The Power of Archetypes* will help you identify, understand, and work with the archetypes that exist beyond your conscious awareness to create your reality "behind the scenes." You will also learn how to clear out old symbols that may be blocking you from the happiness and success you dream of. You will examine:

- The roles of the subconscious and collective unconscious in shaping your identity, and why it is so hard to change "you."
- The most common archetypes and what they symbolize.
- Global archetypes in religion, politics, and pop culture, and how they affect you.
- Ways to identify archetypes working in your life and the skills to change them and become more authentic.

Archetypes reveal your plot and

your purpose. The good news is, if you don't like them, you can choose more empowering symbols to create a completely new story of your life.

**Sexual Recovery** Gina Ogden 1990

*The Encyclopedia of Phobias, Fears, and Anxieties, Third Edition* Ronald Manual Doctor 2010-05-12  
Explains the meaning of terms and concepts related to specific phobias, forms of therapy, and medicines, and identifies key researchers.

**The Information: A History, a Theory, a Flood** James Gleick 2011-03-03 Winner of the Royal Society Winton Prize for Science Books 2012, the world's leading prize for popular science writing.  
*Don't Cry When I Die* Latika Tripathi 2010

**Stop Sex Addiction** Milton S. Magness 2013-04-02 Sex addiction is a growing menace that threatens all strata of our society, destroying millions of marriages, damaging reputations, contributing to suicides and in some cases prison sentences, and wasting mind-boggling amounts of money. But there is hope. Sex addiction is treatable. Through a rigorous recovery program detailed in these pages, it is possible for sex addicts to stop all of their destructive behaviors--forever. The recovery road is long and difficult, but also very rewarding. Marriages have not only been restored, but enriched. by following the Steps described in Stop Sex Addiction, addicts and their partners have found the path to freedom from sex addiction. You have taken the first step by reading this summary. The wisdom in this book will lead to real hope and true freedom.

*The Publishers Weekly* 1990

**Film & Video Finder** 1989

**Make Miracles in Forty Days** Melody Beattie 2011-12-06 We've all had situations in our lives that seem beyond our control or that have no clear remedy. In this concise, inspirational guide,

bestselling self-help guru Melody Beattie shows us that we have the ability to make a miracle for almost any circumstance we're facing. She offers a distillation of what she knows about gratitude, surrender, and connecting with our essential power. She challenges us to be more present each day and details a six-week action plan, the Miracle Exercise, to jump-start transformation in our lives.-- From publisher description.

**Методология комплексного человекознания и современная психология** Коллектив авторов 2022-04-29 В книге, подготовленной по материалам конференции, посвященной 100-летию со дня рождения выдающегося российского ученого, основателя Ленинградской научной школы психологии Бориса Герасимовича Ананьева, освещается широкий круг проблем, касающихся истории, современного состояния и перспектив развития методологии комплексных исследований. Раскрыты вклад Ананьева в становление и развитие разных направлений отечественной психологии, разработку ее методологических основ, его роль как организатора психологической науки. Рассмотрены ключевые проблемы, исследованные в творчестве Ананьева - чувственного познания, индивидуальных характеристик человека, субъекта, личности, индивидуальности, - и тенденции их разработки в современной психологии. На широком и разноплановом материале обоснована важность межпредметной и междисциплинарной интеграции как условия целостного и всестороннего изучения психической деятельности. Книга адресована психологам, представителям смежных с психологией наук, студентам психологических факультетов.

Unbearable Lightness Portia de Rossi 2011-03-03 "I didn't decide to become anorexic. It snuck up on me disguised as a healthy diet, a professional attitude. Although there was a certain glamour to anorexics, I didn't want to be one. I just wanted to excel in dieting. And weighing in at 80 pounds on

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300 calories a day, I was the best little dieter there ever was." In scalding prose, Portia de Rossi reveals the pain and illness that haunted her for decades. She alternately starved herself and binged, putting her life in danger and lying to herself and everyone around her about the depth of her illness. From her lowest point, Portia began the painful climb back to health and happiness, ultimately falling head over heels in love with Ellen DeGeneres. In this remarkable and landmark book, she tells a story that inspires hope and nourishes the spirit.

**Swoon: Great Seducers and Why Women Love Them** Betsy Prioleau 2013-02-04 "Lose yourself: Swoon has wicked fun answering that age-old query: What do women want?"—Chicago Tribune

Contrary to popular myth and dogma, the men who consistently beguile women belie the familiar stereotypes: satanic rake, alpha stud, slick player, Mr. Nice, or big-money mogul. As Betsy Prioleau, author of *Seductress*, points out in this surprising, insightful study, legendary ladies' men are a different, complex species altogether, often without looks or money. They fit no known template and possess a cache of powerful erotic secrets. With wit and erudition, Prioleau cuts through the cultural lore and reveals who these master lovers really are and the arts they practice to enswoon women. What she discovers is revolutionary. Using evidence from science, popular culture, fiction, anthropology, and history, and from interviews with colorful real-world ladykillers, Prioleau finds that great seducers share a constellation of unusual traits. While these men run the gamut, they radiate joie de vivre, intensity, and sex appeal; above all, they adore women. They listen, praise, amuse, and delight, and they know their way around the bedroom. And they've finessed the hardest part: locking in and revving desire. Women never tire of these fascinators and often, like Casanova's conquests, remain besotted for life. Finally, Prioleau takes stock of the contemporary culture and asks: where are the Casanovas of today? After a critique of the twenty-first-century sexual



malaise—the gulf between the sexes and women’s record discontent—she compellingly argues that society needs ladies’ men more than ever. Groundbreaking and provocative, Swoon is underpinned with sharp analysis, brilliant research, and served up with seductive verve.

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aligns with your interests and needs is crucial. This article delves into the art of finding the perfect eBook and explores the platforms and strategies to ensure an enriching reading experience.

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