

# Keeping Kids Safe A Child Sexual Abuse Prevention Manual

## **Surviving and Moving On -**

Kim McGregor 2014-01-21

This book is essential reading for any survivor of child sexual abuse, female or male. Many survivors of sexual abuse have not always been believed or supported through their developmental years. They have had to cope on their own, dealing with the aftermath of the abuse in whatever ways they could. This book offers ideas and techniques for understanding and healing which adult survivors in particular may find useful. It tends to be written with women in mind, but much of the information and many of the exercises may be useful for male survivors as well. This book will also be useful for the partners, families and friends

giving support and encouragement to survivors who are healing themselves from the effects of abuse. Many survivors want those around them to understand what they've survived and its effects on their life. Part 1 provides information about child sexual abuse - what it is, why children remain silent about it, some of the effects abuse can have on a survivor's life and how these can be minimised, and who the offenders are. Part 2 is for survivors, helping them to understand and to cope with their unique experience of child sexual abuse. Part 3 is specifically for supporters and caregivers of survivors.

## **Child Maltreatment: A clinical guide and reference**

- James A. Monteleone 1998

Written in a frank, plainspoken manner from the vantage of nationally recognized experts, this encyclopedic reference covers all manifestations of abuse, including physical, psychological, and sexual signs. No other reference treats the topic of child maltreatment so completely, giving the practitioner an understanding only years of clinical work could rival. This is especially apparent in its coverage of sexual abuse.

While addressing the physical findings, including STDs, in depth, this text emphasizes the most important components of the process-disclosure by, and interview of, the suspected victim. Appropriate for: Pediatricians, Family Practice Physicians.

*Child Abuse and Culture* - Lisa Aronson Fontes 2008-01-18

This expertly written book provides an accessible framework for culturally competent practice with children and families in child maltreatment cases. Numerous workable strategies and concrete examples are

presented to help readers address cultural concerns at each stage of the assessment and intervention process. Professionals and students learn new ways of thinking about their own cultural viewpoints as they gain critical skills for maximizing the accuracy of assessments for physical and sexual abuse; overcoming language barriers in parent and child interviews; respecting families' values and beliefs while ensuring children's safety; creating a welcoming agency environment; and more.

**Counseling Victims of Violence** - Sandra L. Brown 2007

"This book is designed as a quick-reference resource for counselors, social workers, therapists, psychologists, psychiatrists, R.N.s and medical staff, victim advocates and legal personnel, and all those engaged in supporting or helping victims of violence."-- BOOK JACKET.

**The Zuckerman Parker Handbook of Developmental and Behavioral Pediatrics**

**for Primary Care** - Marilyn Augustyn 2010-09-29  
The thoroughly updated Third Edition of this popular handbook provides practical guidance on diagnosing and treating children with developmental and behavioral problems in the primary care setting. Chapters written in outline format address topics ranging from everyday problems such as biting and social avoidance to serious and complex psychiatric disorders such as anorexia and depression. This edition includes new chapters on dealing with difficult child behavior in the office; alternative therapy for autism spectrum disorders; treatment of autism spectrum disorders; oppositional defiant disorder; bilingualism; health literacy; incarcerated parents; and military parents. Recommended readings for physicians and parents are included. A companion website includes the fully searchable text.

**Current Controversies on Family Violence** - Richard J.

Gelles 1993-09-28  
Competing research results have led to bitter debates on family violence. In this comprehensive volume, outstanding researchers and practitioners discuss the principle current controversies in the field. Areas explored include: child abuse and neglect, partner abuse, date and acquaintance rape, abuse of the elderly, and alcohol abuse. The thoughtful, often heated, contributions - presented in a debate format - cover such issues as: whether prevention programs affect rates of child sexual abuse, whether alcohol and drug use are causes of family violence, and whether child abuse is transmitted from generation to generation. The volume highlights the implications for research and policy directions in the family violence field.  
[Keeping Kids Safe, Healthy, and Smart](#) - Marcel Lebrun  
2009-04-16

Perhaps the most challenging and important role that adults play in society is that of raising children. Every parent and

teacher hopes to help children develop into healthy, caring, and intelligent adults. Keeping Kids Safe, Healthy, and Smart is designed for all adults who interact with kids-whether they be parents, teachers, or other caregivers-and provides specific suggestions for keeping children safe from hidden and open dangers wherever they spend time. This book is organized around three different themes of major threats and hidden dangers to children in our country: threats in school spaces (e.g., in classrooms, on buses, on playgrounds, and on sports teams); threats in cyberspace (bullying or harassment and child predators or child pornography), threats in other spaces where children work and play (intrapersonal and interpersonal violence including a wide range of threats such as self-mutilation, accidents, abuse, environmental threats, drugs, and mental illness).

[The Pathways to Peace Anger Management Workbook](#) -

William Fleeman 2003

All over the world, thousands of people are verbally abused, physically assaulted, maimed or murdered every day because of anger and rage. Families are ruined, marriages ended, children traumatized, careers lost, opportunities missed and personal and public property destroyed. The habit of anger abuse is one that is reinforced socially. People learn to abuse anger from the examples set by parents, peers and the media. This workbook, the official text for the self-help anger management program of the same name, helps people to unlearn these destructive patterns. It shows chronically angry people how to replace their anger habit with peaceful alternatives and respond to their anger triggers in nonviolent ways. The program outlined in this workbook will help readers discover how they learned their anger pattern, focus on values and goals that support a rage-free lifestyle, and learn skills that will help them avoid relapsing into angry behavior. The workbook has eighteen sessions, each

complete with personal stories and questions designed to help the reader understand their past experiences and how to move forward. The Pathways to Peace Anger Management Workbook provides real answers for men and women who know that they have an anger problem and are looking for positive change. Book jacket.

### Working with Trauma-Exposed Children and Adolescents -

Joanna Pozzulo 2018-12-07

Far too often, children and youth experience trauma, from rare events such as mass shootings, terrorism attacks, and school lockdowns, to very common occurrences such as bullying, exposure to drugs and alcohol, or various mental health issues. They can experience these events both directly and indirectly (from surfing the internet, watching television, or through their friends). Our children spend a large portion of their day at school interacting with other students, teachers, and school personnel, where these topics are raised and discussed. This

edited volume addresses how our teachers and school personnel can help students deal with these potentially traumatic events to reach the most positive possible outcomes. This collection brings together leading experts, including academics and professionals working in the field, to provide the most current evidence-based practices on how to help students who may have experienced or witnessed trauma. It presents research and advice on how to respond to traumatic events regarding bullying; drugs and alcohol; sexual abuse; mental health; lesbian, gay, bisexual, transgender, and queer (LGBTQ) safety; stranger danger; childhood disruptive behaviors; school shootings and lockdowns; and terrorism. It also includes a chapter focused on how to implement a school safety program. Schools cannot deal with these issues alone; effective strategies must engage family members and the broader community. Hence, the collection includes a

chapter on how schools can partner with families and the communities they reside in to bring about positive change. All this work pays close attention to cultural and religious sensitivity, socio-economic variabilities, diversity issues, and developmental stages.

**Child Maltreatment: . A clinical guide and reference**  
- 1994

**Understanding Child Abuse and Neglect** - National Research Council 1993-02-01  
The tragedy of child abuse and neglect is in the forefront of public attention. Yet, without a conceptual framework, research in this area has been highly fragmented. Understanding the broad dimensions of this crisis has suffered as a result. This new volume provides a comprehensive, integrated, child-oriented research agenda for the nation. The committee presents an overview of three major areas: Definitions and scope"exploring standardized classifications,

analysis of incidence and prevalence trends, and more. Etiology, consequences, treatment, and prevention"analyzing relationships between cause and effect, reviewing prevention research with a unique systems approach, looking at short- and long-term consequences of abuse, and evaluating interventions. Infrastructure and ethics"including a review of current research efforts, ways to strengthen human resources and research tools, and guidance on sensitive ethical and legal issues. This volume will be useful to organizations involved in research, social service agencies, child advocacy groups, and researchers.

Current Controversies on Family Violence - Donileen R. Loseke 2005

Now in its Second Edition, Current Controversies on Family Violence contains thoughtful--often heated--discussions that highlight the most current controversies, research, and policy directions

in the family violence area. This volume includes chapters by academic and public policy researchers, therapists, lawyers, victim advocates and educators. Some of the controversies in the First Edition have been deleted while new ones have been added. Chapters in this Second Edition also are shorter and more accessible to readers who are not already experts in family violence.

*Keeping Kids Safe* - Pnina Tobin 1990

*Making Allies, Making Friends* - Hugh Vasquez 2003

A special curriculum designed to teach racial, sexual, and ethnic diversity assembles over thirty journal, role-playing, storytelling, and research activities to promote peace and acceptance.

**Keeping Kids Safe** - Pnina Tobin 2002

Teaches adults simple and specific ways to educate their children as early as possible to protect themselves from sexual abuse and includes a Facilitator's Guide and two

Curricula designed to help educators incorporate the safety lessons into their classrooms.

After the Storm - Kendall Johnson 2006

We live in the "New Age of Anxiety." Today we are all challenged by global warming, terrorism, job loss, and economic uncertainty. This stress lowers our resilience and we feel vulnerable. When personal crises and disasters get added to the mix the results can be traumatic. How do we cope? What actions can we take to best respond? How do we help our children, or the children in our care? How can we reestablish meaning in our lives? Using strategies learned and developed during 18 years on the frontlines, Dr. Johnson shows people how to manage their emotional reactions in an emergency, stabilize those around them, and gradually work through the lasting effects of crisis.

*When Violence Begins at Home* - K. J. Wilson 2006

"Resource for victims of abuse and their caregivers,

significantly updated with guidance on everything from indicators of an abusive relationship to domestic violence legislation, as well as information on date rape drugs, cyber-stalking, effectiveness of batterer intervention programs, and more"--Provided by publisher.

Violent No More - Michael Paymar 2000

The book speaks directly to men who have been abusive, taking them step-by-step from recognizing their abusive behaviors, through facing their own rage, fear, and insecurities, to learning how to interact with an intimate partner without being abusive. Abuse counselor Michael Paymar shows how they can move beyond abusive behavior to lead healthy, loving, nonviolent lives.

*A New Legacy for Incest Survivors* - Lucie G. Spear 2011-03-10

From the ages of nine to fourteen, Lucie Spear was sexually abused by her own father. Lucie shares her journey of recovery, clearly

explaining the loss of self and family that results from an abuser breaking the most basic of trust between parent and child. She also manages to sympathetically convey the complex inter-family dynamics that emerge once incest is revealed. *A New Legacy for Incest Survivors* was written to be a moving and ultimately triumphant look into what it takes to survive incest and go on to build a life full of rich, loving relationships; while ensuring that Lucie's own daughter and grand-daughters would live free from incest's shadow.

Victims of Sexual Assault and Abuse [2 volumes] - Michele A. Paludi 2010-10-06

A team of educators, counselors, and scholars examine the widespread problem of sexual assault and abuse in the United States from a legal, criminal justice, psychological, clinical, and legislative perspective. The statistics on sexual abuse in the United States suggest that such crimes are perceived as socially acceptable, despite



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laws to the contrary. Thirty percent of women are battered at least once in their adult lives, while four million girls and women are trafficked annually. Seventy-five percent of employed battered women are harassed at their jobs by abusive husbands or lovers and half of them are murdered by these mates. At least twenty percent of women have been victimized by incest. Victims of Sexual Assault and Abuse serves as a reference guide for professionals working with

victims and perpetrators. Topics addressed include assault within marriage, courtship violence, abducted and runaway youth, violence against pregnant women, cyberspace violence, and sexual harassment of students and employees. This multivolume set promotes legislation to break the cycles of violence and dispels myths about victims and perpetrators. Preventative programs, policies, and educational programs are emphasized.

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