

Lesbian Couples A Guide To Creating Healthy Relationships

D Merilee Clunis

Queer Sex Juno Roche 2018-04-19 LONGLISTED FOR THE POLARI FIRST BOOK PRIZE 'Adore, adore, adore' THE GUARDIAN 'Simply phenomenal' BITCH MEDIA 'Brave, inspirational, ground-breaking' BARBARA CARELLAS 'Deeply personal, honest and instructive' CARYN FRANKLIN 'A gift to anyone looking to open their minds and fall in love' CN LESTER In this frank, funny and poignant book, transgender activist Juno Roche discusses sex, desire and dating with leading figures from the trans and non-binary community. Calling out prejudices and inspiring readers to explore their own concepts of intimacy and sexuality, the first-hand accounts celebrate the wonder and potential of trans bodies and push at the boundaries of how society views gender, sexuality and relationships. Empowering and necessary, this collection shows all trans people deserve to feel brave, beautiful and sexy.

Zora neale Hurston Henry L. Gates 2000-02-11 Zora Neale Hurston(1891 -- 1960) Of the various signs that the study of literature in America has been transformed, none is more salient than is the resurrection and canonization of Zora Neale Hurston. Twenty years ago, Hurston's work was largely out-of-print, her literary legacy alive only to a tiny, devoted band of readers who were often forced to photocopy her works if they were to be taught ... Today her works are central to the canon of African-American, American, and Women's literatures ... The author of four novels, *Jonah's Gourd Vine* (1934), *Their Eyes Were Watching God* (1937), *Moses, Man of the Mountain* (1939), and *Seraph on the Suwanee* (1948); two books of folklore -- *Mules and Men* (1935) and *Tell My Horse* (1938); an autobiography, *Dust Tracks On a Road* (1942); and over 50 short stories, essays, and plays, Hurston was one of the most widely acclaimed Black authors for the two decades between 1925 and 1945. -- from the Preface by Henry Louis Gates, Jr.

Skin Dorothy Allison 2013-05-28 DIVA collection of critical essays from award-winning author Dorothy Allison about identity, gender politics, and queer theory, now with a new preface/divDIV Lambda Award and American Library Association's Stonewall Book Award-winning author Dorothy Allison is known for her bold and insightful writing on issues of class and sexuality. In *Skin*, she approaches these topics through twenty-three impassioned essays that explore her identity—from her childhood in a poor family in South Carolina to her adult life as a lesbian in the suburbs of New York—and her sexuality./divDIV /divDIVIn "Gun Crazy," Allison delves into what guns meant to the men and women around her when she was growing up. She gives insight into the importance of speaking professionally about sexuality in "Talking to Straight People," and articulates the danger women feel about revealing their personal desires, even within feminist communities, in "Public Silence, Private Terror." Allison is fearless in her discussion of many social and political taboos. Compelling and raw, *Skin* is an honest and intimate work—perfect for Dorothy Allison fans and new readers alike./div

Pain Woman Takes Your Keys, and Other Essays from a Nervous System Sonya Huber 2017-03-01 Rate your pain on a scale of one to ten. What about on a scale of spicy to citrus? Is it more like a lava lamp or a mosaic? Pain, though a universal element of human experience, is dimly understood and sometimes barely managed. *Pain Woman Takes Your Keys, and Other Essays from a Nervous System* is a collection of literary and experimental essays about living with chronic pain. Sonya Huber moves away from a linear narrative to step through the doorway into pain itself, into that strange, unbounded reality. Although the essays are personal in nature, this collection is not a record of the author's specific condition but an exploration that transcends pain's airless and constraining world and focuses on its edges from wild and widely ranging angles. Huber addresses the nature and experience of invisible disability, including the challenges of gender bias in our health care system, the search for effective treatment options, and the difficulty of articulating chronic pain. She makes pain a lens of inquiry and lyricism, finds its humor and complexity, describes its irascible character,

and explores its temperature, taste, and even its beauty.

Conscious Lesbian Dating & Love Ruth L. Schwartz 2015-09-04 If you're a single lesbian who wants deeply fulfilling lasting love, this book was written for you. You'll learn exactly why and how the conscious approach to dating and love will make all the difference for you, and also get a detailed roadmap to help you find and create the relationship you most want.

Lesbian Sex Bible Diana Cage 2014-08-01 The explicit and essential guide to sex for lesbian, bisexual, and queer women—winner of the Lambda Literary Award for Lesbian Erotica (2015). The Lesbian Sex Bible is a fresh, funny, irreverent, and inclusive look at lesbian sexuality. This book encourages women to talk freely about sex and to deepen and expand their sexual knowledge. Above all, it empowers women of all sexual identities to have the hottest sex possible. Lesbian, bisexual, bicurious, trans, butch, femme, androgynous, seasoned dykes, and curious new comers alike will want to keep this book on the nightstand. Filled with explicit techniques and tips for enhancing your intimacy and pleasure, each chapter focuses on individual elements of lesbian sex while also providing frank advice about lesbian dating and relationships, gender, identity, and sexual culture. Highlighting strategies for sexual satisfaction and erotic empowerment, The Lesbian Sex Bible is a comprehensive guide for lesbians and all women interested in expanding their sexual knowledge.

The New Lesbian Sex Book Wendy Caster 2008 The most thorough, comprehensive guide to lesbian sex hits its third edition - fully updated to include the latest first-hand information on the all things to do with lesbian sex. An open, friendly, informative and accessible discussion of sexual techniques. Includes experiences and techniques from over 30 women, who discuss their sex lives in extreme and honest detail.

The Gay and Lesbian Self-esteem Book Kimeron N. Hardin 1999 This unique personal growth book helps gays and lesbians deal with the challenges they face in their lives. Examines issues from childhood, careers, relaxationships, self-doubts. Suggests a variety of healing strategies and exercises.

Prayers for Bobby Leroy Aarons 2009-08-25 Bobby Griffith was an all-American boy ...and he was gay. Faced with an irresolvable conflict-for both his family and his religion taught him that being gay was "wrong"-Bobby chose to take his own life. Prayers for Bobby, nominated for a 1996 Lambda Literary Award, is the story of the emotional journey that led Bobby to this tragic conclusion. But it is also the story of Bobby's mother, a fearful churchgoer who first prayed that her son would be "healed," then anguished over his suicide, and ultimately transformed herself into a national crusader for gay and lesbian youth. As told through Bobby's poignant journal entries and his mother's reminiscences, Prayers for Bobby is at once a moving personal story, a true profile in courage, and a call to arms to parents everywhere.

Lesbian Marriage Kim Chernin 2014 Now that lesbian marriage and lesbian couples are stepping into full recognition by culture and society, there is more pressure to succeed as a couple - and potentially a family. There is also the invitation to fill the age-old institution with a new spirit and new forms of living. When you fall in love, you want love and sex, as well as passion and intimacy to be around forever. And why not? Whether you are in a committed lesbian relationship, on the path to marriage or already married, you want to make sure your sexual attraction will never fade. You would like to receive all the blessings of marriage: sex and romance, closeness and tenderness, honesty and harmony... until death do you part. We all know that keeping sex and romance alive is not a piece of cake. Let this book help you along in the spirit of frankness and humor. You will find stories, reflections, and "love & sex forever" tools. *Lesbian Marriage: A Love & Sex Forever Kit* offers couples: *Realistic and effective guidance to keep sex and romance hot *Shrewd advice and handy tools for the major challenges of lesbian marriage *Fun lists of what to do and not to do when faced with these challenges *Taboo-breaking revelations about what really goes on in bed *Encouragement to see the anxieties and pitfalls of lesbian marriage with humor *Reassurance that the new pressures to succeed in lesbian marriage can be met creatively ' Kim Chernin and Renate Stendhal are relationship experts, award-winning and bestselling authors who have written extensively about women's issues, love and sex. In *Lesbian Marriage: A Love & Sex Forever Kit*, their eye-opening

insights illuminate long-term lesbian relationships and the new potentials of lesbian marriage. Order a copy of this groundbreaking, taboo-smashing book today and keep the spark of passion and romance alive for years to come.

Slaying the Lesbian Bed Death Dragon Simone Reyes 2015-11-30 Slaying the Lesbian Bed Death Dragon (AND Being the Coolest Girlfriend on the Planet While You're At It!) A 30 Day Guide to Re-Claiming Your Lover - is a first of its kind. Whether readers regard the term "Bed Death" as fact or fiction, if the fire is out down below, this practical, insightful and invaluable handbook has a plan to guide lesbians through troubled waters in their relationship by providing the tools needed to get back on track-in love and in the bedroom. Following the simple, fun and sexy steps outlined in each chapter, you and your lover will be well on your way to re-connecting in a healthy, exciting new way.

No Safe Place Christina Crawford 1994 From the Publisher: Christina Crawford's devastating memoir Mommie Dearest (over 5,000,000 sold), first as book and later as Hollywood film, made the American public aware of violence in the family. In No Safe Place, drawing further on her personal story, but adding sociological research and case histories, the author shows how family violence is responsible for addictive behavior, depression, sleep disorders, chronic illness, suicide, delinquency, homelessness, and apparently "mindless" violent crime. A call to action, this impassioned book offers the hope that in facing the truth about our families we can save our society and ourselves.

Science and Homosexualities Vernon A. Rosario, M.D. 2013-01-11 Science and Homosexualities is the first anthology by historians of science to examine European and American scientific research on sexual orientation since the coining of the word "homosexual" almost 150 years ago. This collection is particularly timely given the enormous scientific and popular interest in biological studies of homosexuality, and the importance given such studies in current legal, legislative and cultural debates concerning gay civil rights. However, scientific and popular literature discussing the biology of sexual orientation have been short-sighted in representing it as objective, new scientific work. This volume demonstrates that the quest for the biological "cause" of homosexuality and other sexualities is as old as the term itself. These essays explore the active role experimental subjects played in shaping scientific theories of homosexuality and cultural perceptions of sexuality and sexual identity. Finally this anthology studies the way in which this doctor-patient interaction shaped not only scientific theories of homosexuality, but also cultural perceptions and self-identities as well. Contributors include: Garland E. Allen, Erin G. Carlston, Julian Carter, Alice D. Dreger, Anne Fausto-Sterling, Margaret Gibson, Stephanie Kenen, Hubert Kennedy, Harry Oosterhuis, James Steakley, Richard Pillard, Jennifer Terry

Recreation and Clean Water 1962

Ask a Queer Chick Lindsay King-Miller 2016-02-02 This guide to sex, love and life for girls who like girls is useful whether you're a lady-dating veteran or still trying to come out to yourself. "Fresh and authentic...[King-Miller] combine[s] the 'directness' of Dan Savage with the 'compassion and gentleness' of Cheryl Strayed."—BITCH magazine Seasoned advice columnist and queer chick Lindsay King Miller cuts through all of the bizarre conditioning imparted by parents, romantic comedies, and The L Word to help queer readers live authentic, safe, happy, sexy lives. With advice on every aspect of life as a lesbian, gay, bisexual, or queer woman—from your first Pride to confronting discrimination in the workplace—there is guidance for some of the most major parts of living in a world that can vacillate between supportive and cruel. "Lindsay King-Miller is the cool, queer aunt you never had but always wanted—she is unrelentingly kind, totally funny, and no subject is off limits. Ask a Queer Chick is essential reading."—Jolie Kerr, author of My Boyfriend Barfed In My Handbag...And Other Things You Can't Ask Martha

Lovers Tee Corinne 1989

Lesbian Couples D. Merilee Clunis 1988

The Ultimate Guide to Pregnancy for Lesbians Rachel Pepper 2008-09-05 The Ultimate Guide to Pregnancy for Lesbians covers everything you need to make the thrilling and challenging journey to motherhood: from choosing a donor to tracking fertility to signing the right papers on the dotted lines. Rachel Pepper's lively, easy-to-read guide is the first place to go for up-to-date information and

sage advice on everything from sex in the sixth month to negotiating family roles. Why a second edition? When the acclaimed first edition appeared, the author's daughter was only a few months old. This new edition takes into account the parenting know-how Pepper has developed over the intervening six years, as well as the evolving legal status of lesbian parents, and the increasing importance of the Internet for information on fertility, sperm banks, and donors. The resource section is greatly expanded, as are the sections on each trimester of pregnancy, on childbirth, and on life with a newborn. And Pepper provides more insight into preconception planning for both single lesbians and couples. An indispensable resource, *The Ultimate Guide to Pregnancy for Lesbians* is now bigger and better.

The Good Marriage: How and Why Love Lasts Judith Wallerstein 2019-08-09 When it first appeared in 1995, *The Good Marriage* became a best-seller. It offers timeless clues to the secret of happy, long-lasting marriages. Based on a groundbreaking study of fifty couples who consider themselves happily married, psychologist Judith Wallerstein presents the four basic types of marriage — romantic, rescue, companionate, and traditional — and identifies nine developmental tasks that must be successfully undertaken in a “good marriage” — separation from the family of origin, up-and-down vicissitudes of early years, children, balance of work and home, dealing with infidelities, and more. The men and women Wallerstein interviewed readily admit that even the best relationship requires hard work and continuing negotiation, especially in the midst of societal pressures that can tear marriages apart. But they also convey an inspirational message, for almost all of them feel that their marriage is their single greatest accomplishment. *The Good Marriage* explains why, and its lively mix of storytelling and analysis will challenge every couple to think in a profoundly different way about the most important relationship in their lives. “Should be required reading for all who are interested in marriage.” — W. Walter Menninger “Should prove a lifesaver for many couples.” — Publishers Weekly “Will enrich the sparse literature on happy marriages.” — USA Today “One of the nice things about *The Good Marriage* is its modesty. It doesn’t pretend to offer a philosophy or even a lecture on marriage. It takes no position on the ideologically charged issues of women’s marital roles and status. Equally important, it ignores the two most common ways of talking about marriage — as a contract negotiated between two equal parties and as the pathway to individual fulfillment. For this reason it is refreshingly free of ‘rights’ talk and therapy talk. Indeed, Wallerstein places much more emphasis on the development of good judgment and a moral sense than on the acquisition of effective communication or negotiation skills.” — Barbara Dafoe Whitehead, *The Atlantic* “A lagniappe to enduring couplehood... The strength of this study is that Ms. Wallerstein, a gifted interviewer, persuades the couples to reveal their interior lives in rich, explicit detail.” — Susan Jacoby, *The New York Times Book Review* “Written in a masterful style that often reads like the best popular fiction... Wallerstein and Blakeslee again combine their substantial talents... deftly and entertainingly exploring the foundations of good marriages.” — Tara Aronson, *San Francisco Examiner & Chronicle* “Groundbreaking.” — *Boston Globe* “This is a wonderfully readable and immensely valuable book, full of wise and original insights about the many, many roads to marital happiness.” — Judith Viorst “With wisdom, humor, and sympathetic understanding, Judith Wallerstein helps us recognize and rediscover the good marriage... lucid, psychologically sophisticated, and generously wise.” — David Blankenhorn, *Newsday* “Historically informative as well as profoundly wise psychologically.” — Joan M. Erikson “For a long time, as a Rabbi, I’ve been using *The Good Marriage*, by the late Judith Wallerstein... in my pre-marital counseling. She provides... amazingly helpful insights [which] open up conversations and lead couples to think much more deeply about what they are getting themselves into — and what they might need to do to keep their marriages strong.” — Rabbi Carl M. Perkins “A welcome addition to the field of literature on contemporary marriage... The style [is] clear, concise, sensitive and, occasionally, personal. Her personal additions... add warmth, emotional consciousness, and greater insight into what makes individuals and couples happy in their relationships. This book has value for the many audiences interested in relational theory that want to approach relationships from a realistic and positive perspective.” — Nancy Williford, *Clinical Social Work Journal* “In *The Good Marriage*, Wallerstein’s

new study of 50 married couples offers affirmation that the process of marriage itself presents a vehicle for transformation... A best-selling author, Wallerstein employs a thoughtful, nonaggressive style that appeals to the general public. Wallerstein has performed an invaluable service in *The Good Marriage*." — Elizabeth M. Tully, M.D., *Journal of Academy of Child and Adolescent Psychiatry* "Solid... impressive... Those interested in social policy should be pleased that so well-respected a liberal academic as Ms. Wallerstein has written a book that celebrates marriage and points the way toward restructuring it." — *Wall Street Journal* "With extraordinary skill and compassion Wallerstein and Blakeslee take us inside the lives of fifty American couples and find that a good marriage still provides the best framework for enduring love and intimacy." — Sylvia Ann Hewlett "A very appealing book... clearly written and clearly thought out." — *Library Journal* "Wallerstein's major contribution is not about how and why love lasts, but about how and why love develops. It is in such a context, less idyllic, but more realistic, that the book will prove to be a lasting contribution." — *Readings: A Journal of Reviews and Commentary in Mental Health*

Sexual Intimacy for Women Glenda Corwin 2010-05-25 A guide for lesbian couples to improve their levels of intimacy, providing exercises and anecdotes, covering common issues women in same-sex couples have, and discussing the intricacies of female desire.

Computational Materials Science June Gunn Lee 2016-11-25 This book covers the essentials of Computational Science and gives tools and techniques to solve materials science problems using molecular dynamics (MD) and first-principles methods. The new edition expands upon the density functional theory (DFT) and how the original DFT has advanced to a more accurate level by GGA+U and hybrid-functional methods. It offers 14 new worked examples in the LAMMPS, Quantum Espresso, VASP and MedeA-VASP programs, including computation of stress-strain behavior of Si-CNT composite, mean-squared displacement (MSD) of ZrO₂-Y₂O₃, band structure and phonon spectra of silicon, and Mo-S battery system. It discusses methods once considered too expensive but that are now cost-effective. New examples also include various post-processed results using VESTA, VMD, VTST, and MedeA.

Gringa Melissa Hart 2009-10-06 Torn between the high socioeconomic status of her father and the bohemian lifestyle of her mother, Melissa Hart tells a compelling story of contradiction in this coming-of-age memoir. Set in 1970s Southern California, *Gringa* is the story of a young girl conflicted by two extremes. On the one hand there's life with her mother, who leaves her father to begin a lesbian relationship, taking Hart and her two siblings along. Hart tells of her mom's new life in a Hispanic neighborhood of Oxnard, California, and how these new surroundings begin to positively shape Hart herself. At the opposite extreme is her father's white-bread well-to-do security, which is predictable and stable and boring. Hart is made all the more fraught with frustration when a judge rules that being raised by two women is "unnatural" and grants her father primary custody. Hart weaves a powerful story of fleeting moments with her mother, of her unfolding adoration of Oxnard's Latino culture, and of the ways in which she's molded by the polarity of her parents' worldviews. Hart is faced with opposing ideals, caught between what she is "supposed" to want and what she actually desires. *Gringa* offers a touching, reflective look at one girl's struggle with the dichotomies of class, culture, and sexuality.

Love Between Men Rik Isensee 1996-05-01 Enhancing intimacy and keeping your relationship alive The only step-by-step self-help book specifically geared for gay men in relationships. Highly accessible, immediately rewarding tool to help gay men cope with the unique situations and problems they face as gay men in society and as men in relationships with other men.

Working It Out Frances S. Fuchs, Ph.d. 2009-11-28 With humor, kindness and practicality, this workbook addresses issues specific to lesbians as well as the universal skills needed in one's quest for loving, healthy and successful relationships.

The Official Dictionary of Unofficial English Grant Barrett 2010-06-14 The words come from different countries where English is spoken, such as the United States, the United Kingdom, Hong Kong, South Africa, and others The author's website has received more than 1.2 million hits since its launch in 2004, and he is frequently interviewed about language in publications such as the *New*

York Times

Hunger of Memory Richard Rodriguez 2004-02-03 *Hunger of Memory* is the story of Mexican-American Richard Rodriguez, who begins his schooling in Sacramento, California, knowing just 50 words of English, and concludes his university studies in the stately quiet of the reading room of the British Museum. Here is the poignant journey of a “minority student” who pays the cost of his social assimilation and academic success with a painful alienation — from his past, his parents, his culture — and so describes the high price of “making it” in middle-class America. Provocative in its positions on affirmative action and bilingual education, *Hunger of Memory* is a powerful political statement, a profound study of the importance of language ... and the moving, intimate portrait of a boy struggling to become a man.

Introduction to Computational Materials Science Richard LeSar 2013-03-28 Emphasising essential methods and universal principles, this textbook provides everything students need to understand the basics of simulating materials behaviour. All the key topics are covered from electronic structure methods to microstructural evolution, appendices provide crucial background material, and a wealth of practical resources are available online to complete the teaching package. Modelling is examined at a broad range of scales, from the atomic to the mesoscale, providing students with a solid foundation for future study and research. Detailed, accessible explanations of the fundamental equations underpinning materials modelling are presented, including a full chapter summarising essential mathematical background. Extensive appendices, including essential background on classical and quantum mechanics, electrostatics, statistical thermodynamics and linear elasticity, provide the background necessary to fully engage with the fundamentals of computational modelling. Exercises, worked examples, computer codes and discussions of practical implementations methods are all provided online giving students the hands-on experience they need.

Period JoAnn Loulan 2001-04-01 Discusses the physical and psychological changes at the onset of menstruation.

Lesbian Love Addiction Lauren D. Costine 2015-11-05 Everyone makes mistakes in relationships at one time or another. Sometimes they learn from those mistakes. Other times, they return to those behaviors and cycle through failed relationship after failed relationship. Sometimes those behaviors become an addiction to love that may leave a person feeling unhappy, unfulfilled, lonely, or worse. *Lesbian Love Addiction: Understanding the Urge to Merge and How to Heal When Things go Wrong* makes visible the elements of love addiction that many lesbians suffer from. Love addiction for lesbians comes in many forms. Some struggle by sexually acting out and others are serial relationship junkies, jumping from one relationship into the next. Some are addicted to the high of falling in love and once that wears off don't know how to handle the day-to-day realities of a committed relationship. Some are even addicted to fantasy and intrigue, while others are love avoidants and sexual anorexics. Love avoidants may be able to get into a relationship but once they are fully committed, struggle with feeling smothered. Others may avoid intimate or sexual relationships all together, becoming sexually anorexic. Some may even vacillate between all of these. The underlying component and common denominator in all of these scenarios is the “Urge to Merge.” *Lesbian Love Addiction* is designed to help ameliorate at least part of this problem. Lauren D. Costine offers insight for lesbians, bisexual women in relationships with women, queer women, and more specifically, any woman who loves women, as well as their family and friends, and health care professionals, into the psychology of lesbian love addiction. It will give those who struggle with and suffer from love addiction ways to understand, cope, and heal from this debilitating addiction. It will give those who work with this population new tools to use to do this more effectively. Mostly, it will help lesbians understand their relationship failures and how to heal from problems associated with them, so they may grow and cultivate happier, more fulfilling connections in the future.

Love Matters Ellen Cole 2016-04-29 *Love Matters: A Book of Lesbian Romance and Relationships* is a collection of advice columns and personal reflections that will help lesbian couples validate and appreciate their unique relationships. With excerpts taken from the author's “Love Matters” column in the lesbian newspaper *New Phazes*, this book explores real-life questions and issues that lesbians

have about dating, sex, love, and relationship longevity. From *Love Matters*, you'll receive honest, informative advice that can help you and your partner share a more open and fulfilling relationship. Offering support, care, and understanding for lesbian couples, *Love Matters* seeks to recognize the "new female role" for lesbian women. Using her 15-year long relationship as a basis for many of the responses, the author provides you with suggestions and insight into topics relating to lesbian relationships, such as: keeping sex alive in a long-term relationship handling finances fairly and successfully supporting your partner through the physical, emotional, and spiritual changes caused by menopause identifying the difficulties of dating and what lesbians look for on a date questioning the purpose of and emotions caused by a long-distance relationship realizing how homophobia affects love and relationships While focusing on the joys and experiences of couples, this book also addresses depression and loneliness felt by single lesbians, break-ups, and the death of a partner. You'll find that *Love Matters* offers comfort, hope, and humor that will help you understand the difficulties and rewards of your lesbian relationship.

Gay Relationships for Men and Women Tina Tessina 1990-04-01 *Gay Relationships* is a comprehensive guide to creating healthy, loving relationships for gay men and lesbian women. Tina Tessina, Ph.D., provides unique insight into the special issues faced by same-sex couples and offers practical and sensitive advice that all gay men and women will find valuable, whether they are looking for a partner, are currently in the throes of a relationship, or are hurting from the end of a relationship and wondering how to make the next one better. "For same-sex couples who have always had to mentally revise heterosexually oriented relationship material, finally here is a book addressed to you, and one worth waiting for. Tina Tessina has written a first-rate how-to manual... This book is superbly simple, clearly and sensitively written."—San Francisco Bay Guardian "A valuable, helpful book filled with enlightening information."—Seattle Gay News

Lives of Lesbian Elders J Dianne Garner 2014-07-16 The untold history of lesbian life from those who have lived it! *Lives of Lesbian Elders: Looking Back, Looking Forward* illuminates the hopes, fears, issues, and concerns of gay women as they grow older. Based on interviews with 62 lesbians ranging in age from 55 to 95, this very special book provides a historical account of the shared experiences of the lesbian community that is so often invisible or ignored in contemporary society. The book gives voice to their thoughts and feelings on a wide range of issues, including coming out, identity and the meaning of life, the role of family and personal relationships, work and retirement, adversity, and individual sources of strength and resilience. Cast off and overlooked at best or victims of scorn and prejudice at worst, lesbians in the twentieth century lived dual lives, their full voices unheard—until now. *Lives of Lesbian Elders* chronicles the life choices they made and their reasons for making them, set against the contexts of culture, politics, and the social mores of the eras in which they lived. Their stories of courage, resilience, resourcefulness, pride, and independence help restore lesbian history that has been forgotten, distorted, or disregarded and provide the information necessary to meet the future needs of aging lesbians. *Lives of Lesbian Elders* gives aging lesbians a chance to discuss their thoughts on a variety of topics, including: Coming out "You didn't talk about it . . . Until two years ago, I never even referred to a lesbian or would I allow the word to pass my lips" "I used to sneak into libraries and read about homosexuality and back in that era, it was not classy . . . it was classified as a disorder of some type" Identity "The only difference between me and anybody else is that I just happen to be sleeping with a woman" "I think I grew up not really knowing who I was and, I think, probably fighting all my life trying to find out who I was" Family "I feel very connected with the lesbian community here . . . I guess I would call that family" "Many years ago, my sister said: 'I think when they're ready, you need to explain to (the nieces) what a lesbian is, because I want them to hear the correct story . . . I want them to hear what it really is and not all these stupid rumors that go around'" Work "I was going to become a youth minister at one point and it dawned on me in high school that there was no way the church was going to let me work with kids" "I didn't really finish my career . . . I still have dreams about the military and about not finishing . . . It was my choice, but it wasn't really my choice" Aging and the Future "I think financing, of course, is a real big problem for lesbian women" "I have a concern that

if anything should happen to my partner—in growing older—of being isolated from the gay community” . . . and much more! Lives of Lesbian Elders: Looking Back, Looking Forward also includes appendices that present demographic data on the women who were interviewed for the book, information on historical timelines, and suggested readings on lesbian history. The book is an invaluable addition to the growing collective history of lesbians in the United States.

Preventing Heterosexism and Homophobia Esther D. Rothblum 1996-08-06 Even in today's society, gay men, lesbians, and bisexuals experience multiple pressures and constraints related to their lifestyles, in addition to the stresses of everyday life. This dual tension can result in psychopathology among gay men, lesbians, and bisexuals. Preventing Heterosexism and Homophobia examines the gay and lesbian experience in light of their tension and points toward a future free of heterosexism. The stress of "coming out," the uncertainty of parenting their children, and the difficulties facing ethnic minority lesbians and bisexuals cannot be adequately addressed without confronting the heterosexual bias in society. The contributors to this informative volume propose methods geared toward eliminating heterosexual bias in various settings--health care, therapy, communities, corporate America, and education. Ultimately, this book examines both the risks and joys of being gay, lesbian, and bisexual, and how to prevent heterosexism and its effects on the lives of all people, including those of heterosexuals. Students and professionals in interpersonal communication and interpersonal relations, clinical psychology, and public health will benefit greatly from the original perspectives this book has to offer.

The Lesbian Love Companion Marny Hall 1998-04-07 In The Lesbian Love Companion, Marny Hall, Ph.D., a psychotherapist with twenty years' experience counseling lesbian couples, explores and celebrates lesbian relationships in all their complexity - and humor. Based on the idea that the key to healthy relationships lies in our ability to keep refining the story of our relationships, it presents the perfect blend of advice and inspiration for every lesbian looking for love. Interspersing real-life examples from Hall's practice, sound advice, and laugh-out-loud observations, The Lesbian Love Companion takes a completely fresh and honest approach to the unique relationship issues near and dear to every lesbian's heart. "Witty, perceptive, and wise" - Karla Jay, editor of Dyke Life and Lesbian Erotics " A delightfully practical and funny guidebook to exploring life after love . No coy language and no judgmental presumptions help us say yes to the relationships we want. When you go shopping for the next commitment ceremony, The Lesbian Love Companion is the perfect gift" - Jewelle Gomez, author of The Gilda Stories A wonderful book helping lesbians define our relationships on our terms--making a successful breakup as worthwhile as our commitments." - Suzanne Westenhoefer, lesbian comedienne "With dozens of real-life examples, [this] highly creative guide to everyday relationship pitfalls is a veritable Kama Sutra of emotional possibility." - Alison Bechdel, creator of Dykes to Watch Out For "[A] lively, smart, funny, and fun-to-read book that challenges our fairy tale notions that we will find one Ms. Right and settle down forever in undisturbed bliss. Hall...offers wise advice about how to keep one's sanity through the ins-and-outs of all these discombobulating and destabilizing experiences." - Lillian Faderman, author of Odd Girls and Twilight Lovers and Surpassing the Love of Men

Love Between Men Rik Isensee 2020-03-13 Read this book if you'd like to improve your relationship and communicate better with your boyfriend, lover, or even your next date! You'll learn how to resolve conflicts instead of escalating or retaliating, enhancing the sense of intimacy and love that brought you together in the first place. "LOVE BETWEEN MEN is a treasure...Isensee condenses years of clinical expertise of working with gay couples and translates this into a volume that is chock-full of enormously helpful and practical ways for men to look at, understand, and improve their relationships. It is bound to become a classic." -Michael Shernoff, ACSW "...a valid guide to establishing closer, more enduring partnerships...fills a gap in the resources available to couples." -K. Orton Williams, San Francisco Sentinel "...there is meat on these bones; material that any person in a relationship, or considering/fearing one, can learn from.... Isensee's insights are solid and his chapter on abusive relationships is the sort of material rarely discussed within the gay community. And his summation chapters, which include the awful thought of 'What If It Doesn't

Work Out?, ' are astute." -Dale Reynolds, Lambda Book Report "This is a practical, down-to-earth manual for men who live in intimate relationships and want to improve them.... This book does more than help couples solve complicated interpersonal problems-it helps them to avoid them." -Harvey L. Gochros, D.S.W., professor, School of Social Work, University of Hawaii "Isensee explores gay male relationships by examining the difficulty of maintaining successful male-male bondings in a hostile, homophobic society. He discusses problems unique to homosexual relationships.... A helpful book." -Library Journal "A welcome addition to practical gay literature." -Booklist

Lesbian Couples D. Merilee Clunis 2000 Two lesbian therapists give lesbian couples the tools they need to handle such issues as living arrangements, work, money, coming out, and conflict resolution. Included is new material on personal and community issues including monogamy, transgender identity, open relationships, S&M, and butch-femme roles.

True Secrets of Lesbian Desire Renate Stendhal 2011-10-18 Renate Stendhal sweeps out the old myths about bed death, the notion that lesbian couples tend to be too close to maintain sexual desire. Her own story and her talks with counseling clients prove the contrary. Stendhal shows that sex is the natural and continuous outcome of a closeness generated by bold honesty and the capacity to speak and hear intimate secrets. Sharing "shameful" desires and vulnerable fears is what love and sexual passion are made of. Stendhal teaches simple, effective and thought-provoking lessons for any committed or married couple who wants to keep passion alive beyond the honeymoon phase. Her message: The art of intimate truth-telling is the most effective aphrodisiac of all. From the Trade Paperback edition.

Lesbian Couples D. Merilee Clunis 2004-12-21 Written by two experienced lesbian therapists, *Lesbian Couples* covers a range of topics—commitment ceremonies and marriage, living arrangements, work, money, togetherness and separate identities, coming out to family and friends, resolving conflict and understanding each other—and uses a variety of helpful examples and problem-solving techniques, drawing from research done on lesbian couples over the past decade. The book pays special attention to differences of race, class, age and physical ability, and addresses the issues raised when one or both partners are recovering from alcohol, substance, or sexual abuse. The book also addresses differences that lesbians may encounter in their relationships regarding such issues as butch-femme, transgender identity, bisexuality, monogamy, and s/m. Thoroughly readable and extremely helpful, with an updated resource guide, *Lesbian Couples* is a book that every lesbian will want to own.

Lesbians in Television and Text After the Millennium Rebecca Beirne 2008-09-15 *Lesbians in Television and Text after the Millennium* explores popular contemporary texts featuring lesbian characters, including *The L Word*, *Queer as Folk*, *Dykes to Watch Out For*, and various pornographic videos. Beirne places these works in the context of political and cultural trends of the post-millennial period and compares them to cultural representations of lesbians from the past. Taking up such issues as mainstreaming, feminine lesbians, the male gaze, female masculinity, and sexual practice, this book puts forward provocative readings of texts that have been little explored and offers new insights into the depiction of lesbians in popular culture.

The Lesbian Parenting Book D. Merilee Clunis 2003-05-27 Provides advice and anecdotes on each stage of parenting, filled with new information on internet safety, legal hoops for noncustodial parents, and late-in-life pregnancy.

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