

Sex Change Nhs

Trans and Sexuality Christina Richards 2017-08-10 Grounded in cutting-edge qualitative research, *Trans and Sexuality* explores the sexuality of people who do not identify with the gender that they were assigned at birth. Arguing that whilst splitting members of the trans community into distinct groups might seem like a reasonable theoretical procedure, the pervasive assumption that group membership impacts on the sexuality of trans people has unduly biased opinions in this highly contested, yet dramatically under-researched area. Moreover, whilst existing literature has taken a purely positivistic standpoint, or relies on methodology that could be seen as exploitative towards trans people, Richards is careful to place the real-life experiences of trans research participants at the heart of the work. Showing that sexuality extends beyond the bedroom, this forward-thinking book touches on topics such as identity, sexuality and the intersections between the two. Richards takes a cross-disciplinary approach and considers the sexuality of trans people within the contexts of psychiatric and psychological settings, including Gender Identity Clinics, as well as in the broader contexts of cultural and community settings. The implications of the research at hand are also explored with respect to counselling psychology and existentialist philosophy. *Trans and Sexuality* will appeal to academics, researchers and postgraduate students in the fields of gender and sexuality, counselling, sociology, psychotherapy, psychology and psychiatry. It will be of particular interest to those seeking an in-depth and up-to-date overview of ethics and methodologies with people from marginalised sexualities and genders.

Parent-infant Relationships David Robert Harvey 1987 The aim of this series is to provide a common ground between obstetricians and paediatricians, and to describe current practice

in a way that is useful and relevant to both groups.

Inventing Transgender Children and Young People Heather Brunskell-Evans 2019-10-08 The essays in this volume are written by clinicians, psychologists, sociologists, educators, parents and de-transitioners. Contributors demonstrate how 'transgender children and young people' are invented in different medical, social and political contexts: from specialist gender identity development services to lobby groups and their school resources, gender guides and workbooks; from the world of the YouTube vlogger to the consulting rooms of psychiatrists; from the pharmaceutical industry to television documentaries; and from the developmental models of psychologists to the complexities of intersex medicine. Far from just investigating how they are invented the authors demonstrate the considerable psychological and physical harms perpetrated on children and young people by transgender ideology, and offer tangible examples of where and how adults should intervene to protect them.

Ambulatory Gynaecology Kevin Jones 2008-04 "This book sets out how the concept of ambulatory gynaecology can be applied to the main areas of gynaecological practice. It describes how national guidelines can be integrated into modern gynaecological practice in the context of the Government's National Health Service (NHS) plan and provides an essential guide to all practising clinicians." "A change from traditional care pathways to more cost effective, patient-centred approaches to medical practice lies at the heart of modern health service management. A 'see and treat' management philosophy is growing. 'One stop' clinics and 'day surgery' operations are replacing traditional outpatient consultations and inpatient surgery and the term 'ambulatory gynaecology' is being adopted to describe this philosophy."--
BOOK JACKET.

Time to Think Hannah Barnes 2023-02-23 SHORTLISTED FOR THE ORWELL PRIZE FOR POLITICAL WRITING 2023 'This is what journalism is for' - Observer Time to Think goes behind the

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headlines to reveal the truth about the NHS's flagship gender service for children. The Gender Identity Development Service (GIDS), based at the Tavistock and Portman Trust in North London, was set up initially to provide — for the most part — talking therapies to young people who were questioning their gender identity. But in the last decade GIDS has referred more than a thousand children, some as young as nine years old, for medication to block their puberty. In the same period, the number of young people seeking GIDS's help exploded, increasing twenty-five-fold. The profile of the patients changed too: from largely pre-pubescent boys to mostly adolescent girls, who were often contending with other difficulties. Why had the patients changed so dramatically? Were all these distressed young people best served by taking puberty blockers and then cross-sex hormones, which cause irreversible changes to the body? While some young people appeared to thrive after taking the blocker, many seemed to become worse. Was there enough clinical evidence to justify such profound medical interventions in the lives of young people who had so much else to contend with? This urgent, scrupulous and dramatic book explains how, in the words of some former staff, GIDS has been the site of a serious medical scandal, in which ideological concerns took priority over clinical practice. Award-winning journalist Hannah Barnes has had unprecedented access to thousands of pages of documents, including internal emails and unpublished reports, and well over a hundred hours of personal testimony from GIDS clinicians, former service users and senior Tavistock figures. The result is a disturbing and gripping parable for our times.

Practical Laryngology Declan Costello 2015-10-28 Practical Laryngology is an invaluable guide to laryngology. It covers all the relevant areas in the field, from basic science to disorders and diseases to in-clinic procedures and the future of laryngology. In an easy-to-read format, the book discusses a wide variety of topics including neurological diseases of the larynx, swallowing

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disorders, la

Transgender Experiences Great Britain. National Health Service 2009

The Palgrave Handbook of Gender and Healthcare E.

Kuhlmann 2012-06-26 An authoritative, state-of-the-art collection that brings together key experts to provide an overview of the field. This new paperback edition includes 3 new chapters on human resources and health, end-of-life care and complementary and alternative medicine as well as thorough updates to the introduction and conclusion.

Supporting Transgender and Non-Binary People with Disabilities or Illnesses Jennie Kermode 2019-08-21

By drawing on the experience of trans people who are affected by physical disability, chronic illness and mental illness, this book is the definitive guide on providing best practise in approaches to health and care policy. Suggesting solutions to areas where understanding and care provision is poor, Kermode gives advice on topics such as transitioning with a disability, sex-specific service provision and fertility and reproduction. The book also examines how health and care professionals can adapt to cater for transgender and non-binary people's needs and can support those who must use health services due to their condition. Written in an accessible and comprehensive manner, *Supporting Transgender and Non-Binary People with Disabilities or Illnesses* is an essential guide for practitioners in health and social care positions.

Transition Denied Jane Fae 2018-05-21

Trans people in the UK currently face widespread prejudice and discrimination, from how they are described in the media to the lack of healthcare support they receive. This institutional bias is illustrated by the tragic case of Synestra de Courcy, who died following neglect and rejection from the NHS, leading her to sex work to fund her transition and dangerous self-medication. Charting Syn's life from childhood through to her untimely death aged just 23, Jane Fae exposes the gross institutional and societal discrimination trans

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people experience on a daily basis and its impact on the lives of trans people young and old. Promoting honest discussion and bringing these hidden issues into the light of day, this book is a must read for anyone interested in trans rights, and NHS accountability.

Not Just a Tomboy Caspar Baldwin 2018-11-21 This is the story of one trans man's exploration of gender identity, set against changing cultural attitudes from the 90s to the present day. Caspar Baldwin grew up in a time when being trans was not widely accepted by society, and though progress has been made since then, trans men are still underrepresented and misunderstood. Grappling with the messy realities of gender expectations while giving a stark and moving account of his own experiences, Baldwin grants a nuanced understanding of what it's like to be a trans boy or man. With its unflinching portrayal of the vulnerability, confusion, dysphoria, empowerment, peace and joy that are all part of the transition process, this provides an invaluable support for trans men and is a memoir that breaks the mould.

CORROSIVE IMPACT OF TRANSGENDER IDEOLOGY.

JOANNA. WILLIAMS 2020

Sexual Health Medicine Darren Russell 2011 Authoritative coverage is offered of the biological, clinical, laboratory, psychosocial, and public-health aspects of sexual health medicine. A feature of the book is its holistic approach, with the client seen as a whole person, rather than simply the owner of a set of malfunctioning genitalia.

Gender Dysphoria Susan Evans 2021-05-20 In recent years, there has been an explosion in the number of children and young people who diagnose themselves as gender dysphoric, or trans. In the UK, and worldwide, there is a growing tendency to refer them on to 'specialist' gender services almost as soon as they express any confusion or distress about their biological sex or gender identity. Due to the rapidly rising numbers and various pressures

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on the system, patients are increasingly likely to be offered life-altering medication and/or surgical treatments, often with little exploration of their emotional world. As so little is yet known or understood regarding this increase in gender incongruent patients, it seems precipitous to proceed onto physical treatments before any assessment work is undertaken. Many who present as gender dysphoric have complex needs with comorbid problems such as autism, histories of abuse or trauma, social phobias, depression, eating disorders, and other mental health symptoms. Therefore, all aspects of the individual's life deserve thorough assessment and therapeutic work. This book is aimed primarily at clinicians working in the field to provide a model for understanding, assessing, and treating gender dysphoria. The model uses a psychoanalytic framework to help explain disturbed states of mind and how psychic defences can be enlisted unconsciously to avoid overwhelming psychic pain. This offers professionals a way of trying to think with, and offer understanding to, their trans-identifying clients. Clinical examples are given to illustrate these processes and promote the understanding of transgender children, adolescents, and young people and their internal worlds, their thinking, and their interpersonal relationships. As well as clinical exploration and understanding, the book includes an overview of the current political, social, and clinical environments which have all impacted on the clinical care of trans-identifying individuals. As well as professional and trainee clinicians, this book might also prove useful to parents, other professionals, and possibly the gender dysphoric person too.

Pregnancy Day By Day DK 2018-01-02 DK brings you an all-encompassing and illustrated guide to your pregnancy journey, from the moment of conception to the first two weeks of your newborn's life. Becoming pregnant is a beautiful moment in any person's life, and with this one-stop pregnancy guide by your side, you will be fully-equipped from beginning to end of your joyful

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journey. With day-by-day artworks and fetal images showcasing your baby's development, this comprehensive pregnancy book is perfect for both first-time moms and experienced parents alike. Dive right in to discover: - A day-by-day structure with unmatched detail for every step of the journey - An hour-by-hour account of the crucial 12 hours post-delivery - Illustrated artwork to show fetal development throughout the stages of pregnancy As your due date approaches, this baby development book explores all the options available for your labor and birth so you can make the right choice with confidence, and also breaks down your delivery and the first 12 hours after childbirth. The day-by-day format continues for the first two weeks postpartum as you embark on life with your newborn. All the latest medical advice for moms-to-be is covered, including guidance on nutrition and exercise, so you'll understand how to keep you and your baby happy and healthy throughout pregnancy. Featuring Q&As with both experts and mums also provides extra support, answering common questions and offering reassurance for any questions or concerns you may have about pregnancy, from your pregnancy diet, to the first 40 days, this baby parenting book truly does have it all. The ideal gift for expectant mothers who are seeking a healthy and happy pregnancy every step of the way, and a must-have parenting book for those who seek a detailed account of labor, birth, and exploring all the options available during pregnancy care. At DK, we believe in the power of discovery. So with The Day By Day Pregnancy Book by your side, we assure you will feel safe and supported during this special time in your life, as you count down the days to your new arrival!

Supporting Young Transgender Men Matthew Waites

2018-03-21 There is currently a lack of information available regarding the specific needs of young transgender men, and the barriers that they face. This can lead to professionals having to give generic advice, which may not be appropriate for the situation. Written to address this shortfall, this book provides

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professionals with the guidance they need to effectively and supportively work with young transgender men. It looks at some of the obstacles that trans men face across health and care services. Addressing topics such as the social impact of transitioning, the potential impact on mental health and emotional wellbeing and common myths and misconceptions about transitioning, this guide is essential for anyone working with young transgender men.

Clinical Topics in Child and Adolescent Psychiatry Sarah Huline-Dickens 2014-03-03 However much policy material is produced, the real function of most child psychiatrists is to assess and treat mental disorders in childhood and adolescence. This is a comprehensive update on the field that will inform the clinical practice of all child and adolescent mental health professionals. The authors bring the medical perspective to bear on psychopathology and demonstrate that our understanding of childhood psychiatric disorders, their origins and their treatments are improving. They write with a particular focus on four contemporary themes - continuity into adult life, the integration of biological and social aetiology, the influence of neuroscience, and the increasing use of research and evidence - and take into account recent changes in DSM-5. Some chapters have been specially commissioned for this book, while previous versions of the others have been published in the journal *Advances in Psychiatric Treatment* and have now been fully revised and updated in line with the four themes. The new chapters include disorders in 0- to 4-year-olds, Tourette syndrome and the clinically significant topic of anxiety. Other topics include: autism spectrum disorders, behavioural and affective disorders, pharmacology and psychological therapies, fabrication and induction of illness, and gender dysphoria. All the topics covered are central to the work of practising child and adolescent mental health professionals, and many will also be relevant to paediatricians, psychologists, social workers, and trainees in all

these fields.

LGBT Issues Rebecca L. Jones 2010 "Drawing on current research and debates, the contributors explore some of the tensions between the different ways in which sexuality is understood and experienced. A focus of the book is on how categories like 'lesbian', 'gay', 'bisexual' and 'trans' shape everyday practice and service use. It looks at the circumstances in which people choose to describe themselves with these identity labels and the situations in which they reject or feel constrained by them." -- Book Jacket.

Equity and excellence: Great Britain: Department of Health 2010-07-12 *Equity and Excellence : Liberating the NHS:* Presented to Parliament by the Secretary of State for Health by Command of Her Majesty

Facilities for Surgical Procedures NHS Estates 2004 Supplies guidance relevant to facilities for surgical procedures in all healthcare settings. This volume covers the facilities required to support in-patient operating theatres in an acute general hospital.

Understanding Trans Health Pearce, Ruth 2018-06-06 What does it mean for someone to be 'trans'? What are the implications of this for healthcare provision? Drawing on the findings of an extensive research project, this book addresses urgent challenges and debates in trans health. It interweaves patient voices with social theory and autobiography, offering an innovative look at how shifting language, patient mistrust, waiting lists and professional power shape clinical encounters, and exploring what a better future might look like for trans patients.

Sexuality and Gender for Mental Health Professionals Christina Richards 2013-10-15 Questions of sexuality and gender affect everyone and therefore have an inevitable relevance in the consulting room. Yet with interpretations and manifestations of both varying greatly from person to person, understanding the inherent complexities of sexuality and gender can be a daunting task for the health professional. Breaking down these

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complexities this practical guide familiarises the reader with all of the common and many of the less common sexualities, genders and relationship forms, and explains experiences and issues relating to each. The book contains: -Explanations of various forms of sexuality, gender and relationship structures -Common concerns relating to specific groups -Key practises relating to specific groups -The treatment of specific groups in contemporary Western society -Details of some rules and ideals that are commonly found within specific groups -Suggestions for professional practice with these groups Ideal for all members of the multidisciplinary team, this accessible book is relevant to practitioners across theoretical backgrounds. Whether you are a trainee or qualified psychotherapist, counsellor, nurse, medic, psychiatrist, social worker or applied psychologist, this is a vital text for your professional practice. CHRISTINA RICHARDS is Senior Specialist Psychology Associate at the West London Mental Health NHS Trust (Charing Cross) Gender Identity Clinic. MEG BARKER is a senior lecturer in psychology at the Open University and a sex and relationship therapist.

Trans and non-binary gender healthcare for psychiatrists, psychologists, and other health professionals Christina Richards 2020-08-27 A concise, practical guide for mental health professionals working with transgender and non-binary people. *Trans Britain* Ms Christine Burns 2018-01-25 Over the last five years, transgender people have seemed to burst into the public eye: Time declared 2014 a 'trans tipping point', while American Vogue named 2015 'the year of trans visibility'. From our television screens to the ballot box, transgender people have suddenly become part of the zeitgeist. This apparently overnight emergence, though, is just the latest stage in a long and varied history. The renown of Paris Lees and Hari Nef has its roots in the efforts of those who struggled for equality before them, but were met with indifference - and often outright hostility - from mainstream society. *Trans Britain* chronicles this journey in the

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words of those who were there to witness a marginalised community grow into the visible phenomenon we recognise today: activists, film-makers, broadcasters, parents, an actress, a rock musician and a priest, among many others. Here is everything you always wanted to know about the background of the trans community, but never knew how to ask.

Gender Dysphoria and Disorders of Sex Development

Baudewijntje P.C. Kreukels 2013-07-01 This book provides a state of the art review on the care and treatment of and current scientific knowledge on gender dysphoria (GD) and disorders of sex development (DSD). The book elucidates the history, the present situation, and the newest developments and future perspectives in both research on GD and DSD and the clinical management of individuals with GD and DSD of all ages. With contributions from a selection of leading scientists and established clinicians in the field of GD and DSD, this is a unique and comprehensive book focusing on the etiology and developmental trajectories of GD and DSD regarding gender identity development, psychiatric comorbidity, classification dilemmas, ethical dilemmas in treatment, influences of societal stigmatization, and discussion of the medical and psychological implications and outcomes of treatment, and providing treatment guidelines for individuals with GD and DSD (distinct guidelines each for children, adolescents, and adults). By presenting not only an historic overview and the current state of the art, but also challenges for the future, the book aims to demonstrate the need for further research and to stimulate the development and improvement of the clinical care of individuals with GD and DSD.

Love's Coming-of-age Edward Carpenter 1896 This advocate of women's liberation and equality between the sexes elaborates on the oppression of women in marriage.

Transgender Medicine Leonid Poretsky 2019-02-22 Although transgender persons have been present in various societies throughout human history, it is only during the last several years

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that they have become widely acknowledged in our society and their right to quality medical care has been established. In the United States, endocrinologists have been providing hormonal therapy for transgender individuals for decades; however, until recently, there has been only limited literature on this subject, and non-endocrine aspects of medical care for transgender individual have not been well addressed in the endocrine literature. The goal of this volume is not only to address the latest in hormonal therapy for transgender individuals (including pediatric and geriatric age groups), but also to familiarize the reader with other aspects of transgender care, including primary and surgical care, fertility preservation, and the management of HIV infection. In addition to medical issues, psychological, social, ethical and legal issues pertinent to transgender individuals add to the complexities of successful treatment of these patients. A final chapter includes extensive additional resources for both transgender patients and providers. Thus, an endocrinologist providing care to a transgender person will be able to use this single resource to address most of the patient's needs. While Transgender Medicine is intended primarily for endocrinologists, this book will be also useful to primary care physicians, surgeons providing gender-confirming procedures, mental health professionals participating in the care of transgender persons, and medical residents and students.

Trans Juliet Jacques 2015-09-22 In July 2012, aged thirty, Juliet Jacques underwent sex reassignment surgery—a process she chronicled with unflinching honesty in a serialised national newspaper column. Trans tells of her life to the present moment: a story of growing up, of defining yourself, and of the rapidly changing world of gender politics. Fresh from university, eager to escape a dead-end job and launch a career as a writer, she navigates the treacherous waters of a world where, even in the liberal and feminist media, transgender identities go unacknowledged, misunderstood or worse. Revealing,

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honest, humorous, and self-deprecating, Trans includes an epilogue with Sheila Heti, author of *How Should a Person Be?* [Management of Gender Dysphoria](#) Carlo Trombetta 2015-03-03 This book is especially focused on the surgical aspect on Gender Dysphoria. Male to female surgery is widely discussed as well as the female to male conversion. Full information on hormone administration and surgical procedures are provided. Mental health issues are also described, as well as ethics, the law and psychosocial issues. The text is extensively referenced and includes numerous photos, tables and figures to clearly illustrate information. Based on collaboration between international experts in transgender health, this book is an essential guide for health care professionals, educators, students, patients and patients' families concerning the psychological, hormonal, surgical and social support of transgender individuals.

Delusions of Gender: How Our Minds, Society, and

Neurosexism Create Difference Cordelia Fine 2011-08-08

Using findings from the latest information in developmental psychology, neuroscience and education, this book debunks the assumed differences between male and female brain function and reveals the brain's remarkable plasticity and the influence of culture on identity. Reprint.

Fifty Years of the Tavistock Clinic (Psychology Revivals)

H.V. Dicks 2014-10-14 Originally published in 1970 this title commemorates the men and ideas that started, inspired and established a pioneer institution in British psychiatry. Based on the impetus of Freudian and related innovations after the First World War, the Tavistock Clinic offered treatment, training and research facilities in the field of neurosis, child guidance and later on group relations. Dr Dicks, who had been associated for nearly forty years with the work and personalities that helped to develop the Tavistock venture, describes the struggles and capacity for survival of the clinic. He shows how, belonging neither to the older classical psychiatry nor to orthodox psychoanalysis, and

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suspect to both, the Clinic nevertheless became increasingly used by the rest of the profession as a psychotherapeutic resource. Dr Dicks describes the influence of the Tavistock on the medical, psychological and social work scene both before and after the Second World War, and assesses its achievements as a centre of psycho- and socio-dynamic thinking. The Tavistock is shown as a pioneer sui generis, launching psychosomatic research and initiating the exciting ventures in social psychiatry associated with the Army in the Second World War. As the Tavistock was the outcome of work with shell-shock victims in the first war, so its offspring, the Institute of Human Relations, was the natural continuation of the military effort in man-management, morale and group dynamic studies. The book includes an account of the inter-relationship between the Clinic, now part of the National Health Service, and the Institute, a private corporation. Still going strong as part of the Tavistock and Portman NHS Foundation Trust today this is an opportunity to revisit its early history.

Transgender Behind Prison Walls Sarah Jane Baker 2017-05-08
After explaining 'What is transgender?' this first book on transgender in a prison setting looks at the entire HM Prison Service regime for such people. Ranging from hard information about rules and regulations, the transition process and how to access it to practical suggestions about clothing, wigs and hairpieces, make-up and coming out, the book also deals with such matters as change of name, gender identity clinics, hormones, medication and use of prison showers and toilets. Covering the entire transition process the book contains contributions from a number of transgender prisoners as well as extracts from reports showing how those in transition still tend to attract a negative portrayal. Also included are the special security implications of related procedures and descriptions of the attitudes to transgender inmates of other prisoners and staff. It contains a number of appendices dealing with the latest 2016 HM

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Prison Service Instruction on transgender prisoners and a range of support mechanisms including a list of specialists in the field and other useful reference sources and contacts. It also contains Sarah Jane Baker's account of her own male-to-female transition and the difficulties she has faced behind bars. The first book of its kind. Written by a transgender life-sentence prisoner. Includes key extracts from official publications. With a graphic account of the author's own transition journey. Contains practical information and tips. Reviews 'An important contribution to current debates on the treatment of transgender prisoners'— Mia Harris, Oxford University. 'I was heartbroken. It felt like a bereavement. The young man I had come to love as a son had disappeared overnight, and been replaced by a girl who was not my daughter, but, I felt, a stranger'— Pam Stockwell (From the Foreword)

High Quality Care for All Secretary of State for Health 2008
This review incorporates the views and visions of 2,000 clinicians and other health and social care professionals from every NHS region in England, and has been developed in discussion with patients, carers and the general public. The changes proposed are locally-led, patient-centred and clinically driven. Chapter 2 identifies the challenges facing the NHS in the 21st century: ever higher expectations; demand driven by demographics as people live longer; health in an age of information and connectivity; the changing nature of disease; advances in treatment; a changing health workplace. Chapter 3 outlines the proposals to deliver high quality care for patients and the public, with an emphasis on helping people to stay healthy, empowering patients, providing the most effective treatments, and keeping patients as safe as possible in healthcare environments. The importance of quality in all aspects of the NHS is reinforced in chapter 4, and must be understood from the perspective of the patient's safety, experience in care received and the effectiveness of that care. Best practice will be widely promoted, with a central role for the

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National Institute for Health and Clinical Excellence (NICE) in expanding national standards. This will bring clarity to the high standards expected and quality performance will be measured and published. The review outlines the need to put frontline staff in control of this drive for quality (chapter 5), with greater freedom to use their expertise and skill and decision-making to find innovative ways to improve care for patients. Clinical and managerial leadership skills at the local level need further development, and all levels of staff will receive support through education and training (chapter 6). The review recommends the introduction of an NHS Constitution (chapter 7). The final chapter sets out the means of implementation.

Trans Fintan B. Harte 2018-02-06 An easy-to-read, jargon-free guide to help anyone understand the day-to-day reality of gender dysphoria and related concepts.

Transfixed Lisa McIntyre 2020-01-02 TransfixedBy Lisa McIntyre Lisa McIntyre was born, apparently a boy, in Dumbarton, Scotland in 1964. She grew up just outside Glasgow in a tough working-class area of Scotland. The boy 'Alan', like many other teenagers in that environment, discovered alcohol, drugs and violence, and became an active member of one of the many street gangs that were rife in that area of Scotland during the 1970s and 1980s. Bloody street flights, knife crime and domestic violence at home were commonplace. This isn't what makes Lisa's story remarkable. The remarkable part of the story is that she knew from an early age, and during her time in the gangs that, the male body she inhabited never felt comfortable; in fact, it felt alien and completely wrong. She felt she was, contrary to her outward appearance, female. Transfixed charts the astonishing true story of how Alan became Lisa. We follow Lisa's journey through school and her adolescence. We see her struggle with her own identity, dressing in her sister's clothes during snatched moments or an occasional day spent as 'her', while also being part of a violent street gang and trying to find acceptance

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as 'him'. All the while, Lisa was unable to tell anyone else about her situation, because of the ignorance and prejudice of those around her, especially within her own family who, in later years, would eventually disown her. Lisa describes her many battles with self-identity, her numerous 'transitions', her attempts to obtain sex-change surgery through the NHS, her struggles against the prevailing establishment thinking at the time, and the self-styled so-called gender experts. It describes her failed transition attempts, her conviction for GBH and subsequent sentence to borstal. We follow Lisa's often comical sexual misadventures, and her brushes with celebrity in Glasgow and California. There are episodes of darkness, too: we read about her bouts of depression, her lapses into alcoholism, her self-destructive attempts to sabotage her own transition to becoming female, and her suicide attempts. We also cover the political backdrop, living under Margaret Thatcher's controversial homophobic Section 28 laws, and also living through the HIV/AIDS crisis of the 1980s; about how difficult it was to be taken seriously as a transsexual woman, at a time when the term was barely used outside of a few specialist clinics; and the struggle to convince others that gender identity and sexual orientation are completely separate. After one abandoned attempt at transitioning, on the rebound, and to over-compensate for the shame of her inner femininity, Lisa gets married (as a man), becomes a parent, and even works as a Glasgow night club bouncer. But her attempt to live as a husband and father was doomed and, in order to make a fresh start, Lisa makes the city of Norwich her home in 1988, where she still lives today. Lisa eventually finds true love with Alice, a lesbian ten years her junior and who accepts Lisa for who she is. Together they had two children and a twenty five year relationship. Thanks to Lisa's entrepreneurial streak and never-say-die attitude, not to mention a period of lucrative work as a sex worker, she eventually fulfils her life-long ambition of having sex change surgery at a world-renowned clinic in Thailand. This book will shock with its

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backdrop of violence and darkness. It will educate readers with an honest and insightful story of a transsexual woman's struggle with her self-identity. It will sadden with its pervasive sense of hate and prejudice from most of the people around her, from within the establishment and without. But, through it all, it will make you laugh, at the sheer absurdity of some of Lisa's antics and experiences. This is an uplifting story of personal struggle, of perseverance, and of redemption. If it weren't true, it would be very difficult to believe. This is Lisa's story. This is Transfixed.

I Had a Black Dog Matthew Johnstone 2012-03-01 'I Had a Black Dog says with wit, insight, economy and complete understanding what other books take 300 pages to say. Brilliant and indispensable.' - Stephen Fry 'Finally, a book about depression that isn't a prescriptive self-help manual. Johnston's deftly expresses how lonely and isolating depression can be for sufferers. Poignant and humorous in equal measure.' Sunday Times There are many different breeds of Black Dog affecting millions of people from all walks of life. The Black Dog is an equal opportunity mongrel. It was Winston Churchill who popularized the phrase Black Dog to describe the bouts of depression he experienced for much of his life. Matthew Johnstone, a sufferer himself, has written and illustrated this moving and uplifting insight into what it is like to have a Black Dog as a companion and how he learned to tame it and bring it to heel.

The Gender Games Juno Dawson 2017-06-01 *WINNER OF THE UK BLACK PRIDE LITERARY PRIZE FOR NON-FICTION DIVA AWARDS 2017* *AS SEEN ON TRANSFORMATION STREET*

'Opens minds, breaks down myths and vaporises prejudice - I loved it!' Rebecca Root, star of Boy Meets Girl 'Funny, thoughtful and honest' Stylist 'It's a boy!' or 'It's a girl!' are the first words almost all of us hear when we enter the world. Before our names, before we have likes and dislikes - before we, or anyone else, has any idea who we are. And two years ago, as Juno Dawson went to tell her mother she was (and actually, always had been) a woman,

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she started to realise just how wrong we've been getting it. Gender isn't just screwing over trans people, it's messing with everyone. From little girls who think they can't be doctors to teenagers who come to expect street harassment. From exclusionist feminists to 'alt-right' young men. From men who can't cry to the women who think they shouldn't. As her body gets in line with her mind, Juno tells not only her own story, but the story of everyone who is shaped by society's expectations of gender - and what we can do about it. Featuring insights from well-known gender, feminist and trans activists including Rebecca Root, Laura Bates, Gemma Cairney, Anthony Anaxagorou, Hannah Witton, Alaska Thunderfuck and many more, *The Gender Games* is a frank, witty and powerful manifesto for a world in which everyone can truly be themselves. *The Gender Games* has been optioned by SunnyMarch Productions to be turned into an original television series, written by Rose Lewenstein.

TRANSGENDER CHILDREN TOBY. DAVIES-ARAI YOUNG (STEPHANIE.) 2019

The Trans Partner Handbook Jo Green 2017-08-21 Individuals who transition from one gender to another are often in some degree of a relationship, and over 55% of these relationships endure through the transition process. While more resources are emerging for trans people themselves, there is very little information available for their partners. Through first-hand accounts and vignettes of successful partnerships, this book presents detailed descriptions of everything involved in the transition process, with specific guidance for those supporting a partner in transition. Topics include disclosure, mental health, coming out, loss and grief, sex and sexuality and the legal, medical and social practicalities of transitioning. In this essential guide, people whose partners are across the transgender spectrum speak out on their own experiences with personal advice and support for others.

Transgender Health Benjamin Vincent 2018-06-21 The number

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of people coming out as transgender continues to rise, and this book shows healthcare and medical practitioners how to deliver excellent primary and secondary care to gender diverse patients. This guide provides accessible and practical advice on tailoring the social and ethical aspects of practice to the needs of each individual. Beyond setting out how clinical procedures should work for gender reassignment, it explains how to use language and pronouns in a respectful way, provides information on transgender services and resources, and offers insights into the challenges commonly faced by transgender people in both medical and social contexts. Based on cutting edge research and the lived experience of the author as a non-binary person, this is essential reading for all those working to meet the needs of transgender people in healthcare settings.

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