

Can People With Aspergers Have Relationships

Neurodiverse Relationships Joanna Stevenson 2019-07-18 Comprised of the accounts of twelve heterosexual couples in which the man is on the Autism Spectrum, this book invites both partners to discuss their own perspectives of different key issues, including anxiety, empathy, employment and socialising. Autism expert Tony Attwood contributes a commentary and a question and answer section for each of the twelve accounts. The first book of its kind to provide perspectives from both sides of a relationship on a variety of different topics, *Neurodiverse Relationships* is the perfect companion for couples in neurodiverse relationships who are trying to understand one another better.

An Asperger's Guide to Dating Neurotypicals J. R. Reed 2018-04-21 This book is for anyone on the autism spectrum who is in a relationship or marriage with a Neurotypical (non-autistic) person or who wishes to be. It's also for the NT in a relationship with an Aspie. The principles in this book of communication, respect, honesty, understanding, and sharing are important in any relationship, but especially important when one partner has Asperger's. Whether in a straight relationship or LGB, the ideas in the book are the same for both types of relationships, as these principles don't know the difference between genders. Packed with simple ideas in an easy to read format, this book is a must for anyone on the spectrum who desires a healthy romantic relationship. It's also a great way for the Neurotypical to open doors to understanding and communicating with their Asperger's partner. "In this straight forward relationship guide, JR Reed meets a growing need in the world of teens and adults with Asperger's. He not only provides the reader with needed information, he breathes life into the words with a mix of information and reflection. As an 'advocate, not a clinician', Mr. Reed writes in a charming, conversational style comprised of clearly stated practical strategies. This book is a must-read for anyone who wants to better understand the world of those unique individuals with Asperger's and the challenges they face in relationships." Dr. Linda Barboa, Executive Director Stars For Autism and Author of *The Nuts & Bolts of Autism* and twenty other titles. "Straight from the heart of an Aspie, this candid primer will likely improve the relationships of anyone dating on the spectrum." Dr. Brenda Bradshaw, Founder, Infinity Academy Author, *The Alien Logs of Super Jewels*

Relationship Development Intervention with Children, Adolescents and Adults Steven Gutstein 2002-02-15 Remove our emotional bonds with family, colleagues and friends and few of us would want to go on living. Yet establishing and maintaining such bonds is particularly difficult for people on the autism spectrum. This volume contains over 200 enjoyable and stimulating activities and exercises ranging over the entire gamut of social and emotional development, and is applicable to anyone, regardless of diagnosis, but will be particularly valuable for those on the autism spectrum. Activities can be undertaken independently, or with a teacher or therapist, and a full schema for the evaluation of progress and objectives is included. A companion website, free to purchasers provides a wealth of further information and support.

ASPIA's Handbook for Partner Support Carol Grigg 2012 This book contains the best support group information available for partners of adults with Asperger's Syndrome & is suitable for professionals as well who are seeking to effectively support partners, couples & other family members. It includes exhaustive lists and notes collected from support group meetings & workshops spanning more than 10 years. Information promotes understanding and covers the characteristics of AS, what a partner may experience, how AS affects a relationship and family, how to describe AS to others, suggestions and strategies for managing a relationship affected by AS, suggestions for improving self-care, essential tips for getting through conflict, as well as essays, poems & thoughts that provide much needed validation as well as comfort for partners. Book also includes samples & guides for conducting partner support group meetings. Essential & reliable information.

Connecting With Your Asperger Partner Louise Weston 2011-03-15 Communication and intimacy can feel like a constant struggle in relationships where one partner has Asperger Syndrome (AS). For the neuro-typical partner (NT) in particular, this can be an endless source of frustration, misunderstandings, and tears. Drawing on her own experience of being married to a man with AS, Louise Weston shows that the road to intimacy begins with letting go of expectations and looking after your own physical and emotional needs. She provides tried-and-tested strategies for relating to and connecting with your AS partner, as well as useful tips for coping with hurtful words and meltdowns, helping your partner to interpret emotions, and finding further sources of help and support. Above all, she shows that although your AS/NT relationship will challenge you beyond what you ever thought possible, by letting go of expectations and respecting each others' differences, this unique partnership really can be both happy and successful. Brimming with stories and advice from other NT partners, this practical book will help NTs take positive steps towards connecting with their AS partners. It will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NT relationships.

22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know Rudy Simone 2012 Rudy Simone covers 22 common areas of confusion for someone dating a female with AS, including advice from her own experience and that of other couples. She talks with humour and honesty about the little things that might be different from a relationship with a neurotypical woman and discusses first dates, sex, and even having children.

Aspergers in Love Maxine Aston 2003-03-14 Asperger syndrome (AS) has often been considered to be incompatible with love and relationships, but as the number of people who are diagnosed with the disorder increases, it is becoming apparent that people with AS can and do have full and intimate relationships. Comparing and contrasting both AS and non-AS partners' viewpoints, this book frankly examines the fundamental aspects of relationships that are often complicated by the disorder. With all findings illustrated with case examples taken from interviews conducted with couples, the author tackles issues such as attraction, trust, communication, sex and intimacy, and parenting. Drawing on her extensive research and established career as a Relate counsellor, Maxine Aston has produced a much-needed analysis of intimate relationships where one adult has AS and this book is a must for all those with AS and their partners, as well as for friends, family and counsellors.

Alone Together Katrin Bentley 2007 Thousands of people live in Asperger marriages without recognizing the signs that their spouse has AS. When Swiss-born Katrin met Gavin while backpacking in Australia, she fell in love with a man that was kind, good looking and different. He followed her to Switzerland where they married eight months later. At first everything seemed fine, but once back in Australia things changed very drastically. *Alone Together* shares the struggle of one couple to rescue their marriage. It explains the clues that suggest a person might have AS and explores the effect of diagnosis. It is uplifting and humorous and includes plenty of tips for making an Asperger marriage succeed. This book offers couples hope, encouragement and strategies for their own relationships.

A Field Guide to Earthlings Ian Ford 2010 Autistic people often live in a state of anxiety and confusion about the social world, running into misunderstandings and other barriers. This book unlocks the inner workings of neurotypical behavior, which can be mysterious to autistics. Proceeding from root concepts of language and culture through 62 behavior patterns used by neurotypical people, the book reveals how they structure a mental map of the world in symbolic webs of beliefs, how those symbols are used to filter perception, how they build and display their identity, how they compete for power, and how they socialize and develop relationships--

Mozart and the Whale Jerry Newport 2007-01-09 An unforgettable love story and the incredible chronicle of a musical genius and a mathematical prodigy who share a diagnosis of Asperger's syndrome. When Jerry and Mary Newport met, the connection was instant. A musical genius and a mathematical wonder, the two shared astronomic IQs, but they also shared something else—they both were diagnosed with Asperger's syndrome, a form of autism that affects millions of Americans and makes social contact painfully unbearable. When Jerry and Mary married, they were catapulted into the limelight. They appeared on 60 Minutes and soon were known as "superstars in the world of autism," shining examples of two people who refused to give up in the face of their mutual challenge. But just when it appeared that their lives would enjoy a fairy-tale ending, their marriage fell apart. The Hollywood feeding frenzy was too much to handle, and they divorced. After heartbreaking years of soul searching, Jerry and Mary remarried. Today, with their union stronger than ever, they have dedicated themselves to helping countless other people with Asperger's and autism lead lives of dignity.

Asperger Syndrome and Social Relationships Genevieve Edmonds 2008-03-15 This book is essential reading to understand the social abilities of adults with Asperger's syndrome. The contributors each have different personalities and experiences, but together they provide a range of strategies to encourage people with Asperger's syndrome to achieve the social relationships they desire.' - Professor Tony Attwood Social interaction among neurotypical people is complex and in many ways illogical. To the person with Asperger Syndrome (AS) it is also woefully unintuitive. In this book, adults with AS discuss social relationships, offer advice and support for others with AS and provide necessary insights into AS perspectives for those working and interacting with them. The contributors evaluate a range of social contexts and relationship aspects, including: * online relationships - a worldwide social network based on non-verbal communication, * the unwritten rules of neurotypical socialising, * the need for mutual understanding between those with AS and neurotypicals, * the effects of struggling socially on one's self-esteem and frame of mind, and * the opportunities provided by social skills workshops or interest groups. This is essential reading for adults with AS, their family and friends, as well as service providers and other professionals providing support for people with AS in adult life.

Strategies for Building Successful Relationships with People on the Autism Spectrum Brian R King 2011-10-15 Containing life-changing strategies and solutions, this book will enable everyone who knows, lives with or works with an individual with autism to achieve a positive relationship that fosters cooperation and mutual respect. The author has dedicated over 20 years to studying, observing and implementing communication strategies that help him, his wife, their three children and his clients experience positive relationships. His immediate family are all on the autism spectrum and they work together to understand one another, resolve misunderstandings, and help each other feel important, loved and respected. Sharing their inspirational personal experiences and interweaving every chapter with practical hints and tips, the book looks at how to get communication working for everyone and emphasizes the importance of laying down ground rules and building confidence. This book will be essential reading for family, friends and professionals who wish to communicate more effectively with those on the autism spectrum.

Asperger Syndrome and Long-term Relationships Ashley Stanford 2003 First published in 2002. Routledge is an imprint of Taylor & Francis, an informa company.

The Complete Guide to Asperger's Syndrome Tony Attwood 2007 A guide to Asperger's syndrome describes what it is and how it is diagnosed, along with information on such topics as bullying, emotions, language, movement, cognitive ability, and long-term relationships.

Love and Asperger's Kate McNulty 2020-10-27 Everyday techniques to strengthen empathy and connection in neurodiverse couples Life with a partner whose neurotype is different than yours is filled with moments that are surprising, unique, and sometimes challenging. If one of you has an Aspergers profile and the other is neurotypical, Love and Aspergers is a helpful and inclusive guide to understanding the nature of your relationship and navigating its particular obstacles without losing sight of what's important. You'll read engaging and realistic scenarios that depict couples going through similar issues, combined with practical, evidence-based solutions that address the needs and perspectives of both partners equally. Love and Aspergers helps you: Work together--Find easy ways to improve communication, cultivate emotional and physical intimacy, and maintain a commitment to learning about each other. Appreciate your differences--Discover a window into the inner world of your partner, and the ways in which their experiences differ from yours so you can convey your own perspective more effectively. Break through the stereotypes--Sort out myths and facts about Aspergers so you can understand neurotypical and neurodiverse thinking, and make your life together as a couple more loving and more rewarding. Deepen your relationship and your communication with Love and Aspergers.

Asperger Marriage and Relationships Karen Slee 2016-04-19 This book aims to help the spouses or partners who are married to or in a long term relationship with someone diagnosed with Asperger's Syndrome or more likely, suspected Asperger's Syndrome (AS). This book is an honest account of what my life has been like with my AS husband and how his Asperger's has affected our marriage. We have had many crisis moments over the years but most of these have been through joint ignorance of my husband's condition. With realisation came a long 'getting to know you' process and learning more about the condition and David's idiosyncrasies. Advice that worked for us is clearly signposted. There are about 500 articles on a vast range of subjects plus lots of links to the latest research. David also writes about the topics I have chosen from his autistic experience, providing insight into how our relationship works (or doesn't) from his perspective. I want to share with you the everyday, nitty gritty, tiny details that most people outside of your family would miss, that really affect you as a couple. I have gone into detail about these and explained why these behaviours happen. Not every man with AS is the same but you will recognise some of these behaviours in your husband or partner. I graduated with a Masters in Autism from Northumbria University and used my 18 years of experience (research) of living with David to write my dissertation about our marriage. I couldn't help but be worried when he read through my dissertation at the end as I was concerned that I may have misunderstood some things or upset him with some of the detail. I believe it was probably quite hard for him to read how much his behaviour over the years had affected me but all he said after he had read it through was that it was 'very insightful'. I knew then I had done a good job.

Social Skills Games For Teens And Adults With Asperger's Syndrome. 50 Games and Dynamics to Work on Relationships, Communication, Trust, and Other Key Social Skills Sandra J Rogers 2021-04-26 Social Skills Games For Teens And Adults With Asperger's Syndrome In "Social Skills Games For Teens and Adults With Asperger's Syndrome" you will find a set of 50 activities and games to work in groups with different objectives. What will you find in this book: In the first place, you will find activities whose purpose is to make the person with Asperger's understand the world and be able to relate to it. Second, you have in this book group activities to manage emotions. To the extent that a child or adolescent with Asperger's is able to do so, they will feel more capable of expressing themselves and explaining what affects them. Third, you can find in this book some dynamics to work on the difficulty of making friends. An essential skill for anyone is to develop imaginative and creative thinking. That is why in this book we have included four dynamics for this. In fifth place you will find activities to work on the management of social rules. People with Asperger's syndrome may have a hard time putting themselves in the other person's shoes and understanding what the other person is feeling. In this book you will therefore find activities to work on understanding non-verbal language. People with Asperger's syndrome are people of habit and very reluctant to change. In seventh place you have here some games to work the resistance to change. In eighth place you will find activities to work anger and states of frustration. In ninth place you have dynamics and games to work on hyperactivity or hypoactivity. In tenth place you will find activities to work motor skills. You also have activities to work on language comprehension. And finally, a dynamic to work on excessive worry. In short, you take with this book 50 games and activities to work in a group with people with Asperger syndrome explained in a simple way and where you will know at the beginning of each dynamic the necessary materials, the duration and how many people it is designed for. Sandra J. Rogers is a Spanish psychologist specializing in children and adolescents. She graduated from the Jaime I University of Castellón (Spain) in 2006.

Everyday Aspergers Samantha Craft 2018-12-10 @page { margin: 2cm } p { margin-bottom: 0.21cm } a:link { color: #0000ff } Through 150 entries, Samantha Craft presents a life of humorous faux pas, profound insights, and the everyday adventures of an autistic female. In her vivid world, nothing is simple and everything appears pertinent. Even an average trip to the grocery store is a feat and cause for reflection. From being a dyslexic cheerleader with dyspraxia going the wrong direction, to bathroom stalking, to figuring out if she can wear that panty-free dress, Craft explores the profoundness of daily living through hilarious anecdotes and heart-warming childhood memories. Ten years in the making, Craft's revealing memoir brings Asperger's Syndrome into a spectrum of brilliant light—exposing the day-to-day interactions and complex inner workings of an autistic female from childhood to midlife.

The Autism Relationships Handbook Joe Biel 2021-03-23 Ever since he came out as autistic, people have been contacting Joe to share their stories and ask questions. The most common question by far: how do I find a romantic partner? Dr. Faith G. Harper, author of *Unfuck Your Brain* and *Unfuck Your Intimacy* joins autistic publisher and author Joe Biel to offer hard-won guidance on a wide range of topics about friendships, dating, and romance and answer a ton of questions. What do you want out of a relationship? What is the difference between flirting and harassment? How do you have a fun date and get to know someone when eye contact and prolonged conversation aren't your strengths? How do you change a casual acquaintance into friendship or dating? How do you express your needs and make sure you're hearing your partner when they express theirs? How do you maintain a healthy, happy long term relationship? Autistic readers will find valuable answers and perspectives in this book, whether you're

just getting ready to jump into dating, seeking to forge closer friendships, or looking to improve your existing partnership or marriage.

Marriage and Lasting Relationships with Asperger's Syndrome (Autism Spectrum Disorder) Eva A. Mendes 2015-07-21 Proven counseling strategies that will help improve the relationships of married, long-term or co-habiting couples with Asperger's Syndrome (Autism Spectrum Disorder). ASD relationship expert Eva A. Mendes provides advice straight from the couples' counselling room that can be applied in day-to-day living and help with the challenges that can arise in relationships where one or both partners are on the autism spectrum. This includes issues surrounding diagnosis, mental health, sexual compatibility, sensory needs, executive functioning, theory of mind, communication, and co-parenting. She offers unique practical ideas for positive change such as creating a relationship schedule, making expression of appreciation and gratitude a part of every day, and finding mutually satisfying activities and special interests to engage in with your partner. The strategies in this book will be useful to couples themselves and any couples' counselors or therapists working with them.

From Like to Love for Young People with Asperger's Syndrome (Autism Spectrum Disorder) Michelle Garnett 2013-07-28 If your child rarely shows you that he or she loves you, it can be profoundly distressing. This is the experience of many parents of children with an autism spectrum disorder (ASD), and most fear that it reflects the truth. In fact the truth has generally more to do with the difficulty that young people with an ASD have in communicating like or love for someone physically and verbally. They may not know how to go about expressing themselves in these ways, or understand that family members and friends can find the absence of demonstrative affection upsetting. This book, by world leading experts Tony Attwood and Michelle Garnett, addresses this issue in practical terms. They provide carefully designed activities for parents to work through with their children to help them to understand and express affection. Their child will learn to identify his or her own and others' comfort and enjoyment range for gestures, actions and words of affection and the different ways to express feelings for someone, appropriate to each relationship and situation. The activities are simple, straightforward, and very carefully structured, so that they can be undertaken at the pace that works for the individual family. The book also guides the adult through the challenges faced by the child, leading to greater understanding and confidence in their relationship with their child, and increased ability to nurture the child's ability to form engaged relationships and friendships with others. Readers of Tony Attwood's previous books will recognise his warm, positive and empowering approach. The book will be a transformative resource for parents and family worried about their child's emotional life.

Decoding Dating John Miller 2014-10-21 The ultimate guide to cracking the social code of dating! The rules of dating are a conundrum for many men, but for men with Asperger Syndrome (Autism Spectrum Disorder) who often have difficulty understanding social communication, they can be almost indecipherable. This book methodically breaks down the steps of dating giving advice on the best places to meet women - whether on or offline, getting ready for the big date, where to go and what to talk about, and how to tell if a second date is on the cards. Written for those with little or no prior experience on the dating scene, the book discusses how to know if you are ready for a relationship, what qualities to look for in a potential girlfriend, and if dating goes well how to make a relationship work.

Autistics' Guide to Dating Jody John Ramey 2008-02-15 For people on the autism spectrum dating is so often an elusive art form, requiring the very skills--in communication, and in social perception--that don't come naturally to them. This book presents strategies for overcoming social skills deficits and sensory issues, to make for relationship success. Emilia Murry Ramey and Jody John Ramey, both on the spectrum, reflect on their dating experiences and provide recommendations for relationships in both the short- and long-term. Their advice includes how to choose venues for meeting people that are free from discomfiting features; coping with typical experiences in the light of sensory issues such as close proximity with a partner, eye-contact, and physical intimacy; and moving on to extended, committed relationships, co-habiting and continuing to date after marriage. Thorough, accessible, and very encouraging, this book is a must-read for Autistic people, those who love them, and those who are in love with them.

Life with a Partner Or Spouse with Asperger Syndrome Kathy Marshack 2009 Delve into the dramatic impact Asperger Syndrome can have on the complex world of adult interpersonal relationships. Psychologist Kathy Marshack shares poignant true stories based on her own life and the lives of her clients, focusing on how partners/spouses of someone with AS can take back their own life and find true meaning and happiness. The author discusses these sensitive issues and shows readers how to take control of their lives and grow away from dysfunctional behavior and dysfunctional relationships. Each chapter closes with a series of "Lessons Learned" that recap the main points of the chapter and offer new ways to look at these very unique challenges.

The Journal of Best Practices David Finch 2012-01-03 The warm and hilarious bestselling memoir by a man diagnosed with Asperger syndrome who sets out to save his marriage. At some point in nearly every marriage, a wife finds herself asking, What the @#!% is wrong with my husband?! In David Finch's case, this turns out to be an apt question. Five years after he married Kristen, the love of his life, they learn that he has Asperger syndrome. The diagnosis explains David's ever-growing list of quirks and compulsions, but it doesn't make him any easier to live with. Determined to change, David sets out to understand Asperger syndrome and learn to be a better husband with an endearing yet hilarious zeal. His methods for improving his marriage involve excessive note-taking, performance reviews, and most of all, the Journal of Best Practices: a collection of hundreds of maxims and hard-won epiphanies, including "Don't change the radio station when she's singing along" and "Apologies do not count when you shout them." Over the course of two years, David transforms himself from the world's most trying husband to the husband who tries the hardest. He becomes the husband he'd always meant to be. Filled with humor and surprising wisdom, *The Journal of Best Practices* is a candid story of ruthless self-improvement, a unique window into living with an autism spectrum condition, and proof that a true heart can conquer all.

Asperger Syndrome Explained Sara Elliott Price 2015-04-10 "This book is full of tips, techniques and stories that will give you an inside look at what it means to have Asperger's. You will come away inspired and with a new understanding of how to communicate more effectively with those you love! In this book you'll learn the truth about Asperger's Syndrome and why it's one of the least understood disorders today. The average person has never even heard of this syndrome. So it probably comes as no surprise that people with Asperger's are often alienated, as they tend to communicate in a way that others can't easily relate to. Some with Asperger's will usually find it difficult to understand normal social cues. They can feel very alone, yet have no clue as to how to express the feelings inside them. They can feel constantly rejected and harassed by those around them and even the ones who love them. You must truly understand this syndrome in order to have a good relationship with a person that has this disorder ... If you know someone with Asperger's your goal should be to learn as much as you can about this disorder. You need to understand why people with this syndrome think and live the way they do. I created this book so you can communicate and learn coping techniques that will create better lives for you and your loved one."--Back cover.

Loving Mr. Spock Barbara Jacobs 2004-11 As a popular advice columnist in the UK, Barbara Jacobs never suspected she'd be the one needing the relationship advice. But when she fell in love with Danny, a man with Asperger's Syndrome, she quickly learned to expect the unexpected. In this book, Barbara candidly delves into the dynamics of their relationship. She lovingly compares Danny to Mr. Spock, a character who thrives on logic rather than emotion, while admitting that she was quite opposite. Join Barbara and Danny on their tumultuous journey in love, and learn about Asperger's along the way through figures, diagnostic guidelines, quotes and surveys by other couples, and more. If you love someone with Asperger's, or have Asperger's yourself, you can learn a lot from this book. Note: This book addresses some mature topics. Helpful chapters include: The Handsome Stranger Syndrome First Steps in a Parallel Universe Other-wired Bringing Up Baby A Working Model Breakthrough Nuts and Bolts

22 Things a Woman with Asperger's Syndrome Wants Her Partner to Know Rudy Simone 2012-03-15 Rudy Simone covers 22 common areas of confusion for someone dating a female with AS and includes advice from her own experience and from other partners in real relationships. She talks with humour and honesty about the quirks and sensitivities that you may come across when getting to know your partner. All the pivotal relationship landmarks are discussed, including the first date, sex, and even having children. This entertaining and easy-to-read book will be ideal for anyone dating, or in a relationship with, an AS female. Women with AS themselves, and their families and friends, will also enjoy the book and find it useful. Counsellors and other professionals working with women with AS will find the insight offered extremely enlightening.

Love, Sex and Long-term Relationships Sarah Hendrickx 2008 "This accessible book is an invaluable source of information and support for couples in

which one or both partners has Asperger Syndrome, as well as counsellors and health and social care professionals."--BOOK JACKET.

The Guide to Dating for Teenagers with Asperger Syndrome Jeannie Uhlenkamp 2009 "Dating is difficult for everyone. For a teen with Asperger Syndrome, it can be overwhelming. Special education teacher Jeannie Uhlenkamp tackles some of the specific issues facing teens with AS. Written in a question-and-answer format, this much-needed book offers insight and practical advice on dating challenges. Each topic is followed by Discussion Questions (to get the conversation flowing between teens and parents/teachers) and a Main Idea (which succinctly wraps up the main point). Also included are special notes to define the more illusive vocabulary and concepts of today's dating world."--Provided by publisher.

The Asperger Love Guide Genevieve Edmonds 2005-11-22 'This book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. In fact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - Tess Coll, autism outreach teacher 'The Asperger Love Guide is recommended reading for those with Asperger's syndrome who are seeking or within a relationship. The authors provide a clear explanation of how the characteristics of Asperger's syndrome can affect the development of a relationship and the expression of love. They then provide sound practical advice for individuals and couples. I really enjoyed reading The Asperger Love Guide and will be recommending the book to my clients' - Professor Tony Attwood 'This is the first book I've read in a long time that, once started, I couldn't put down until it was finished. It is an exceptionally good read. The 77 pages are written succinctly with no waffle - just straight to the point. I will definitely buy a copy of this book for the whole family to use! I will use it to guide Joe (my 17 year old Asperger son) when he's ready for it. It's not a book he would read himself; in fact I read the section "the merits of single life" out loud to him a bit like a bed time story' - Action for ASD 'There is a great need for more awareness of Asperger syndrome and how it affects personal relationships. The National Autistic Society find this a helpful guide' - Cathy Mercer, NAS 'This book sets out some helpful facts about relationships in a neat, simple form' - Asperger United 'An excellent self 'help-text'... the book is a clear and matter-of-fact guide to relationships and is unapologetic in offering straightforward and helpful advice for romantic success... Not a word is wasted, and as well as being highly recommended for individuals with Asperger's Syndrome, should also be read by education professionals supporting young people with Asperger's Syndrome in schools, colleges and universities' - SENCO Update 'Aimed primarily at individuals with Asperger syndrome, this very readable book is in fact of use to a much wider audience. The issues are discussed openly and logically and the advice given is both sympathetic and very matter of fact... The book breaks down the social, emotional and practical aspects of relationships so usefully that it is a good resource for teachers and others working with neurotypical individuals. Infact the book so sensibly discusses pitfalls, strategies and individual responsibilities that it would be valuable reading for teenagers generally as well as for individuals with Asperger syndrome' - British Journal of Special Education Material based on the experiences of the people on the Autistic Spectrum is usually written by neurotypical writers. Here, Genevieve and Dean, both adults with Asperger's Syndrome, share their advice and tips for romantic success. The chapters cover: o building self-esteem; o the best places to meet potential partners; o dating; o maintaining relationships. Both authors work with the Asperger community, either providing support or training, so their insight is based upon other people's experiences as well as their own. This is shown in a number of case studies that support the elements described in each chapter. They write in a clear, accessible and non-patronizing way which will suit their audience. This will prove to be an invaluable book to those with Asperger's or those that support Asperger people. Dean Worton is a 31 year-old high functioning individual with a very positive expression of Asperger Syndrome. He runs a successful UK-based website for adults with Asperger Syndrome and hosts real-life meet-ups around the UK for its members. His key interest is in encouraging adults with AS to live positively and successfully with the gifts that Asperger Syndrome provides. He also works in administration and resides in North-West England. Genevieve Edmonds is a 23 year old with 'residual' Asperger Syndrome, which she views as a significant gift. She works as an associate of the Missing Link Support Service in Lancashire supporting those 'disabled by society' including individuals with ASD. She speaks and writes frequently in the field of Autism, along with giving training, workshops and soon counselling. She aims to empower those with ASD, carers and professionals in the understanding of Asperger Syndrome as a difference rather than an impairment. She lives and works in a solution-focused way and is based in North-West England

Loving Someone with Asperger's Syndrome Cindy Ariel 2012-03-01 If you're in a relationship with someone who has Asperger's syndrome, it's likely that your partner sometimes seems cold and insensitive. Other times, he or she may have emotional outbursts for no apparent reason. And in those moments when you can't understand each other at all, you both feel fed up, frustrated, and confused. The behavior of people with Asperger's can be hard to understand and easy to misinterpret, which is why it's so important to learn more about your partner's condition. The tools presented in *Loving Someone with Asperger's Syndrome* will help you build intimacy and improve the way you and your partner communicate. Filled with assessments and exercises for both you and your partner, this book will help you forge a deeper, more fulfilling relationship. This book will teach you how to:

- Understand the effect of Asperger's syndrome on your partner
- Practice effective communication skills
- Constructively work through frustrations and fights
- Establish relationship ground rules to help you fulfill each others' needs

Asperger Syndrome (Autism Spectrum Disorder) and Long-Term Relationships Ashley Stanford 2014-10-21 Happily married to her husband with Asperger Syndrome for 25 years, Ashley Stanford is an expert on how Autism Spectrum Disorder (ASD) can affect a relationship and her bestselling book has helped thousands of couples. Brought fully up to date, this second edition clarifies the new DSM-5 diagnostic criteria and explains how, without a solid awareness of the condition, ASD behaviors can easily be misinterpreted. Stanford's book provides a wealth of strategies for living with the more uncompromising aspects of ASD, pointing out that ASD also brings enormous strengths to a relationship. It shows how understanding the intentions, motivations and reasoning behind ASD behaviors can lead to better communication, relief of tension, and ultimately to a happier, more mutually fulfilling relationship.

The Other Half of Asperger Syndrome (Autism Spectrum Disorder) Maxine Aston 2014-02-21 Does your other half have Asperger Syndrome or do you suspect that he or she is on the autism spectrum? This quick and helpful relationships guide provides all the information you need for relationship success with your ASD partner. In the second edition of this best-selling book, Maxine Aston draws on over a decade of experience working with couples affected by Autism Spectrum Disorder. Updates include reference to recent research and information on same sex relationships, sensory issues and pregnancy. Full of bite-size tips and advice, the book explains Asperger Syndrome, discusses whether or not seeking an autism diagnosis will help, and offers simple strategies for coping with a range of relationship challenges including communication, social, and intimacy difficulties.

Asperger Syndrome - A Love Story Sarah Hendrickx 2007-06-15 Open, honest and upbeat, this book gives personal insight into both the ups and downs of an Asperger relationship. Seeking to challenge the bad press that people with Asperger Syndrome (AS) get as partners, Sarah and Keith tell their story of how they are making it work - and also how they got it wrong - with disarming frankness and humour. When Sarah and Keith met in 2003 neither knew much about Asperger Syndrome. Sarah thought Keith was 'weird' and couldn't work out why; and Keith thought Sarah was obsessed with diagnosing him with something-or-other. Difficulties ensued that brought the relationship to an end. Slowly, however, they each built up their knowledge of AS and in the meantime developed a mutual understanding, mutual acceptance and a desire to be together again. This personal account is supplemented with professional knowledge and anecdotes gained from Sarah's work with adults with AS - a career which started as a result of her experiences with Keith. She swears that she didn't take her work home with her! It is inspiring reading for couples in Asperger relationships as well as for counselling professionals.

What Men with Asperger Syndrome Want to Know About Women, Dating and Relationships Maxine Aston 2012-07-15 Positive, practical and realistic, this book offers a wealth of information on women, dating and relationships for men with Asperger Syndrome (AS). Many AS men are totally confused and bewildered by women and relationships and find it hard to know what to do, what to say and how to get it right. For these men, understanding the emotional side to relationships and women's needs can be a complete mystery and they often get it disastrously wrong. This practical handbook provides the answers to Asperger men's most frequently asked questions about women, dating and relationships, helping them to

understand the way relationships work and increasing their confidence and ability to have successful relationships. This comprehensive handbook is essential reading for men with Asperger Syndrome (and their partners). It will also be of immeasurable use to counsellors and other professionals working with such individuals.

[The Other Half of Asperger Syndrome](#) Maxine Aston 2001 Maxine has explored the relationships of adults with Asperger syndrome as a Relate counsellor, from her own experience and through academic research. She makes extensive use of case studies and her insight is acute. Her positive attitude and strategies for successful relationships make this an essential book for couples and counsellors. Maxine has explored the relationships of adults with Asperger syndrome as a Relate counsellor, from her own personal experience and as part of her academic research. She makes extensive use of case studies and her insight is extraordinary. Her positive attitude and strategies for successful relationships make this an essential book for couples and counsellors.

The Partner's Guide to Asperger Syndrome Susan J. Moreno 2011-12-15 Adults with Asperger Syndrome (AS) often have difficulties acquiring relationship skills due to the defining characteristics of the syndrome, experiences with peers during childhood and adolescence, and the expectations of their partners. However, an increasing number do go on to achieve happy and successful long-term relationships with non-spectrum (NS) partners. This supportive book will give NS partners a better understanding of NS/AS relationships, and of what other NS partners have found to be helpful in terms of better understanding themselves and their partners, and enriching their relationships. Drawing on interviews with over 100 people in NS/AS relationships, as well as on their own experiences of having family members on the autism spectrum, the authors explore the key differences which may impact upon AS/NS relationships, such as communication, social skills, and sensory issues, and offer tried-and-tested advice on how to surmount difficulties and make things work. The book includes chapters on coping with stress and meltdowns, parenting, positive AS qualities and how to use them to their full advantage in a relationship, as well as advice on how the NS partner can ensure that their own needs are met. This book will provide support and encouragement to those in a relationship with someone who has been diagnosed with AS, or who is suspected of having AS, and will also be a useful resource for counsellors and other professionals who wish to deepen their understanding of AS/NS relationships.

[Asperger Syndrome and Employment](#) Genevieve Edmonds 2008-03-15 Employment is an important part of a healthy, balanced and fulfilling life but less than 20 per cent of people with Asperger Syndrome (AS) are in work at any one time. The adults with AS in this book explore the issues surrounding employment, providing advice and insights for others with AS, as well as their employers and colleagues. Drawing on personal experience and lessons learned, Asperger Syndrome and Employment looks at: * the transition from education to employment, * the importance of matching skills to career choices, * practical coping strategies for employees with AS in the workplace, * advice for employers, including the need to make 'reasonable adjustments' to avoid discrimination, * ways in which employment services ought to work for people with AS. This is essential reading for adults with AS, their family and friends, employment services and career advisers, and companies needing to know how, in practical terms, to accommodate employees with AS.

22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome Rudy Simone 2009-05-15 Although having Asperger Syndrome (AS) can make romantic relations difficult, having a fulfilling relationship with an Asperger man is certainly not impossible. A woman in love with a man with AS may interpret his difficulties with communication and socialization as a lack of interest in the relationship. He may vacillate between being gentle and caring to seeming cold and distant. She may find his behaviour hard to understand, resulting in feelings of loneliness, isolation, and confusion. This book shows how to overcome these difficulties and maintain a loving relationship with an AS partner. From an unwillingness to show affection in public or even sleep in the same bed to problems holding down a job, this book looks at 22 common traits that women may discover when they are dating, living with or married to a man with Asperger's Syndrome. Rudy Simone explores the complications of Asperger's relationships with honesty and understanding, drawing on research and personal experience to inform and advise women with AS partners. She offers helpful tips for improving the relationship and finding fulfillment both individually and as a couple. This book will help women to understand the male Asperger's mind and, equally, it can help men with AS to see things from their partner's perspective. It will also be of interest to counsellors working with couples where the male partner has Asperger's Syndrome.

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