

The G Spot And Other Discoveries About Human Sexuality

Human Sexuality Vern L. Bullough 2014-01-14 First Published in 1994. Routledge is an imprint of Taylor & Francis, an informa company.

S=EX2 Pere Estupinyà 2016-08-25 You have in your hands the most rigorous, complete and readable book ever written about the fascinating science of human sexuality. This book goes beyond the well-worn sexual education advice and the usual evolutionist psychology. After *The Brain Snatcher*, Pere Estupinyà comes back with the first popular science book on sex aimed at a wide audience. While there are some tips for the more adventurous, there is also a wealth of new information to be discovered. Distancing himself from the many books on advice or techniques, Estupinyà brings sex to another dimension by combining popular beliefs and science. Do you want proof that our decision-making in the “heat of the moment” is less rational than we think? Did you know that mind and vagina each go their own way? Are you interested in learning about the effects of yoga on sexual pleasure? Did you know about the attempts in the 60s to “cure” homosexuals with electric shock therapy, the chemical analysis of female ejaculation, or the fundamental relationship between the sympathetic and parasympathetic nervous system? The author has spoken directly with asexual and intersexual individuals, fetishists, multi-orgasmic women, women who never have orgasms through penetration, and men who have no refractory period. He has also participated in sadomasochistic events; learned tantric techniques with a couple of coaches, spoken with porn performers at Barcelona’s Bagdad, and attended workshops in which a woman teaches how to have orgasms with your mind and breathing. The result is an incredible miscellany of information that appeals to both the scientific community and the curious.

The Science of Orgasm Barry R. Komisaruk 2006-11-26 This award-winning book “offers a thorough compilation of what modern science, from biomechanics to neurochemistry, knows about the secrets of orgasm” (Publishers Weekly). The coauthor of the international best-selling book *The G Spot and Other Discoveries about Human Sexuality*, Beverly Whipple joins neuroscientist Barry R. Komisaruk and endocrinologist Carlos Beyer-Flores to view orgasm through the lenses of behavioral neuroscience along with cognitive and physiological sciences. Covering every type of sexual peak experience in women and men from intense to phantom, this fascinating and comprehensive work illuminates the hows, whats, and wherefores of orgasm. The authors explain how and why orgasms happen, why they fail to happen, and what brain and body events are put into play at the moment of orgasm. They also describes the genital-brain connection, how the brain produces orgasms, how aging affects orgasm, and the effects of prescription medication, street drugs, hormones, disorders, and diseases. Winner of the 2007 Bonnie and Vern L. Bullough Book Award, given by the Foundation for the Scientific Study of Sexuality

How Sex Works Sharon Moalem 2009-04-28 Social sciences.

100 Questions & Answers About Women's Sexual Wellness and Vitality: A Practical Guide for the Woman Seeking Sexual Fulfillment Michael L. Krychman 2009-04-17 No woman wants to read this book but many women should, for it is estimated that 43% of all women suffer from some form of sexual complaint. The only text to provide the doctor and patient’s view, *100 Questions and Answers About Women’s Sexual Wellness and Vitality* provides authoritative answers to 100 of the most common questions posed by women--and their partners--about sexual problems and health. It offers practical information on how to improve sex and sexual function through lifestyle, medication, and therapy. Written by Dr. Michael L. Krychman, an expert sexual medicine specialist, this book provides you with the information you need to take charge of your sexual health, your overall health, and your relationships.

Human Sexuality Anne Bolin 2009-09-10 *Human Sexuality: Biological, Psychological, and Cultural Perspectives* is a unique textbook that provides a complete analysis of this crucial aspect of life around the world. Utilizing viewpoints across cultural and national boundaries, and deftly weaving evolutionary and psychological perspectives, Bolin and Whelehan go beyond the traditional evolution and primatology to address cross-cultural and contemporary issues, as well as anthropological contributions and psycho-social perspectives. Taking into account the evolution of human anatomy, sexual behavior, attitudes, and beliefs, this far-reaching text goes beyond what is found in traditional books to present a wide diversity of beliefs, attitudes, and behaviors found globally. In addition to providing a rich array of photographs, illustrations, tables, and a glossary of terms, this extraordinary textbook explores: pregnancy and childbirth as a bio-cultural experience life-course issues related to gender identity, sexual orientations, behaviors, and lifestyles socioeconomic, political, historical, and ecological influences on sexual behavior early childhood sexuality, puberty and adolescence birth control, fertility, conception, and sexual differentiation HIV infection, AIDS, AIDS globalization and sex work Fusing biological, socio-psychological, and cultural influences to offer new perspectives on understanding human sexuality, its development over millions of years of evolution, and how sexuality is embedded in specific socio-cultural contexts, this is the text for educators and students who wish to understand human sexuality in all of its richness and complexity.

New York Magazine 1982-07-19 *New York magazine* was born in 1968 after a run as an insert of the *New York Herald Tribune* and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

Our Bodies, Ourselves Boston Women's Health Book Collective 2011-10-04 THE BESTSELLING WOMEN’S HEALTH CLASSIC—INFORMING AND INSPIRING WOMEN ACROSS GENERATIONS Hailed by *The New York Times* as a “feminist classic,” this comprehensive guide to all aspects of women’s sexuality and reproductive health—including menopause, birth control, childbirth, sexual health, sexual orientation, gender identity, mental health, and overall wellbeing—changed the women’s health movement around the world and remains as important and relevant as ever. Providing detailed and empowering information on women’s reproductive health and sexuality, this latest edition of *Our Bodies, Ourselves* shows how to find and access health information and offers additional resources and stories to educate women about health care injustices and inspires them to work collectively to address them. Including the latest vital information on: -Changes in the health care system—especially how health care reform affects women and how to get the care you need. -Safer sex—how to engage in pleasurable, satisfying sexual experiences while protecting your health and the health of your partner. -Environmental health risks—including minimizing exposure to everyday pollutants that endanger reproductive health. -Body image—resisting negative media stereotypes and embracing healthier approaches to looking and feeling good. -Local and global activism—using social media and organizing tactics to build community and advocate for policies that improve women’s lives. -As well as crucial information about gender identity, sexual orientation, birth control, abortion, pregnancy and birth, perimenopause, and sexuality and sexual health as we age. Together with its companion website, OurBodiesOurselves.org, *Our Bodies, Ourselves* is a one-stop resource that belongs on the bookshelves of women of all ages.

What Every Mental Health Professional Needs to Know About Sex Stephanie J. Buehler 2013-07-29 Print+CourseSmart

The G Spot and Other Recent Discoveries about Human Sexuality Alice Kahn Ladas 1982 Scientific evidence, statistics, case histories and personal testimonies regarding four discoveries: the Grafenburg spot, female ejaculation, pelvic muscle tone, and orgasmic response.

The Heart and Soul of Sex Gina Ogden 2006-07-11 Drawing on the results of her unique national sex survey—and on decades of clinical practice as a sex therapist—Gina Ogden offers a revolutionary exploration of women's sexual experience. The best sex, say thousands of women, doesn't just happen in the body. It is multidimensional, connecting body, mind, heart, and soul. In *The Heart and Soul of Sex*, Ogden coaches readers to fully realize the physical, emotional, mental, and spiritual aspects of sex, making what she calls the "ISIS Connection." Throughout the book are firsthand stories of survey respondents, offering examples of how ordinary women—from ages eighteen to eighty-six and from many backgrounds—have found their own way to sexual expression that is deeply satisfying and even life-changing. *The Heart and Soul of Sex* takes the

reader on a journey beyond the usual emphasis on performance, including practical exercises that can be done alone or with a partner. Ogden shows us that we can be much more than we've been told—not just fun and exciting but deeply healing, magical, and transformative.

Sex, Drugs & Rock n Roll Zoe Cormier 2014-08-07 How can wordless collections of sounds send shivers down our spines and tickle ancient parts of our brains we share with reptiles? How did a chemist's quest to create a drug to ease the pain of childbirth result in the creation of LSD? Why do goats partake in oral sex, and how can a horse (or even a table) make us weak in the knees? And how on earth could the revered 'father of anatomy' not know where the clitoris was? From tortoiseshell condoms to superstar athletes on hallucinogens, these burning questions are explored and dissected, mixed with insights from some of the world's bravest, cleverest and downright weirdest scientist experimenting on the edge - and themselves. It's a sharp shocker, an eye opener, asking the big questions about what it means to be human, about consciousness and happiness. It'll pull you in and gross out. Exuberantly curious and shamelessly exuberant, Guerilla Science's Zoe Cormier reinvents popular science for a new generation by breaking all the rules. Let's rock.

Outwitting Osteoporosis Ronda Gates 2011-09-06 Women of all ages need to be concerned about osteoporosis. Thirty-three million American women have the disease, and one out of every two women over the age of fifty will experience an osteoporosis-based fracture. Fortunately, there are important steps that women can take to ensure healthy bones throughout their lifetime. Pharmacist-trained Ronda Gates and nurse/researcher Beverly Whipple pool their talents to bring women the most up-to-date information, statistics, and treatment options to help them keep their bones strong.

The Chemistry Between Us Larry Young PhD 2012-09-13 How much control do we have over love? Much less than we like to think. All that mystery, all that poetry, all those complex behaviors surrounding human bonding leading to the most life-changing decisions we'll ever make, are unconsciously driven by a few molecules in our brains. How does love begin? How can two strangers come to the conclusion that it would not only be pleasant to share their lives, but that they must share them? How can a man say he loves his wife, yet still cheat on her? Why do others stay in relationships even after the romance fades? How is it possible to fall in love with the "wrong" person? How do people come to have a "type"? Physical attraction, jealousy, infidelity, mother-infant bonding—all the behaviors that so often leave us befuddled—are now being teased out of the fog of mystery thanks to today's social neuroscience. Larry Young, one of the world's leading experts in the field, and journalist Brian Alexander explain how those findings apply to you. Drawing on real human stories and research from labs around the world, *The Chemistry Between Us* is a bold attempt to create a "grand unified theory" of love. Some of the mind-blowing insights include: Love can get such a grip on us because it is, literally, an addiction. To a woman falling in love, a man is like her baby. Why it's false to say society makes gender, and how it's possible to have the body of one gender and the brain of another. Why some people are more likely to cheat than others. Why we sometimes truly can't resist temptation. Young and Alexander place their revelations into historical, political, and social contexts. In the process, they touch on everything from gay marriage to why single-mother households might not be good for society. *The Chemistry Between Us* offers powerful insights into love, sex, gender, sexual orientation, and family life that will prove to be enlightening, controversial, and thought provoking.

Loving the G-Spot Marcia Durante 2015-04-14 The G-spot is not a myth, as some people unequivocally believe. It is the erogenous center that supplies the woman with immense pleasure. This book explains all you need to know to reach new levels of pleasure in your sex life. As much for those in a relationship as well as those who want to enjoy their own bodies, this manual teaches you to locate the G-spot and to stimulate it to unleash a true "Big Bang" of pleasure. It includes detailed illustrations that show, step-by-step, the path to female ecstasy. Marcia Durante reveals all the tricks to activate new erogenous centers and to experience the most intense, prolonged orgasms. The perfect reference book on sexuality, *Loving the G-Spot* teaches you: • How to easily locate the G-spot • Techniques to stimulate female ejaculation • The most erogenous zones of the body • Sexual exercises for couples • Tantra and female sexuality • Advanced positions to intensify the pleasure • And much more!

The Orgasm Answer Guide Barry R. Komisaruk 2009-12 Credible, readable, and easy to follow, *The Orgasm Answer Guide* tells you everything you ever wanted to know . . . but were afraid to ask. *The Orgasm Answer Guide* answers common questions many people have about one of life's most fascinating experiences. In an accessible question-and-answer format, four of the world's leading sexuality experts address every aspect of orgasms: how they happen, why they don't, and what can be done to enhance sexual experiences. The authors provide clear and informed answers to more than 80 common questions, including: • Can an orgasm cause a heart attack? • Does childbirth affect orgasm? • What is the G spot? • How can I tell whether my partner is faking an orgasm? • Do orgasms end at a certain age? The all-star author team includes neuroscientist Barry R. Komisaruk, bestselling author and sexual health researcher Beverly Whipple, BBC sexuality talk-show host Sara Nasserzadeh, and Mexico's leading sex researcher, Carlos Beyer-Flores.

Regain That Feeling Mitchell Tepper 2015-01-13 Surviving a serious injury or illness, or living with a chronic condition, brings a host of physical changes, emotional responses, and relationship challenges. Often you are left feeling like less of a man or woman, defective, undeserving of love, fearing rejection, and avoiding sex. However, injury or illness doesn't have to end your sex life. Through sharing his own story of sexual self-discovery after breaking his neck at age 20, and the stories of research participants and coaching clients, Dr. Tepper, a renowned Sexologist and AASECT Certified Sexuality Educator and Counselor, reveals the secrets that will guide you back to feeling whole and fully alive again. On the way he busts the top myths that are holding you or your loved one back, including: * I have no feeling = My sex life is over!* I'm not experiencing pleasure or orgasm anymore = Sex is pointless! Why bother?* My partner left me, cheated on me, avoided having sex with me = I'm not lovable and I'm not a capable partner.* No one will want a person with a disability as a lover.* Just give it time. Everything will fall into place.* If you have high self-esteem, everything else will follow.* I shouldn't be thinking about sex right now, I should be focused on (fill in the blank). Contents: Introduction Spinal Cord Injury & Sexuality 101 Chapter One: My Story Chapter Two: Setting The Stage Chapter Three: Stories Of Sexual Healing Chapter Four: Process Of Sexual Self-Discovery Not The Same, Not Normal Don't Ask. Don't Tell Pointless! Why Bother? Need To Be With A Partner Chapter Five: Connectedness Chapter Six: Emotional And Spiritual AspectsOf Sexual Pleasure Chapter Seven: The Top Seven Myths That Are Holding You Back Chapter Eight: Seven Secrets Revealed Chapter Nine: Moving Forward Resources Acknowledgements About The Author Other Works by Dr. Tepper Advanced Praise: "Regain that Feeling is a wonderful book that provides realistic hope to anyone who has suffered a sexual loss secondary to serious injury or illness." -Lee Woodruff, author of *Perfectly Imperfect* and co-author with Bob Woodruff of *In an Instant*"A great read that redefines sex and pleasure and demonstrates how difference can be good. Definitely worth it for anyone looking to explore sexuality through a different lens." -Tim Rose, Co-founder, The Rose Centre for Love, Sex and Disability"Dr. Tepper has taken this subject matter to a whole new level... Please as an act of kindness to yourself, read this book." -Dr. Dan Gottlieb, author of *The Wisdom We're Born with: Restoring Faith in Ourselves* "Only Mitch Tepper could put together this kind of poignant blend of research, personal experience, and pure insight to get to the essence of love, intimacy, and true sexiness - disability or not." - Gary Karp, author of *Life On Wheels and Disability & the Art of Kissing*"A must-read for people with disabilities, their partners, and those who advocate for them." -Dr. Beverly Whipple, co-author of *The G Spot and Other Recent Discoveries About Human Sexuality*

Female Ejaculation and the G-spot Deborah Sundahl 2003 Like men, women also can ejaculate, enhancing and intensifying their sexual pleasure. In an open, positive style, Deborah Sundahl presents information about female ejaculation including scientific findings, anatomical illustrations, historical accounts, a chapter on how men can help their female partners to ejaculate, and women's and men's experiences collected during the past two decades.

The International Encyclopedia of Human Sexuality, 3 Volume Set Patricia Whelehan 2015-06-02 This Encyclopedia is a comprehensive A-Z reference with over 500 entries that define sexuality from a broad biocultural perspective and show the diversity of human sexual behavior and belief systems. • Contains entries ranging from short definitions of scientific, clinical, cultural, and colloquial terms to extended explorations of major concepts • Covers 13 key areas of content, from clinical medicine and body modification to the language of sexuality and the history of sexology • Serves as an essential resource for students, scholars, and

researchers with contributions from an international team of top scholars and practitioners 3 Volumes www.encyclopediaofhumansexuality.com

Modes of Therapeutic Action Martha Stark 2000-12-01 How do we position ourselves, moment by moment, in relation to our patients and how do these positions inform both what we come to know about our patients and how we intervene? Do we participate as neutral object, as empathic self-object, or as authentic subject? Do we strive to enhance the patient's knowledge, to provide a corrective experience, or to work at the intimate edge? In an effort to answer these and other clinically relevant questions about the process of psychotherapeutic change, Martha Stark has developed a comprehensive theory of therapeutic action that integrates the interpretive perspective of classical psychoanalysis (Model 1), the corrective-provision perspective of self psychology and those object relations theories emphasizing the internal 'absence of good' (Model 2), and the relational perspective of contemporary psychoanalysis and those object relations theories emphasizing the internal 'presence of bad' (Model 3). Model 1 is about knowledge and insight. It is a one-person psychology because its focus is on the patient and the internal workings of her mind. Model 2 is about corrective experience. It is a one-and-a-half-person psychology because its emphasis is not so much on the relationship per se, but on the filling in of the patient's deficits by way of the therapist's corrective provision; what ultimately matters is not who the therapist is, but, rather, what she can offer. Model 3 is about relationship, the real relationship. It is a two-person psychology because its focus is on patients and therapists who relate to each other as real people; it is about mutuality, reciprocity, and intersubjectivity. Whereas Model 2 is about 'give' and involves the therapist's bringing the best of who she is into the room, Model 3 is about 'give-and-take' and involves the therapist's bringing all of who she is into the room. As Dr. Stark repeatedly demonstrates in numerous clinical vignettes, the three modes of therapeutic action—knowledge, experience, and relationship—are not mutually exclusive but mutually enhancing. If, as therapists, we can tolerate the necessary uncertainty that comes with the recognition that there is an infinite variety of possibilities for change, then we will be able to enhance the therapeutic potential of each moment and optimize our effectiveness as clinicians.

Beyond Menopause Carolyn Torkelson 2022-10-13 Beyond Menopause uncovers the unique healthcare needs of postmenopausal women. It offers women integrative holistic approaches that bridge the gap between conventional medicine and systems of holistic healing. The book highlights integrative strategies in the context of common health conditions, including anxiety, fatigue, sleep disturbance, sexual health, weight concerns, bone health, and brain health. It provides information on the use of hormone therapy during the menopause transition. The book features clinical vignettes illustrating how individual women explore pathways to better health through shared decision-making with their health practitioners. Women of postmenopausal age want to remain healthy, vital, and engaged, yet they are often overlooked in the healthcare system. In this phase of life, women need to create their own integrative path to wellness. Beyond Menopause shows women how to prime their voice for self-advocacy and establish collaborative relationships with their health practitioners. Women are advised to create an adaptable network of practitioners to accommodate changing needs—their own “web of wellness.” Beyond Menopause brings a fresh perspective to the mental, physical, and spiritual elements of holistic living. From the distinct vantage points of medicine and neuroscience, the authors guide women toward new pathways to optimal health and well-being.

The Science of Orgasm Barry R. Komisaruk 2006-11-26 This award-winning book “offers a thorough compilation of what modern science, from biomechanics to neurochemistry, knows about the secrets of orgasm” (Publishers Weekly). The coauthor of the international best-selling book *The G Spot and Other Discoveries about Human Sexuality*, Beverly Whipple joins neuroscientist Barry R. Komisaruk and endocrinologist Carlos Beyer-Flores to view orgasm through the lenses of behavioral neuroscience along with cognitive and physiological sciences. Covering every type of sexual peak experience in women and men from intense to phantom, this fascinating and comprehensive work illuminates the hows, whats, and wherefores of orgasm. The authors explain how and why orgasms happen, why they fail to happen, and what brain and body events are put into play at the moment of orgasm. They also describe the genital-brain connection, how the brain produces orgasms, how aging affects orgasm, and the effects of prescription medication, street drugs, hormones, disorders, and diseases. Winner of the 2007 Bonnie and Vern L. Bullough Book Award, given by the Foundation for the Scientific Study of Sexuality

How Sex Got Screwed Up: The Ghosts that Haunt Our Sexual Pleasure - Book One Jon Knowles 2019-06-28 The ghosts that haunt our sexual pleasure were born in the Stone Age. Sex and gender taboos were used by tribes to differentiate themselves from one another. These taboos filtered into the lives of Bronze and Iron Age men and women who lived in city-states and empires. For the early Christians, all sex play was turned into sin, instilled with guilt, and punished severely. With the invention of sin came the construction of women as subordinate beings to men. Despite the birth of romance in the late middle ages, Renaissance churches held inquisitions to seek out and destroy sex sinners, all of whom it saw as heretics. The Age of Reason saw the demise of these inquisitions. But, it was doctors who would take over the roles of priests and ministers as sex became defined by discourses of crime, degeneracy, and sickness. The middle of the 20th century saw these medical and religious teachings challenged for the first time as activists, such as Alfred Kinsey and Margaret Sanger, sought to carve out a place for sexual freedom in society. However, strong opposition to their beliefs and the growing exploitation of sex by the media at the close of the century would ultimately shape 21st century sexual ambivalence. Book One of this two-part publication traces the history of sex from the Stone Age to the Enlightenment. Interspersed with ‘personal hauntings’ from his own life and the lives of friends and relatives, Knowles reveals how historical discourses of sex continue to haunt us today. This book is a page-turner in simple and plain language about ‘how sex got screwed up’ for millennia. For Knowles, if we know the history of sex, we can get over it.

Textbook of Female Sexual Function and Dysfunction Irwin Goldstein 2018-07-02 A comprehensive text on female sexual function and dysfunction that offers a multi-disciplinary, biopsychosocial approach to diagnosis and treatment. *Textbook of Female Sexual Function and Dysfunction* offers a multi-disciplinary, biopsychosocial approach and provides guidance for the safe and effective diagnosis and treatment of various sexual health issues. With contributions from an international panel of experts, the text provides the scientific basis of the clinical recommendations for dealing with problems of sexual, desire, arousal, orgasm and pain. The text is clearly organized around the four major disease states in female sexual dysfunction (FSD) and is officially endorsed by the International Society for the Study of Women's Sexual Health (ISSWSH). The authors cover a wealth of topics such as hypoactive sexual desire disorder, psychological management of sexual disorders, anatomy and physiology of sexual dysfunction and pain and information on future developments and research. In addition, the text reviews all FDA approved medications for sexual dysfunction and contains consideration of off-label treatments for FSDs. This important text: • Offers the only textbook to highlight female sexual dysfunction in light of recently approved FDA medications • Contains a unique biopsychosocial approach from a collaborative team of physicians, psychologists, physical therapists as well as other sexual health professionals • Presents a comprehensive text led by one of the foremost global experts in Women's Sexual Health, Irwin Goldstein, founder of ISSWSH, with three other past presidents and one president-elect. Written for any professional dealing with women's sexual health, *Textbook of Female Sexual Function and Dysfunction* offers an invaluable guide to the most safe and effective diagnosis and treatment.

How Sex Got Screwed Up: The Ghosts that Haunt Our Sexual Pleasure - Book Two Jon Knowles 2019-03-31 The ghosts that haunt our sexual pleasure were born in the Stone Age. Sex and gender taboos were used by tribes to differentiate themselves from one another. These taboos filtered into the lives of Bronze and Iron Age men and women who lived in city-states and empires. For the early Christians, all sex play was turned into sin, instilled with guilt, and punished severely. With the invention of sin came the construction of women as subordinate beings to men. Despite the birth of romance in the late middle ages, Renaissance churches held inquisitions to seek out and destroy sex sinners, all of whom it saw as heretics. The Age of Reason saw the demise of these inquisitions. But, it was doctors who would take over the roles of priests and ministers as sex became defined by discourses of crime, degeneracy, and sickness. The middle of the 20th century saw these medical and religious teachings challenged for the first time as activists, such as Alfred Kinsey and Margaret Sanger, sought to carve out a place for sexual freedom in society. However, strong opposition to their beliefs and the growing exploitation of sex by the media at the close of the century would ultimately shape 21st century sexual ambivalence. Book Two of this two-part publication traces the history of sex from the Victorian Era to present day. Interspersed with ‘personal hauntings’ from his own life and the

lives of friends and relatives, Knowles reveals how historical discourses of sex continue to haunt us today. This book is a page-turner in simple and plain language about 'how sex got screwed up' for millennia. For Knowles, if we know the history of sex, we can get over it.

What Do Women Want? Daniel Bergner 2013-06-20 In this headline-making book, Daniel Bergner turns everything we thought we knew about women's desire on its head. Drawing on extensive research and interviews with renowned behavioural scientists, sexologists, psychologists and everyday women, Daniel Bergner asks: - Do women really crave intimacy and emotional connection? - Are women more disposed to sex with strangers or multiple partners than either science or society have ever let on? - And is 'the fairer sex' actually more sexually aggressive and anarchic than men?

Sex Matters for Women Sallie Foley 2011-12-13 A guide to help women understand how their bodies work and to take charge of their sexuality, discussing anatomy, body image, trauma, overcoming difficulties, and related topics.

Sexual Fitness Hank C. K. Wuh 2002-02-05 The premise is simple: Good health leads to good sex. Good sex leads to good health. Sexual Fitness shows how seven basic factors-diet, supplements, medications, sensual stimulation, exercise, sleep, and stress reduction-directly influence sexual health. More important, it features an easy-to-follow 30-day program, complete with dietary guidelines, recipes, a daily planner, and plenty of practical guidance.

Yes You Can: Dr. Barb's Recipe for Lifelong Intimacy Barb DePree 2014-07-07 An essential guide to sexual health at midlife and beyond for women and the men who love them, Yes You Can offers sound medical advice that will empower women to remain as sexually active as they wish for as long as they choose.

Women's Super Sex Secret Michelle Tallia 2014-05-02 80+% of Women Don't Know About This Tremendous Source of Sexual Pleasure! How could there be major discoveries for women's sexual pleasure that haven't already been reported to death? Well here they are! You already know that most of the clitoris is actually inside the body, (two inches on average,) so you want to make sure the clitoris inside is being adequately stimulated. You've read reports on how to find and stimulate the G-spot and you know that the G-spot is actually more of a backdoor way to access the vast treasure trove of clitoral nerve endings versus being a separate collection of its own nerves. You've experimented with different sex toys until you've found one or more that you'd kill for, but do you know about this, because you really need to! This book comes with four free bonus books (making it a \$34.75 total value!) Your books are presented in this order: 1. 100 Good Lines to Put in Your Personal Ad 2. Breast Massage Secrets Revealed 3. Special Things To Do During 3 Hours of Sex; A Step-by-step Guide 4. THE PS-SPOT ORGASM: Don't Wait Any Longer For This Kind of Pleasure 5. Women's Super Sex Secret Publisher's Note: This publication contains explicit sexual content.

What Your Mother Never Told You About Sex Hilda Hutcherson 2003-02-04 In her ob-gyn practice, Dr. Hilda Hutcherson has seen women of all ages who have questions about sex. Now, in this down-to-earth book, she answers those questions and more as she addresses every sexual matter that has an impact on the lives of women. Combining up-to-date medical science with good old-fashioned girl talk, Dr. Hutcherson discusses sex in a lively tone that's as educational as it is engaging. With facts on female (and male) anatomy, aphrodisiacs, fantasy, orgasm, birth control, and more, she shows how to overcome sexual problems — and achieve sensational sensual experiences. Your mother may not have known what to tell you about sex, but Dr. Hutcherson will give you a real, honest education on sex and sexuality. And with a special chapter on talking to your daughter, you can pass your wisdom on to the next generation.

A Taste of Honey Habeeb Akande 2015-08-12 A Taste of Honey provides a scholarly exposition on the prominent place that sexuality and erotology enjoyed in traditional Islam. The book is divided into two parts; part one presents a critical examination of sexual ethics and part two consists of a concise treatise on the art of seduction and lovemaking. The central aim of this book argues that Islam is a sexually enlightened religion which teaches that sensuality should not be devoid of spirituality. The book also argues that the loss of sacred sensuality afflicting modern society can be reclaimed by a revival of the classical erotological tradition. Drawing upon the Qur'ān, ḥadīth and traditional erotological literature, the book follows the style and composition of classical Eastern and Afro-Arab love texts such as the Kama Sutra and Jalāl ad-Dīn as-Šuyūṭī's erotic treatises. A Taste of Honey is a thought-provoking work on a highly sensitive, yet extremely important subject.

50 Great Myths of Human Sexuality Pepper Schwartz 2015-04-20 50 Great Myths of Human Sexuality seeks to dispel commonly accepted myths and misunderstandings surrounding human sexuality, providing an enlightening, fascinating and challenging book that covers the fifty areas the author's believe individuals must understand to have a safe, pleasurable and healthy sex life. Dispels/Explores commonly accepted myths and misunderstandings surrounding human sexuality Includes comparisons to other countries and cultures exploring different beliefs and how societies can influence perceptions Areas discussed include: pre-marital sex, masturbation, sexual diseases, fantasy, pornography, relationships, contraception, and emotions such as jealousy, body image insecurity, passionate love and sexual aggression Covers both heterosexual and same-sex relationships

The Madame Curie Complex Julie Des Jardins 2010-03-01 The historian and author of Lillian Gilbreth examines the "Great Man" myth of science with profiles of women scientists from Marie Curie to Jane Goodall. Why is science still considered to be predominantly male profession? In *The Madame Curie Complex*, Julie Des Jardin dismantles the myth of the lone male genius, reframing the history of science with revelations about women's substantial contributions to the field. She explores the lives of some of the most famous female scientists, including Jane Goodall, the eminent primatologist; Rosalind Franklin, the chemist whose work anticipated the discovery of DNA's structure; Rosalyn Yalow, the Nobel Prize-winning physicist; and, of course, Marie Curie, the Nobel Prize-winning pioneer whose towering, mythical status has both empowered and stigmatized future generations of women considering a life in science. With lively anecdotes and vivid detail, *The Madame Curie Complex* reveals how women scientists have changed the course of science—and the role of the scientist—throughout the twentieth century. They often asked different questions, used different methods, and came up with different, groundbreaking explanations for phenomena in the natural world.

New York Magazine 1982-07-19 New York magazine was born in 1968 after a run as an insert of the New York Herald Tribune and quickly made a place for itself as the trusted resource for readers across the country. With award-winning writing and photography covering everything from politics and food to theater and fashion, the magazine's consistent mission has been to reflect back to its audience the energy and excitement of the city itself, while celebrating New York as both a place and an idea.

Perspectives on Human Sexuality Anne Bolin 1999-01-01 Presents the first book-length examination of both the biological and cultural factors in human sexuality.

The G-Spot Scientific Explanation and Truth Acie Cargill 2020-01-13 This is a short book about 2500 words describing the phenomenon of the G-spot and urethral ejaculation during orgasms. Actually, the G-spot is analogous to the male's prostate gland. Both sit alongside the urethra and produce a similar fluid. In the male it is called semen and in the female, it is similar, but without any sperm. The fluid is ejaculated out of the urethra during sexual orgasms, but there is no urine in the fluid. Doesn't look like urine or smell like urine It is not urine. What is especially interesting is that both the prostate and G-spot are secondary orgasmic centers and the male and female can have an orgasm at those places.

Sistershout! Tasha Douglas 2005-12 A new force of women, called SisterShouters, is piercing the silence that left previous generations of women bound. Spiritually desperate, these brave women are reaching beyond what their mothers taught them about faith, and demanding a meaningful experience with God. SisterShout! is the lifestyle guide that can help them along the way. Using unforgettable moments from popular culture as a backdrop, Douglas truthfully explores what it means to exist as a woman, in three parts: the reality, the relationships, and the release of womanhood. SisterShout! includes the thirty-something author's uncanny insight and wisdom about the spiritual life, stories of other women who are walking in the Spirit of Liberty, and revolutionary and relevant Biblical truth that has the power to set us all free?if only we will let it.

The Textbook of Clinical Sexual Medicine Waguih William IsHak 2017-05-30 "The Textbook of Clinical Sexual Medicine utilizes the biopsychosocial approach to inform physicians, practitioners, residents, trainees, and students about the latest science has to offer today for the evaluation and treatment of sexual dysfunctions especially the utilization of the full armamentarium of assessment methods and treatment interventions in order to restore of sexual health and enhance quality of life." Louis Ignarro, Ph.D., Nobel Laureate This textbook is a comprehensive resource covering sexual disorders in depth, from etiology, pathophysiology, phenomenology, treatment, to prognosis. The book highlights aspects the biological and psychosocial factors predisposing, precipitating, and perpetuating sexual dysfunction, and the importance of integrating biological and psychosocial treatments. Specialized chapters cover specific common medical complaints, including erectile, ejaculatory, and orgasmic disorders in the male; desire, arousal and orgasmic disorders in the female; and an integrated approach to the couple. With its focus on educational tools including over 100 figures, easy-to-use DSM-5 criteria table, and quick-guide appendices, this textbook is specially designed to educate readers on the psychiatric evaluation, treatment, and management of a wide range of sexual disorders. The Textbook of Clinical Sexual Medicine is a vital resource for medical students, residents, fellows, graduate students, psychiatrists, psychologists, women's health specialists, urologists, endocrinologists, general practitioners, social workers, and all medical professionals and trainees working with patients suffering from sexual disorders.

Hippocrates' Shadow David H. Newman 2009-09-15 "A clear-sighted, heartfelt, and humane story of the needless tests and treatments that cripple healthcare....as a guide to good medicine, it may help us get back to the essence of what good doctors do: be with patients in healing." —Samuel Shem, M.D., author of *The House of God* and *The Spirit of the Place* In *Hippocrates' Shadow*, Dr. David H. Newman upends our understanding of the doctor-patient relationship and offers a new paradigm of honesty and communication. He sees a disregard for the healing power of the bond that originated with Hippocrates, and, ultimately, a disconnect between doctors and their oath to "do no harm." Exposing the patterns of secrecy and habit in modern medicine's carefully protected subculture, Dr. Newman argues that doctors and patients cling to tradition and yield to demands for pills or tests. Citing fascinating studies that show why antibiotics for sore throats are almost always unnecessary; how cough syrup is rarely more effective than a sugar pill; and why CPR is violent, invasive—and almost always futile, this thought-provoking book cuts to the heart of what really works, and what doesn't, in medicine.

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