

# How To Have Anal Sex

## **Anal Pleasure & Health** - Jack Morin 1998

Down There Press authors have been answering that question for twenty-five years! From Joani Blank's Good Vibrations "RM" bringing to light the sexual potential of "personal massagers", to Jack Morin's still the-only-one-of-its-kind Anal Pleasure & Health, to Susie Bright's genre-launching Herotica "RM", San Francisco's oldest publisher of award-winning sex-positive books has been breaking boundaries to delight and entertain its readers. Founded in 1975, Down There Press is the nation's first independent publisher devoted exclusively to publishing sexual health books. Founder and Publisher Emerita Joani Blank, then working as a sex educator and counselor, started writing her own books about sexuality at her clients' and other therapists' behest. The press currently has a list of eighteen sexual self-awareness titles, including innovative and practical non-fiction with non-judgmental techniques for strengthening sexual communication. Down There Press also publishes lively literary and photographic erotica.

## **Better Anal Sex** - Elizabeth Cramer 2014-01-11

The world is full of advice on how to charge, or re-charge, our sexual relationships, but nothing adds more of a jolt to a couple than when they say those three lovely words: "Let's have anal." Anal sex is a sensual and high-powered addition to your sexual repertoire. This form of sexuality is one of the most intimate personal connections a couple can have. Considered taboo by some modern societies, it is often elusive, and misunderstood. "Better Anal Sex" is a guide that helps demystify the process and provide some history, biology and tips on how to have a great experience with the "forbidden frolic." It will show you how much power, pleasure and potential lies in anal sex. Following these tips and techniques, there is no reason you can't have that ultimate pleasure in your sexual repertoire as well.

## **Anal Sex Tips For Guys And Girls** - Angelicka Wallows 2013-07-19

I have always been interested in trying new sorts of pleasures, and obviously anal sex is one of them. I admit that I started quite early and got the chance to do it with two great partners the first time, who made me enjoy it straight away. As I am getting a lot of questions about it on my blog, I decided to share my few years experience in the matter with you, as well as the testimonials I got from many readers. And thus Anal Sex Tips For Guys & Girls was born. It contains valuable tips to make anal sex a pleasurable experience. When done right, anal sex is extremely pleasurable, and a delicious way to spice up and diversify your sexual life. So why not give it a try? Warning: This 4000+ word sex guide contains explicit material and is exclusively intended for adults of both sex. Excerpt: A little bit of anatomy here guys! If you've got to stick your penis somewhere, you'd better understand how it is configured so that you know how to actually get it in. Unlike the vagina, the anus is not a straight path. It is more like an "S" shaped path. The entry of this path is guarded by two strong muscles: the internal and external anal sphincters. It is the contraction of these muscles that causes pain during anal penetration, and it is their relaxation that makes it a pleasurable act. The rule here is to keep them relaxed. You can achieve that by good preparation, generous lubrication, and by "pushing" gently, just like you do when you defecate (which is why I like to deep clean myself first, as it boosts my confidence in doing so). Pushing when you try to get a penis inside is can seem a bit contradictory (and that's probably why it is said to be against nature!), but doing so will tremendously facilitate the penetration. You can practice Kegel exercises, just like you do with your vagina, to master anal relaxation and become more aware of your backside. Download now to learn all about anal sex, how to do it right, how to enjoy it safely, how you can improve it and what you should and shouldn't do.

## **Anal-Yze Her:** - Doctor PLacer 2013-07-30

A step-by-step guide "how to have anal sex" without hurting your female lover. How to have anal sex, without pain, without hurting her. Women enjoy, no doubt, anal sex, sometimes even more than vaginal sex.. but the risk to meet a bad lover are very high; 99% ;) There is no more excuses.. if it's hurt, it is your fault...

## **Better Anal Sex** - Elizabeth Cramer 2015-03-08

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## **Anal Sex Basics** - Carlyle Jansen 2016-02-15

Anal Sex Basics covers everything a beginner to butt play will need, from choosing your lube to learning the best positions.

## **Sex Mastery** - Rita Michelson 2015-02-22

TAKE ACTION RIGHT NOW and learn how to satisfy your man through the pleasures of pain-free anal sex. He will never want to be with any other women but you after you learn these sex tips Today only, get this Amazon bestseller for just \$2.99. Regularly priced at \$4.99. Read on your PC, Mac, smart phone, tablet or Kindle device. You're about to discover what it takes to really satisfy your man so he doesn't end up leaving you for another woman. With the divorce rate being as high as it is nowadays, somewhere in the range of 1 in every 2 couples getting divorce, this is a great tool in your arsenal to have when battling against other women for your man's attention. This book has over 7000 words of content that are passionate, helpful, and is sure to help you on your journey to having a meaningful and lasting relationship. I have been with my man for seven years now, we're both in our thirties, and neither one of us have had a long string of sexual partners. We do however have an amazing sex life, that your husband or boyfriend would surely be jealous of and yeah he may find other women attractive but he has never wanted to stray. See ladies if you want to satisfy your man you have to make it your business to do so. Just like a straight A student studies diligently to get that A, just like an entrepreneur does to make money, you have to attain the education necessary to be successful in your relationship. How can I be so confident that I can give you the knowledge you need to rock your man's world? Because I know the secret, I know what every man (with the exception of an extremely small percent) truly wants, even if they are too sweet to tell you. You see ladies, lots of us complain that our relationship sucks and we ask ourselves why is it in the dumps. The answer is the majority of us are not doing what we need to do to satisfy our man sexually. Trust me ladies it's not all about your man, these tips and tricks will help please both of you sexually and mentally so you can both grow old together. Sure it may be some work at first, but anything that is truly worth it takes some work. The time is now ladies. TAKE ACTION RIGHT NOW and pay the small price to buy this book and gain the life changing knowledge today so you don't pay the big price later on when your relationship fails. Your dreams were for you and your man to grow old together right? Well make that happen right now. Here is a Preview of What You Will Learn Calm your nerves! Anal Prep Fingers and Lubes Dildos and Plenty of Lube Sex positions that will improve the intimacy Other Skills to Add to Your Sex Life Sex stories Scenarios Sex Talk Sex Styles Clitoris and nipple Stimulation ANAL PENETRATION! HEIGHTENED DOGGY SCREW MISSIONARY STYLE Much, much more! Take action today and download this book for a limited time discount of only \$2.99! Your man is sure to thank you! Tags: Sex, Sex Book, Stories, Stories for Adults, Positions, Pictures, Sex Slaves, Romance, Relationships, Love, Marriage. Anal Sex.

## **Anal-Yse You,** - Doctor Placer 2013-07-25

How to have anal sex, without pain, without hurting her. Women enjoy, no doubt, anal sex, sometimes even more than vaginal sex.. but the risk to meet a bad lover are very high; 99% ;) .. Doctor Placer has developed a step-by-step guide for men, love their female lovers "from behind" without hurting her.

## **Sex Positions for Couples** - Mia Fox 2019-10-17

Buy the paperback version of this book and you will get the kindle book version for free Have you ever asked to yourself how better could be your sex life and your partner one too? Have you already tried to improve your life in bed with patience and effort but still disappointed? Do you feel even over stressed because of it? Well, this book is a solution for you, an answer to all of your questions. If you are reading this description, I

know that, unfortunately, you have experienced some big problems that are ruining your sexual relationship; and you want to make a change. Problems like premature ejaculation, not knowing how to give her/him a real orgasm, not knowing how to practice oral and anal sex properly, problems with where and how to touch and kiss each other in the best way, poor lifestyle (yes that's a problem too). And the list doesn't stop here... And this is frustrating, because honestly talking, sex is the best part of a relationship; it's that moment when you share your entire being and your most hidden emotions and dirty thoughts, with the other person. And there is no worse feeling than knowing that you didn't satisfy that person, it's like a punch in the stomach. You lose all your motivation and self esteem. I think nobody deserves this. So how do you fix that? The answer is learning and applying what's written in this book. You will learn: The 7 wrong myths about anal sex and how to do it safely How to have sex 8 times per week with your partner 3 emergency tactics for premature ejaculation how to find the G spot and stimulate it the 7 secrets of female masturbation 5 things you don't know about female ejaculation 3 tips to understand if she is pretending or not an orgasm 5 strange methods to give her an orgasm And much more, trust me. I know exactly what you are thinking right now: "this is an other scam" "an other scammer who wants me to buy this book just to make money and not giving me any value". And you are absolutely right, because you don't know me. But here is a thing: I really want to help you because I've experienced your same problems and I know how it feels when you are so stressed and anxious about sexual issues and sex in general, that you are not even able to spend pleasurable moments in bed, making both yourself and your partner happy. So I tell you this: even if you struggled and tried hard to find a solution and didn't get anything, you can still transform your situation; even if you have lost your hope. But be careful, there is no magic pill, no overnight accomplishments, so I can't guarantee you success, but what I can guarantee, based on my own experience, is that if you have patience, do a lot of practice, and be consistent, then massive results will manifest in your life; and this time all the hard work you put in, is going to be finally worth it. So don't wait one more second, scroll up and buy this book right now!!

[Dare... to Have Anal Sex](#) - Coralie Trinh Thi 2009-09

Whether new to saucier bedtime practices or a seasoned veteran, readers can benefit from this guide that broaches the subject of anal sex without taboo or bias. Including discussions of all related aspects — important knowledge for beginners, the most effective techniques, and the involvement of sex toys, to name a few — this guide continues the Dare. . . series' mission to teach lovers of all orientations the things they always wanted to know — but were afraid to ask. Each chapter focuses on a different facet of anal sex, from its psychology to the "Anal Kama Sutra," educating lovers of all ages and types in ways they may not expect, and fully assisting readers in exploring and understanding this sexual frontier.

[Anal Sex Basics](#) - Carlyle Jansen 2016-02-01

No butts about it... this is only book you need for your journey to anal pleasure. The days of boring sex routines are over. It's time to get a little taboo, starting with the absolute basics of anal play and anal sex. Anal sex doesn't have to be scary or painful--you deserve to know how to make it safer, more comfortable, and more pleasurable. Sex educator Carlyle Jansen has all of the tips and techniques to ease you into butt play and anal pleasure. Anal play is so much more than just intercourse. Learn all of the sexiest secrets to fingering, licking, and using toys. Even try some erotic fantasy and role play. Discover the pleasure of G-spot stimulation for some and even more styles of stimulation. So try something new with your lover. Anal Sex Basics covers everything a beginner to butt play will need, from choosing your lube to learning the best positions. But more than just technique, this guide also helps you to bring up anal sex with your partner and make your adventures as fun and safe as possible.

[Arouse Her Anal Ecstasy - The Best Illustrated, Most Innovative Step-By-Step Guide for a Pleasurable Path to Anal Sex. She'll Enjoy Amazing Orgasms an](#) - David Decitore 2011-02

DUE TO THE GREAT FEEDBACK & CONSISTENT SUCCESS OF THE SYSTEM, IT'S THE #1 SELLING BOOK/EBOOK ON HOW TO ANAL SEX - ABOVE OTHER BOOKS, EBOOKS, and DVDs IN THE UNITED STATES. The book has helped thousands of couples enjoy anal sex. Customers state that the book provides a more detailed system and better techniques than DVDs on the subject of how to introduce a woman to anal sex so it is very pleasurable and never painful. EroticFlow thanks you for your continued support! View book reviews on Youtube. Best Illustrated & Most Innovative System for Arousing Her Anal Ecstasy This book is very different, as it focuses on how to introduce a woman to anal sexuality

with a pleasurable and painless detailed step-by-step system. This book teaches exactly what to do and how to do it. You will give her incredible orgasms by stimulating multiple erogenous zones, and she will love it! Did you know a woman can have full-body orgasms from anal sex? The 7 Nights To Ecstasy System For Beginners, The 3 Night Delight System For Advanced Couples, or The Custom System 2 Nights or More for your specific situation along with the SEPOR Method will provide a clearly defined strategy on how to take it slow with your woman, so the process is pleasurable for her from beginning to end. Learn how to approach communication, build trust, gradually increase stimulation, and properly prepare for anal play. For Whom - This book is designed to pleasure a woman and give her full-body orgasms. For a man who wants to give incredible pleasure to his woman by having her enjoy anal sexuality, but does not want to hurt her in the process. Why - The unmet need to provide a highly illustrated, innovative, and detailed step-by-step system to painless anal ecstasy. Other books do not provide an illustrated step-by-step system on how to take it slow. They state "take it slow" but do not define what is "slow!" If you go too fast you will hurt your woman. So learn to do it right! Compare the number of illustrations of competing books and the educational content in the images. The system & detailed illustrations provide an easy-to-learn from how-to book. THE DIFFERENCE 1. A different strategy that arouses the body in order to seduce the mind 2. 76 illustrations that serve several purposes: a) What to do b) How to do it c) Seduces readers to learn in an artistic manner and visually stimulates them as they progress through the book. 3. The best anal toys and my favorite lubricants (20 product images) 4. Fun preparation 5. Unique and advanced anal play activities, even for the experienced 6. Thrilling cunnilingus techniques 7. A unique combination of a detailed how-to system, hot arousal and Gem entry techniques, and number of instructional images that are not found in any other books, DVDs, online videos, or anal sex resource. 8. Different solutions tailored for your specific situation. 9. Erotic dialogue & explanations, clinical terms are not used. 10. Chapter summaries for quick reference THE SOLUTION To seduce and pleasure the body and mind simultaneously to take her from NO, or maybe, to OMG that feels incredible! THE BENEFITS 1. Many women have reported the most incredible orgasms of their lives from anal sexuality. 2. Men will gain valuable skills. 3. The amount of sexual fun you can have is more than doubled. 4. The intimacy and passion you reach with anal sexuality is very deep. 5. The process will build better trust and communication in your sex life. 6. The process will provide an abundance of erotic fun both partners and the sense of novelty in your sex life will be increased forever! YOUR REVIEWS HELP OTHERS! SO SHARE YOUR REVIEW & MAKE A DIFFERENCE!

**Anal Sex Extravaganza (Five Hot Anal Butt Sex Erotica Stories)** - DP Backhaus

D.P. Backhaus presents five of her steamiest anal sex erotica shorts in this red hot collection from Naughty Daydreams press. Whether you like hot first anal sex, rough anal sex, or even double penetration, this collection has scorching sex so hot it might melt your ereader! 1. FOR MY BIRTHDAY, I GOT MY HOT WIFE'S ANAL VIRGINITY (A First Anal Sex Erotica Story) George is a hero, a thoracic surgeon who's always on call, and when he's called in on his birthday to save a hero cop shot in the line of duty, his wife is proud as hell. She's also disappointed because she'd planned a long day of birthday celebration. George is fine, though, because when he gets home late at night, he's going to give his wife her very first anal sex experience! 2. JULIE'S FIRST ANAL DOUBLE TEAM SEX ENCOUNTER (An Anal Sex MMF Threesome Erotica Story) Julie's a little put off by the dark and confident stranger who walks into the bar where she and her husband are having drinks. All the women want him, but Julie wants to keep her desire deeply hidden and under control. Nothing doing because it turns out the stranger is her husband's best friend from college, and back then, they shared everything...every single thing. So, it's no real surprise when her husband turns to the handsome Dirk and says, "fuck my wife!" She's about to have anal sex as she never has before—in a scorching double team sex double penetration! 3. BENT OVER FOR SOME BACKDOOR FUN (A Hot Wife Anal Sex Erotica Story) When her husband is late from work, this hot wife is angry and doesn't want to give him the surprise she'd planned, her body in a sexy latex bodysuit. Instead, she just heads upstairs and lies down angry. Her husband finds the lingerie, though; and he's ready for some hardcore sex with his wife. She can't resist him, but he wants more than what he usually gets, and in this case that means hard and rough first anal sex! 4. BUTT FUCKED BY MY NEIGHBOR (A MILF Reluctant Anal Sex Erotica Story) Terri is a little leery of the college kids who have moved in next door. After all, she has two kids she has to get to sleep every night. On

the other hand, this hot MILF can't help but notice how sexy the young studs are. She's going to find out just how hot they can be, too, because when Charlie comes by to borrow some flashlights he wants more than just a little light; he wants this cougar's cute little virgin ass! Before long, Terri's bent over for backdoor sex, her very first anal sex experience. 5. MY HUSBAND SHARED MY HOT ASS WITH HIS FRIENDS (A Hot Wife Share Anal Sex Gangbang Erotica Story) Usually, Friday nights are times for the boys to have guy fun and for the girls to have girl fun separately. This Friday night, though, Brandon and Victor have a surprise for their wives. They've invited a few of their friends over, and before the girls even have a chance to finish getting ready for their girl's night out, each will be bent over the bed with a husband in her pussy and a stranger in her mouth! That's not all. Each of these hot wives is going to have a first anal sex experience...with her husband and his friends!

*Getting All The Anal You Can Handle* - Brandee Lee 2022-12-24

Did you know that reports show that 94 percent of women who received anal sex in their last sexual encounter said they reached an orgasm from it? Way more than with vaginal intercourse. Many people believe that anal intercourse hurts and that it is always an uncomfortable experience. This is quite simply false. If it hurts, you're doing it wrong. You probably want to read this because you want to find a way to do without much pain. Or this may be despite the fact that you find the idea in some way exciting and want to try it. Well, in essence, the reason that anal sex is so exciting to people is because it's slightly naughty, forbidden, all "taboo". It's breaking the boundaries of conventionality and it has a degree of excitement because it goes beyond what seems "decent" or "normal". And, most of all, it's exciting, because the anus is amply provided with erogenous nerve endings, and for men the tightness of penetrating the female partner can be very exciting and rewarding. Anal sex is one of the most erotic and satisfying sexual practices you and your spouse can enjoy. It may take some time to get it just right, but if you follow this book's steps, you will both have lots of fun trying. You're reading this book because you want to make your sex life more exciting. And you want to make it hot, passionate, and mind-blowing. You probably will find some ways to please your partner. In this book you will learn; Exactly how to have anal play without pain How to perform safe oral rimming of the anus Steps to preparing your anus to receive a penis Having painless butt sex Different positions and how to choose the right ones Proper prostate massage tactics And so much more!!!! Get a copy today!!!

*How to Be a Buttslut* - Hope Red 2018-04-09

Buy this for yourself or for your lover as a gift and let amazing anal sex be a regular and enjoyable part of your sex life. A Buttslut is someone who frequently craves anal sex and loves and enjoys doing it. She is confident with her own ass and her own sensuality and knows what she wants and how best to get it. She understands the unparalleled sensations to be had and the ecstasy to be gained from an anal orgasm. She knows how intimate and meaningful it can be yet and how much her thinking plays in relaxing & turning anal sex into something exciting & indulgent. It's all about mindset and letting yourself break down those barriers that are stopping you from having the time of your life. This handbook focuses on that and all the things that will help to get you in the right mood both physically and in your head. Not a dusty old medical or educational textbook, this book is written for the modern woman out there. It doesn't patronize or pull any punches and tells you exactly how it is and why you should be doing anal. It will take you on a journey that will make you into someone that is able to love and enjoy anal sex again and again. Just long enough, sexy, down to earth and written for every woman, it will teach you all the things you really wanted to know about how to do things right. It includes anal training exercises, how to look and feel great for yourself and your lover and even butt toning methods! You'll learn what men and women feel about anal, what the statistics tell us, and what to look for and how to use toys. You'll learn techniques and styles and why loving your ass yourself is a good thing. Ass eating, gaping, beads, types of underwear to turn you on and so much more.... This book has everything you need to crave anal sex and become a Buttslut in your head. Take the challenge at the end as you work through and give yourself the certificate at the back when you've achieved all the tasks. It's your ass, honey. Own it, enjoy it and realize the pleasure it can bring you and your lover.

**How to Get Her to Watch Porn, Have Anal Sex, and Call Her Best Friend for a Threesome** - Cindy St James 2008-11

This resource reveals everything one needs to know to develop the sexual relationship he or she has always wanted and to achieve true, heart-pounding intimacy.

[Why Women Love Anal Sex](#) - Alex Bruce 2022-08-12

As a rule, sex is believed to be penetrative intercourse between a man and a lady. However, contingent upon your sexual direction and individual meaning of sex, that is not really the situation. We should look into what is classified as sex. In this book we focus on Butt-centric sex: Butt-centric sex implies penis-in-rear-end (butt) intercourse. Certain individuals appreciate butt-centric sex, and certain individuals could do without it by any stretch of the imagination. One way or another is entirely fine. If you could do without it or don't have any desire to attempt it, it's not acceptable for somebody to pressure you into it. It would be ideal for sex to feel better and be agreeable for both of you. Butt-centric sex can hurt in the event that you're not loose and don't utilize grease. The rear-end doesn't make its own oil like the vagina does, so utilizing lube helps the penis (or a sex toy) go in the butt more straightforward and holds the condom back from breaking. Use nothing with oil in it, similar to Vaseline, moisturizer, or child oil. Oil-based lubes can debilitate a condom and make it bound to break. You can get protected greases (water or silicone situated) in the condom walkway at medication and supermarkets. Reading this book will increase your flair and interest in Butt-centric sex and all what you need to know and do afterwards.

**The Sexhalation Method** - Michael Alvear 2015-01-08

This Book Will Show You How To Eliminate All Pain From Anal Sex So That You Can:

- Become a more adventurous lover.
- Add a new dimension to sexual play.
- Have more intense orgasms.
- Experience your partner in a completely different way.
- Explore a side of yourself that you haven't given yourself permission to try.
- Become more sensuous and sexually versatile.

Are you resisting your partner's wishes for anal sex because you're afraid of the pain? You're probably thinking about anal sex with "anticipatory pain" (the expectation that it's going to hurt a lot). Or maybe you've tried anal intercourse and the pain was all too real and all too much. Either way, you end up disappointing your partner and robbing yourself of intensely pleasurable experiences. Anal Sex Is Not The Sexual Equivalent Of Walking Over Hot Coals. You don't have to put yourself through hell to get to the other side. You just have to use The Sexhalation Method. It's a new technique developed with the help of a team of experts I met while writing my national sex column and hosting the HBO series, *The Sex Inspectors*. They include a yoga guru, an expert in respiratory psychophysiology, and specialists in colo-rectal anatomy. The Sexhalation Method combines systematic desensitization, pattern breathing, progressive muscle relaxation and sexual imagery to help you achieve what you thought wasn't possible—anal sex without pain. This is your chance to experience an erotic thrill without any of the pain you've associated with it. In addition to The Sexhalation Method you'll learn:

- How to combine the best position with the best angle of entry.
- How to resolve emotional blocks that stop you from trying or enjoying anal sex.
- How your butt is built so you can avoid the three main points of pain.
- The secret to getting yourself squeaky clean on the inside.
- Learn about a device that's better than a douche or an enema.
- Get a guided tour of a pain-free anal sex session between Susan and her partner Steven. It's a beginner's real-time, step-by-step guide to anal sex that will light you up like an all-night liquor store! Find out how The Sexhalation Method can take your sex life to the next level. Scroll up, click the buy button and start learning the method tonight!

**The Effective Sex Positions for Couples** - Mia Fox 2019-10-10

Buy the paperback version of this book and you will get the kindle book version for free Have you ever asked to yourself how better could be your sex life and your partner one too? Have you already tried to improve your life in bed with patience and effort but still disappointed? Do you feel even over stressed because of it? Well, this book is a solution for you, an answer to all of your questions. If you are reading this description, I know that, unfortunately, you have experienced some big problems that are ruining your sexual relationship; and you want to make a change. Problems like premature ejaculation, not knowing how to give her/him a real orgasm, not knowing how to practice oral and anal sex properly, problems with where and how to touch and kiss each other in the best way, poor lifestyle (yes that's a problem too). And the list doesn't stop here... And this is frustrating, because honestly talking, sex is the best part of a relationship; it's that moment when you share your entire being and your most hidden emotions and dirty thoughts, with the other person. And there is no worse feeling than knowing that you didn't satisfy that person, it's like a punch in the stomach. You lose all your motivation and self esteem. I think nobody deserves this. So how do you fix that? The answer is learning and applying what's written in this book. You will learn: The 7 wrong myths about anal sex and how to do it safely

How to have sex 8 times per week with your partner 3 emergency tactics for premature ejaculation how to find the G spot and stimulate it the 7 secrets of female masturbation 5 things you don't know about female ejaculation 3 tips to understand if she is pretending or not an orgasm 5 strange methods to give her an orgasm And much more, trust me. I know exactly what you are thinking right now: "this is an other scam" "an other scammer who wants me to buy this book just to make money and not giving me any value". And you are absolutely right, because you don't know me. But her is a thing: I really want to help you because I've experienced your same problems and I know how it feels when you are so stressed and anxious about sexual issues and sex in general, that you are not even able to spend pleasurable moments in bed, making both yourself and your partner happy. So I tell you this: even if you struggled and tried hard to find a solution and didn't get anything, you can still transform your situation; even if you have lost you hope. But be careful, there is no magic pill, no overnight accomplishments, so I can't

guarantee you success, but what I can guarantee, based on my own experience, is that if you have patience, do a lot of practice, and be consistant, then massive results will manifest in your life; and this time all the hard work you put in, is going to be finally worth it. So don't wait one more second, scroll up and buy this book right now!!

[Anal Sex Guide](#) - Mint Rabbit 2020-01-29

Anal sex is seen as a taboo subject, and people shy away from discussing it. For this reason, there isn't enough information about this form of sex. People do not know how to practice anal sex safely, the best techniques and position for maximum sexual satisfaction and how to use anal sex toys rightly. Anal sex should be practised with the right information because anything could go wrong. Also, if practised wrongly, it can lead to pain and discomfort instead of pleasure. This guide teaches what anal sex is, how to avoid the health complications, techniques and positions and how to get into them, and everything you'll ever need to know. It is the tool you and your partner need to get the most intense orgasms through anal sex!

## How To Have Anal Sex:

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