

Making An Open Relationship Work

Thinking About An Open Relationship? An Expert On The Things ... - Essence

Sex advice: My boyfriend is a sexual unicorn. And I'm choking under ... - Slate

How Republicans' Favorite Democrat Delivered Medicaid - The Assembly

People are using polyamory as a cover for shady behaviour ... - British GQ

Research Offers Insight into How Mercury Enters the Food Web ... - University of Connecticut

Queeries: is my marriage over? - gal-dem - gal-dem

'Femme' filmmakers on their debut feature: "We didn't want to make a ... - Screen International

Best Books 2023: 23 LGBTQ+ Books We Couldn't Put Down This Year - Them

3 rules for a successful open relationship, from a therapist: 'More communication is nearly always better than less' - CNBC

DC affects negative emotion of infertile couples. | PRBM - Dove Medical Press

CD Rates Today: December 5, 2023—Earn 5% Or More - Forbes

Advice | Ask Amy: My friend is in a better place now. Can I end the ... - The Washington Post

Jones talks adjusting to new role running Flyers in Q&A with NHL.com - NHL.com

2 Factors That Make 'Fluid Relationships' Work, According To Science - Forbes

The Macroeconomics of Artificial Intelligence - International Monetary Fund

Dallas Actress JJ Nolan Stars in YouTube Series Before Marriage - Dallas Observer

What Is An Open Relationship? How To Know If It's Right For You - Women's Health

KeyBank's Expanded Relationship Benefits and New Perks Offer ... - PR Newswire

Monogamish: Meaning, Rules, And How To Start, Per Experts - Women's Health

Built to Win: Inside Move Ahead Washington's Victory - transitcenter.org

Developing customer success through a culture of trust - Fast Company

'Explore and experience': Open relationships in college - The State News

What Is Joint Borrowing and How Does It Work? (2023 Guide) - MarketWatch

Amyloids of microbial biofilms mediate the host-microbe relationship ... - University of South Australia

I'm in an Open Relationship. Should I Confront My Partner About His ... - Seven Days

More than half of Gen Z want open relationships: study - New York Post

Now I'm Single, I Only Date Men In Open Relationships - Refinery29

My Wife Once Agreed To an Open Relationship. Can I Hold Her to It? - The New York Times

IBM Consulting and Palo Alto Networks Announce Expansion of Key ... - IBM Newsroom

This Paraprofessional Did Her Teacher Training on the Job. Now ... - EdSurge

13 Bad Open Relationship Stories - BuzzFeed

Can Open Relationships Go Back to Being Monogamous? - AskMen

Can You Date Within Marriage? De Blasio Is About to Find

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Family Promise to open transitional housing inside Wyoming church - Crain's Grand Rapids Business

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Jada Pinkett Smith Says She, Will 'Figuring Out' Relationship ... -

PEOPLE

Democratic Candidates Meet In First Maryland Senate Forum - DCist

Open marriage: My wife's first choice in our open marriage freaked ... - Slate

10 reasons why an open relationship is good for you - Hack Spirit

The Pilots Delivering Your Amazon Packages Are Ready to Strike - WIRED

Manual basketball star Dietrich Richardson is nephew of former Illini - Peoria Journal Star

When Can Religion Help Bridge Our Differences? - Greater Good Science Center at UC Berkeley

Your horoscope for the week ahead: The third quarter moon in Virgo will fuel your drive to succeed - CBC.ca

Symptoms of post traumatic stress disorder and their relationship ... - BMC Psychiatry

7 Questions to Ask Yourself Before You Try an Open Relationship 5 ... - Quick and Dirty Tips

What should couples do when considering ethical nonmonogamy? - CNN

What the Streets Teach | URMC Newsroom - URMC

Shared Lives - making dreams come true - East Lothian Council

Services and survivors work together at conference to tackle ... - Police, Fire and Crime Commissioner for Essex

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How To Open Up Your Monogamous Relationship - Refinery29

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'Open relationships' on the rise as couples break from traditions - New York Post

What an open relationship means when you're in your 70s. - Slate

What Is An Open Relationship & Is It Right For You? - Refinery29 Australia

Me and my man have four kids but I sleep with other men when he's at work - he knows and it doesn't bother... - The Sun
Portland church returns land for tiny home Barbie's Village to help Indigenous families - OregonLive

Field MEAL Assistant - Syrian Arab Republic - ReliefWeb

How to Close Your Open Relationship - VICE

Sex advice: I'm not sure how to navigate my open relationship with a ... - Slate

Partisanship and energy efficiency program participation in the USA ... - Nature.com

Inside France's courtship of Binance - Financial Times

Jada Pinkett Smith: 'Will and I weren't doing anyone any service in trying to nourish the illusion of a relationship' - EL PAÍS USA

Helping MUHC volunteers gain confidence at the bedside and beyond - McGill University Health Centre

Creative Minds: Anh Nguyen is in an open relationship with his ... - Campaign Asia

Magill's free speech fight at Penn - The Daily Pennsylvanian

Should Parents Let Teens Drink Alcohol As Long As It's Under Their Roof? Experts Weigh In. - HuffPost

I Can't Get Over How My Boyfriend's Junk Looks, And Other Rocky ... - Digg

What Is an Open Relationship and 5 Ways to Make It Work - Insider

The health case for unlocking your relationship - Women's Health UK

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Mike Fishman talks about team's issues - The Athletic
Are you considering an open relationship? Ask yourself these 5 questions first - CNBC

The New Infidelity: What makes polyamory and open relationships ... - Irish Examiner

Quantifying spatial under-reporting disparities in resident ... - Nature.com

Ericsson shares jump after AT&T deal win, Nokia drops - Reuters
My Girlfriend Wants to be Polyamorous. But I Have Doubts - VICE

I'm in an Open Relationship with Remix - The New Stack
Reddit: Woman Wants Divorce After Husband Asks For Open ... - SheKnows

One Swedish zoo, seven escaped chimpanzees | Zoos - The Guardian

This Is the Best Money Move Any Woman in a Relationship Can Make - The Motley Fool

Hattiesburg LGTBQ+ couple encourages queer youth, fights for gay ... - Clarion Ledger

Integrated Care Partnerships: Driving the future vision for health and ... - Local Government Association

Influencer who is 37-years-younger than her wife reveals why they decided to have an open marriage - and insis - Daily Mail

Dove Cameron felt 'tortured' when she couldn't make a relationship ... - Cleburne Times-Review

Open relationship: My fiancé wants to sleep with other people. I'm ... - Slate

How Having An Open Marriage Made Me Think Differently About ... - British Vogue

The Future of Payments: HMT Report - Lexology

Online dating: I refuse to abide by a requirement people seem to ... - Slate

Catalogue raisonné of Jean Fautrier paintings reveals a prolific ... - Art Newspaper

How Foundations Can Build Trust-Based Relationships With Grantees - The Chronicle of Philanthropy

How 5 People Manage Their Open Relationships - Refinery29 Australia

Open Relationships: What You Need To Know - GLAMOUR UK

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I've been in an open relationship with my girlfriend for 5 years - Insider

Georgia Toffolo hopes her new boyfriend James Watt will be 'the one' and reveals how she and the Brewdog found - Daily Mail

Emily Morse Wants You to Think Seriously About an Open ... - The New York Times

Opening Up - Tristan Taormino 2008-05-05
Relationship expert and bestselling author Tristan Taormino offers a bold new strategy for creating loving, lasting relationships. Drawing on in-depth interviews with over a hundred women and men, *Opening Up* explores the real-life benefits and challenges of all styles of open relationships — from partnered non-monogamy to solo polyamory. With her refreshingly down-to-earth style and sharp wit, Taormino offers solutions for making an open relationship work,

including tips on dealing with jealousy, negotiating boundaries, finding community, parenting and time management. *Opening Up* will change the way you think about intimacy.

Couple Relationships in the 21st Century - Jacqui Gabb 2017-08-26

This book presents an incisive and engaging account of love, intimacy and personal life in contemporary Western society. The authors draw on rich qualitative and large-scale survey data to explore how couples communicate with each other, negotiate the

pressures and pleasures of parenthood, and the vagaries of sexual desire and intimacy across life course. Focusing on 'the everyday', *Couple Relationships in the 21st Century* unpicks the ordinary and often mundane relationship work that goes into sustaining a relationship over time, breaking down the dichotomy between enduring relationships of quality and good enough or endured relationships. It contests the separation of couples into distinct relationship types - defined through age, parenthood or sexuality. Looking through the lens of relationship practices it is clear that there is no 'normal couple': couples are what couples do. With a foreword by Dr Reenee Singh, Director, London Intercultural Couples Centre and Co-Director, Tavistock Family Therapy and Systemic Research Centre, this new extended edition provides an invaluable critical insight on contemporary experiences of coupledness and will be essential reading for scholars

and students, clinicians working in couple and family therapy, and those involved in relationship support services. *A World Beyond Monogamy* - Jonathan Christopher Kent 2021

A Happy Life in an Open Relationship - Susan Wenzel 2020-03-10

Discover the secrets to successful open relationships. *A Happy Life in an Open Relationship* is a handbook to healthy nonmonogamous relationships. For anyone curious about open relationships, here is a valuable handbook from an expert in love, sex, and communication. Relationship therapist Susan Wenzel—who is in an open marriage herself—delivers skillful advice on how to navigate the complex emotional landscape of multi-partner relationships, from polyamory to swinging. • Filled with of compelling personal stories, anecdotes from clients, and practical exercises • A guide to cultivating harmonious and fulfilling open

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relationships • Author Susan Wenzel is a sex and relationship therapist with years of experience counseling patients on issues related to monogamy, intimacy, and trust. A Happy Life in an Open Relationship will help you develop your trust and communication skills, explore sexuality and desire, build your confidence and self-worth, set healthy boundaries, overcome jealousy, and so much more. People interested in making changes in their relationships will appreciate the positive tone, helpful advice, and expert wisdom from an accomplished relationship therapist who has gone through the experience herself. • A great gift for anyone interested in testing the boundaries of monogamy and exploring the world of polyamory • An accessible and inviting guide for couples to build an open relationship that is strong and lasting • Perfect for fans of Mating in Captivity: Unlocking Erotic Intelligence and The State of Affairs: Rethinking Infidelity by Esther Perel, The Commitment: Love,

Sex, Marriage, and My Family by Dan Savage, and Sex at Dawn: How We Mate, Why We Stray, and What It Means for Modern Relationships by Christopher Ryan *Jealousy Survival Guide* - Kitty Chambliss 2017-10-31 Jealousy can have an enormous impact on some people, so it is no surprise that people (especially those who practice consensual non-monogamy) think, talk, and write about it quite a bit. In "Jealousy Survival Guide", Kitty Chambliss does the homework for you and collects the best tidbits on life and emotions to give you inspiration and provide tools to gain and practice new skills. Combining her own life experience with these pearls of wisdom, Kitty focuses on jealousy in consensually non-monogamous relationships, what it is, how it expresses, and specific ways to manage it. Kitty's frank discussion of her own struggles with jealousy and focus on specific skills and techniques - without a shred of blame - makes "Jealousy Survival

Guide" a delightfully useful read for anyone struggling with jealousy or consensually non-monogamous relationships and polyamory. This is a comprehensive guidebook and step-by-step template for recognizing feelings of jealousy and insecurity as they come up with effective tools for sorting through those emotions, and when, if, and how to bring up challenging or potentially emotionally charged conversations with loved ones. What People are Saying about "Jealousy Survival Guide" "I'm only a few chapters into Kitty's 'Jealousy Survival Guide' but have already felt the positive impact her book has had on me personally. Her book has helped me recognize some of the reasons I am the person I am today and areas of my personality which can use improvement. This book covers so much more than jealousy and relationships. It allows for the discovery of oneself and helps pave an optimistic path for growth. I look forward to what the remaining chapters have in store for me and the

journey ahead!" - Tina C., Relationship Coaching ClientNote: Kindle version also available. Audible coming soon. Open - Jenny Block 2009-02-10 Finally, a book about open marriage that grapples with the problems surrounding monogamy and fidelity in an honest, heartfelt, and non-fringe manner. Jenny Block is your average girl next door, a suburban wife and mother for whom married life never felt quite right. While many books on this topic presuppose that the reader is ready to embrace an "alternative lifestyle," Block operates from the assumption that most couples who are curious about or engaged in open marriages are in fact more like her — normal people who question whether monogamy is right for them; good people who love their spouses but want variation; capable parents who are not deviant just because they choose to be honest about their desires. Open challenges our notions of what traditional marriage looks like, and presents one woman's journey

down an uncertain path that ultimately proves open marriage is a viable option for her and others.

Opening Up - Tristan Taormino 2008

A practical guide to making sexually open arrangements work outlines options for transforming monogamous relationships into effective polyamorous ones, in a reference that addresses such topics as boundary setting, child-raising, and conflict resolution. Original.

Designer Relationships - Mark Michaels 2015-09-08

Contemporary relationships are in a state of rapid evolution. These changes can and should empower people with the opportunity to develop partnerships based on their own sexualities, understandings, and agreements. This makes it possible to create what Kenneth Haslam, founder of the Kinsey Institute's Polyamory Archive, has called "designer relationships." Designer relationships may encompass: people who bond

emotionally but not sexually; people who agree to be non-exclusive; single people who have occasional lovers or friends with benefits; multiple partner configurations where long-term bonds exist among all or some; partnerships in which people are kinky and that make room to explore kink. The possibilities are limitless, and thinking about a partnership as something people can craft allows for flexibility and change.

Relationships can open and close or have varying degrees and kinds of openness as circumstances demand. In the context of a designer relationship, decisions are made mutually, consciously, and deliberately. Best-selling authors and nationally known relationship experts Patricia Johnson and Mark A. Michaels are exemplars of this life choice, and have studied polyamory for over 20 years. This book explains exactly how you and your loved ones can design your own life and love.

The Ethical Slut - Dossie Easton 1997

A Guide to Infinite Sexual Possibilities Beyond the often unrealistic ideal of lifetime monogamy lies an uncharted jungle of delightful options - everything from committed multi-partner relationships to friendly sex, casual sex, group sex, and more. In this groundbreaking volume, 'Bottoming Book' and 'Topping Book' authors provide a road map for exploring this sometimes difficult, often rewarding territory. Warm, informative details about how to get your needs met, manage your jealousy, make agreements that...'

Open Monogamy - Tammy Nelson 2021-12-14

Dr. Tammy Nelson is a relationship revolutionary. Her rethinking of monogamy—as a practice, a continuum, and a flexible concept—is on point, actionable, and nothing less than a significant cultural shift. —Wednesday Martin, PhD, New York Times bestselling author of *Primates of Park Avenue* and *Untrue Love* is eternal—but in an age when we live longer, communicate

differently, and value gender equality, is it any wonder so many people are looking for new ways to support lasting, loving partnerships?

“Monogamy is no longer a simple concept,” says Dr. Tammy Nelson. “More couples every year are experimenting with open relationships and newer, more flexible versions of commitment ... yet few of us have been prepared with the skills we need to make those agreements work.” *Open Monogamy* is a practical guide for people who wish to explore new directions in their relationships—to bring in excitement, variety, and fresh experiences without sacrificing trust, security, and respect.

Through solo and partner exercises and real-life stories from people across the spectrum of relationship styles, you'll explore:

- The changing face of relationships—why the time to explore new visions of love has arrived
- Can open monogamy work for you? Self-assessment tools to find your place on the “monogamy continuum”
- Essential skills

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for having honest conversations about attraction and desire • Exercises to remove shame and suspicion about open relationships • How to create agreements—traditional or otherwise—that are fulfilling, exhilarating, and built to last

Dr. Nelson's 30 years of experience as a relationship and sex therapist have shown her that relationships can flourish even when the old idea of monogamy fails. "You want to love each other with fairness and integrity because that's what you signed up for, and honesty aligns with your shared values ... But you also want more. You want answers. The bad news? There is no one right way to do this. The good news? You can have anything you want." If you've ever wondered how to try an open relationship or polyamory, *Open Monogamy* gives you the tools you need to create a commitment agreement as unique as your love.

Sex From Scratch - Sarah Mirk
2021-11-09

Modern life calls for modern

relationship advice. *Sex From Scratch* is a love and dating guidebook that gleans real-life knowledge from smart people in a variety of nontraditional relationships. Instead of telling people how to snag a man, seduce a woman, or find "true love," the book sums up what dozens of diverse folks have learned the hard way over time. Sarah Mirk offers tips and stories from the steadfastly single to people making open relationships work, from people who've decided they're never going to have kids to parents who are consciously producing the next generation. No matter what type of relationship you're in or what type you want, Mirk's reporterly wisdom and sense of humor provides perspective, humor, and down to earth guidance. This is an essential, fun, insightful resource whose time has come. The 2nd edition contains a ton of new interviews and updates. Featured interviews include Betty Dodson, Michelle Tea, Aya de Leon, Tomas Moniz, Margaret Jacobsen, Ev'Yan Whitney, and more.

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Magnetic Partners - Stephen Betchen 2010-05-18

Do you and your partner argue about the same things over and over again? Are you often confused about why your partner is so angry with you? Are things getting worse and worse even though you've tried everything you can think of to make them better? In this breakthrough guide to repairing romantic relationships, therapist and marriage researcher Dr. Stephen Betchen presents a powerful new explanation of what leads to this kind of escalating conflict in couples and how you can repair your relationship and find a whole new level of happiness. Based on his extensive experience as a couples' therapist, Dr. Betchen has discovered that the prevailing idea that opposites attract is wrong. Instead, one of the strongest forces that attracts people to one another is that they share a hidden, inner conflict in their lives—an unconscious struggle within themselves that each of them developed growing

up—which he calls a "master conflict." The fact that a couple shares a master conflict acts as an almost magnetic force of attraction, but, over time, master conflicts often begin to push a pair apart—many of the very things you most appreciated about each other start to grate on you, producing increasing hostility. The good news is that by identifying the master conflict that you share, you and your partner can take the steps to break the cycle of fighting and come to a new place of understanding and happiness in your relationship. Often, just the realization that you have this hidden conflict acts as a powerful cure, allowing you to appreciate each other once again and to be empathetic about the things that have been irritating you both. From his years of work with couples, Betchen has identified the nineteen most common master conflicts—such as getting your needs met vs. caretaking; giving vs. withholding; commitment vs. freedom; power vs. passivity—and for

each he provides vivid stories of couples who have struggled with them, as well as simple tests that help you to:

- Identify the core master conflict that is causing your relationship problems
- Understand the origins of your conflict and how it drew you to your partner
- Diagnose how the conflict is now pushing you apart
- Come to new terms with the conflict to save your relationship

As Dr. Betchen writes, knowledge of a master conflict is power, and *Magnetic Partners* is an empowering guide that will help you not only to identify and control your master conflict, but also to bring your relationship to a new level based on deeper understanding, ultimately leading to greater fulfillment and long-term resilience.

Partners

50 Shades of Kink - Tristan Taormino 2012-12-26

Tristan Taormino can tell you everything you want to know about the world of kink, and more! Operating on the pleasure principle *50 Shades of Kink* is a truly helpful how-to

that is a perfect beginner's guide into the realm of kinky sex and can also serve as a wonderful refresher course. Whether you want to get up close and personal with blindfolds, crops and paddles or just looking for some inspiration to keep your love life fresh, *50 Shades of Kink* is just the book for you and your lover(s).

- techniques and creative ideas for bondage, spanking, flogging, sensation play, rough sex and more
- lessons on how to eroticize power, cultivate deeper connections and incorporate kink into your sex life
- role-playing fantasies from the popular to the taboo

A World Beyond Monogamy -

Jonathan Kent 2021-08

Skills to make every relationship better. We're living through a relationship revolution. Millions around the world are moving beyond coupledness to explore multiple consensual romantic and/or sexual connections. One in five Americans are thought to have experimented with 'monogamish,' open

relationships, swinging, polyamory, or relationship anarchy and more with the knowledge and consent of all those involved. But to make these relationships work consensually, non monogamous people have to supercharge relating skills like communication and negotiation, skills that can benefit us all, whether we love many or just one. In this ground-breaking book former BBC and Reuters journalist Jonathan Kent takes a comprehensive look at the frontiers of love and sex; the triumphs, the pitfalls, the tools one needs, the lessons we can all learn. *A World Beyond Monogamy* draws on the first hand experience of scores of people from six continents who are writing their own relationship rules, as well as on the expertise of biologists, sociologists, psychologists, and philosophers.

Open Marriage - Nena O'Neill 1984

The classic that revolutionized the way Americans see marriage. Sold more than 35

million copies and translated into 14 languages.

[The Jealousy Workbook](#) - Kathy Labriola 2013-09-13

From the initial stages of trying to agree who can do what with whom, through advanced issues such as coping with logistics and seeking compersion, every relationship sooner or later confronts jealousy - and some relationships do not survive the confrontation. Between these covers you will find forty-two exercises with supporting text, developed by a professional relationship counselor and refined by hundreds of clients trying to find their own paths through jealousy. They range from basic (Exercise Two, Clarify Your Relationship Orientation) through challenging (Exercise Thirty-Four, Imagine Looking Through Their Eyes and Being In Their Shoes). All can be done solo, with a partner, or under the supervision of a helping professional, and all can be done before a problem emerges or in the throes of a jealousy crisis. Along the way,

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you will find solutions to the issues that bedevil even the most happily open relationships.

Building Open Relationships - Liz Powell 2018-07-03

Have you read "that book" on non-monogamy and still wondered "But how do you actually DO this?" Are you totally great on the theory of open relationships, but feel like you don't know how it works in practice? Join Dr. Liz Powell, psychologist, speaker, and coach, as she draws from her education, research, and life experience to bring you Building Open Relationships. This new book is an all-inclusive guide to beginning and maintaining your non-monogamous life, no matter where you fall under the non-monogamous umbrella. Complete with worksheets, discussion starters, examples, and hard-won lessons (i.e. my mistakes), this book will give you all the tools you need to be more successful in non-monogamy.

Beyond Order - Jordan B. Peterson 2021-03-02

The inspirational sequel to 12 RULES FOR LIFE, which has sold over 5 million copies around the world - now in paperback In 12 Rules for Life, acclaimed public thinker and clinical psychologist Jordan B. Peterson offered an antidote to the chaos in our lives: eternal truths applied to modern anxieties. His insights have helped millions of readers and resonated powerfully around the world. Now in this long-awaited sequel, Peterson goes further, showing that part of life's meaning comes from reaching out into the domain beyond what we know, and adapting to an ever-transforming world. While an excess of chaos threatens us with uncertainty, an excess of order leads to a lack of curiosity and creative vitality. *Beyond Order* therefore calls on us to balance the two fundamental principles of reality - order and chaos - and reveals the profound meaning that can be found on the path that divides them. In times of instability and suffering, Peterson reminds us that there

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are sources of strength on which we can all draw: insights borrowed from psychology, philosophy, and humanity's greatest myths and stories. Drawing on the hard-won truths of ancient wisdom, as well as deeply personal lessons from his own life and clinical practice, Peterson offers twelve new principles to guide readers towards a more courageous, truthful and meaningful life. *Redefining Our Relationships* - Wendy-O Matik 2020-03 Don't let the title fool you. this IS a serious, thoughtful (and thought-provoking) comprehensive introduction to, and examination of, a much misunderstood and misused practice. But more than that, it is a witty, provocative, damn fine read, with as much to offer to the faithfully monogamous as to those looking for a bit more out of life, love and relationships. Go on. Dive in. "Wendy-O tackles a touchy subject with clarity and creativity. She is wise beyond her years. This guide teaches you how you can have it all. I gave the jealousy tips to my

lover immediately." [Annie Sprinkle] *My Love Is a Beast* - Alexander Cheves 2021-10-12 Literary Nonfiction. How does the devout son of evangelical Christians, growing up dedicated to mission work in Africa, become one of America's leading sex columnists and a self-avowed slut committed to kink as his new religion? Across his debut book, MY LOVE IS A BEAST: CONFESSIONS, Alexander Cheves details his path from piousness to faithlessness, and his awakening to the saving power of hedonism. He tells intimate stories of what he sees as the sacred grace of pleasure as he embraces his life as a sex writer, worker, and activist. In stories richly lyrical, boldly erotic, and fearlessly honest, Cheves takes readers on a tour through Savannah, Atlanta, San Francisco, Los Angeles, and New York City. Along the way, he explores the darker corners of Queer culture and his own life, highlighting experiences most will have never considered. His rise to

national popularity among LGBTQ+ writers gets balanced by his own struggles with and recovery from substance use-- and his public embrace of kink and fetish as a belief system, way of life, and identity. In the end, Cheves writes with

complete, even shocking, transparency and authenticity in the service of shattering sexual shame. Graphic and at times controversial, this book is sure to become a watershed moment among erotic memoirs.

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