

Male Survivors A Twelvestep Recovery Program For Survivors Of Childhood Sexual Abuse

Reclaiming Your Life - Rik Isensee 2005-02-14

Growing up gay in a homophobic culture can resemble growing up in a dysfunctional family. "Reclaiming Your Life" offers a soothing approach to healing from homophobic abuse, addictions, and self-defeating behavior. "If you are a gay man who grew up in a dysfunctional family or were abused, be kind to yourself and read this book. It's full of validation, understanding, common sense, and wise guidance, like a good friend." --Ellen Bass, coauthor of "The Courage to Heal" "a wealth of information... it should be required reading for all gay men and their loved ones." --"Lambda Book Report"

A Man's Recovery from Traumatic Childhood Abuse - Robert Blackburn Knight 2014-02-25

First published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

Helping Men Recover - Stephanie S. Covington 2022-07-25

AN INSIGHTFUL, EFFECTIVE, AND CONTEMPORARY APPROACH TO ADDICTION TREATMENT FOR THOSE WHO ARE IMPACTED BY THE JUSTICE SYSTEM In the newly revised second edition of *Helping Men Recover: A Program for Treating Addiction, Special Edition for Use in the Justice System*, a team of experts delivers a practical and straightforward framework to assist men struggling with substance use disorders. Targeting the four areas most consistently identified by men as triggering relapse—the self, sexuality, spirituality, and relationships—this therapeutic program has twenty-one sessions and explores topics like self-awareness and identity, the impact of family, abuse and trauma, communication, male socialization, and many more. Readers will also find: Three additional sessions with new exercises Comprehensive

strategies for the creation of safe spaces in which men will feel comfortable expressing themselves, reflecting, and learning Information about how men experience and recover from addictions and trauma Ways to develop and learn teach the skills men need to maintain and sustain recovery from substance use disorders and live the life they want to live An indispensable collection of exercises and other resources for men in the criminal justice system who are struggling with substance misuse.

Helping Men Recover belongs on the bookshelves of social workers, clinicians, and other correctional system professionals.

Abused Boys - Mic Hunter 1991-06-25

A long overdue book by a psychologist who has extensive clinical experience treating male victims of child sexual abuse, it explodes the myth that sexual abuse of male children is rare, or that the consequences are less serious than for girls. Hunter examines the physical and emotional impact of abuse on its victims and the factors affecting recovery. With personal case histories of victims and their families, this is a powerfully written and meticulously researched book that is a landmark in the field of child sexual abuse literature.

Adult Survivors of Incest/childhood Sexual Abuse - 1997

Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors - Carlton Munson 2014-01-02

Explore the connection between sexual victimization, addiction, and compulsive behaviors! This book demonstrates clearly what lengths survivors of sexual abuse will go to in attempting to avoid dealing with the pain resulting from their sexual abuse. Anyone who has been sexually abused is likely to have one of the addictions or compulsive behaviors

described herein. The information in *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* regarding codependency is especially useful to survivors of sexual abuse who now find themselves in abusive relationships. Survivors of abuse who have gone without treatment sometimes become either sexual perpetrators or sexual addicts and may experience many different types of psychological dysfunction. *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* examines issues that survivors often have regarding: trust and friendship sexuality and sexual addiction marriage and family religious addiction as opposed to spirituality alcohol and substance abuse workaholicism weight issues and eating disorders violence as the result of shame, fear, and depression caused by abuse *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* is more than a litany of the problems that survivors face. This valuable work will show you: HOW the survivor came to employ addictive or compulsive behaviors WHY the survivor continues to employ these self-abusive behaviors despite the pain caused by the addiction WHAT the survivor needs to do to aid recovery WHERE the survivor can turn to obtain the help that is needed to recover from addictive or compulsive behaviors With its complete bibliography and up-to-date information on sexual abuse, addictions, and compulsive behaviors, *Recovering from Sexual Abuse, Addictions, and Compulsive Behaviors* will show you the full course of sexual abuse and its aftermath, bringing you from the beginnings of sexual abuse through the steps that lead to addiction and compulsion, and ultimately, recovery.

Triumph Over Darkness - Wendy Ann Wood
2012-05-01

This collection of prose and therapeutic insights creates a powerful commentary on incest, rape, abuse, and the recovery process. Women and men share their personal experiences of childhood abuse and walk with the reader along the path toward wellness. They reflect each stage of healing with a clarity that, while often painful, is also hopeful. Addressing various aspects of abuse, including ritualistic abuse, multiple personality disorder, and partnering as well as providing a therapist's insights on the stages of healing, *Triumph Over Darkness* helps

readers to understand recovery as a predictable process and see that healing is possible.

Wounded Boys Heroic Men - Daniel Jay Sonkin 1998-06-01

Offers adult male victims of child abuse a procedure for facilitating the recovery process, and suggests ways to break the cycle of violence.

Betrayed as Boys - Richard B. Gartner
2001-01-03

More than one in six boys in the United States is sexually victimized by the age of 16. Yet in the growing professional literature on child sexual abuse, few books focus specifically on the experience of victimized boys and men. This much-needed volume examines how sexual betrayal affects boys and the ways they carry this hurt into adulthood. Blending psychoanalytic understanding with insights from trauma-oriented theory and practice, Richard B. Gartner presents effective strategies for meeting the unique therapeutic needs of men with sexual abuse histories. Filled with evocative clinical material, the book draws readers into the direct experience of these clients, the therapists who work with them, and the constantly shifting relational world they inhabit.

Wheels of Life - Anodea Judith 2012-12-08

As portals between the physical and spiritual planes, the chakras offer unparalleled opportunities for growth, healing, and transformation. Anodea Judith's classic introduction to the chakra system, which has sold over 200,000 copies, has been completely updated and expanded. It includes revised chapters on relationships, evolution, and healing, and a new section on raising children with healthy chakras. *Wheels of Life* takes you on a powerful journey through progressively transcendent levels of consciousness. View this ancient metaphysical system through the light of new metaphors, ranging from quantum physics to child development. Learn how to explore and balance your own chakras using poetic meditations and simple yoga movements—along with gaining spiritual wisdom, you'll experience better health, more energy, enhanced creativity, and the ability to manifest your dreams. Praise: "Wheels of Life is the most significant and influential book on the chakras ever written."—John Friend, founder of Anusara Yoga
One in Six - Russell Stagg 2023-06-21

Tens of millions of men are survivors of child sexual abuse. Studies by the CDC, NSPCC, and others show males experience sexual abuse at almost the same rate as females, and have mainly female perpetrators (principally mothers). Licensed psychotherapist Russell Stagg explains that most survivors struggle with post-traumatic stress or PTSD (particularly complex PTSD), even if they don't know it. Pointing out that most addicts and alcoholics have a history of child abuse, he then addresses addictions, including those to porn and sex. He acknowledges that survivors often end up in abusive relationships, and cites reputable studies showing men are about as likely to be domestic violence victims as women. Tackling a long list of trauma-related problems, Russell teaches topics like anger management, assertiveness, and suicide prevention. He stresses the need for therapeutic support, listing the qualities of good therapists; then he describes how to deal with the frequently-encountered hostile therapists rushing to defend female child molesters. At least one in six men has experienced sexual abuse—including the author. Russell's book is the product of years of experience, addressing male survivors' concerns with empathy and compassion.

Faith Born of Seduction - Jennifer L Manlowe
1995-07-01

How do survivors of sexual and domestic violence relate to religion and to a higher power? What are the social and religious contexts that sustain and encourage eating disorders in women? How do these issues intersect? The relationship between Christian religious discourse, incest, and eating disorders reveals an important, and so far unexamined, psychosocial phenomenon. Drawing from interviews with incest survivors whose sexual and religious backgrounds are intimately connected with their problematic relationship with food, Jennifer Manlowe here illuminates the connections between female body, weight, and appetite preoccupations. Manlowe offers social and psychological insights into the most common forms of female suffering—incest and body hatred. The volume is intended as a resource for professionals, advocates, friends of survivors, and most importantly, the survivor of incest herself as she attempts to understand the links

of meaning in her mind between her incest experience and her subsequent eating disorder.

Leaping Upon the Mountains - Mike Lew
2000

Presenting the first real investigation of what male sexual assault survivors themselves identify as most important during various stages of recovery, *Leaping upon the Mountains* contains powerfully moving contributions from hundreds of men of all ages and backgrounds throughout the United States and 45 other countries. It is not a work of fiction, but a compilation of many truths, many realities—a quilt pieced together from men's experiences—forming an impressively triumphant pattern. Taken together, they state, lucidly and forcefully, that recovery work produces changes that are real, important, and permanent. *Leaping upon the Mountains* is a celebration of successful recovery. Readers of *Leaping upon the Mountains* will discover:

- Insights and resources for all stages of recovery
- Encouraging and inspiring messages from other male survivors
- A large updated resource section providing concrete help to survivors and professionals
- Ways of reconnecting with their own strength and creativity

Repair for Teens - Margie McKinnon 2012
R.E.P.A.I.R. is a Six-Stage Program for abuse survivors that will transform your life forever! Recognize and accept your adult problems stemming from childhood sexual abuse. Enter into a commitment to transform your life. Process your issues with tools and techniques that will enable you to become healthy.

Awareness to discover reality as you gather and assemble the pieces of the broken puzzle your life became. Insight into the complete picture helps you begin to return to what you were prior to being sexually violated. Rhythm recovers the natural rhythm you had before the incest happened, the blueprint that is the essence of your true nature, becoming who you really are. "REPAIR for Teens" recognizes the unique issues confronting adolescent abuse survivors including peer pressure, difficulties with school, acting out, the urge to self-soothe with cutting or unhealthy eating behaviors, running away and the possibility of living with an abuser in the family. Remember, 1 in 4 girls and 1 in 6 boys have been sexually assaulted by the age of 18.

No teenager should be alone in trying to sort out their life after sexual abuse. Therapists' Acclaim for REPAIR Your Life "Thank you Marjorie and God bless you for adapting this program for our survivors to follow. You have given survivors hope to continue on their healing journey." -- Donna Gustafson, Executive Director, Sunrise Center Against Sexual Abuse "Anyone wanting to recover from the life-long trauma of childhood sexual abuse will benefit from this book." -- Marcelle B. Taylor, MFT "This program just has to work, because whether intuitively or through research, Marjorie McKinnon has assembled a highly effective program of recovery." --Bob Rich, PhD, www.anxietyanddepression-help.com Please visit www.TheLampLighters.org for more information or to find a group in your area. Special editions available for young people: ask your bookseller for "REPAIR for Kids" and "REPAIR for Toddlers." Another life-changing title from Loving Healing Press www.LHPress.com SEL001530 Self-Help: Abuse - Sexual SEL029000 Self-Help: Twelve-Step Programs

Recovering from Sexual Abuse, Addictions,

and Compulsive Behaviors - Sandy Knauer 2002

Annotation Demonstrates what lengths survivors of sexual abuse will go to in attempting to avoid dealing with the pain resulting from their sexual abuse.

When a Man You Love Was Abused - Cecil Murphey 2010

For all women who know and love a survivor of sexual assault, best-selling author Cecil Murphey has penned an honest and forthright book about helping the man in your life survive--and thrive--despite past abuses.

Male Survivors - Timothy L. Sanders 1991

Law and Legal Information Directory - Gale Group 2004

Law and Legal Information Directory provides descriptions and contact information for institutions, services and facilities in the law and legal information industry.

Triumph Over Darkness (Volume 2 of 2)
(EasyRead Super Large 20pt Edition) -

Triumph Over Darkness (Volume 2 of 2)
(EasyRead Super Large 24pt Edition) -

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