

# Sex Therapy Oakland

Brief Therapy with Individuals and Couples - Jon Carlson 2000

Cited by William Glasser as a groundbreaking book addressing a major need of all practicing therapists, this volume provides detailed guidance on all the most effective brief-therapy approaches. It will prove an indispensable reference for all therapists seeking ways to save time -- their own and their clients'.

**The Trauma of Sexual Assault** - Jenny Petrak 2003-07-07

The psycho-social needs of victims of rape and sexual assault are increasingly recognised and there is a need for a critical synthesis of knowledge and practice to support the development of training and best practice in the mental health and sexual health professions. The Trauma of Sexual Assault provides an understanding of the theoretical underpinning of the wide range of clinical problems that can follow sexual assault. Focusing on adult victims of sexual assault, this book brings together research findings, theoretical perspectives and implications for treatment, longer term management, and future policy. \* The first text to consider the psychological impact of sexual assault on women and men \* Incorporates a comprehensive flow-through model of psychological and social management from the initial presentation of the assaulted person onwards \* A much needed reference, accessible to a wide range of professionals Part of the Wiley Series in Clinical Psychology

A Clinician's Guide to Systemic Sex Therapy - Gerald Weeks 2012-08-06

A Clinician's Guide to Systemic Sex Therapy provides readers with an integrative and comprehensive theory in guiding their clinical practice. Pragmatically oriented, this text walks clinicians through diagnosis and treatment with resources such as tables, graphs, flow charts, and implementation strategies. The text does not rely on only visual elements, however. Acknowledging that information needs to be guided by a theory that can be translated into practice, the authors use the Intersystems approach to provide a comprehensive perspective in understanding and improving intimate and sexual relationships for clients. A Clinician's Guide addresses and fills the lack of theoretical integration in the practice of couple and sex therapy and provides a relevant follow-up to the authors' extensive text, Systemic Sex Therapy (Routledge, 2008). This book is an essential roadmap for translating theory into practice and trains clinicians to give their clients the most thorough and valuable assistance possible.

Sourcebook of Sex Therapy, Counseling, and Family Planning - Judith Norback 1983

Book that pulls together resource information on family planning, sexuality, and sexual problems. Includes persons and organizations as resources, as well as standards and introductory information. Topical arrangement. Brief index.

**Essential Assessment Skills for Couple and Family Therapists** - Lee Williams 2011-07-19

Showing how to weave assessment into all phases of therapy, this indispensable text and practitioner guide is reader friendly, straightforward, and practical. Specific strategies are provided for evaluating a wide range of clinical issues and concerns with adults, children and adolescents, families, and couples. The authors demonstrate ways to use interviewing and other techniques to understand both individual and relationship functioning, develop sound treatment plans, and monitor progress. Handy mnemonics help beginning family therapists remember what to include in assessments, and numerous case examples illustrate what the assessment principles look like in action with diverse clients. See also the authors' Essential Skills in Family Therapy, Third Edition: From the First Interview to Termination, which addresses all aspects of real-world clinical practice, and Clinician's Guide to Research Methods in Family Therapy.

The Wiley Handbook of Sex Therapy - Zoë D. Peterson 2017-04-24

The Wiley Handbook of Sex Therapy is a comprehensive and empirically-based review of the latest theory and practice in the psychotherapeutic treatment of sexual problems across client populations. Structured in four sections covering specific sexual dysfunctions, theoretical approaches to sex therapy; working with client diversity; and future directions in sex therapy Advocates a holistic approach to sex therapy with a

focus on using a range of psychotherapeutic theories and techniques rather than only the most popular behavioral strategies Includes case studies which highlight the broad spectrum of diverse conditions that clients can experience and which sex therapists can therefore encounter in the consulting room Includes contributions by more than 60 experts from a wide range of disciplines

Intrusive Partners - Elusive Mates - Stephen J. Betchen 2013-08-21

When two people form a relationship or marry, they begin to move towards one another with the expectation of closeness. The emotionality or intensity that accompanies this process, however, may result in fusion followed by a desperate need for space or distance. Intrusive Partners - Elusive Mates is the first book to deal exclusively with the pursuer-distancer interaction, and to focus significant attention on the emerging male pursuer-female distancer dynamic. This book revisits Fogarty's work, traces the concept over time and across different professional fields, and discusses in detail the concepts correlation with gender issues and social change. A detailed, step-by-step model of treatment to aid in de-escalating this potentially problematic style is also offered. The model in and of itself is unique because it integrates psychoanalytic conflict theory and psychodynamic systems theory into one treatment approach. This book is intended to offer the therapist a model for understanding and effectively discussing this dynamic, while at the same time allowing couples to read and explore it on their own.

**Sensate Focus in Sex Therapy** - Linda Weiner 2017-02-24

Sensate Focus in Sex Therapy: The Illustrated Manual is an illustrated manual that provides health professionals with specific information on the use of the structured touching opportunities used regularly by Sexologists to address their clients' sexual difficulties (Sensate Focus 1) and enhance intimate relationships (Sensate Focus 2). This book is the only one to: vividly describe and illustrate the specific steps of, activities involved in, and positions associated with Sensate Focus; emphasize the purpose of Sensate Focus as a mindfulness-based practice; and distinguish between the purposes of Sensate Focus 1 and Sensate Focus 2. Through the use of artful drawings and descriptive text, this manual engages mental health and medical professionals and their clients by appealing to both the visual and the analytical. It discusses how modifications to Sensate Focus can be applied to diverse populations, such as LGBTQ clients, the elderly, the disabled, trauma survivors, and those with challenges such as Autism Spectrum, anxiety, and depression. The book also offers suggestions for dealing with common client difficulties such as avoidance, confusion, and goal directed attitudes. This comprehensive approach to Sensate Focus will remind readers of the beauty and power of touch while offering suggestions for moving from avoidance to sensory transcendence.

The Handbook of Sexuality in Close Relationships - John H. Harvey 2004-04-26

Although sexuality is an integral part of close romantic relationships, research linking these two constructs is to some extent under developed. The editors' goal is to integrate this research into one volume with the hope that the book will serve as a forum for enhancement of dialogue about the centrality of sexual issues in close relationships.

**Principles and Practice of Sex Therapy, Fifth Edition** - Yitzchak M. Binik 2014-03-19

This book has been replaced by Principles and Practice of Sex Therapy, Sixth Edition, ISBN 978-1-4625-4339-7.

New Directions in Sex Therapy - Peggy J. Kleinplatz 2012

New Directions in Sex Therapy, Second Edition, focuses on cutting-edge, therapy paradigms as alternatives to conventional clinical strategies. It expands the definition of our field and is intended for anyone who deals with sexual issues and concerns in therapy- clinicians of every kind, novices and advanced practitioners-rather than only those who define themselves as sex therapists.

Handbook for Human Sexuality Counseling - Angela M. Schubert 2022-09-20

Sexuality is a significant part of the human experience, yet it is often a neglected topic in both counselor training and the counseling process. In this preeminent guide, expert clinicians with a variety of mental health and medical backgrounds write on diverse issues related to sexuality through a radical acceptance lens. Each chapter illustrates an affirmative and expansive approach to sexuality that considers clients' sexual and cultural identities and emphasizes sexual wellness. Students and professionals alike will learn how to respectfully and ethically approach sexuality considerations not commonly mentioned in the professional literature, such as sexuality and disability, healing after sexual violence, older adult sexuality, the impact of chronic illness on sexual expression, and paraphilias. The text is organized around eight comprehensive parts: Foundations; Physiological and Psychological; Attraction, Orientation, and Gender; Sexual Wellness; Sexual Agency; Approaches to Sexual Divergence; Relationships; and Education— with case examples, "Questions You Always Wanted to Ask," and additional resources interwoven throughout.

**Systemic Sex Therapy** - Katherine M. Hertlein 2015-02-20

This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

**Principles and Practice of Sex Therapy, Fourth Edition** - Sandra R. Leiblum 2006-11-30

This widely adopted text and clinical reference provides a comprehensive guide to assessment and treatment of all of the major female and male sexual dysfunctions. Leading authorities demonstrate effective ways to integrate psychological, interpersonal, and medical interventions. Every chapter includes detailed clinical examples illustrating the process of therapy and the factors that influence treatment outcomes. Winner-- Society for Sex Therapy and Research (SSTAR) Health Professional Book Award

**The Wiley Handbook of What Works with Sexual Offenders** - Jean Proulx 2020-08-24

From a rehabilitation series—what works for those who've sexually offended The Wiley Handbook of What Works with Sexual Offenders is an important addition to the What Works in Offender Rehabilitation handbook series. This handbook specifically looks at the topics of sexual offender theory, assessment, rehabilitation, prevention, policy, and risk management. Current assessment frameworks and intervention programmes are evaluated, with consideration of treatment efficacy. The handbook provides professionals with an evidence-based approach to the management and rehabilitation of individuals who have sexually offended, while presenting ideas on the prevention of sexual abuse. Concepts and theory behind sexual offender rehabilitation are presented with a focus on how this information can be applied in the development of real-world policies that seek to reduce re-offending. The Wiley Handbook of What Works with Sexual Offenders also includes discussions from renowned international researchers and clinicians on the empirical findings of treatment effectiveness. Presents theory, research, policy, and practice related to sexual offenses Addresses a full range of topics, such as sexual aggression, structured risk assessment, sexual offenders with intellectual disabilities, and pharmacological treatment of sexual offenders Discusses how conceptual and theoretical material can be used in establishing policy and practice As an important reference work, this rehabilitation handbook offers material for practitioners, including probation officers,

social workers and psychologists. Each handbook within the What Works in Offender Rehabilitation series studies current theory, policy, and practice related to a type of offending.

*The Complete Adult Psychotherapy Treatment Planner* - David J. Berghuis 2014-01-28

A time-saving resource, fully revised to meet the changing needs of mental health professionals The Complete Adult Psychotherapy Treatment Planner, Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies. New edition features empirically supported, evidence-based treatment interventions including anger control problems, low self-esteem, phobias, and social anxiety Organized around 43 behaviorally based presenting problems, including depression, intimate relationship conflicts, chronic pain, anxiety, substance use, borderline personality, and more Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

*Sexual Deviance, Second Edition* - D. Richard Laws 2012-04-16

Now in a fully revised and updated second edition, this important work provides authoritative scientific and applied perspectives on the full range of paraphilias and other sexual behavior problems. For each major clinical syndrome, a chapter on psychopathology and theory is followed by a chapter on assessment and treatment. Challenges in working with sex offenders are considered in depth. Thoroughly rewritten to reflect a decade of advances in the field, the second edition features many new chapters and new authors. New topics include an integrated etiological model, sexual deviance across the lifespan, Internet offenders, multiple paraphilias, neurobiological processes, the clinician as expert witness, and public health approaches.

*Handbook of Clinical Family Therapy* - Jay L. Lebow 2012-07-05

The latest theory, research, and practice information for familytherapy The last twenty years have seen an explosion of new, innovative, and empirically supported therapeutic approaches for treating families. Mental health professionals working with families today apply a wide range of approaches to a variety of situations and clients using techniques based on their clinically and empirically proven effectiveness, their focus on specific individual and relational disorders, their applicability in various contexts, and their prominence in the field. In this accessible and comprehensive text, each chapter covers specific problems, the theoretical and practical elements of the treatment approach, recommended intervention strategies, special considerations, supporting research, and clinical examples. The contributors provide step-by-step guidelines for implementing the approaches described and discuss particular issues that arise in different couple, family, and cultural contexts. Handbook of Clinical Family Therapy covers treatment strategies for the most common problems encountered in family therapy, including: Domestic violence Adolescent defiance, anxiety, and depression Trauma-induced problems Stepfamily conflicts ADHD disruption Substance abuse in adults and adolescents Couple conflict and divorce Chronic illness A detailed reference for today's best treatment strategies, the Handbook of Clinical Family Therapy brings together the top practitioners and scholars to produce an innovative and user-friendly guide for clinicians and students alike.

**Back from the Front** - Aphrodite Matsakis 2007

**Handbook of Evidence-Based Mental Health Practice with Sexual and Gender Minorities** - John E. Pachankis 2019

"This book provides important information to mental health clinicians about doing treatment with sexual and gender minorities, but following evidenced-based care. Evidenced-based practice is important because in mental health treatment, it is important for therapy to actually work. This book provides practical up-to-date information about adapting and using evidenced based treatments for sexual and gender minority clients"--

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