

Sex Health Uk

Sexual and Reproductive Health and Rights in the UK Anne Weyman 1999-06-01

Sex Before the Sexual Revolution Simon Szreter 2010-10-14 What did sex mean for ordinary people before the sexual revolution of the 1960s and 1970s, who were often pitied by later generations as repressed, unfulfilled and full of moral anxiety? This book provides the first rounded, first-hand account of sexuality in marriage in the early and mid-twentieth century. These award-winning authors look beyond conventions of silence among the respectable majority to challenge stereotypes of ignorance and inhibition. Based on vivid, compelling and frank testimonies from a socially and geographically diverse range of individuals, the book explores a spectrum of sexual experiences, from learning about sex and sexual practices in courtship, to attitudes to the body, marital ideals and birth control. It demonstrates that while the era's emphasis on silence and strict moral codes could for some be a source of inhibition and dissatisfaction, for many the culture of privacy and innocence was central to fulfilling and pleasurable intimate lives.

Mind the Gaps: Cases in Gynaecology, Sexual and Reproductive Health Shreelata T Datta 2021-06-22 This book aims to address some common problems which are seen regularly in gynaecology, sexual and reproductive health, but are often not considered in great detail. It is designed to provide direction on subjects which are peripheral to a specialty, but have a significant impact on patients' lives nonetheless, and require expertise and intervention. These include cases on contraception and sexual health in transgender individuals, female genital mutilation, cervical screening in pregnancy, perimenopause, domestic violence, contact tracing and contraception. We hope it is helpful to hospital doctors, GPs, nurses, allied health care professionals and students alike. Mind the Gaps will help readers deal effectively with clinical and ethical dilemmas they may face in their practice, reducing the likelihood that problems are overlooked and ultimately improving outcomes for patients. Case-based

Men's Sexual Health Barry W. McCarthy 2017-10-03 Men's Sexual Health is a breakthrough book about vital and satisfying male sexuality. It presents a new model of male and couple sexuality, which establishes positive, realistic expectations of pleasure and satisfaction, as opposed to the self-defeating traditional demand for perfect intercourse performance. Men and couples who adopt this approach will enjoy sexuality throughout the lifespan. The authors introduce the new "smart thinking," focused on an integration of mind and body, which confronts the myths and misunderstandings which limit male sexual growth. The book will help men and women understand how to pursue sexual and relational health, overcome sexual problems, with the goal of greater acceptance and satisfaction. The book advocates for positive, realistic Good-Enough Sex which will significantly enhance male and couple sexual satisfaction.

International technical guidance on sexuality education UNESCO 2018-01-15

[Sexuality and Severe Autism](#) Kate E. Reynolds 2013-09-21 Sexual health and sexuality can be difficult subjects for parents and caregivers to broach with autistic children, made more challenging when children are at the severe end of the autism spectrum. Some parents may even question the validity of teaching sexuality to those who are severely autistic. This practical handbook guides you through the process of teaching about sex and sexuality, answering all of the most crucial questions, including: Why is it necessary to teach this subject to my severely autistic child? When is the right time to start talking about these issues? How detailed and explicit should I be? What methods are most appropriate? It addresses male and female issues separately and covers public and private sexual behaviours, sexual abuse, cross-gender teaching and liaising with school, in addition to the more obvious areas such as physical changes and menstruation. This will be the ideal guide to teaching about sexual issues for any parent,

caregiver or health educator caring for a person on the severe end of the autism spectrum.

Reproductive Health and Maternal Sacrifice Pam Lowe 2016-06-29 This book demonstrates that the symbol of maternal sacrifice is the notion that 'proper' women put the welfare of children, whether born, in utero or not conceived, over and above any choices and desires of their own. The idea of maternal sacrifice acts as powerful signifier in judging women's behaviour that goes beyond necessary care for any children. The book traces its presence in various aspects of reproductive health, from contraception to breastfeeding. Pam Lowe shows how although nominally choices are presented to women around reproductive health, maternal sacrifice is used to discipline women into conforming to specific norms, reasserting traditional forms of womanhood. This has significant implications for women's autonomy. Women can resist or reject this disciplinary position when making reproductive decisions, but in doing so, they may be positioned as transgressing and/or need to justify their decisions. The book will be of great interest to scholars of sociology, gender studies and health studies.

The Sexual Health of Men Laura Serrant-Green 2018-04-19 This challenging critique explores the current constraints and opportunities for addressing and promoting the sexual health of men. It redresses the balance between society's traditional views and expectations of men's sexual health, compared to the sexual health of women. The wide-ranging approach critically considers all aspects of sexual health, including historic developments, social considerations, personal issues and political climates. Authoritative and evidence-based, "The Sexual Health of Men" brings together experts from the fields of sexual health research, education and practice. It is highly recommended for health and social care professionals, including nurses, doctors, social workers, health advisers and sexual health service providers. Health researchers, and policy makers and shapers will find the research of great interest, as will all those concerned about the sexual health and well-being in men.

Teenagers, Sexual Health Information and the Digital Age Kerry Mckellar 2020-01-06 Teenagers, Sexual Health Information and the Digital Age examines the online resources available on teenagers, including games and digital interventions. In addition, it highlights current issues such as sexting and pornography. Information needs and provisions are examined, and existing sexual health interventions and digital interventions are discussed, gathering both teenagers' and sexual health professionals' views on these services. In addition to a review of the current literature on sexual health and teenagers, the book examines groups of teenagers, particularly those vulnerable to risky sex and asks what are the predictors of these behaviors and what can be done to address the behaviors. Finally, the book will also provide reflections and practical advice on the ethical issues associated with research in this context. Provides guidance on the ethical issues with research associated with this topic Covers both teenagers' information needs as well as their existing levels of knowledge Assesses how teenagers engage with, and evaluate, sexual health information Addresses the challenges inherent in the online environment, such as unreliable and misleading information

The Psychology of Sexual Health Dr. David Miller 2008-04-15 There have been rapid developments in the psychological management of sexually transmitted diseases, particularly HIV and AIDS. However, a significant proportion of those attending genitourinary clinics do not have a disease or infection, but rather are seeking help with sexual health issues relating to behaviour, prior sexual experiences and relationships. Hence as clinics become more and more generalist there is a need to focus on behavioural aspects of disease. This is the first text to draw together the knowledge base and expertise of clinicians and researchers from all disciplines in the psychological management of sexual health. It presents advances in theory and practice in a practical way that will be accessible for all disciplines.

Developing On-site Sexual Health Services in Secondary Education Lucy Emmerson 2009-04-29 This resource pack offers both practical and strategic support to professionals seeking to set up sexual health services in educational settings

Sexual Health Medicine Darren Russell 2011 Authoritative coverage is offered of the biological, clinical, laboratory, psychosocial, and public-health

aspects of sexual health medicine. A feature of the book is its holistic approach, with the client seen as a whole person, rather than simply the owner of a set of malfunctioning genitalia.

Contraception Paula Briggs 2013-07-11 This authoritative guide to contraception gives highly practical, evidence-based advice, with enough detail to inform effective clinical practice.

Sexual Health, Asylum Seekers and Refugees Ruth Wilson 2007

ABC of Sexual Health Kevan R. Wylie 2015-06-15 ABC of Sexual Health provides a comprehensive overview of this important, but difficult subject and includes reading resources as well as information on professional societies, patient groups and online resources. Fully revised and expanded to cover a range of new content and topics including psychological, urological, gynaecological, endocrinological and psychiatric aspects of sexual health, the effects of medication, sexual dysfunction, sexual orientation, gender identity, paraphilias, forensic sexology, dermatoses, and psychosexual therapy and education. ABC of Sexual Health is a practical guide for all general practitioners, family physicians, trainees and medical students wanting to improve communicating, examining and managing patients with sexual health problems. About the ABC series The new ABC series has been thoroughly updated, offering a fresh look, layout and features throughout, helping you to access information and deliver the best patient care. The newly designed books remain an essential reference tool for GPs, GP registrars, junior doctors and those in primary care, designed to address the concerns of general practitioners and provide effective study aids for doctors in training. Now offering over 70 titles, this extensive series provides you with a quick and dependable reference on a range of topics in all the major specialities. Each book in the new series now offers links to further information and articles, and a new dedicated website provides you with even more support. The ABC series is the essential and dependable source of up-to-date information for all practitioners and students in general practice. To receive automatic updates on books and journals in your specialty, join our email list. Sign up today at www.wiley.com/email

Sexual Health and Genital Medicine in Clinical Practice Chris Sonnex 2007-10-05 This book covers the range of conditions seen in sexually transmitted infection clinics and genito-urinary clinics making it a useful and practical guide to all health practitioners in this area. However, as genital infections and medical problems are very similar worldwide, any practitioner managing genital disease and sexual health problems should find this book of practical value. The book is aimed specifically at medical practitioners in primary care who require a quick guide to help diagnose and manage genital problems - a prompt to 'what to do next' when faced with a patient with a genital complaint. The book has many colour illustrations, with key points and summary boxes helping to make the book a quick reference guide.

Young People and Sexual Health Elizabeth Burtney 2004-05-21 Drawing on national and international policy analyses, on academic research and on a range of practical approaches to working with different groups, this work presents an holistic view of young people's sexuality and sexual health.

Get to Know Yourself Thelmah Xavela Maluleke 2014-09-23 GET TO KNOW YOURSELF: A sexual health guide for young people is meant for young people, aged 15 years and older, females and males, virgins and those who are already sexually active, who want to lead a healthy life. It aims at providing accurate information about sexual health that will enable young people to develop responsible sexuality, mutual respect between females and males, and good relationships that will result in the improvement of their quality of life. Young people are often faced with a huge responsibility of making decisions about their sexuality usually with little or no information, or with confusing information that they obtained from friends. This book gives information on sexual health that will enable you to feel confident about making decisions about your life. The book is easy to read to allow young people whose parents find it challenging to talk to them about sexual health matters, to read it on their own.

UK/Thai Collaborative Research Development in Reproductive and Sexual Health Nicholas Ford 1993

Key Topics in Sexual Health Stephen Baguley 2005-11-12 This impeccably researched text provides the reader with a comprehensive overview of sexual health, exploring a range of topics such as: sexually transmitted infections contraception urological conditions genital dermatoses sexual dysfunction novel therapeutic options. With a clear, symptom-based format, this is an ideal quick reference guide for the consulting room and the ward.

Analysing Gender in Healthcare Sarah Cooper 2023-01-01 This book explores regulatory conundrums around adolescent sexual health, abortion and assisted reproductive technologies in the UK. In doing so, it seeks to examine the various stages at which women's reproductive health comes into contact with government action and assesses how these legal and policy fields are shaped through the conceptual lens of policy networks. Transformed expectations of women's roles, along with developed biological capabilities and understandings of gender and sexuality have driven an increasingly complex politics of sex and reproduction. The book argues that assumed medial control over these issues is overshadowed by government calculations of cost-effectiveness. Moreover, decisions on the design of programmes and levels of access continually reflect traditional family formation. The outcome is unsurprisingly the marginalisation of women in publicly funded healthcare, but with a clear further impact on gender and sex minorities. COVID-19 has disrupted these dynamics further, altering the manner in which previously inhibited patients engage with the NHS. As the pandemic recedes it has become more timely than ever to consider the future of gendered healthcare in the UK, and to question the likelihood of long term change in the ability of patients to inform health policy decisions. The book will appeal to scholars and students of gender and health policy, law and politics, as well as healthcare practitioners.

EBOOK: Sexuality, Sexual Health and Ageing Merryn Gott 2004-12-16 ·What factors underpin dominant understandings of later life sexuality? · How do older people experience and prioritise sexuality and sexual health? ·What sexual health issues are relevant to older people and how are these addressed by health care professionals? This is the first book to integrate theoretical insights into sexuality, sexual health and ageing, with research findings from studies conducted with older people and the professionals that work with them. The book is split into three sections. In the first section stereotypes that typify contemporary understandings of sexuality and ageing are explored, particularly the 'myth of asexual old age' and the more recent stereotype of the 'sexy oldie'. Section two identifies what we actually know about ageing and sexuality by reviewing current literature, as well as presenting findings from one of the first qualitative studies to explore sexuality from the perspective of older people themselves. The final section of the book explores what 'sexual health' means within the context of ageing and focuses on issues relevant to health professionals working with older people. *Sexuality, Sexual Health and Ageing* provides key reading for students, researchers, practitioners and policymakers working within gerontology, sociology, psychology, social work, health sciences, nursing and medicine. This book is likely to become essential reading for all academics and professionals working with older people or in the area of sexual health.

Sexual Health in Obstetrics and Gynecology Janet D. Wilson 2003 *Sexual Health in Obstetrics and Gynecology* addresses many of the public health and social problems that appear to be ever-increasing in society today. The sections on sexually transmitted infections cover diagnosis and management in adults and their implications for neonates. Social health issues discussed include contraception, unplanned pregnancy and abortion, and teenage pregnancy. The authors are from two different branches of sexual healthcare and between them they are able to cover the many aspects discussed in a clear and easy to understand manner.

Enhancing Sexual Health, Self-Identity and Wellbeing among Men Who Have Sex With Men Rusi Jaspal 2018-06-21 By analysing research into links between low psychological wellbeing and sexual risk-taking behaviours that occur in men who have sex with men (MSM), this book demonstrates what impact social and psychological interventions could have on MSM at risk of poor sexual outcomes. At the heart of the book is Identity Process

Theory, co-developed by the author, a social psychological theory of identity construction, threat and coping. The book considers the emerging debates in MSM's health, such as the use of Grindr and 'chemsex', and also explores the socio-structural factors, such as homophobia and stigma, that threaten the self-identity of MSM. The book offers principles and techniques from this theory that can be used as an effective intervention and therapeutic model with MSM to build more positive identities and reduce sexual risk-taking.

Exploring the Biological Contributions to Human Health Institute of Medicine 2001-07-02 It's obvious why only men develop prostate cancer and why only women get ovarian cancer. But it is not obvious why women are more likely to recover language ability after a stroke than men or why women are more apt to develop autoimmune diseases such as lupus. Sex differences in health throughout the lifespan have been documented. Exploring the Biological Contributions to Human Health begins to snap the pieces of the puzzle into place so that this knowledge can be used to improve health for both sexes. From behavior and cognition to metabolism and response to chemicals and infectious organisms, this book explores the health impact of sex (being male or female, according to reproductive organs and chromosomes) and gender (one's sense of self as male or female in society). Exploring the Biological Contributions to Human Health discusses basic biochemical differences in the cells of males and females and health variability between the sexes from conception throughout life. The book identifies key research needs and opportunities and addresses barriers to research. Exploring the Biological Contributions to Human Health will be important to health policy makers, basic, applied, and clinical researchers, educators, providers, and journalists-while being very accessible to interested lay readers.

Reproductive Health Psychology Olga B. A. van den Akker 2012-03-23 This volume provides a comprehensive, up-to-date theoretical and empirical background to the psychology of reproductive health. Provides a life span perspective of the psychology of reproductive health and its disorders, from menarche to menopause and reproductive health in older age Focuses on issues of the individual's reproductive health experience, including reproduction, pregnancy, maternity, and birth, as well as conditions such as PMDD, dysmenorrhea, and events including pregnancy failure, and abortion Acknowledges the wider social context with discussions of poverty, inequality, educational and economic status, age, and urban versus rural access Addresses life style related factors, human rights to choice, information and access, fertility control and reproductive health regulation and health care services Illustrates topics with empirical data supported with tables and figures

Sexual Health and Genital Medicine in Clinical Practice Christopher Sonnex 2015-10-19 This fully revised and updated second edition of Sexual Health and Genital Medicine in Clinical Practice covers the range of conditions seen in genitourinary medicine, sexual health and sexually transmitted infection clinics, making it a useful and practical guide to all health practitioners in this area. This book is aimed at medical practitioners who require a quick reference guide to help with diagnosis and management of genital problems. In addition, it provides essential guidance on what to do next when faced with a patient presenting with a genital complaint, whether the patient can be successfully treated with a drug regimen or needs to be referred up to the Sexual Health and Genital Medicine specialist. Sexual Health and Genital Medicine in Clinical Practice will be of particular interest to residents on their rotations through this field of medicine, doctors in training, specialist nurses, and primary care practitioners.

Improving Sexual Health Advice Gill Wakley 2003 This practical guide for busy health and social care professionals outlines essential tasks and services for organisations and individual staff, in relation to the implementation plan of the NHS Sexual Health Strategy. It covers the necessary training needs of staff, offering tips and advice that can be integrated into the NHS work setting, providing clear guidance on what practitioners, practices and primary care organisations need to do to implement the strategy. This book will be invaluable for all those who have to give informed advice on sexual health in determining their training and learning needs and for delivering high quality sexual health services within their working environment.

Sex, Technology and Public Health M. Davis 2008-11-27 Exploring the implications of the internet and bio-technologies for intimate and sexual life, this book discusses the concept of citizenship in relation to the extension of public health through the internet, and reveals concerns that sexually transmitted infections and HIV are associated with such technologies.

Loving Each Other Safely Helen Bailey 2018-06-08 Getting close to someone in a relationship is exciting and rewarding. But it's important to stay healthy and safe. The pictures in this book help you to explore what you need to do to stay healthy and safe in a loving relationship. Ed wants a girlfriend. But how do you ask a girl out? And what do you do when she says no? Ed finds a girlfriend, but still needs advice as he and his girlfriend grow closer and decide they want to have sex. How can they love safely?

HIV in the UK Jose Catalan 2020-12-21 This book explores the thoroughly human dimension of the health care and prevention responses to the HIV crisis in the UK, and the impact that such initiatives had on the progression of the epidemic. This book presents a compelling account of the unfolding of the epidemic and the initiatives that made all the difference in the care and prevention of HIV in the UK from the early 1980s to the present time. Drawing on interviews with people with HIV, doctors and nurses involved in their care, leaders of AIDS charities, activists, and politicians, it identifies and describes the models of care developed in response to the onset of the HIV epidemic, and its impact on NHS and voluntary organisations. It goes on to explore the political responses, the evolution of HIV stigma, and the personal impact of the early high mortality rates. Finally, it discusses recent organisational changes in the provision of care and prevention services. In doing so, this volume identifies the lessons learnt from the care and prevention of HIV, both in relation to HIV infection and other conditions, such as COVID-19, and discusses future challenges. This book will be of great value to those working in services dealing with HIV, charities, and Clinical Commissioning Groups and GP organisations, as well as social historians and medical sociologists.

Handbook of Contraception and Sexual Reproductive Healthcare Johannes Bitzer 2022-04-07 A practical, evidence-based resource for ensuring high standards of care in contraception and sexual and reproductive health that follows the curriculum of the joint EBCOG and ESCRH Certificate and Diploma Examination in Sexual and Reproductive Health. Text focuses on key information, providing advice on how to practice patient-centred care.

Get to Know Yourself Thelmah Xavela Maluleke 2014-09-19 "Get to know yourself: A training package for health promoters, health educators, community health workers and peer educators promoting sexual health among young people" consists of two parts, Part one is a book entitled "Get to know yourself: A sexual health guide for young people" and Part Two a handbook entitled "Get to know yourself: A handbook for health promoters and peer educators facilitating sexual health programmes among young people". The package was developed to assist under resourced communities and countries in accessing sexual health information that will have a positive impact on the lives of young people. This training package can also be used by health professionals and other professionals to facilitate sexual health workshops in schools, youth organisations or clubs, puberty rites or initiations, and religious organisations.

Sex and Disability Robert McRuer 2012-01-04 This collection brings together scholars and artists in disability studies, sexuality, queer theory, and feminism, to show how much sexuality studies and disability studies have to learn from each other.

Diet for Great Sex Christine DeLozier 2020-09-18 Back Cover Hot sex. Naturally. Hot sex is understood universally. No translation needed. Hard. Wet. Eager. Carnal. It's the biological design of the human body, but that won't come naturally unless we care for it. The million-dollar question is: how do we nurture great sex? How do we ensure that our bodies experience optimal sexual function at any time, at any age? The answer lies in the very foods we eat. Great sex is certainly an experience of the mind. Within our bodies, though, it explodes when our nerves, blood vessels and

hormones operate in synchrony. Modern research has shown that diet affects this trifecta of great sex. It can increase or thwart pleasure. Ancient Chinese medicine has always known this. Through diet and lifestyle, we can restore balance to yin and yang-and nurture the essences of sex. Here modern science and traditional wisdom merge, showing the pathway to great sex. When our bodies are well-nourished, desire comes naturally, pleasure comes naturally, and orgasm is effortless. With *Diet for Great Sex*, you'll unlock the secret to eating for sexual pleasure. We'll learn to nurture the vessels that supply blood to our sex organs, the nerves that command them, and the hormones that regulate them. In caring for our bodies this way, we unleash all that is possible from our own sensual physiology.

It's Perfectly Normal Robie H. Harris 2021-05-18 Fully and fearlessly updated, this vital new edition of the acclaimed book on sex, sexuality, bodies, and puberty deserves a spot in every family's library. With more than 1.5 million copies in print, *It's Perfectly Normal* has been a trusted resource on sexuality for more than twenty-five years. Rigorously vetted by experts, this is the most ambitiously updated edition yet, featuring to-the-minute information and language accompanied by new and refreshed art. Updates include: * A shift to gender-neutral vocabulary throughout * An expansion on LGBTQIA topics, gender identity, sex, and sexuality—making this a sexual health book for all readers * Coverage of recent advances in methods of sexual safety and contraception with corresponding illustrations * A revised section on abortion, including developments in the shifting politics and legislation as well as an accurate, honest overview * A sensitive and detailed expansion on the topics of sexual abuse, the importance of consent, and destigmatizing HIV/AIDS * A modern understanding of social media and the internet that tackles rapidly changing technology to highlight its benefits and pitfalls and ways to stay safe online Inclusive and accessible, this newest edition of *It's Perfectly Normal* provides young people with the knowledge and vocabulary they need to understand their bodies, relationships, and identities in order to make responsible decisions and stay healthy.

Handbook of Contraception and Sexual Health Suzanne Everett 2014-04-03 Offering a comprehensive guide to contraception and sexual health, the new edition of this practical handbook has been fully updated. It takes an integrated approach to sexual health, and now includes additional content on sexually transmitted infections as well as assessment skills. Giving clear and detailed information about all contraceptive methods, including how to use them, contra-indications, interactions and common patient anxieties, the *Handbook of Contraception and Sexual Health* is an essential read for all nurses, midwives and allied health professionals working in community health and primary care settings. All chapters are fully updated with the latest research and methods Includes additional chapters on the Consultation Process, Progestogen pills, and STIs, and a newly written anatomy and physiology chapter Each chapter takes into account relevant UKMEC guidelines and includes self-assessment exercises

Sexuality and Gender for Mental Health Professionals Christina Richards 2013-10-15 Questions of sexuality and gender affect everyone and therefore have an inevitable relevance in the consulting room. Yet with interpretations and manifestations of both varying greatly from person to person, understanding the inherent complexities of sexuality and gender can be a daunting task for the health professional. Breaking down these complexities this practical guide familiarises the reader with all of the common and many of the less common sexualities, genders and relationship forms, and explains experiences and issues relating to each. The book contains: -Explanations of various forms of sexuality, gender and relationship structures -Common concerns relating to specific groups -Key practises relating to specific groups -The treatment of specific groups in contemporary Western society -Details of some rules and ideals that are commonly found within specific groups -Suggestions for professional practice with these groups Ideal for all members of the multidisciplinary team, this accessible book is relevant to practitioners across theoretical backgrounds. Whether you are a trainee or qualified psychotherapist, counsellor, nurse, medic, psychiatrist, social worker or applied psychologist, this is a vital text for your professional practice. CHRISTINA RICHARDS is Senior Specialist Psychology Associate at the West London Mental Health NHS Trust (Charing Cross) Gender Identity Clinic. MEG BARKER is a senior lecturer in psychology at the Open University and a sex and relationship therapist.

Sexual and Reproductive Health at a Glance Catriona Melville 2015-09-28 Sexual and Reproductive Health at a Glance provides a highly-illustrated, visual introduction to all aspects of sexual and reproductive health, from basic clinical examination skills to the management of acute Sexually Transmitted Infections (STIs) and unplanned pregnancy. Covering topics which are often difficult to access as an undergraduate or junior doctor, Sexual and Reproductive Health at a Glance focuses on the fundamental principles in delivering effective contraception and sexual health care. It features high-yield information on the essential clinical topics covered in the Community Sexual and Reproductive Health (CSRH) curriculum. Presented in the familiar, easy-to-use, at a Glance format, Sexual and Reproductive Health at a Glance: • Provides a quick revision of basic anatomy, physiology and clinical skills • Offers balanced coverage of both male and female GU pathology, STIs and contraception • Includes material on practical gynaecological procedures performed in the out-patient setting • Presents a holistic approach to issues dealt with in this specialty • Takes a global perspective by addressing SRH issues in different cultures and resource-limited settings • Includes a companion website at www.ataglanceseries.com/sexualhealth featuring a selection of case scenarios and interactive flashcards for self-test This brand new title will provide an invaluable resource for medical and healthcare students, junior doctors, SRH trainees and busy clinicians working in other specialties.

Let's Talk about Sex Dr Hannah Carton 2020-08-31 'Let's Talk About Sex' is a much-needed resource for providing information to groups and individuals with intellectual disabilities in order that they are aware of the risks and intricacies of sexual health, sexual relationships and all that goes with this. This need may arise during adolescence, following a period away from the community (e.g. hospitalisation, incarceration) or later in life. The manual provides a sexual health education programme that can be used with adolescents and adults with intellectual disabilities. Its detailed guidance and resources can be used to run a group programme delivered as individual stand-alone sessions, in a pick and mix style, or as a 16-week programme, according to the needs of those attending. It can also be used as a basis for working with individuals on sexual health matters. The programme covers topics including physiology, puberty, personal hygiene, health screening, sexual orientation and gender identity, dignity and respect, sexual education, consent, relationships, and exploitation, delivered in a non-judgemental, informative, supportive approach. Each session incorporates different methods of learning, including facilitator-led discussion, active participation and visual aids to enhance learning and can be adapted to meet the learning needs of participants. Online, printable resources are included to reinforce learning. Guidance is provided to facilitators on supporting individuals during and after sessions.

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