

Female Survivors Of Sexual Abuse

I Never Told Anyone - Ellen Bass 1983

A reissue of the now-classic anthology (with more than 60,000 copies sold) of deeply moving testimonies by survivors of child sexual abuse-- with a new afterword by Ellen Bass, co-author of *The Courage to Heal*.

[The Sexual Functioning of Female Survivors of Child Sexual Abuse](#) - Suzanne Renée Lemieux 2003

Effectiveness of Support Groups for Female Survivors of Sexual Abuse on Trauma Symptom Reduction - Connie L. Schoonover 1992

Providing Services for Female Survivors of

Sexual Abuse - Amanda Repo Taiwo Thomson 1998

[Female Sexual Abuse of Children](#) - Michele Elliott 1994-05-02

This courageous and powerful book is a first step in addressing the secrecy, distress, anger, and fear surrounding female sexual abuse of children. Refuting the rationales for our lack of attention to the problem and contradicting some commonly held beliefs about sexual abuse, it combines accounts from survivors with input from professionals working with both survivors and abusers. Part I presents contributions from professionals who discuss aspects of female sexual abuse ranging from impact and treatment

issues for victims of childhood sexual abuse by female perpetrators to the paradox of women who sexually abuse children. The second part is devoted to survivors--it presents stories from both men and women, then provides self-help guidelines for both. The book concludes with a valuable section on resources which includes a review of the existing literature on female child molestation as well as a listing of pertinent books and help organizations. FEMALE SEXUAL ABUSE OF CHILDREN also addresses the controversial issue of current statistics that show that female sexual abuse is very rare and the question of whether it is being underreported due to fear from survivors that they will not be believed or supported. Regardless of the true magnitude of this problem, secrecy or denial about any aspect of child abuse must be avoided. Whatever future studies may show about this problem, it will not diminish this book's importance in taking the step of exploring this issue.

Female Survivors of Sexual Abuse - Christine D. Baker 2014-01-14

How can we treat survivors of sexual abuse more effectively? Sexual abuse against females is a serious problem in society and there is a need for a greater understanding of the presentation and treatment of adult survivors of sexual abuse. In *Female Survivors of Sexual Abuse*, Christine Baker combines her clinical experience with an innovative approach to the treatment of this problem. *Female Survivors of Sexual Abuse* addresses the experience of 180 female adults who were sexually abused in childhood, and provides detailed analyses and treatment approaches. The subject matter is presented in an accessible and compassionate way, imparting personal opinion and experience. It covers: * female survivors: their stories, and the evidence * integration, the alliance and the therapist * the survivor's journey to recovery * the families, disclosure and the role of the mother. This book enables the reader to "enter"

the experience of the survivors and follow their progress to recovery, while highlighting the ever-changing state of knowledge in this difficult area. It will be invaluable to practitioners and students of clinical psychology, counselling, and psychiatry.

Psychosexual Group Therapy for Adult Female Survivors of Sexual Abuse - Dianna Palimere
2011

Women Survivors of Childhood Sexual Abuse -
Terry S Trepper 2014-03-18

Women Survivors of Childhood Sexual Abuse is a detailed discussion of the theoretical and philosophical underpinnings involved in conducting group psychotherapy with women who have experienced childhood sexual abuse. Offering the practical “how to’s” of conducting a thirteen-session group, this unique book emphasizes the discovery of solutions, strengths, and internal/external resources and highlights the temporal nature of “being a victim” and

“being a survivor” at theoretical and clinical levels. The book’s integration of theory and clinical intervention provides a thorough basis for addressing some of the key themes in the resolving of sexual abuse. In *Women Survivors of Childhood Sexual Abuse*, you’ll uncover topics related to healing such as: the theoretical rationales for group treatment, which include the Ericksonian approach, the feminist perspective, narrative therapy, and the solution-oriented approach. Resiliency- and resource-based approaches emphasize the importance of language in recovery from sexual abuse, how to deal with issues such as relationships, telling one’s story of abuse, building safety/boundaries, spirituality, cultivating a future, dealing with flashbacks. A practical guide for students in counseling practicums, *Women Survivors of Childhood Sexual Abuse* provides you with a systematic method with which to conceptualize and conduct group work. Experienced counseling practitioners in psychology, social work,

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psychiatry, and nursing will also benefit as you gain a session-by-session account of how to conduct group work. In today's institutional setting, private practice, and professional climate in general, there is growing interest in how to do more with less, how to maximize financial and professional resources, and how to take care of our therapist selves. This book will help you achieve these goals through leading clients to personal empowerment, self-compassion, and resourcefulness.

Women Survivors of Childhood Sexual

Abuse - Terry S Trepper 2014-03-18

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Shattered Innocence - Neil Weiner 1995

Using a holistic approach, this new guidebook is geared toward mental health professionals working with women who have been victims of sexual abuse, and the survivors themselves. It provides background necessary for understanding child abuse, and presents a four-stage theoretical model for therapeutic intervention. Information is given that will enable the therapist to accurately diagnose the

occurrence of childhood sexual abuse and conceptualize the effects of family, stage of development, and spirituality on the victim. Ego splitting is examined in detail. Also included are comprehensive case studies on the topic. In addition, this book serves as a bridge between the popular and professional literature on treatment of sexual abuse survivors. By using fairy tales and mainstream literature - including Peter Pan, The Wizard of Oz, Alice in Wonderland, The Velveteen Rabbit, and current pop works such as Stephen King's *It* - the authors show how numerous metaphors for abuse are presented in our everyday life. Woven throughout the volume is a historical and sociocultural perspective of the treatment of women and children - and how society has ignored such abuse. Coupled with the four-step process, this supplies the practitioner with a comprehensive overview, numerous invaluable treatment techniques, and an opportunity to gain an empathic understanding of the victim's

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life and experiences. Essential reading for professionals and students of counseling, psychology, social work, and other helping professions, the format also makes it highly accessible to lay-persons - both clients and other concerned individuals.

The Identification and Treatment of Adult Female Survivors of Sexual Abuse with Dental Anxiety - Carmen I. Santos 1997

Journey to Heal - Sutherland, Crystal 2016-04-27

A path of hope and healing for survivors of childhood sexual abuse A woman who was sexually abused as a child is confronted with many internal questions: Am I worthless? Will I get past the pain? Do I matter to God? These and similar questions can carve a deep hole in an already wounded soul. Too often, the lies of worthlessness are believed, the pain becomes too much to handle, and survivors find themselves making choices that lead to more heartbreak. With over 42 million survivors (both

male and female) in the United States alone, the need for a clear path to healing is great. Crystal Sutherland—herself a survivor of CSA—knows that while the recovery process is complex, healing is possible with God’s help. For women who want to progress from simply coping to living abundantly, *Journey to Heal* guides readers through seven essential steps to recovery found in Scripture. Candid and open about her personal journey of healing, Crystal comes alongside her reader as a friend who understands. Infused with biblical truths, stories of hope from other survivors, and practical wisdom, this book leads women to discover the life of wholeness God has for them.

Daybreak - Maureen Brady 2013-05-01

These 366 daily affirmations and meditations extend support and wisdom to women who have survived childhood sexual abuse. These 366 daily affirmations and meditations extend support and wisdom to women who have survived childhood sexual abuse. With

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understanding, compassion, and strength, the author addresses issues such as intimacy, fear, play, sharing secrets, and anger. She also shares her personal knowledge of sexual abuse to illustrate that we can not only survive, but thrive.

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Surviving and Moving On - Kim McGregor 2014-01-21

This book is essential reading for any survivor of child sexual abuse, female or male. Many survivors of sexual abuse have not always been believed or supported through their developmental years. They have had to cope on their own, dealing with the aftermath of the abuse in whatever ways they could. This book offers ideas and techniques for understanding

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and healing which adult survivors in particular may find useful. It tends to be written with women in mind, but much of the information and many of the exercises may be useful for male survivors as well. This book will also be useful for the partners, families and friends giving support and encouragement to survivors who are healing themselves from the effects of abuse. Many survivors want those around them to understand what they've survived and its effects on their life. Part 1 provides information about child sexual abuse - what it is, why children remain silent about it, some of the effects abuse can have on a survivor's life and how these can be minimised, and who the offenders are. Part 2 is for survivors, helping them to understand and to cope with their unique experience of child sexual abuse. Part 3 is specifically for supporters

and caregivers of survivors.

Daybreak - Maureen Brady 1991-09-15

Daybreak

The Courage to Heal - Ellen Bass 2002

Based on the experiences of hundreds of survivors & partners, this book profiles victims who share the challenges & triumphs of their personal healing processes. It offers mental, emotional & physical support to all those who are rebuilding their lives.

From Victim To Survivor - Juliann Whetsell Mitchell 2015-12-22

First published in 1998. Routledge is an imprint of Taylor & Francis, an informa company.

Befriending the Survivor - Laurel Hawks Bluntzer 2016

In Limbo - Angi Jacobs-Kayam 2019

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