

Why Sex

Why Sex Is Food - S O Piens 2021-05-18

There are few topics that arouse human curiosity as sex. The biological continuity of human species hinges on it. And, it is a nature that is engraved in our beings, so we can't get rid of it. The feeling, the desire, the act and everything that pertains to it always give us unique experience that we're never tired of. Pretty much like food! But why is this so? Why do we always have to look for food, just as the way we always have to look for sex? The answer is in the purpose. And it's well outlined in the pages of this book. Food is designed to bond man to his environment, just as sex is designed to bond male to the female. We don't only eat food, we eat sex. We don't only cook food, we cook sex. And again, we don't only feel hungry for food, we feel hungry for sex. Why sex is food is a book that outlines the unconventional ways of understanding sex, while describing its food nature. The feeling of sex is the most strongest of all human feelings, and for years, human beings have not been able to crack this code of fully mastering this aspect of their nature. There has been many accounts on how this area has been mismanaged, even by popular figures. But it is impossible to suppress this part of human nature, but only to learn how to channel it in the right direction. When we understand why sex is food, we would understand why we can't let go of the desire, the feeling and the act. We would understand why nothing can replace sex, just as the way nothing can replace food. But we would only keep getting better at it, as our level of knowledge and education increases in the subject. For many of us, sex is what represents one of the most intimate parts of our relationships and it keeps us bonded and connected. Conversely, problems in this area has also caused increased rate of divorce and infidelity in marriages. And has so, increased number of broken homes and criminality in the society. This book seeks to throw more light into dark areas concerning sex and solve practical problems in understanding the nature of sex and its purpose. S.O PIENS May, 2021

Why Sex Doesn't Matter - Olivia Fane 2023-12

Olivia Fane addresses the politics, the obsessions, the misconceptions of one of the most important aspects of human existence. Is Sex Natural? Is Sex Dirty? Is Sex Loving? Is Sex about Beauty? Is Sex Political? This is a necessary and controversial book in these confused, self-obsessed, sex-obsessed and gender-fluid times.

Benefits of Having Sex. - Tiffany Hills 2023-08-08

This book BENEFITS OF HAVING SEX, 21 HEALTHY REASONS WHY SEX IS IMPORTANT is written to create awareness on the health benefits derived from having sex. Sexual intercourse between couples was not only designed for procreation but but for pleasures as well. The benefits of having sex are enormous from making the skin to glow, curbing heart attacks, prostate cancer and easing of periodic cramps. No wonder singles and even teens need to have a taste of it to know how it feels. One of the benefits of having sex is that it boost confidence, according to studies in the state high school, students that have not experience sex either by penetration or otherwise were so shy to response to questions on sex education. TIFFANY HILLS authors this book based on her experiences as sex therapist, she resides in the United States. More details about this book BENEFITS OF HAVING SEX, 21 HEALTHY REASONS WHY SEX IS IMPORTANT grab a copy and read more

Facing the Facts - Stan Jones 2019-08-06

1 Million Copies Sold in Series ECPA Christian Book Award Winner Puberty is an exciting but often stressful time of transition to adulthood. It marks the beginning of significant changes in a child's relationships with their parents and with the opposite sex. Facing the Facts will give your child clear and comprehensive information to help them understand what's happening to their body and why God designed it that way. Designed so they can read with you, your child will learn about: How girls' and boys' bodies change, both inside and out The science behind pregnancy and how a woman gives birth Why sex is a good and beautiful gift Romance, dating, and how relationships mature Protecting their purity and sexual health Now revised and updated with: An introduction to different worldviews about sex Age-appropriate material on the broader theological meaning of sex Chapters on masturbation, sexual addiction, gender identity, and same-sex love Designed for ages 12 to 16. With solid and positive insight on tough subjects, the God's Design for

Sex series provides clear answers to some of kids' toughest questions without making it awkward.

Fatal Attractions - Jack W. Hayford 2003-07-31

Pastor Hayford explains why sex sins are worse than others--not because they are harder for God to forgive, but because they are more damaging at personal and interpersonal levels. With straightforward yet compassionate insight, Hayford speaks to those who have indulged in or been wounded by sexual immorality, as well as to those who minister to them.

The Red Queen - Matt Ridley 1994-10-06

Sex is as fascinating to scientists as it is to the rest of us. A vast pool of knowledge, therefore, has been gleaned from research into the nature of sex, from the contentious problem of why the wasteful reproductive process exists at all, to how individuals choose their mates and what traits they find attractive. This fascinating book explores those findings, and their implications for the sexual behaviour of our own species. It uses the Red Queen from 'Alice in Wonderland' - who has to run at full speed to stay where she is - as a metaphor for a whole range of sexual behaviours. The book was shortlisted for the 1994 Rhone-Poulenc Prize for Science Books. 'Animals and plants evolved sex to fend off parasitic infection. Now look where it has got us. Men want BMWs, power and money in order to pair-bond with women who are blonde, youthful and narrow-waisted ... a brilliant examination of the scientific debates on the hows and whys of sex and evolution' Independent.

The Savvy Woman Patient - Phyllis Greenberger 2006

Researched and written by the respected Society for Women's Health Research and based on its almost 15 years as a research advocacy organization, this comprehensive guide provides real answers to vital questions that affect a woman's health from young adulthood to menopause and beyond.

100 Reasons Why Sex Must Wait Until Marriage - Dr. D. K. Olukoya 2015-04-24

100 Reasons Why Sex Must Wait Until Marriage Sex is a mystery and unfortunately majority of those who engage in it do not fully understand the mystery behind it. The only thing most people understand about it is the pleasure derived from it and the procreation that can result from it. Many do not understand that when sex is not done within the scripturally prescribed confines of marriage, the temporary pleasure derived can lead to eternal pressure. In this book, Dr. Olukoya has taken time to unlock some of the mysteries of sex. Considerable attention has been given to the after-effects of premarital sex to show why you should wait until marriage before engaging in it. Steps are listed on how you can stay pure and avoid sex until marriage. Sex outside marriage is a killer and it has successfully destroyed millions of destinies. Do not let yours be next!

Why Good Sex Matters - Nan Wise 2020-01-28

A sex therapist and neuroscientist describes anhedonia, the inability to feel a satisfactory amount of pleasure--and provides the pathway back to fully enjoying sex, food, time with family and friends, and other pastimes, while also staving off depression, anxiety, and addiction.

The End of Sexual Identity - Jenell Williams Paris 2011-01-28

Sexual identity has become an idol in both the culture at large and in the Christian subculture. And yet concepts like "gay" or "straight" are relatively recent developments in human history. We let ourselves be defined by socially constructed notions of sexual identity and sexual orientation--even though these may not be the only or best ways to think about sexuality. Anthropologist Jenell Williams Paris offers a Christian framework for sexual holiness that accounts for complex postmodern realities. She assesses problems with popular cultural and Christian understandings of heterosexuality and homosexuality alike. The End of Sexual Identity moves beyond culture-war impasses to open up new space for conversations in diverse communities both inside and outside the church.

Why Sex Matters - Bobbi S. Low 2015-01-04

Why are men, like other primate males, usually the aggressors and risk takers? Why do women typically have fewer sexual partners? In Why Sex Matters, Bobbi Low ranges from ancient Rome to modern America, from the Amazon to the Arctic, and from single-celled organisms to international politics, to show that these and many other questions about human behavior largely come down to evolution and sex. More precisely,

as she shows in this uniquely comprehensive and accessible survey of behavioral and evolutionary ecology, they come down to the basic principle that all organisms evolved to maximize their reproductive success and seek resources to do so, but that sometimes cooperation and collaboration are the most effective ways to succeed. This newly revised edition has been thoroughly updated to include the latest research and reflect exciting changes in the field, including how our evolutionary past continues to affect our ecological present.

Why Sex Doesn't Matter - Olivia Fane 2020-03-31

Olivia Fane addresses the politics, the obsessions, the misconceptions of one of the most important aspects of human existence. Is Sex Natural? Is Sex Dirty? Is Sex Loving? Is Sex about Beauty? Is Sex Political? This is a necessary and controversial book in these confused, self-obsessed, sex-obsessed and gender-fluid times.

Intersexuality and the Law - Julie A. Greenberg 2012-01-01

Winner of the 2013 Bullough Award presented by the Foundation for the Scientific Study of Sexuality The term "intersex" evokes diverse images, typically of people who are both male and female or neither male nor female. Neither vision is accurate. The millions of people with an intersex condition, or DSD (disorder of sex development), are men or women whose sex chromosomes, gonads, or sex anatomy do not fit clearly into the male/female binary norm. Until recently, intersex conditions were shrouded in shame and secrecy: many adults were unaware that they had been born with an intersex condition and those who did know were advised to hide the truth. Current medical protocols and societal treatment of people with an intersex condition are based upon false stereotypes about sex, gender, sexual orientation, gender identity, and disability, which create unique challenges to framing effective legal claims and building a strong cohesive movement. In *Intersexuality and the Law*, Julie A. Greenberg examines the role that legal institutions can play in protecting the rights of people with an intersex condition. She also explores the relationship between the intersex movement and other social justice movements that have effectively utilized legal strategies to challenge similar discriminatory practices. She discusses the feasibility of forming effective alliances and developing mutually beneficial legal arguments with feminists, LGBT organizations, and disability rights advocates to eradicate the discrimination suffered by these marginalized groups.

The Perfect Matrimony - Samael Aun Weor 2012-05-01

"Love is the highest religion..." - Samael Aun Weor If you only want one book about real spiritual practice, *The Perfect Matrimony* has everything you need. Prepare yourself for a spiritual revolution. In fact, this book is so powerful that because of it, in 1950 the Catholic Church had Samael Aun Weor jailed. They accused him of "offending the public and healing the ill." *The Perfect Matrimony* is a complete introduction to the profound and beautiful mystical knowledge from which all the world's great religions have blossomed. There is a sacred teaching, the source of the secret teachings of Judaism, Christianity, Buddhism, Taoism, Hinduism, Alchemy, Tantra, Kabbalah, and the mysteries of the Mayans, Aztecs, Egyptians, Tibetans, Eleusinians, Essenes, and hundreds more. All of them have a sexual secret. All of them came from the same root knowledge. *The Perfect Matrimony* explains how to solve the problem that originated with Adam and Eve: an event clearly rooted in sex. Jesus also taught how to solve this problem (his first miracle was at a wedding, after all), but the church edited his teachings. When Samael Aun Weor publicly revealed the true teachings, the outraged church had him imprisoned in an effort to repress what he revealed. Everything that lives was created through sex. Just the same, the soul is created through sex, but not the sex of the common person. To create divinity, one must understand divine sexuality. Such knowledge has always been preserved in secret, held safely for those who demonstrated their ability to use it properly. Now, for the first time in history, that knowledge has been revealed openly: this book, originally published in 1950, marked its first public appearance. "Love is the highest religion..." - Samael Aun Weor, *The Perfect Matrimony* (1950) With the explanations in this book, you will understand not only many seemingly vague and incomprehensible scriptures, but also how all genuine spiritual practices work. After reading this book, religion and sex make sense. Moreover, you will see that religion is not found in organizations, buildings, or books, it is found in the heart that is enflamed with divine love.

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Let's Talk About Sex - Lisa Featherstone 2011-01-18

From the start of the new Australian nation in 1901, to the use of the female contraceptive pill in 1961, *Let's Talk About Sex* explores the ways sexuality has been constructed, understood and experienced in Australia. Far from being something hidden and private, this work brings sexuality out into the open, and explains why sex is of social, cultural, political and economic importance. *Let's Talk About Sex* is an inclusive history, surveying multiple and interwoven forms of sexuality, desire, pleasure, regulation and resistance. It begins with the long Victorian period: the hidden desires of women and the "hydraulic" sexual needs of men, both in the cities and on the frontier. It moves across the decades, considering heterosexuality, homosexuality, lesbians and nascent ideas about queer and sexual difference. Lisa Featherstone highlights the tensions of the ages: venereal disease, homophobia, birth control, rape and child sexual assault. She analyses the ways non-normative sexuality was constructed as evil and perverse, but also how men and women responded to this pathologising of their desires. *Let's Talk About Sex* provides a fascinating account of sex, gender, age and race, across the formative years of Australian society.

Why Is Sex Fun? - Jared Diamond 2014-03-20

A fascinating insight into how human sexuality came to be the way it is now - Jared Diamond explains why we are different from the animal kingdom. Why are humans one of the few species to have sex in private? Why do humans have sex any day of the month or year, including when the female is pregnant, beyond her reproductive years, or between her fertile cycles? Why are human females one of the few mammals to go through menopause? Human sexuality seems normal to us but it is bizarre by the standards of other animals. Jared Diamond argues that our strange sex lives were as crucial to our rise to human status as were our large brains. He also describes the battle of the sexes in the human and animal world over parental care, and why sex differences in the genetic value of parental care provide a biological basis for the all-too-familiar different attitudes of men and women towards extramarital sex.

Lost Sex - Isa Schön 2009-09-22

Sex is the queen of problems in evolutionary biology. Generations of researchers have investigated one of the last remaining evolutionary paradoxes: why sex exists at all. Given that sexual reproduction is costly from an evolutionary point of view, one could wonder why not all animals and plants reproduce asexually. Dozens of contemporary hypotheses attempt to explain the prevalence of sex and its advantages and predict the early extinction of fully asexual lineages. The major theme of this book is: what is the fate of animal and plant groups in which sex is lost? Initial chapters discuss theory behind asexual life: what major disadvantages do asexual groups have to face, what are the genetic and ecological consequences and what does this theory predict for more applied aspects of asexual life, for example in agricultural pests, diseases as well as in cultural crops such as grapes. Case studies in many animals (focusing on both invertebrates and vertebrates) and plants reveal parallel, but also singularly novel adaptations to the absence of meiosis and syngamy. And last but not least, are asexuals really doomed to early extinction or do genuine ancient asexuals exist? This book assembles contributions from the most important research groups dealing with asexual evolution in eukaryotes. It is a milestone in research on parthenogenesis and will be useful to undergraduate as well as graduate students and to senior researchers in all fields of evolutionary biology, as the paradox of sex remains its queen of problems.

The Relationship Manifesto - Stephen Whitehead 2018-02-01

The most honest and sane book ever written on love, sex and relationships. A manifesto for the 21st century, aimed at helping people overcome guilt and regret and find true contentment as they embark on their unique love journey. Based on extensive research and including vignettes from around the world, *The Relationship Manifesto* provides detailed descriptions of the different types of love; lists the relationship vows guaranteed to make a marriage work; explains why sex is not always about love; and examines what true togetherness really means. A

remarkable and insightful read, designed not to fuel myths of Happy Ever After, but explain the different types of relationships that might

work for you. An absolutely essential read for anyone in or out of love.
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