

Sex And The Spiritual Path

[BLAST Your Way To Megabuck\\$ with My SECRET Sex-Power Formula](#) Ramsey Dukes 2003-11 A collection of essays on magic, the virtual universe, charlatanry, masculism and more - written in the 1980s by one of the most original and thought-provoking writers on chaos magic.

Sex and the Sacred Daniel A Helminiak 2012-12-06 A down-to-earth look at the spiritual power of sex Sex and the Sacred examines the spiritual dimension of human sexuality in a way that is free of religious affiliation but still open to traditional religion and belief in God. Dr. Daniel Helminiak, author of the best-selling *What the Bible Really Says about Homosexuality*, looks at the relationship between sexuality and spirituality, first, from a humanistic perspective and, then, a more familiar Christian point of view. In particular, he encourages LGBTI people to reclaim their spiritual heritage without apology. This unique book emphasizes spiritual commitment as an essential facet of LGBTI/queer consciousness and addresses such burning themes as coming out, the importance of self-acceptance, gay marriage, gay bashing, and the ethics of gay sex. Sex and the Sacred combines a psychological approach to spirituality with common sense and compassion, inspiring a break from moralistic religion and an understanding of what true spirituality means. The book applies this understanding to Christian topics such as the Bible, Fundamentalism, and the future of Christianity, and shows how coming out was an issue for Jesus, how homosexual experience relates to the Christian Trinity, and how Western Civilization became so sex-negative. Sex and the Sacred presents in the end a radical vision of Christianity open to all people. Religious leaders of all denominations, educators, counselors, members of the gay/lesbian/bisexual/transgender community, non-religious spiritual seekers, and anyone interested in the relationship between spirituality and sexuality will find this book enlightening and uplifting. Sex and the Sacred examines: the spiritual drive that is built into human sexuality the standard religious arguments against gay marriage a sustained argument that Biblical Fundamentalism is not Christian spiritual lessons from the AIDS epidemic the right and wrong of sex—queer and otherwise homosexuality in Catholic teaching and practice sexual ethics without religion a vision for a renewed Christianity within a global community

Tantra Yogani 2012-08-01 "Tantra - Discovering the Power of Pre-Orgasmic Sex" is a common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices. Practical techniques are provided which enable both couples and solo practitioners to utilize the sexual response to cultivate ecstatic energy to its highest levels of spiritual manifestation. Finally, here is a no-nonsense book that takes the mystery out of sexuality and its relationship to yoga and the spiritual path. Yogani is the author of ground-breaking books on highly effective spiritual practices, including: *Advanced Yoga Practices - Easy Lessons for Ecstatic Living* (two comprehensive user-friendly textbooks), and *The Secrets of Wilder*, a powerful spiritual novel. The "AYP Enlightenment Series" makes these profound practices available for the first time in a series of concise instruction books. "Tantra" is the third book in the series. The second in the series is "Spinal Breathing Pranayama - Journey to inner Space." The first is "Deep Meditation - Pathway to Personal Freedom."

Finding a Higher Love Elizabeth Clare Prophet 2020-09-15 "Finding a Higher Love shares a much-needed spiritual perspective on love, sexuality and relationships. Every relationship, says Elizabeth Clare Prophet, has its challenges—whether we find ourselves with our soul mate, twin flame or what she calls a karmic partner. And yet, she explains, our intimate relationships and search for true love are, in reality, a quest for wholeness that offers us a unique opportunity for deep spiritual growth and inner transformation. With warmth and compassion, she explores the real purpose and power of relationships. Her profound insights as well as her practical tools and techniques will show you how to open your heart, spiritualize your partnerships and magnetize the highest love that is yours to have. "

Sex Yoga S. F. Howe 2018-06-16 PRAISE FOR "SEX YOGA!" "This book is life changing!...It skipped the fluff and succinctly told me that which I needed to know...It will take you to a height of ecstasy that you never imagined possible...Worth every penny. I'll be enjoying this technique time and time again." (MariaKaterina) "This ebook changed our lives. My husband and I...have been working with the technique taught in this material and are having...amazing kundalini orgasms and a more beautiful and loving relationship." (Laura Peters, Amazon reviewer) "It took me on a blissful, mind-expanding journey! I have read many books on kundalini, tantra and related sacred sex topics, but find *Sex Yoga* by S. F. Howe to be the most helpful material of all...Don't let anything stop you from experiencing this liberating technique for yourself." (Max Wolf) "The information in this ebook is the most powerful I have ever encountered in the arena of sex and spirituality. I had the most incredible orgasm of my life applying this technique!...give it a try, and you will never be the same, I guarantee it." (Jeff Michaels) "I can't remember the last time I read anything this spiritually promising for people like myself who are interested in using their sexual energy to expand their consciousness. This technique appears to be much easier than tantra. I can't wait to try it!" (Emma Garcia) "Take your time with this material as a quick perusal of the seven steps is unlikely to reveal the power of what is being presented. This is sex for the strong and the brave. I'm truly blown away." (Leon Mayer) PRODUCT DESCRIPTION Author's Note: 6/2018 - Release of Expanded Second Edition by S. F. Howe 2013 - Release of First Edition by S. F. Howe writing as Keira Brighton. *Sacred Sex At Its Best...* What you will receive in *Sex Yoga* is the little-known, yet simple and complete technique for experiencing the ultimate orgasm. I call it the kundalini orgasm - a prolonged, ecstatic sexual build-up that culminates in an orgasmic explosion of Light/energy out through the top of your head and into the farthest reaches of the cosmos as you blissfully merge with the All That Is. This priceless experience is accomplished naturally and easily when you learn how to flow your own sexual energy through the seven chakras or power centers of your body. You may practice this technique alone or with a partner, although I recommend that you begin alone if only to familiarize yourself with the steps and the incredible rapture of this mind-blowing sexual/spiritual adventure. This is life-changing knowledge that I am sharing with you. I not only reveal everything you need to know to begin exploring and mastering this extraordinary technique, but you will also learn: * How the spiritual transformation you have been yearning for is literally at your fingertips* What kundalini really is and why you need a kundalini awakening* How to harness your own sexual energy to awaken your highest spirituality* What your chakras are and why they are your fast track to enlightenment* How the 7 Step Sex Yoga Technique eliminates pressure and stress from lovemaking* Why the kundalini orgasm results in incomparable love and bonding with your partner* How you can experience the heights of sexual ecstasy and spiritual bliss at any time, even without a partner in your life! Do be patient with yourself and/or your partner as you practice the steps and increase your awareness and sensitivity to this process. Your efforts will be richly rewarded! Scroll up ... and click on "Add to cart" to purchase *Sex Yoga* right now.

Sexuality and Spirituality Guru Rattana 2018-08-20 *Sexuality and Spirituality* offers both men and women the prospect of great sex with deep intimacy, contentment, satisfaction, and divine connection. This amazing manual reveals previously secret Kundalini Yoga sets and meditations from which you can find the means to achieve your greatest joy and fulfillment. Our sexual energy impacts all aspects of our life: How we relate to our sexuality is a determining factor in how we relate not only to our partners, but also to our family, friends, children, and all those with whom we interact. We are all sexual beings, so this book is for everyone - regardless of age, gender, gender identity, sexual orientation, spiritual path, or level of sexual activity. This updated and expanded 2nd Edition offers new material about Tantra, man's and woman's sexuality, how to practice the locks for sexual pleasure, polarity balance for men and women, and opening the heart to sacred love. It also retains the much loved Kundalini Yoga sets and meditations from the original 1989 edition, in what remains the only published source of much of this amazing material from the early classes of Yogi Bajan. We miss a lot when sex is reduced to building up stressful desire and releasing it. Spiritualizing our attitude toward our sexuality

delivers us to the universal creative dimensions of existence. How we create in life is a function of how we are able to sustain and interact with the unfolding of our life, relax into our own rhythm, and find satisfaction while moving through our daily activities. Learn how to open your heart - to yourself, to others and to all life. Love happens as you embrace all life's challenges, as well as its joys. Practicing the technology and absorbing the wisdom offered in this manual will change your life, by raising your frequency to the vibration of sacred love.

The Way of the Bodyprayerpath Barnaby B. Barratt 2004-08 Our sexuality and our spirituality are the selfsame life source that comes from the Sacred Unity of Love. This mystical vision explains how we can be released from the tyranny of human malice and from the suffering that surrounds our lives. Written by a tantric facilitator, this book demonstrates how malice originates and how we may all return to the spiritual path that comes from the heart and that delights in erotic energy as our uniquely Holy Spirit. This is a guide to living life in the joy, bliss, and ecstasy of meditation and the authenticity of our sexual selves.

Tantra Made Easy Shashi Solluna 2018 "Tantra is a practice of sacred sexuality that has existed since ancient times to help people find meaning and healing in physical relationships. Now more than ever, this is a practice that everyone can benefit from. Shashi is a world-renowned Tantra instructor who has trained with the world's top experts. In Tantra Made Easy, she brings the traditions of Tantra to new readers curious to learn how these can be applied in their lives. Through this book, readers will gain an understanding of Tantra as a spiritual path. This will help them understand the role of relationships, love and intimacy in modern Tantric traditions, the importance of having an open heart and how Tantric techniques can give them a spiritual experience in their physical relationships."--Amazon.com.

An Introduction to Tantra and Sacred Sexuality Michael Mirdad 2008-11 An Introduction to Tantra and Sacred Sexuality offers insights into how to awaken and experience your sensual self, moment-by-moment. This book is exciting and enticing, as well as, powerful and healing. You do not have to be in a relationship to enjoy, explore, and apply sacred sexuality. Sacred sexuality opens you to experiencing levels of ecstatic bliss and unconditional love and, most importantly, bringing these experiences into your daily life. Ultimately, it opens you to living bliss, not just feeling it. This ecstatic vibration translates into consistently feeling unconditional love for all people and things. Michael Mirdad wisely integrates both Tantric and Taoist perspectives and practices in the loving, passionate, and respectful framework of sacred sexuality.

Wanting to Be Loved Neroli Duffy 2018-07-01 To love and be loved is central to life. Yet all around us, we see people looking for love and not finding it—often settling for something less. One reason is that love is not just about attraction and feelings—as powerful as these can be. There is a spiritual dimension that is even more important, yet often overlooked or not understood. Wanting to Be Loved provides a higher perspective on the quest for love. Here are just a few of the keys you will find in this inspiring book: - How to recognize a twin flame or soul mate - How to avoid wrong relationships - How to attract the right partner in life - Marriage as an initiation on the spiritual path - How to deal with karma in relationships - Understanding sex as a Sacred Energy eXchange Explore the mystery and beauty of love in all its dimensions, and find the love you are looking for.

Work, Sex, Money Chogyam Trungpa 2011-02-08 Each day we deal with the challenges of ordinary life: a series of mundane experiences that could be summarized by the title of this book, Work, Sex, Money. We all hope that these aspects of our life will be a source of fulfillment and pleasure, and they often are. Yet they are also always sources of problems for which we seek practical advice and solutions. The best prescription, according to Chögyam Trungpa, is a dose of reality and also a dose of respect for ourselves and our world. His profound teachings on work, sex, and money celebrate the sacredness of life and our ability to cope with its twists and turns with dignity, humor, and even joy. He begins by breaking down the barrier between the spiritual and the mundane, showing that work, sex, and money are just as much a part of our spiritual life as they are a part of our everyday existence. He then discusses these subjects in relation to ego and self-image, karma, mindfulness, and meditation. "Work" includes

general principles of mindfulness and awareness in how we conduct everyday life as well as discussion of ethics in business and the workplace. "Sex" is about relationships and communication as a whole. "Money" looks at how we view the economics of livelihood and money as "green energy" that affects our lives. The result is an inclusive vision of life, one that encompasses the biggest issues and the smallest details of every day. There are, in fact, few definitive answers in these pages. There is, however, authentic wisdom providing us with tools we need to work with the toughest stuff in our lives.

Meeting the Masters William Wildblood 2012-04-27 This is the story of a young man who was contacted by discarnate spiritual beings who spoke to him through the medium of an ex-monk, some 36 years his senior. It concerns the spiritual training of the younger man given by these Masters, for that is what they were, and although the contact lasted for 21 years, from 1979-1999, the greater part of the book has to do with the first year when the process was at its most intense. Although originally intended for just one individual the training imparted is actually suitable for any spiritual seeker at any level, and there is discussion of many different aspects of the spiritual path as well as elucidation of occasionally controversial points such as the nature of the ego, the problem of evil, the place of sex in the spiritual life, the relevance of spiritual experiences and the function of teachers, all in a form that combines simplicity with depth.

Sex and the Spiritual Life Patricia Cooney Hathaway 2020-09-11 Winner of a third-place award in the morality, ethics, Christology, Mariology, and redemption category from the Catholic Media Association. Are sexuality and spirituality opposed to each other? To anyone who has struggled to align their sexual desires with the call to be holy these might seem in opposition, but they don't have to be. Sex and the Spiritual Life will help you understand that you can experience fulfillment through sexual integrity—a way of life that affirms the presence of God and the sacred in our sexual feelings and expressions. You'll hear from a selection of Catholic men and women—married, clergy, religious, and single—whose stories will inspire and equip you to reclaim the joy and wholeness of sexual integrity. Addressing sexuality across a wide range of vocations, challenges, and experiences, each of the contributors to Sex and the Spiritual Life reflects upon living out the Church's teachings about human sexuality with integrity as a means to achieving spiritual maturity. All those who want to experience the benefits of sexual integrity will be inspired by their witness, and benefit from their practical advice. Contributors include Patricia Cooney Hathaway; Timothy P. O'Malley; Deacon James Keating; Susan Muto; Eve Tushnet; Fr. John Riccardo; and Sr. Sarah Fairbanks, O.P.; as well as clinical specialists in addictions and marriage and family life. In this groundbreaking book, you will find insights into the following topics: the relationship between sexual integrity and spiritual growth how the wounds of sexual abuse and addiction can be healed the link between sexual and spiritual intimacy in marriage how young adults can receive the formation they need to discover their vocations, navigate the complexities of being single, and live in community how spiritual friendship informs faithful living within the homosexual community the role of sexual desire in the lives of clergy and religious This is a much-needed book for thoughtful Catholics to help them reclaim sexuality as a positive, joyful component of the human experience and to present a path of healing and hope for those who need to chart a new course.

Sex Magicians Michael William West 2021-03-09 An in-depth look at the lives and occult practices of 12 influential practitioners of sex magic from the 19th century to the present day • Explores the background and sexual magical beliefs of Paschal Beverly Randolph, Ida Craddock, Aleister Crowley, Maria de Naglowska, Austin Osman Spare, Julius Evola, Franz Bardon, Jack Parsons, William S. Burroughs, Marjorie Cameron, Anton LaVey, and Genesis P-Orridge • Details the life of each sex magician, how they came to uncover their occult practice, and, most importantly, how the practice of sex magic affected their lives Offering a fascinating introduction to the occult practice of sex magic in the Western esoteric tradition, Michael William West explores its history from its reintroduction in the early 19th century via Paschal Beverly Randolph to the practices, influence,

and figureheads of the 20th and 21st century such as Anton LaVey, founder of the Church of Satan, and Genesis P-Orridge, founder of Thee Temple ov Psychick Youth. Focusing on 12 influential sex magicians, some well-known and some who have remained in obscurity, West details the life of each sex magician and how the practice of sex magic affected their lives. He explains how most of the figures presented in the book used sex magic as a means rather than an end, utilizing their practice to enhance and enrich their life's work, whether in the arts, sciences, or as a spiritual leader. He examines what is known about Paschal Beverly Randolph, the founding father of modern sex magic, explores the tragic and mystical life of Ida Craddock, and discusses, in depth, iconic figures like Aleister Crowley and Austin Osman Spare, who saw sex magic as a source of artistic power and is now seen as a prophet of the chaos magick movement. Other sex magicians explored deployed magic to drive themselves to the highest echelons of achievement: in literature, William S. Burroughs; in music, Genesis P-Orridge; and in science, Jack Parsons, who openly used magic while making unconventional breakthroughs in rocket science. The author also examines Maria de Naglowska, Julius Evola, Franz Bardon, Marjorie Cameron, and Anton Szandor LaVey. While these sex magicians each followed a different spiritual path and had varying degrees of notoriety and infamy, one common thread emerges from looking at their interesting lives: utilizing magic to know thyself and change your reality is a journey that requires imagination, creativity, and self-awareness to the quest for enlightenment.

The Sacred Fire Henry James Borys 1994

Sex, the Enneagram & Rock'n'roll Aine Ni Cheallaigh 2015-03-03 Is it possible to go on a spiritual journey if you don't believe in spirit? Some people try to find God by sitting on a meditation cushion. Others travel all the way to India in search of the Divine. Things shake down a bit differently for Enneagram type Four Aine Ni Cheallaigh. While attempting to give her personality a makeover by singing in a rock'n'roll band, this hardcore 'a-spiritual' atheist's world gets turned inside out when she encounters what can only be described as spiritual phenomena. Embarking on a reluctant spiritual quest ("It's not God, it's a state"), Aine finds refreshing answers to eternal questions that plague the modern-day seeker. What's the best kind of spiritual practice? For her, the answer isn't the obvious sitting-in-a-quiet-room-meditating, it's playing a drum kit along to ear-splittingly loud rock'n'roll. And when faced with the thorny issue of finding a charismatic teacher who is truly pure enough to deserve her devotion, after grappling with the question for a long time, she surprisingly ends up bestowing her soul's worship on The Smiths former frontman Morrissey. Told with great humor and insight, this memoir takes an intelligent, down-to-earth look at what being on a spiritual path really means. What are we actually seeking when we seek? How exactly are we supposed to fit it into our lives when we find it? The author doesn't have all the answers, but her candid account of this slice of the journey is sure to give great pointers to those who feel that their soul is called to rock out with the Beloved.

Sex John Godolphin Bennett 1978 A discussion of sex and its place on the spiritual path. The author addresses issues including the connection between sex and spirituality, the effects men and women have on each other sexually, and how sex affects creativity.

Living Tantra Jan Day 2021-11-09 Tantra originated in India many centuries ago but it's uniquely placed to help people use real life as grist to the mill for spiritual transformation. The purpose of the book is to articulate what Tantra can be in our modern times and how it can be applied to all aspects of our everyday life. Traditionally Tantra was a path that brought spirituality out of the caves and monasteries and into the life of householders. It didn't seek to separate sexuality and spirituality and to force people to make a choice but rather to integrate the life of family and relationship with spirituality. This includes sexuality but it's not all about sexuality, and this is a rare book that applies Tantra to every aspect of life. *Living Tantra* is a body of work that aims to bring the essence and core message of tantra into relevance for our contemporary life and society as a path of spiritual growth and human development. It's based on her legendary workshops which book up via word of mouth and attracts attendees from across Europe and North America, especially Sweden, Austria, USA, Germany, Spain and the Czech Republic. The exercises here come out of

these workshops and mean that we can benefit from this work in our own homes. The principles of Living Tantra are to use all life, all experience to learn and become more conscious of ourselves and the world around us, to care more for ourselves, each other and the world and to develop greater compassion. Tantra includes everything. It is the weaving together of all that is.

Sex J. G. Bennett 1981-05-01 A discussion of sex and its place on the spiritual path. The author addresses issues including the connection between sex and spirituality, the effects men and women have on each other sexually, and how sex affects creativity.

Sex and the Spiritual Guy (or Woman)

Tantra - Discovering the Power of Pre-Orgasmic Sex (Persian Translation) Yogani Tantra - Discovering the Power of Pre-Orgasmic Sex is a common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices. Practical techniques are provided which enable both couples and solo practitioners to utilize the sexual response to cultivate ecstatic energy to its highest levels of spiritual manifestation. Finally, here is a no-nonsense book that takes the mystery out of sexuality and its relationship to yoga and the spiritual path. Yogani is the author of two landmark books on the world's most effective spiritual practices: Advanced Yoga Practices - Easy Lessons for Ecstatic Living, a comprehensive user-friendly textbook, and The Secrets of Wilder, a powerful spiritual novel. The AYP Enlightenment Series makes these profound practices available for the first time in a series of concise instruction books. Tantra is the third book in the series. The second in the series is Spinal Breathing Pranayama - Journey to inner Space. The first is Deep Meditation - Pathway to Personal Freedom.

Finding God Through Sex David Deida 2005-05-01 When it comes to sex, most of us want more. The question is: more of what? According to David Deida, when the depth of intimacy you've been experiencing is no longer fulfilling to your heart and body—when you sense that sexuality should go far beyond an embrace of brief satisfaction—the time has come to explore your unique sexual path to the divine. In Finding God Through Sex, this brilliant writer and internationally renowned expert on spiritual sexuality presents a revolutionary new way to love—one in which sex literally becomes an erotic act of devotional surrender, "making love, magnifying love, from the boundless depth of your heart through every inch of your body and in merger with your lover." Through provocative vignettes that illuminate the many moods that color lovemaking, and direct instruction that speaks honestly to the masculine and feminine desires within each of us, Deida brings wisdom gained from 30 years' work with thousands of couples to illustrate the distinct yet complementary avenues men and women can skillfully travel toward untamed passion and sacred unity. What unfolds is an unparalleled road map to the place where we "love as the cosmos loves: One loving itself as an other, yet remembering itself as One."

Love, Sex, and Awakening Margot Anand 2017 Famed tantric practitioner and teacher Margot Anand has led a life of spiritual bliss and erotic ecstasy. This book recounts the fascinating adventures, turning points, and breakthroughs on her path from sex to awakening, and it includes techniques and exercises to help you connect to the powerful energy of the erotic spirit.

The User's Guide to Spiritual Teachers Scott Edelstein 2017-03-21 A wise and practical quickstart guide for anyone who wants—or already has—a spiritual teacher. The User's Guide to Spiritual Teachers is a necessary book for anyone who has, or wants to have, a spiritual teacher—regardless of faith or tradition. This book addresses concerns that many of us have on the spiritual path, including how to find a spiritual teacher, how to manage expectations about what they can do, and what to do when you realize you're in a dangerous relationship with one. Spiritual teachers of all traditions will themselves find this book incredibly useful as they reflect on how they benefit their students or may be overstepping their boundaries and actually creating harm. This is your place to look for information, inspiration, sanity, and words of caution.

Sacred Sexual Union Anaiya Sophia 2013-05-05 Experience the orgasmic rapture of Sacred Union with your Twin Soul and the Divine • Includes practices in sacred sexuality, emotional intimacy, and soul awareness to awaken the Love, Power, and Wisdom of your soul, attract your Twin Soul,

and satisfy your soul's longing to reunite with God • Draws on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery schools, and Christ Consciousness • Offers examples of Sacred Union, including Jesus and Mary Magdalene and Rumi and Shams as well as experiences of modern couples Jesus and Mary Magdalene, Rumi and Shams, King Solomon and the Queen of Sheba, Isis and Osiris--in these sacred unions we recognize the merging not only of Twin Souls but also of these lovers with the Divine. In Sacred Sexual Union, Anaiya Sophia shows this Holy Marriage, complete reunification with your Twin Soul and God, is not a secret reserved for the initiated or a tradition lost to the ages. It is a potent, living spiritual path enabling two beloveds to experience the primordial state of creation as one soul blessed by the Divine Light and Love of their Creator. Drawing on teachings from Gnosticism, Sufi mysticism, the Kabbalah, Kundalini yoga, sexual shamanism, the Egyptian Mystery Schools, and Christ Consciousness, the author reveals the complete alchemical process of Sacred Union. She provides physical, meditative, and psychological practices that combine sacred sexuality, emotional intimacy, and transparent soul awareness to awaken the magnetic energies of your soul, draw your Twin Soul to you, and, with Twin Souls reunited, experience the passionate rapturous remembrance of becoming one with God. She explores ancient writings and rituals of Sacred Union--known as Hieros Gamos in ancient Sumeria, Sacred Marriage in the Kabbalah, Yab Yum in Tibetan Buddhism, and the Bridal Chamber in Gnostic Christianity--and offers examples of Sacred Union throughout the ages, including experiences from her own spiritual journey. More than a meditative or yogic practice, Sacred Sexual Union offers a transformative spiritual path to embrace the threefold flame of Power, Love, and Wisdom and satisfy your soul's longing for wholeness and reunion with the Divine.

Love, Sex and the Spiritual Path Barbara Beck 2017-04-04 Relationship Expert Barb Beck boldly addresses the topic of emotional maturity and how to balance the use of spiritual principles with honest self-reflection, allowing for real growth to take place. With her direct, no-nonsense, yet compassionate approach, she explains the concept of a "spiritual bypass" and walks readers through key areas of emotional immaturity that play havoc in relationships. If you have ever experienced confusion with a partner, wondering what emotional barriers are getting in the way and how to apply metaphysical/spiritual principles, you need this powerful little book to clear the way! Included are 21 powerful Q & A's on Love, Relationships and Sex that illuminate exactly what it looks like to be able to beautifully navigate the journey. Chapters include:- The Challenge To Revolutionize Your Love and Relationships!- Introduction- Emotional Maturity and the Spiritual Bypass- Creating Radical Change- Q & A from the Revolutionary Love Evenings!- Conscious Dating- Spiritual Partnerships- Sex- Sacred Endings- Spiritual Awareness and Growth Expert Celebrity Relationship Coach for 21 years, Barbara L. Beck, has coached thousands of clients from all parts of the world, including rock stars, yoga "gurus", actors and famous athletes. Barb is on a mission to REVOLUTIONIZE peoples' relationships and help them use the struggles they are experiencing as "wake-up calls" for powerful change!

Aphrodite's Daughters Jalaja Bonheim 1997-06-04 An intimate look at the transformative power of women's sexual experiences. Based on the stories of ordinary American women, Aphrodite's Daughters explores the central role of sexuality in women's spiritual journey. Witty, wise, entertaining, and compassionate, Aphrodite's Daughters quickly became an underground classic, and has changed the lives of thousands of women.

The Evolution of the Sex from a Theosophical Viewpoint Two Chelas in the Theosophical Society 2005-12 This scarce antiquarian book is a facsimile reprint of the original. Due to its age, it may contain imperfections such as marks, notations, marginalia and flawed pages. Because we believe this work is culturally important, we have made it available as part of our commitment for protecting, preserving, and promoting the world's literature in affordable, high quality, modern editions that are true to the original work.

Sacred Sex Gabriela Herstik 2022-07-12 A modern, nonjudgmental guide to reclaiming and embodying your sexuality as nothing short of divine. There has never been a more vital time to embrace the union of sex and spirit. With Gabriela Herstik's expert and inclusive guidance, learn to shed

societally ingrained shame and reclaim your birthright to sacred sex as a foundational part of your spiritual path. Sacred Sex covers topics including:

- how to work with the divine erotic and sex magick
- how mystical traditions from around the world, such as tantra, kundalini, Kabbalah, and Taoism, work with sexuality in a mystical context
- how to use the tarot as an archetypal framework to go deeper in your practice
- how honoring your boundaries, tuning into your intuition, and having a personal set of values around sex are necessities
- why releasing judgment and shame is a vital piece of the puzzle
- rituals to activate self-love and self-lust, to embody your higher sexual self, to heal, to manifest your power, and to release judgment
- the paths available for your individual journey, such as the union of the self and the higher self, sexual alchemy, devotion, sacred kink, glamour and embodiment, and redefining the Divine Feminine and Divine Masculine
- guided journaling and affirmations for each chapter
- interviews with sex therapists, sex workers, and sexuality professionals
- and much more

Honoring the sexual as a path to the sacred is life- and heart-changing work that begins with you, respecting your desires, and standing in your erotic power. Whether you are single or in a relationship(s), embracing the divine erotic can infuse your life with purpose, love, self-lust, and plenty of magick, which you can then share with partners, lovers, and the world.

The Edgar Cayce Primer Herbert Puryear 2009-10-21 The Edgar Cayce story is one of the most compelling in inspirational literature. Over the course of forty years the Sleeping Prophet time and again closed his eyes, entered an altered state of consciousness, and spoke to the very heat and spirit of mankind on subjects such as health, healing, dreams, meditation, sexuality, and reincarnation. His more than 14,000 readings are preserved at the Association for Research and Enlightenment. And now, with the guidance of Edgar Cayce, we can learn how to mine our psychic strengths for happier and healthier lives. Here are the readings of The Sleeping Prophet, condensed and simplified--the wisdom to help us make the right decisions affecting all facets of our lives. Cayce speaks out on: The sources of psychic development, reincarnation, Karma and grace, dreams, meditation, prayer, personal health (including diet and exercises,) holistic healing, sexuality, spirituality, rejuvenation, religion, spiritual psychology, and much more. Cayce offers us the keys to insight, enlightenment, and total fulfillment.

Intimate Spirituality Gordon J. Hilsman 2007 Issues relating to sexuality are and will be a primary concern for Catholics at all levels for the foreseeable future. This book is for liberal Catholic laypersons serious about their faith and spiritual life who seek guidance on how to integrate their love life with their spirituality. The author presents a very positive, healthy view of sexuality as a vital spiritual path for committed couples.

Sex and Spiritual Path Herbert Bruce Puryear 1986-04-01

Red Thread Zen Subhana Barzaghi 2014-07-15 Some of us have arrived at this particular point in our spiritual journey with a little extra baggage about passion, love, and sex, and I have noticed that many people on the spiritual path have a tendency in the mind to create a polarisation or a separation between the spiritual path and the sexual life. So what is the Tao of love, passion, and sex? This very body is the lotus of the true law, linking human beings to birth and death by the red thread of passion. This approach was closely related to Tantric Buddhism, that used sexual union as a religious ritual.

Sacred Energy EXchange Veronica Walton 2019-10-19 What do we need to learn and unlearn about sex? It's exciting to see the Sacred Energy eXchange, perspective coming more into mainstream thought. People may be drawn to these practices hoping to enhance their sexual satisfaction. Although it does do an amazing job of improving what you already have experienced and enjoy. It also takes sexuality to another dimension entirely. You we have experiences beyond "normal". SACRED ENERGY eXCHANGE, is much more than a sexual teaching. Its actually Self learning, S.E.X. practice can transform every aspect of your life. This book is designed to help you expand your physical health, vitality, emotional healing, expression, psychic sensitivity, creativity, productivity and abundance. It's not unusual for someone to tell me, after a few months of sacred

involvement that he or she feels like a different person. They are less stressed, more in tuned to themselves and others, more comfortable, and much happier. Coach "VEE" Veronica L. Walton is uniquely qualified to be a major sacred sex communicator, to be the means through which this message goes forward within her tribe, and to a broad population. Through her studies and research, she speaks directly of sexual matters, but also appreciates the deeper potential of unconditional love. In this little book Coach Vee has packed an overview of suggestions and specific exercises you can practice, to begin your personal exploration. Sacred Sex is a spiritual path, leading to self-discovery. You are more magnificent than you realize. If you have the courage to start all over and do something new, this book will guide you through your first steps on your new sexual journey.

Enlightenment Through Motherhood Astra Niedra 2013-12-13 "I enjoyed this immensely... Definitely a fun and entertaining book while sharing a bit of spiritual goodness as well." Katie "This book put into words just what, and how, I was feeling about my own spiritual journey. Women and men have such different experiences and this book beautifully articulates them." Amanda Motherhood is misunderstood. Since time immemorial we've believed that when women become mothers they are taking time out from real work and serious personal growth, especially spiritual development. But we've had it all wrong. While heavily pregnant with her third child, personal growth writer Astra Niedra attempts a holiday in the tropical paradise of Australia's Far North with her husband and two young daughters in tow. During this 'holiday' she discovers that the skills and abilities that mothers are required to use each day as part of their job are the same as the practices prescribed for enlightenment seekers. "Her simple spellbinding stories, her keen intellect, and her unfailing humour make this book a pleasure to read. Here is a new way of thinking of spirituality, of valuing our humanity while living a spirit-infused life, and a fascinating (and novel) path to enlightenment! It's a consciousness changer and I loved it." Dr Sidra Stone "A great read for all mothers, I loved this book!" Ann Shepich This book will inspire you, entertain you and lift your spirits, all the while grounding you in the unshakeable truth that there is far more to being a mother and raising children than conventional wisdom would have us believe.

Sex and the Spiritual Path Herbert B. Puryear 1999-10-15 In this enlightening book, Puryear, a clinical psychologist, explores the subject of sexuality and spirituality based on the readings of the renowned American psychic Edgar Cayce.

Pagan Portals - Sacred Sex and Magick Web PATH Center 2015-06-26 The members of the Web PATH Center, a pagan church and spiritual community in Lyons, NY, wondered what would happen if they wrote a book about sex. The book needed to be spiritual. It needed to be sexy. It needed to be explicit. Sacred Sex and Magick is the result. The group describes how ordinary ritual practices like grounding and creating a cone of power involve sensuality and rising kundalini energy. They explain how to use that power in making magick happen. Then they share secrets of the Great Rite and how to include the power of the sacred marriage at home. This book is for people who want a spiritual path that involves the physical ecstasy of sex and the dynamics of magick that works. Solitaries, pagan partners and spouses, and people with spirit lovers will all dance with the ecstasy found in this book.

Tantra Yogani 2006-06 "Tantra - Discovering the Power of Pre-Organic Sex" is a common-sense guide on how to utilize sexuality to complement a full-scope system of yoga practices. Practical techniques are provided which enable both couples and solo practitioners to utilize the sexual response to cultivate sexual energy to its highest levels of spiritual manifestation. Finally, here is a no-nonsense book that takes the mystery out of sexuality and its relationship to yoga and the spiritual path. Yogani is the author of two landmark books on the world's most effective spiritual practices: "Advanced Yoga Practices - Easy Lessons for Ecstatic Living," a comprehensive user-friendly textbook, and "The Secrets of Wilder," a powerful spiritual novel. The "AYP Enlightenment Series" makes these profound practices available for the first time in a series of concise instruction books. "Tantra" is the third book in the series. The second in the series is "Spinal Breathing Pranayama - Journey to inner Space." The first is "Deep

Meditation - Pathway to Personal Freedom."

Sex and Spirituality Jeremy Elliott 2021-05-22 A discussion of the purpose that sex and sexual relationships play in connection to spirituality and spiritual progress. Sex itself can be used for spiritual and creative purposes, or destructive and selfish purposes. Sexual relationships are beneficial for knowing oneself and cultivating unconditional love. The union of sexual partners in sexual pleasure is the precursor to the permanent bliss which is established by the ultimate union between an individual and the Creator.

Sex and the Spiritual Path Herbert B. Puryear 1980 "Does physical desire affect my spiritual development?" "What is 'normal' sex?" "Is sex outside of marriage a sin?" In this enlightening book, clinical psychologist Herbert Puryear explores the subject of sexuality and spirituality based on the work of renowned American psychic Edgar Cayce. This guide provides excerpts from the Cayce readings to reveal how sex "can be one of the most beautiful modes of expression of love that approaches the Divine," and much more, including: The relationship between sexuality and creativity The body-beautiful as a temple The difference between creative sexuality and selfish sexuality The role of sexuality in your spiritual path Birth control Separation and divorce This thought-provoking book sheds new light on the relationship between the body and the soul, and shows how we can develop a healthier and more spiritually based understanding of sex through the work of renowned seer Edgar Cayce.

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