

# The Sexual Relationship David E Scharff

**New Paradigms for Treating Relationships** - Jill Savege Scharff 2006  
New Paradigms for Treating Relationships is a contemporary international perspective on the psychoanalytic theory and practice of couple and family therapy. It summarizes theory, sets it in context, and illustrates the concepts with clinical illustrations. This clearly written and engaging book is essential for practicing couple and family therapists, psychotherapists and psychoanalysts, teachers of psychotherapy, as well as for students of psychoanalysis and philosophy.

**Object Relations Couple Therapy** - David E. Scharff 2000-04-01  
In this landmark book, David Scharff and Jill Savege Scharff, both psychoanalysts, develop a way of thinking about and working with the couple as a small group of two, held together as a tightly knit system by a commitment that is powerfully reinforced by the bond of mutual sexual pleasure.

**Object Relations Individual Therapy** - Jill Savege Scharff 2000-12-01  
Emphasizing the transformational possibilities that grow out of their relational model of therapy, David E. and Jill Savege Scharff invite us into the territory of interactive journeys with individual patients. A contemporary classic.

**Psychoanalysis in China** - David E. Scharff 2018-03-08  
The introduction of psychoanalysis to China over the last twenty years brings a clash between Eastern and Western philosophical backgrounds. Chinese patients, therapists and trainees struggle with assumptions inherent in an analytic attitude steeped in Western ideas of individualism that are often at odds with a Chinese Confucian ethic of respect for the family and the work group. The situation is further complicated by the rapid evolution of Chinese culture itself, emerging from years of trauma, new economics, and the one child policy of the last generation that has

introduced a new Chinese brand of individualism and new family structure that are not equivalent to those of the West. This volume breaks new ground in exploring these issues and challenges to the introduction of analytic therapies into China, from the viewpoint of Western teachers, and Chinese teachers, clinicians, anthropologists and observers.

The Sexual Relationship - David E. Scharff 1998  
Dr. David Scharff explores the role of sexuality in human relationships by combining his extensive experience in individual, marital, family, and sex therapy with theoretical contributions from object relations theory and child development.

*Psychoanalysis and Psychotherapy in China* - David E. Scharff 2019-09-27  
This peer-reviewed journal proposes to explore the introduction of psychoanalysis, psychoanalytic therapy, and the wider application of psychoanalytic ideas into China. It aims to have articles authored by Chinese and Western contributors, to explore ideas that apply to the Chinese clinical population, cultural issues relevant to the practice of an **Psychoanalysis and Psychotherapy in China** - David Scharff 2016

Psychoanalysis and Psychotherapy in China - David E. Scharff 2017-07-07  
This peer-reviewed journal proposes to explore the introduction of psychoanalysis, psychoanalytic therapy, and the wider application of psychoanalytic ideas into China. It aims to have articles authored by Chinese and Western contributors, to explore ideas that apply to the Chinese clinical population, cultural issues relevant to the practice of analysis and psychotherapy, and to the cultural interface between

Western ideas underpinning psychoanalysis, and the richness of Chinese intellectual and philosophical ideas that analysis must encounter in the process of its introduction. The journal will be published first in English and is also planned to be published in Chinese through a collaboration with a Chinese partner. We will feature theoretical and clinical contributions, philosophical and cultural explorations, applications such as the analytic study of art, cinema and theatre, social aspects of analytic thought, and wider cultural and social issues that set the context for clinical practice.

**Psychoanalysis and Psychotherapy in China** - David Scharff 2015

Psychoanalytic Couple Therapy - David E. Scharff 2018-05-01

In this time of vulnerable marriages and partnerships, many couples seek help for their relationships. Psychoanalytic couple therapy is a growing application of psychoanalysis for which training is not usually offered in most psychoanalytic and analytic psychotherapy programs. This book is both an advanced text for therapists and a primer for new students of couple psychoanalytic psychotherapy. Its twenty-eight chapters cover the major ideas underlying the application of psychoanalysis to couple therapy, many clinical illustrations of cases and problems in various dimensions of the work. The international group of authors comes from the International Psychotherapy Institute based in Washington, DC, and the Tavistock Centre for Couple Relationships (TCCR) in London. The result is a richly international perspective that nonetheless has theoretical and clinical coherence because of the shared vision of the authors.

*The Primer of Object Relations* - Jill Savege Scharff 2005

The two psychotherapists (both psychiatry, Georgetown U.) expand and update their initial explanation of the British object relations theory to clarify some of the arguments and incorporate developments in the theory and its practice over the past decade. It is a theory of the human personality developed from styling the therapist-patient relationship as it reflects the mother-infant dyad. No date is noted for the first edition.

Annotation : 2005 Book News, Inc., Portland, OR (booknews.com).

*Psychoanalysis and Psychotherapy in China* - David E. Scharff  
2018-06-12

This peer-reviewed journal proposes to explore the introduction of psychoanalysis, psychoanalytic therapy, and the wider application of psychoanalytic ideas into China. It aims to have articles authored by Chinese and Western contributors, to explore ideas that apply to the Chinese clinical population, cultural issues relevant to the practice of analysis and psychotherapy, and to the cultural interface between Western ideas underpinning psychoanalysis, and the richness of Chinese intellectual and philosophical ideas that analysis must encounter in the process of its introduction. The journal will be published first in English and is also planned to be published in Chinese through a collaboration with a Chinese partner. We will feature theoretical and clinical contributions, philosophical and cultural explorations, applications such as the analytic study of art, cinema and theatre, social aspects of analytic thought, and wider cultural and social issues that set the context for clinical practice.

Object Relations Therapy of Physical and Sexual Trauma - Jill Savege Scharff 2008

Rising above the polemics surrounding sexual and physical abuse, David and Jill Savege Scharff bring a relational perspective to the integration of psychoanalytic and trauma theories in order to understand the effects of overwhelming physical and psychological trauma, including sexual abuse, injury, and birth defect. The Scharffs draw from their object relations therapy with individuals, families, and couples recovering from trauma and abundance of relevant clinical examples described in their characteristically personal and vivid style. Their treatment approach, influenced by Fairbairn, Klein, and Winnicott, is respectful of the patient's experience. They advise avoiding premature interpretations that impose their own reality on patients because this traumatizes them just as their abuser did. In order to work well with these traumatized people, the clinician must be able to tolerate ambiguity and sustain long term therapy, for it takes the patience of waiting and wondering to recover deeply repressed memories, explore them thoroughly, and

evaluate their meaning and importance for the patient. The Scharffs' demonstration of clinical processes helps therapists contain their own countertransference to trauma so as to be fully present with their clients and consistently able to confront abuse patterns in society. The object relations approach not only deals with trauma's impact on the individual but views it in its cultural and interpersonal context as well. Society alternately emphasizes and ignores trauma so that an encapsulated traumatic experience festers until the next eruption, just as dissociative defenses segmentally protect and exaggerate traumatic experience in the individual case. The Scharffs review Kramer's Mahlerian approach, McDougall's insights into the silence of the psyche and the words of the soma, and Anzieu's elaboration of the body ego. They resuscitate Freud's seduction hypothesis and the traumatic basis of the repetition compulsion. They compare and contrast the concepts of re

**Object Relations Family Therapy** - David E. Scharff 1977-07-07

Offers an indepth and thoughtful exploration of the relevance of psychoanalysis to family therapy.

*Marriage and Family in Modern China* - David E. Scharff 2020-12-30

*Marriage and Family in Modern China* is a groundbreaking psychoanalytic examination of how 70 years of widespread social change have transformed the intimacies of life in modern China. The book describes the evolution of marriage and family structure, from the ancient tradition of large families preferring sons, arranged marriages and devaluation of girls, to a contemporary dominance of free-choice marriages and families that now prefer to remain small even after the ending of the One Child Policy. David Scharff uses extensive reports of his psychoanalytic interventions to demonstrate how the residue of widespread trauma suffered by Chinese families during past centuries has interacted with the effects of rapid modernization to produce new patterns of individual identity, personal ambition and family structure. This wholly original book offers new insight into Chinese families for all those interested in psychoanalytic psychotherapy and in the intricacies of Chinese domestic life.

**Fairbairn and the Object Relations Tradition** - David E. Scharff 2014

The book gathers an international group of therapists, analysts, psychiatrists, social commentators, and historians, who contend that Fairbairn's work extends powerfully beyond the therapeutic. They suggest that social, cultural, and historical dimensions can all be illuminated by his work.

*Object Relations Theory and Practice* - David E. Scharff 1996

Object relations theory has caused a fundamental reorientation of psychodynamic thought. In *Object Relations Theory and Practice*, Dr. David E. Scharff acclimates readers to the language and culture of this therapeutic perspective and provides carefully selected excerpts from seminal theorists as well as explanations of their thinking and clinical experience. He offers readers an unparalleled resource for understanding object relations psychotherapy and theory and applying it to the practice of psychotherapy and psychoanalysis. The book's sequence establishes the centrality of relationships in this theory: the internalization of experience with parents, splitting, projective identification, the role of the relationship between mother and young child in development, and transference and countertransference in the therapeutic action of psychoanalysis and psychotherapy. This book will introduce students to the basics, to the widening scope of object relations theory, and to its application to psychoanalysis and individual, group, and family psychotherapy.

*Family and Couple Psychoanalysis* - Elizabeth Palacios 2017

This book explores family interaction and family psychoanalysis from varying standpoints used around the world. It illustrates these with extensive clinical cases discussed from varying perspectives. The book is the first in a series of volumes from the International Psychoanalytical Association's Working Group on Family and Couple Psychoanalysis, drawn from its ongoing research into comparative theories and methods of working analytically with families and couples, and with varying types of family structure. It also applies lessons from family psychoanalysis to analytic theory and to the practice of individual psychoanalysis.

**Fairbairn and Relational Theory** - Frederico Pereira 2002

This book presents an exceptional collection of papers born out of an

international psychoanalytic congress held to celebrate Fairbairn's important contribution to psychoanalytic theory and practice.

**The Use of the Object in Psychoanalysis** - David E. Scharff

2019-06-28

Using Winnicott's classic paper as its starting point, this fascinating collection explores a range of clinical and theoretical psychoanalytic perspectives around relating to "the object." Each author approaches the topic from a different angle, switching among the patient's use of others in their internal and external lives, their use of their therapist, and the therapist's own use of their patients. The use of objects is susceptible to wide interpretation and elaboration; it is both a normal phenomenon and

a marker for certain personal difficulties, or even psychopathologies, seen in clinical practice. While it is normal for people to relate to others through the lens of their internal objects in ways that give added meaning to aspects of their lives, it becomes problematic when people live as if devoid of a self and instead live almost exclusively through the others who form their internal worlds, often leading them to feel that they cannot be happy until and unless others change. Assessing the significance of objects among adult and child patients, groups and the group-as-object, and exploring Freud's own use of objects, *The Use of the Object in Psychoanalysis* will be of significant interest both to experienced psychoanalysts and psychotherapists and to trainees exploring important theoretical questions.

## The Sexual Relationship David E Scharff:

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