

# Captive Hearts Captive Minds Freedom And Recovery From Cults And Abusive Relationships

Misunderstanding Cults - Thomas Robbins 2001-01-01

Misunderstanding Cults provides a uniquely balanced contribution to what has become a highly polarized area of study. Working towards a moderate "third path" in the heated debate over new religious movements or cults, this collection includes contributions from both scholars who have been characterized as "anticult" and those characterized as "cult-apologists." The study incorporates multiple viewpoints as well as a variety of theoretical and methodological perspectives, with the stated goal of depolarizing the discussion over alternative religious movements. A prominent section within the book focuses explicitly on the issue of scholarly objectivity and the danger of partisanship in the study of cults. The collection also includes contributions on the controversial and much misunderstood topic of brainwashing, as well as discussions of cult violence, children brought up in unconventional religious movements, and the conflicts between alternative religious movements and their critics. Unique in its breadth, this is the first study of new religious movements to address the main points of controversy within the field while attempting to find a middle ground between opposing camps of scholarship.

**Captive Hearts, Captive Minds** - Madeleine Landau Tobias 1994

In America today an estimated 5000 cults have affected over 10 million people. Written by two former cult members, this book attempts to provide the hands-on help ex-cultists need to recover from manipulation and mind control.

**Captive Hearts, Captive Minds** - Madeleine Landau Tobias 1994

*The Oxford Handbook of Religion and Emotion* - John Corrigan 2008

This volume collects essays under four categories: religious traditions, religious life, emotional states, and historical and theoretical perspectives. They describe the ways in which emotions affect various world religions, and analyse the manner in which certain components of religious represent and shape emotional performance.

Insane Therapy - Marybeth Ayella 1998-04-06

Sensational media coverage of groups like Heaven's Gate, the People's Temple, and Synanon is tinged with the suggestion that only crazy, lonely, or gullible people join cults. Cults attract people on the fringe of society, people already on the edge. Contrary to this public perception, Marybeth Ayella reveals how anyone seeking personal change in an intense community setting is susceptible to the lure of group influence. The book begins with the candid story of how one keen skeptic was recruited by Moonies in the 1970s -- the author herself. Ayella's personal experience fueled her interest in studying the cult phenomenon. This book focuses on her analysis of one community in southern California, The Center for Feeling Therapy, which opened in 1971 as an offshoot of Arthur Janov's Primal Scream approach. The group attracted mostly middle-class, college-educated clients interested in change through intense sessions led by licensed therapists. At the time of the Center's collapse in 1980, there were three hundred individuals living in the therapeutic community and another six hundred outpatients. Through interviews with twenty-one former patients, the author develops a picture of the positive changes they sought, the pressures of group living, and the allegations of abuse against therapists. Many patients contended that they were beaten, made to strip before the group and to engage in forced sex, forced to have abortions and give up children, and coerced to donate money and to work in business affiliated with the Center. The close of the Center brought yet more trauma to the patients as they struggled to readjust to mainstream life. Ayella recounts the stories of these individuals, again and again returning to the question of how personal identity is formed and the power of social influences. This book is a key to understanding how "normal" people wind up in cults.

**Lost Daughters** - Reinder Van Til 1997

The practice of recovered memory therapy (RMT) and the resulting accusations of childhood sexual abuse have polarized the psychotherapy community and crowded the courts. This book depicts the human toll exacted by the practice of RMT. Combining first person stories of families devastated by RMT-inspired memories with a critical cultural analysis, this book provides a unique glimpse into a catastrophically

misguided therapy.

*Let My People Go* - Riaan Engelbrecht 2023-07-11

The words "Let My people go" have echoed in my spirit for many years now, dating back to the early 2000s. The words date back to Israel's bondage while staying in Exodus. God chose Moses to speak to the Pharaoh to let His people go to worship Him. The children of God are of course not living under the rule of a Pharaoh, but over the years I was made to understand there are many spiritual pharaohs, Sadducees and Pharisees in churches who are holding God's children in bondage. They do so by spinning their web of lies, enslaving instead of empowering. They rule and lord, instead of making true disciples who follow not them but only Jesus. The subtitle to this book is 'Exodus out of Religious Entrapment'. As explored in many of my other books, especially in the Perilous Times series, we follow not a religion, but a faith. And such faith is based on a relationship with a living and loving God. God is calling us to come out of religion, meaning the man-made rules, programmes, ideas, traditions and agendas as formulated by man. Religion ultimately enslaves and dethrones, while a relationship with God empowers and enthrones, meaning we learn to be true children of God. The religion we know as Christianity, or more correctly Churchianity, has sadly morphed into a pseudo-religion of new-age teachings saturated with occult and selfish desires and ambitions. Apostasy lurks around every corner and in the shadows of the pulpit. When we fall into the pitfalls of religion we then choose a path of entrapment and slavery. It is time to come out of such enslavement and into the glorious liberty of Jesus. Yes, it is time to let God's people to go so they may worship Him in Spirit and Truth!

**Through a Glass Darkly** - Frances Di Lauro 2006

Selected papers from the conferences.

**On the Edge: Political Cults Right and Left** - Dennis Tourish 2015-05-22

This is the first book to document the extent of political cults on both the right and left and explain their significance for mainstream political organizations. The authors outline the defining characteristics of cults in general, and analyze the degree to which a variety of well-known movements fall within the spectrum of cultic organizations. The book covers such individuals and groups as Lyndon LaRouche, Fred Newman, Ted Grant, Marlene Dixon, the Christian Identity movement, Posse Comitatus, Aryan Nation, militias, and the Freemen. It explores the ideological underpinnings that predispose cult followers to cultic practices, along with the measures cults use to suppress dissent, achieve intense conformity, and extract extraordinary levels of commitment.

**Cults in Our Midst** - Margaret Thaler Singer 1996-10-08

Explains how to recognize cults, and argues that cults are infiltrating the workplace in the guise of training programs and workshops.

Daring to Speak of Darkness - Pierre S. Freeman 2023-06-23

Daring to Speak of Darkness is a review of anti-cult literature by cult whistleblower Pierre S. Freeman. Freeman was trapped in the religious cult, AMORC, for twenty-six years. As a poor immigrant with most of his family still living in Haiti, Freeman could not afford professional counseling and was alone in his battle to break free from AMORC. Desperately torn when he discovered the French government had labeled AMORC a cult, Freeman began searching the Internet for help. He found a group of authors who had written lucid, clear, anti-cult literature. By reading their works, Freeman was able to slowly and painfully piece together the main cause of his lack of clarity: for decades he had been subject to covert mind control. Daring to Speak of Darkness pays homage to Margaret Thaler Singer and Stephen Hassan, as well as other writers like Janja Lalich, Robert Jay Lifton, and Madeline Tobias. It reviews some of the world's best anti-cult literature and applies their insights to AMORC. The book also highlights principles of indoctrination that cults of all kinds use. The authors of these anti-cult books risked much to take on powerful organizations and stop the tyranny of cult activities, including harassment, verbal and potential physical abuse, and even their own lives. They are truly those who dared to speak of darkness.

**Women's Journey to Empowerment in the 21st Century** - Kristen Zaleski 2019

"It was a warm fall evening in Beijing when the idea for this book was

born. Three social work academics, one Chinese and two Americans, discussed the state of the world for women in the 21st century and the longing for a text that could describe the struggles, and the successes of women in the fight for equity and safety throughout the world, on the table of Beijing style hotpot. As professors and feminist researchers, three of us share some similar but different research interests; Kristen's work is extensively on sexual violence in the United States; Annalisa, as a Philippine American Scholar, has been working on sex trafficking issues in Philippines and throughout the world; while Xiyang, as a Chinese scholar with overseas training, has paid attention to dating violence, domestic violence, and school-bullying. Through the discussion, we found that though our research topics are different, the underlying issues of gender inequality and the surrounding social structures are similar, no matter the place on earth. A short time later, we invited Eugenia whose expertise on feminist global issues, and her being of mixed heritage and from Latin America, as well as her vast editorial experience, could help us make this book everything we knew it needed to be for maximum impact. We felt a compelling need to create a book in a collaborative spirit to include expert contributors that would provide a global lens to survey parts of the world - not just one region, one race, one voice- and study the intersectional issues of gender, race, class, culture, politics that arise in gender- based violence and the advocacy efforts to fight injustice and promote equality for women and girls, across the world"--

**The Cult Next Door** - Judith L. Carlone 2017-03-18

During Thanksgiving vacation of her freshman year at Swarthmore College (1977), Elizabeth, at her mother's insistence, attended a "stress-reduction" session with a biofeedback technician on staff at a Manhattan psychologist's office. During that first visit, this man filled her ears with prophetic visions of a glorious future--the inheritance of those fortunate few who might choose to accompany him. His confidence and charisma entranced her, and she soon recruited two of her college roommates. When the psychologist fired his assistant two years later, Elizabeth and her mother followed. Over the next decade, this man, a malevolent genius and master of manipulating metaphysical concepts to benefit a self-serving agenda, organized a small, dedicated band of followers. "The Group" evolved into an incestuous family--a cult. Their brainwashed minds became fused with a distinctive, New Age doctrine. A coterie of spiritual "Navy Seals", they scrambled in terror, training to survive the inevitable cataclysm--one man's divine vision of Armageddon.

Subsequent to a momentous event in August 1994, with the guru as high priest, "The Black Dog Religion" was born. Elizabeth sank into a pit of despair, darker than she ever could have imagined was possible. From the adolescent gullibility which seduced her astray, to the enlightenment which led her to freedom, you will travel an incredible journey. For anyone who has ever been trapped by a person who would not let them go, within this book lies a message of hope.

**Understanding Religious Abuse and Recovery** - Patrick J. Knapp 2021-04-21

Currently there are at least four major, identifiable perspectives on how people best understand and recover from religious abuse. Both secular and faith-based (Christian) adherents can be variously identified in each of these approaches. This book examines these viewpoints and evaluates their various strengths and limitations. It concludes that each perspective is helpful to the extent possible, given the limitations of its respective philosophic or theological assumptions. This book summarizes each viewpoint and suggests a larger contextual perspective, helpful to better understand involvement in and recovery from religiously abusive environments. The conclusion is an integration of the various conceptual frameworks, and a different model (SECURE) is described that includes essential principles and practical strategies necessary for recovery from religious abuse. Suggestions are made for future research and study both for academics with interest in the cultic studies and counseling fields, and for various people negatively affected by religious abuse and in need of recovery.

**Coercive Relationships** - Jennifer C. Parker 2021-03-11

Coercive Control provides a beacon for survivors of partner abuse. Parker's nonjudgmental, empathic voice offers knowledge gleaned from years of experience. Survivors gain answers to frequently asked questions: • Am I being abused? • Why do they hurt me? • Why do I feel so crazy? • What can I change? • Why do they believe they should control us? • How do I recognize abuse of power? • How do I heal? Each

chapter contains illustrative vignettes and suggestions for reflection to assist readers in discovering what they want. Coercive Relationships lifts the private shame survivors feel by connecting their abusers' actions to societal values and beliefs that permit all forms of violence.

**Captive Hearts, Captive Minds** - Madeleine Landau Tobias 1994

**Counseling Through Your Bible Handbook** - June Hunt 2008-03-15

"June shows us how to use biblical truth to change minds, hearts, and lives." --Dr. Mark L. Bailey President, Dallas Theological Seminary Bestselling author June Hunt's Biblical Counseling Handbook is now available in hardcover! This powerful resource is based on many years of careful research, thousands of counseling phone calls, and countless hundreds of pages of written resources produced by Hope for the Heart. This 450-page handbook brings together the very best of June's extraordinary counseling ministry, which has offered Christ-centered hope and guidance to people around the world. The 50 chapters deal with the most pressing issues people face today, and offer practical solutions firmly based on Scripture. Among the topics are... anger & adultery fear & phobias alcohol & drug abuse guilt & grief codependency & cults rejection & rape depression & divorce self-worth & suicide Readers will want to keep this life-changing resource handy alongside their Bibles.

**In the House of Friends** - Kenneth J. Garrett 2020-07-10

There is a place that promises acceptance, spiritual growth, and friendship, but instead delivers criticism, abuse, and exploitation. A place that declares marriages will be strengthened, treasured, and protected, but instead weakens, diminishes, and marginalizes them. A place that claims to obey the word of God, but in practice weaponizes the word against those who disagree or doubt. A place where the good news of a tenderhearted, loving Savior is blurred by leaders who are controlling, traumatizing, and self-serving. A place that calls loudly to the storm-tossed at sea, only to lure them to the rocks where they flounder and fall apart. A place that appeared to be a house of friendship but was a place of betrayal. That place might be a Christian church. It might be a cult. It is probably both. In the House of Friends: Understanding and Healing from Spiritual Abuse in the Christian Church is written for survivors of abusive churches, their families and friends, and all who want to understand spiritual abuse and help the abused. Dr. Garrett is a long-term pastor of a diverse, urban congregation and combines personal experience, sound academic research, and pastoral theology to address a poorly understood, rarely admitted problem today--spiritual abuse in Christian churches.

**Bounded Choice** - Janja A. Lalich 2020-11-30

Heaven's Gate, a secretive group of celibate "monks" awaiting pickup by a UFO, captured intense public attention in 1997 when its members committed collective suicide. As a way of understanding such perplexing events, many have seen those who join cults as needy, lost souls, unable to think for themselves. This book, a compelling look at the cult phenomenon written for a wide audience, dispels such simple formulations by explaining how normal, intelligent people can give up years of their lives—and sometimes their very lives—to groups and beliefs that appear bizarre and irrational. Looking closely at Heaven's Gate and at the Democratic Workers Party, a radical political group of the 1970s and 1980s, Janja Lalich gives us a rare insider's look at these two cults and advances a new theoretical framework that will reshape our understanding of those who join such groups. Lalich's fascinating discussion includes her in-depth interviews with cult devotees as well as reflections gained from her own experience as a high-ranking member of the Democratic Workers Party. Incorporating classical sociological concepts such as "charisma" and "commitment" with more recent work on the social psychology of influence and control, she develops a new approach for understanding how charismatic cult leaders are able to dominate their devotees. She shows how members are led into a state of "bounded choice," in which they make seemingly irrational decisions within a context that makes perfect sense to them and is, in fact, consistent with their highest aspirations. In addition to illuminating the cult phenomenon in the United States and around the world, this important book also addresses our pressing need to know more about the mentality of those true believers who take extreme or violent measures in the name of a cause.

**The DIY Prison: Why Cults Work** -



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