

# Sex Education Activities

*Providing Relationships and Sex Education for Special Learners* - Paul Bray 2021-07-26  
Effective Relationships and Sex Education (RSE) provision is a right for all learners, yet it often proves challenging for educators and caregivers, particularly those teaching learners with additional needs. This book provides practical guidance for teachers and Special Educational Needs Coordinators (SENCOs) who require the knowledge, skills and confidence to deliver effective RSE to young people with Special Educational Needs. It offers both specific support tailored to pupils with Profound & Multiple Learning Difficulties (PMLD) and Severe Learning Difficulties (SLD), Down's Syndrome and Autism, as well as broad support

to embed a whole-school approach in mainstream and special settings. Chapters guide the reader through a range of key topics, with advice, strategies and ready-to-use resources to teach RSE in a positive and respectful way. This much-needed book will be invaluable for education professionals, residential care providers, and anybody looking to support young people with Special Educational Needs as they learn about relationships and sex. It will also help schools to meet statutory requirements covering the delivery of Relationships and Sex Education.

**Family Life and Sex Education: Curriculum and Instruction** - Esther D. Schulz 1969

*Sexuality Education 101* - Antonio N. Torralba  
BOOK 1: INTRODUCTORY VOLUME  
CHARACTER EDUCATION is a fundamental base of any education program that strives to improve the lives of the young. This introductory book, and its subsequent 12-part series, is a character-based sexuality education material for young people, ages 11 to 18, from Grades 5 to 12 of the K to 12 program, intended for use by parents and teachers ... the home in partnership with the school. SEXUALITY EDUCATION 101: Possibly a vehicle to a delightful journey of love, life, and everything in between!  
*Taking Sex Seriously* - Julian Cohen 1994

**Creative Activities for Sex Education for People with Learning Disabilities** - Rebecca Johns 1997

**Beyond the Basics** - Makeda Zook 2017-10-09  
Beyond the Basics offers the tools to teach young people about sexuality and sexual health

from a sex positive, human rights perspective. Covering topics that range from anatomy to consent and healthy relationships, Beyond the Basics approaches sexuality education across all gender identities and sexual orientations with activities that help move students from receiving information to making decisions based on critical thinking skills and empowerment. Recognizing the time pressures educators face, Beyond the Basics is written to easily move in and out of chapters, modules, and activities that suit the particular age, maturity, and trust in each classroom. About the Publisher: Action Canada for Sexual Health and Rights is a progressive, pro-choice charitable organization committed to advancing and upholding sexual and reproductive health and rights in Canada and globally. A key part of Action Canada's work is advocating for the highest quality of comprehensive sexuality education, regardless of where you live.

*Activities for Teaching Gender and Sexuality in*  
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*the University Classroom* - Michael Murphy  
2013-04-26

Activities for Teaching Gender and Sexuality in the University Classroom is the first interdisciplinary collection of activities devoted entirely to teaching about gender and sexuality. It offers both new and seasoned instructors a range of exciting exercises that can be immediately adapted for their own classes, at various levels, and across a range of disciplines. Activities are self-contained, classroom-tested, and edited for ease of use and potential to remain current.

[Sex Education](#) - Sue Allerston 2001

This series provides specific teaching information resources on the most important Personal and Social issues in schools today.

### **Educating Young People About Pornography**

- Vanessa Rogers 2022-06-21

At a time when pornography is more accessible than ever and many young people are inadvisably turning to pornography to learn

about sex and relationships, this book explores what pornography is, the politics behind pornography, how it can affect both sexual and non-sexual relationships and the effects of pornography on mental health. The book also covers the important wider topics of the making and sharing of inappropriate images and over exposure to porn contributing to what is becoming known as 'rape culture'. It includes full lesson plans, activities, photocopyable materials and clear information on how to implement the programme, including outlines for staff CPD sessions and parent workshops. This book will be vital for PSHE teachers, senior leadership teams, pastoral care teams, school counsellors, youth workers, school nurses, and anyone who might be involved in sex education provision for young people.

*Framework for Family Life Education* - Frances Bruce Strain 1956

*Relationships, Sex and Health Education 101* -

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Kerry Cabbin 2022

Written by an experienced relationships, sex and health education (RSHE) trainer, this comprehensive guide to RSHE covers all you need to know to teach pupils aged 11+.

Covering peer pressure, effective communication, self-esteem, confidence building, and consent alongside the topics of contraception, sexually transmitted infections and more, this extensive guide offers information and inclusive teaching ideas, worksheets, and activities for groups of young people to learn and have fun at the same time. This approachable, flexible, and easy-to-use resource is an essential tool for anyone whose role it is to deliver relationships and sex education, in a classroom setting or in the wider community.

**Let's Hear it for the Boys!** - Gill Lenderyou  
1997

**Tools for Teaching Comprehensive Human**

*sex-education-activities*

**Sexuality Education, Enhanced Edition -**

Dominick Splendorio 2013-11-06

A hands-on resource filled with interactive activities to engage students' thinking and skill development. This book contains ready-to-use lesson plans referencing both the National Sexuality Education Standards and the National Health Education Standards, and is arranged into chapters by the seven topic areas outlined in the National Sexuality Education Standards. These include: anatomy and physiology, puberty and adolescent development, identity, pregnancy and reproduction, sexually transmitted infections, healthy relationships, and personal safety. These dynamic "pick and choose" lessons and activities have been field-tested in classrooms and workshops by the authors, who are recognized experts in this area. Many of the lessons contain an opening activity to immediately engage students, followed by student-centered learning experiences such as case studies, simulations, real-life scenarios,

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self-assessments, journals, and individual and group projects/presentations. Features lessons that incorporate the essential knowledge and skills to empower students to make healthy decisions related to their sexual health Includes performance indicators detailed what students should know and be able to do by the end of grades eight and twelve Offers supplementary web resources and assessment projects, as well as "Home-School Connection" assignments to support family communication about sexuality [Tools for Teaching Comprehensive Human Sexuality Education](#) - Dominick Splendorio 2014-03-14

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support family communication about sexuality  
[Talkabout Sex and Relationships 2](#) - Alex Kelly  
2018-10-26

Talkabout Sex & Relationships 2 is a comprehensive toolkit for all therapists, educators and support staff who deliver sex education to people with special needs. It is intended primarily to support groupwork but activities can be easily adapted to suit the needs of individuals with varying abilities. The resource emphasises the importance of being well informed in regards to the physical, interpersonal and emotional aspects of sex; including body awareness, consent, sexual health and guidelines for a healthy sexual relationship. It is packed with practical activities which are designed to open up discussion around sensitive issues in a fun, informative and non-judgemental way. Each activity comes with guidance for practitioners on how to prepare for and delivery the sessions. Features include: guidelines to assess the suitability of students

for the programme visually appealing and engaging activities with full colour illustrations photocopyable activities which can also be downloaded for free on the accompanying website template letters for parental permission in delivering the sessions This toolkit is the second in a two volume set, the first of which focuses on relationships. Created by Alex Kelly and Emily Dennis as part of the bestselling Talkabout series, this publication constitutes the most complete and trustworthy set of resources available for groupwork focussing on sex and relationships for people with special needs.

**Sex Education Activities** - Patricia Rizzo Toner  
1993

Grade level: 7, 8, 9, 10, 11, 12, e, i, s, t.

**Ideas and Learning Activities for Family Life and Sex Education** - Mark Perrin 1972

[Great Relationships and Sex Education](#) - Alice Hoyle  
2019-11-26

Great Relationships and Sex Education is an

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innovative and accessible guide for educators who work with young people to create and deliver Relationships and Sex Education (RSE) programmes. Developed by two leading experts in the field, it contains hundreds of creative activities and session ideas that can be used both by experienced RSE educators and those new to RSE. Drawing on best practice and up-to-date research from around the world, Great RSE provides fun, challenging and critical ways to address key contemporary issues and debates in RSE. Activity ideas are organised around key areas of learning in RSE: Relationships, Gender and Sexual Equality, Bodies, Sex and Sexual Health. There are activities on consent, pleasure, friendships, assertiveness, contraception, fertility and so much more. All activities are LGBT+ inclusive and designed to encourage critical thinking and consideration of how digital technologies play out in young people's relationships and sexual lives. This book offers: Session ideas that can be adapted to

support you to be creative and innovative in your approach and that allow you to respond to the needs of the young people that you work with. Learning aims, time needed for delivery, suggested age groups to work with and instructions on how to deliver each activity, as well as helpful tips and key points for educators to consider in each chapter. Activities to help create safe and inclusive spaces for delivering RSE and involve young people in curriculum design. A chapter on 'concluding the learning' with ideas on how to involve young people in evaluating and reflecting on the curriculum and assessing their learning. A list of recommended resources, websites, online training courses and links providing further information about RSE. With over 200 activities to choose from, this book is an essential resource for teachers, school nurses, youth workers, sexual health practitioners and anyone delivering RSE to young people aged 11–25.

**Sex Education** - Judy Hunter 1999

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This series of books is an introduction to serious questions facing young people today. The teacher's notes included help to provide ideas and source material for classroom activities.

Other titles in this series are Drugs, Alcohol and Smoking.

[International technical guidance on sexuality education](#) - UNESCO 2018-01-15



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