

The Way To Love The Last Meditations Of Anthony De Mello

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A Christian Mystics Bibliography | Carl McColman - Patheos

Awareness - Anthony De Mello 2011-08-31
"Wisdom from one of the greatest spiritual masters of our time."—James Martin, SJ, author of *Jesus: A Pilgrimage* The heart of Anthony de Mello's bestselling spiritual message is awareness. Mixing Christian spirituality, Buddhist parables, Hindu breathing exercises, and psychological insight, de Mello's words of hope come together in *Awareness* in a grand synthesis. In short chapters for reading in quiet moments at home or at the office, he cajoles and challenges: We must leave this go-go-go world of illusion and become aware. And this only happens, he insists, by becoming alive to the needs and potential of others, whether at home or in the workplace. Here, then, is a masterful book of the spirit, challenging us to wake up in every aspect of our lives.

[From Fear to Serenity with Anthony de Mello](#) -

Casey, Thomas G., SJ 2011

An informal, individual retreat with the works of the great Indian Jesuit psychologist and spiritual

master, Anthony de Mello, SJ.

Walking on Water - Anthony De Mello 2014
'This is a book about a path for reaching God in our own time,' says Anthony De Mello at the beginning of *Walking on Water*. As he moves us along that path, he blends Christian wisdom with Eastern methods of meditation and, in his own inimitable style

The Way to Love - Anthony deMello 1991

Taking Flight - Anthony De Mello 2012-08-01
"Both what you run from -- and what you yearn for -- are within you." --Anthony de Mello, S.J. In the tradition of his bestselling *Song of the Bird*, de Mello has written these story meditations as stepping stones toward a spiritual life based on self-knowledge and understanding. This book contains over 250 stories, grouped under the themes of Prayer, Awareness, Religion, Grace, "Saints," Self, Love, and Truth. Although derived from a variety of countries and cultures, these tales share the spiritual heritage and popular

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humor of the entire human race. As he does so skillfully in his other books, de Mello uses the medium of the story to enable his readers to work through their problems and arrive at essential Truth. With each seemingly simple anecdote comes a lesson powerful enough to break down barriers that limit self-understanding -- which in turn fosters a better understanding of others, in all situations in life. "Even if you read the stories in this book only for the entertainment," he warns, "there is no guarantee that an occasional story will not slip through your defenses and explode when you least expect it to." Taking Flight offers a joyful, transcendental experience. De Mello pilots a spiritual journey with the skill of a true master.

The Way to Love - Anthony De Mello

1995-06-01

From the international bestselling author of Awareness, a pocket-sized guide that will bring you to new levels of spiritual awareness. The Way To Love contains the final flowering of

Anthony de Mello's thought, and in it he grapples with the ultimate question of love. In thirty-one meditations, he implores his readers with his usual pithiness to break through illusion, the great obstacle to love. "Love springs from awareness," de Mello insists, saying that it is only when we see others as they are that we can begin to really love. But not only must we seek to see others with clarity, we must examine ourselves without misconception. The task, however, is not easy. "The most painful act," de Mello says, "is the act of seeing. But in that act of seeing that love is born." Anthony De Mello was the director of the Sadhana Institute of Pastoral Counseling in Poona, India, and authored several books. The Way To Love is his last.

Stop Fixing Yourself - Anthony De Mello

2021-04-13

Can you imagine how liberating it would be to never be disillusioned again, never be disappointed again, never feel let down again?

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Want to wake up, come alive, and be free? Anthony De Mello's *Stop Fixing Yourself* is the answer you have been looking for. The question Anthony De Mello's *Stop Fixing Yourself* poses and successfully answers is: Can you attain enlightenment without the slightest effort on your part? Spiritual seekers exhausted from years of fruitless striving might well sigh deeply and think, "If only that were true." Well, Anthony De Mello asserts it is true. *Stop Fixing Yourself: Wake Up, All Is Well* provides the simple path to living an enlightened life. De Mello tells us that if you are watchful and awake, all that is false and neurotic within you will drop away and you will begin to live increasingly from moment to moment in a life made whole and happy and transparent through awareness. Awareness transforms you from a seeker to a finder, opening your eyes to the reality of the love, peace, and beauty that has always surrounded you. Awareness will set you free. In *Stop Fixing Yourself*, De Mello's down-

to-earth teaching method helps you discover true awareness, releasing the divinity all around you and making your life meaningful, beautiful, and prosperous.

Wellsprings - Anthony De Mello 2013-07-24
One of the most important inspirational writers of our time, and an internationally acclaimed spiritual guide, Anthony de Mello here presents a way toward peace of mind, inner power, and joy through simple spiritual exercises that blend the ancient traditions of the East with the psychological and philosophical perspectives of the West. *Wellsprings* is intended to guide us to a deeper appreciation of the physical and mystical realms within us. In these pages, numerous aspects of self-awareness are explored that for many people are often left uncultivated in the rapid pace of modern life. In the tradition of the great spiritual leaders of the past, de Mello directs the whole person toward a state of harmony and grace -- in heart and mind, body and soul. This book's great insights into our

universal spiritual yearnings have had tremendous resonance the world over, and its simple lessons of the spirit have touched the lives of millions. Wellsprings is indeed a book for everyone who thirsts for inner growth -- regardless of age, religion, or cultural background. If read carefully, its exercises will lead from mind to body, from thought to fantasy and feeling. It is then that we are both freed and empowered, awakened to reality and our real selves. For, as the teacher explains, "in solitude your self is given back to you."

Praying Naked - J. Francis SJ. Stroud 2007-12-18
In his books *Awareness* and *The Way to Love*, among others, the internationally acclaimed spiritual guide Anthony de Mello presented an approach to spirituality that integrated the ancient traditions of the East with the psychological and philosophical perspectives of the West. Twenty years after his death, de Mello's books continue to attract readers and his work remains a powerful influence on

contemporary spiritual thought and practices. J. Francis Stroud, S.J., who helped de Mello with his hugely successful lectures, seminars, and books, has dedicated himself to keeping de Mello's teachings alive through the de Mello Spirituality Center at Fordham University. In *Praying Naked*, Father Stroud draws on his peerless understanding of de Mello's works to help readers keep their lives on track and navigate their own spiritual journeys. In clear, simple language, he explains how to master de Mello's approach to meditation and shows that meditating for even as little as three minutes a day can resolve the problems caused by difficult life conditions and guide us on the quest for spiritual happiness, self-discovery, and self-awareness.

The Song of the Bird - Anthony De Mello
2016-07-05

"Every one of these stories is about YOU." --
Anthony de Mello
Everyone loves stories; and in this book the bestselling author of *Sadhana: A*

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Way to God shares 124 stories and parables from a variety of traditions both ancient and modern. Each story resonates with life lessons that can teach us inescapable truths about ourselves and our world. De Mello's international acclaim rests on his unique approach to contemplation and ability to heighten self-awareness and self-discovery. His is a holistic approach, and in the words of one reviewer: "his mysticism cuts across all times and peoples and is truly a universal invitation." The Song of the Bird uses the familiar yet enduring medium of the story to illustrate profound realities that bring us in touch with the problems and concerns of daily life, as well as with our common spiritual quest. The aim is to develop the art of tasting and feeling the message of each story to the point that we are transformed. "Let the story speak to your heart, not to your brain," the author directs. "This may make something of a mystic out of you." Enhanced by lovely ink drawings, this is indeed

a volume to treasure, to share, and to read many times over, for it is everyone's best companion on the road to spiritual growth.

Call to Love - Anthony De Mello 1991

Contact with God - Anthony De Mello 2003-10-21
With more than two million copies of his books in print, Anthony de Mello remains one of the world's most popular spiritual guides. In Contact with God, he draws upon his persuasive lectures and personal parables to guide readers through their own spiritual retreats. Nowhere is Anthony de Mello's characteristic warmth and insight more evident than in the series of talks he gave while guiding retreats. Known throughout the world as one of the foremost religious guides, de Mello offers here the transcripts from his beloved lectures, inspiring readers going on retreat and including suggestions for how to get the most out of the retreat experience. In Contact with God (reissued and available for the first time from Image), he intersperses his

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descriptions of various types of prayer with stories from his own life, as well as the thought-provoking parables for which he is best known. [The Way to Love](#) - Anthony De Mello 2011-08-31
Profound love is at the heart of this warm, compassionate collection of meditations by spiritual master Anthony de Mello -- a last inspiring gift to the countless readers whose lives he touched.

One Minute Wisdom - Anthony De Mello
2017-04-10

In more than two hundred parables and lessons about living life fully yet simply, de Mello gives examples filled with wisdom that cannot be conveyed in regular direct discourse. Rooted in the spirit of the Gospel and spanning the mystical traditions of East and West, this invigorating volume -- like all the author's previous books -- is intended to enliven our faith and free us from whatever imprisons our mind, body, and soul.

[Rediscovering Life](#) - Anthony De Mello

2012-06-12

A companion to Anthony De Mello's all-time bestselling work of inspiration, *Awareness*. Anthony De Mello was one of the most important spiritual writers of the 20th century. Since his death in 1987, his stature has only increased. His books, including *Song of the Bird*, *Sadhana*, and the international bestselling *Awareness* are considered by many to be some of the most influential spiritual teachings of the last 50 years. Now, to commemorate the 25th anniversary of his passing, Image Books is proud to present what may very well prove to be the last published work of this beloved spiritual teacher. Based on a lecture given just months before his death, *Rediscovering Life* invites us to unlock the deeper meaning of our lives. By becoming aware of the circuitous and habitual nature of our limiting thoughts, we can find simple solutions that will release us from feelings of isolation, anger, sadness and depression. In short, De Mello offers us a new

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way to look at the world and God that will transform our lives. Rediscovering Life is a timeless and compassionate book that will awaken you to the beauty of human experience and increase your ability to see God in all things.

[Awareness](#) - Anthony De Mello 2017-04-10

It is a masterful book of the spirit, challenging us to wake up in every aspect of our lives.

Seek God Everywhere - Anthony De Mello
2010-02-02

The Spiritual Exercises of St. Ignatius is one of the great masterpieces of the Christian canon. A series of meditations and practices that guides seekers on a journey to spiritual perfection, this manual has been used by millions of religious and lay persons alike for centuries. Now, in the first new Anthony de Mello book in more than fifteen years, the bestselling author of Awareness takes readers on an in-depth exploration of the practices of St. Ignatius and offers simple guidance and wisdom to help readers navigate the sometimes-confusing

byways on the journey to God. Drawn from a series of talks de Mello gave before his untimely death in 1987, this book challenges us to achieve new levels of understanding and inner exploration, with chapters on how to hear the voice of the divine, the need for repentance, and how to ascend to love in our day-to-day life,. A must-have for fans of de Mello's work and anyone interested in learning to pray in profound and meaningful ways, Seek God Everywhere is an inspirational and practical work that will transform your life.

Awakening - Anthony De Mello 2009-04-22
From the bestselling author of Awareness and The Way to Love comes a classic reissue of lessons to inspire readers every day of the year. With more than two million books sold and countless admirers throughout the world, Anthony de Mello is regarded as one of the most influential religious teachers of the past fifty years. Since his death in 1987, widespread recognition of his work's enduring value has

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continued to grow. In *Awakening*, de Mello explores “the wisdom that cannot be conveyed in human speech.” Through 365 meditations, blending the mystical traditions of both East and West, he creates the lessons of a profound “master” to his “pupil,” illustrating our common need for harmony and enlightenment. The daily parables, sometimes cryptic and often witty, are not meant so much to instruct as to awaken the understanding deep within the human heart.

Sadhana - Anthony De Mello 1984-09-01
Christian Exercises in Eastern Form Truly a one-of-a-kind, how-to-do-it book, this small volume responds to a very real hunger for self-awareness and holistic living. It consists of a series of spiritual exercises for entering the contemplative state -- blending psychology, spiritual therapy, and practices from both Eastern and Western traditions. Anthony de Mello offers here an unparalleled approach to inner peace that brings the whole person to prayer -- body and soul, heart and mind, memory

and imagination. In forty-seven exercises that teach things such as awareness of physical sensations, stillness, healing of hurtful memories, and consciousness of self and world, de Mello succeeds in helping all who have ever experienced prayer as difficult, dull, or frustrating. The essential key, he notes, is to journey beyond mere thought-forms and discover satisfying new depths in prayer from the heart. This allows for a greater sense of awareness amid silence, and disposes the one who prays to untold riches, spiritual fulfillment, and ultimately, a mystical experience of God-centeredness. Drawing on Scripture, as well as insights from Eastern and Western spiritual masters, the author has a unique appeal that transcends time, culture, and religious background. For many years a bestseller in the English language, *Sadhana* has now been translated into more than two dozen foreign languages. Readers the world over have eagerly received this sincere spiritual leader, who has

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The Way To Love The Last Meditations Of Anthony De Mello

led many toward the wealth of insight and spirit that dwells within them.

The Way to Love - Anthony De Mello 1992
Profound love is at the heart of this warm,

compassionate collection of meditations by spiritual master Anthony de Mello -- a last inspiring gift to the countless readers whose lives he touched.

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