

Sex Addiction Therapist Houston

Independent Practice for the Mental Health Professional - Ralph H. Earle 1999

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Love & Sex - Nancy Houston 2018-02-05

“So many couples struggle in their sexual lives because they divide sex and love ... Nancy Houston has written an excellent, practical, and very hopeful book on how to reintegrate the division.”—Dr. John Townsend, New York Times bestselling author of Boundaries “Without question, one of the greatest communicators of our generation on Christian sex and intimacy is Nancy Houston.”—Amy Ford, president of Embrace Grace and author of A Bump in Life Sex is powerful! Just saying the word “sex” can stir up all kinds of emotions. Maybe it’s a positive emotion for you—or possibly a hurtful, shameful, confusing one. It’s no wonder we struggle to understand its meaning and purpose. It can be difficult to talk about, and if we have experienced unwanted shame or grew up in a home where sex was taboo, addressing the topic can be even more difficult. In a world of sexual chaos and confusion, we all need a healthy dialogue on the topic—not a black-or-white, right-or-wrong lecture, but a safe forum for discovering, learning, processing, and growing into passionate intimacy within the freedom God provides. In *Love & Sex*, Nancy Houston provides a compassionate view of human sexuality. Through the lens of Scripture, she unpacks the good God intended when He created humans as sexual creatures, while recognizing that many people haven’t experienced sex in a positive way. You won’t find a critical examination of dos and don’ts, but stories of redemption, grace, and hope. You will understand how you were shaped and that you are more than your sexual behaviors. For some people, sex is a regular part

of life. For others, it’s a huge deal. Maybe even too big of a deal. This book will be your roadmap to finding sexual health, happiness, and balance. And if you are one of the few unscathed by sexual shame or confusion, this book will help you develop a more compassionate lens for those who do struggle.

Thirty Days to Hope & Freedom from Sexual Addiction - Milton S. Magness 2011

A concise thirty-day guide to healing from sexual addiction

Stop Sex Addiction - Milton S Magness 2013-03-15

Compulsive sexual behavior is often difficult to face. Sex addiction results in countless negative consequences and hurts many people. Relationships, marriages, families, and careers are destroyed. Anyone afflicted with sex addiction, as well as the people who love them, can find help within this book. Milton Magness, D. Min., MA, LPC, CSAT, is the founder and director of Hope & Freedom Counseling Services in Houston, Texas. He is a licensed professional counselor and a certified sex addiction therapist.

Independant Practice for the Mental Health Professional - Ralph Earle 2013-06-17

Mending a Shattered Heart - Stefanie Carnes 2012-07-10

When your partner betrays, what are the first steps to picking up the pieces of your shattered heart? Many unsuspecting people wake up every day to discover their loved one, the one person whom they are supposed to trust completely, has been living a life of lies and deceit because they suffer from a disease-sex addiction. This is a disease shrouded in secrecy and shame. This is your go-to-guide for what to do when you discover your partner is a sex addict. Each chapter is based on frequently asked

questions by partners such as: Should I Stay or Should I Go? Is This Going to Get Better? How Do I Set Boundaries and Keep Myself Safe? and What Should I Tell the Kids?

CNS Spectrums - 2000-07

Mending a Shattered Heart - Stefanie Carnes 2011

Practical advice on how to deal with the trauma of discovering that one's spouse or partner is a sex addict.

Real Hope, True Freedom - Milton S Magness 2017-02-20

Real Hope, True Freedom covers a wide variety of topics on sex addiction and the process of recovery. It addresses the different manifestations of sex addiction, how sex addiction impacts the brain, sex addiction risk factors, when sex addiction co-occurs with other mental health disorders, barriers to getting help/treatment, information and resources specific to the needs of the partners of sex addicts, the process of treatment, the process of recovery for both individuals and couples, relationship rebuilding, re-establishing intimacy, healthy sexuality, and relapse prevention tools and strategies. Milton Magness, D. Min., MA, LPC, CSAT, is the founder and director of Hope & Freedom Counseling Services. A Licensed Professional Counselor and Certified Sex Addiction Therapist, he served five terms as the president of the Society for the Advancement of Sexual Health (SASH), the international professional organization for sexual addiction therapists. Prior to becoming a therapist he was a pastor for twenty years. He has a Doctor of Ministry from Luther Rice Seminary, a Master of Arts in Psychology from Houston Baptist University, and Master of Arts in Religious Education from Southwestern Seminary. Dr. Magness is the author of Stop Sex Addiction: Real Hope, True Freedom for Sex Addicts and Partners, and Thirty Days to Hope & Freedom for Sexual Addicts: the Essential Guide for Daily Recovery and Relapse Prevention. Marsha Means, MA, a trained Marriage and Family Therapist, as well as the founder and director of A Circle of Joy Ministries, an organization designed to help women impacted by sexual addiction and address the needs created by this growing problem. In 2000, she gained international recognition through

Prodigals International, an organization she and her husband founded in the Seattle area to train and equip therapists, churches, and lay people in providing help, hope, and healing to those touched by the pain and shame of sex addiction. Ms. Means is the author of Living With Your Husband's Secret Wars, and the co-author of Your Sexually Addicted Spouse: How Partners Can Cope and Heal.

Sex Addiction 101 - Robert Weiss 2015-10-27

As technology and the internet have become more accessible, the number of affordable, easy links to pleasurable sexual content and activity has increased with it, and so too has the number of people struggling with sex, porn, and love addiction. Unfortunately, very few people possess a comprehensive understanding of this incredibly complicated disease. Sex Addiction 101 covers everything from what sexual addiction is and how it can best be treated, to how it affects various subgroups of the population, such as women, gays, and teenagers, to how sex addicts can protect themselves from the online sexual onslaught. Sex Addiction 101 is intended to enlighten the clinical population as well as actual sex addicts and their loved ones. Along with his mentor Patrick Carnes, Weiss has become the face of and driving force behind understanding and treating sexual addiction; this book should be a core title in every addiction collection.

Hope & Freedom for Sexual Addicts and Their Partners - Milton S. Magness 2009-08

A compassionate yet concise guide to beginning recovery from sexual addiction.

Overcoming Sex Addiction - Thaddeus Birchard 2017-04-21

Overcoming Sex Addiction is an accessible self-help guide which uses the principles of cognitive behaviour therapy to help those with problematic or unwanted patterns of sexual behaviour. It is designed for those who are not yet ready to seek professional help or who live in a place where little help is available and can be used in conjunction with general psychotherapy. Written by a leading expert in the field, the book offers an insight into the origins of sex addiction, before going on to explain the cycle of addiction and how to break it. The book has a do-it yourself

week-by-week programme of action to tackle compulsive sexual behaviour, and provides extensive advice on relapse prevention to help the reader move forward in recovery. Overcoming Sex Addiction will provide clear, informed guidance for sex addicts and those professionals working with them.

Neglect-The Silent Abuser: How to Recognize and Heal from Childhood Neglect - Enod Gray 2019-02-13

Treating Out of Control Sexual Behavior - Douglas Braun-Harvey, MA, MFT, CGP, CST 2015-11-05

Out of control sexual behavior is referred to variously as "sex addiction", "sexual compulsivity", and "hypersexuality", among other terms, has been a controversial and attention-getting issue since it first captured both public and professional attention over 30 years ago. Previous discussions of this behavior have been grounded in conceptualizing it as a pathologized, medical issue on par with substance abuse addictions, or, in backlash, as simply irresponsible behavior indicating weakness in the individual. In keeping with the call from many leaders in the mental health and sexual health areas to move beyond these two polarized conceptualizations of these sexual behavior problems, the authors present a model for working with clients in both group and individual treatment settings. Based on their experience with hundreds of clients, this book provides a comprehensive and practical conceptualization of out of control sexual behavior framed as a sexual health problem within a larger model of human behavior, not a psychiatric or addictive disorder. The book includes step-by-step tools for assessment, treatment planning as well as treatment implementation. It describes a process for professionals to guide clients to define and be accountable for their own personal vision of sexual health as the foundation on which they regain sexual behavior control. The authors provide rich and varied composite case examples based on 20 years of clinical experience that demonstrate clinician sexual health treatment conversations and tools, as well as stories of hope and guidance so essential to individuals wanting to understand how sexual health can be the essential ally in changing their

sexual behavior.

Moving Beyond Betrayal - Vicki Tidwell Palmer 2016-05-16

Partners experience dire consequences as a result of being in a relationship with someone suffering from compulsive sexual behavior. Their emotional well-being requires developing new skill sets for self-care and self-protection as they confront the difficult and painful process of discovery, disclosure, and beyond. In other words—they need boundaries. This is the first book specifically for partners affected by addictive behavior that addresses, in detail, how to identify, create, and maintain boundaries as a vital component of self-care and an indispensable tool for healing and growth. Moving Beyond Betrayal guides partners to define the current problem(s); identify needs that aren't being met; find where they have the power to effect change; take action; and evaluate the results to determine if their goal has been accomplished. The author examines all aspects of effective boundary work, including what to do when boundaries are violated. Through working the 5-Step Boundary Solution partners will: Gain clarity Reduce the chaos inherent in relationships impacted by sex addiction Feel more empowered and in control of their lives Discover whether or not their relationship with the addict is salvageable Vicki Tidwell Palmer is a Licensed Clinical Social Worker (LCSW), Certified Sex Addiction Therapist (CSAT), and Somatic Experiencing Practitioner (SEP) in private practice in Houston, Texas. She is the author of the blog for partners Survival Strategies for Partners of Sex Addicts.

Black Girls Heal Coloring Book - Shena Tubbs 2018-02-24

The Black Girls Heal Mindfulness Coloring Book was created with the purpose to celebrate the beauty of black woman-hood while providing a healthy outlet for stress and trauma. As a supplement to the Black Girls Heal Trauma Recovery Program, these coloring pages are a perfect way to engage in inner child work while owning your story. Enjoy the beautiful images of black women of all shapes and sizes representing important core components of healing and growth.

Clinical Management of Sex Addiction - Patrick Carnes 2013-06-17

This is the first comprehensive volume of the clinical management of sex

addiction. Collecting the work of 28 leaders in this emerging field, the editors provide a long-needed primary text about how to approach treatment with these challenging patients. The book serves as an excellent introduction for professionals new to the field as well as serving as a useful reference tool. The contributors are literally the pioneers of one of the last frontiers of addiction medicine and sex therapy. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. With a focus on special populations, it also becomes a handy problem-solving tool. Readable, concise, and filled with useful interventions, it is a key text for a problem clinicians must be able to identify. It is destined to be a classic reference.

The Sourcebook on Lesbian/gay Health Care - Michael Shernoff 1988

Newsweek - Raymond Moley 1987

A Year of No More Secrets - Jay Parker 2014-11-18

Sex and love addiction blows up lives in brutal ways, but there is hope for recovery for those who seek it. Jay Parker, professional Recovery Coach and founder of No More Secrets, provides a look inside a very unique approach to recovery with powerful stories of heartbreak, betrayal, hard work, forgiveness and restoration. Jay shares experiences and observations that are surprising, poignant, encouraging and inspiring. "Jay Parker takes us on a journey that is enlightening, inspirational and highly informative. His contribution in the field of sex and love addiction is the most cutting edge work I've seen to date. It is a must read for anyone dealing with the effects of this pervasive addiction and any clinician treating these individuals!" - Rokelle Lerner, Clinical Director of InnerPath Retreats, Cottonwood Tucson, Author of: *The Object of My Affection* is in *My Reflection: Coping With Narcissists*, *Daily Affirmations for Adult Children of Alcoholics*, *Affirmations for the Inner Child* and *Living in the Comfort Zone: The Gift of Boundaries* in

Relationship. "Let's thank Jay Parker and his forward thinking in recovery for writing a diary of a year's accounting of what actually happens while people are getting help versus just telling a story about what's on the other side. We can begin to learn to shed our secrets and get clear and deeper as we go into sobriety. It's a must read!" - John Lucas, former NBA All-Star and NBA Coach, Author of *Winning One Day At a Time*. "This is a book that is hard to put down! It reveals a revolutionary way for sex and love addicts to recover. It is filled with stories of heartache and healing." - Dr. Hilarie Cash, PhD, LMHC, Co-author of *Video Games and Your Kids: How Parents Stay in Control*. "I am privileged to have experienced the positive results of Jay's work in both being a therapist who has worked closely with him in the treatment and continuing care relationship and in being able to experience his community of recovery and see the positive results achieved with even the most broken of lives and relationships as a result of sexual addiction." - Michael Morton, MA, LMFT, KeyStone Center Extended Care Unit Jay Parker is a native of New York City who ran a successful basketball talent scouting service in Texas until his own struggles with addiction took his life in another direction. He lost his business and career. Through his professional association with the former pro basketball all-star, John Lucas, Mr. Parker entered the John Lucas Treatment and Recovery Center in Houston and dealt with his addiction, turning his experience into his expertise. Mr. Parker completed counseling course work and became a Licensed Chemical Dependency Counselor (LCDC) in Texas in 1994. He began a new career in mental health as the director of education at West Oaks Hospital in Houston before moving to the private alcohol and drug treatment center, The Right Step. He moved to the Pacific Northwest to take an administrative position with Lakeside-Milam Recovery Centers in Kirkland, Washington. He met Dr. Hilarie Cash, who was at work developing observations about computer and Internet addiction. In 1999, they co-founded Internet/Computer Addiction Services (I/CAS) in Redmond Washington. As a byproduct of his work in I/CAS Mr. Parker started No More Secrets in 2000. He has appeared on ABC News, CNN, the BBC, and PBS, and

been interviewed by publications including The Wall Street Journal, USA Today and U.S. News and World Report. In 2013 Mr. Parker left the field of counseling to become a recovery life coach. He is happily married with

two adult children. He recently celebrated his twenty second year of personal sobriety. His commitment to his own recovery is unwavering. Mr. Parker takes particular delight in dancing at the weddings of his clients who, like him, have turned their lives around.

Sex Addiction Therapist Houston:

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