

How Fast Can A Woman Get Pregnant After Intercourse

Nine Months to Get Ready-- You Can Make a Difference - 1983

How to Get Pregnant - Sherman J. Silber
2009-11-29

A complete update of a classic. Dr. Silber is the preeminent expert in the field of male and female fertility problems. He has appeared on "Oprah, the "Today show, Good Morning America, ABC's World News Tonight, Nightline, and was featured on Discovery Health's documentary program on infertility, "The Baby Lab, and many other national programs. The media world will eagerly welcome Dr. Silber to discuss the latest developments in infertility treatment.

The Unofficial Guide to Having a Baby - Ann Douglas
2004-02-04

The inside scoop for when you want more than the official line Having a baby is one of life's most joyous-and overwhelming-events. The choices you make now will affect your baby's health long after it is born. How should you change your lifestyle now that you are pregnant? How can you be sure that your baby is developing properly? What should you expect at each doctor's visit? And how on earth will you survive labor? Now thoroughly updated with more than 200 pages of new and completely revised material, including week-by-week pregnancy tips, The Unofficial Guide?™ to Having a Baby gives savvy parents-to-be like you a foolproof appraisal of what works and what doesn't-revealing things even your doctor won't (or can't) tell you, with unbiased recommendations that are not influenced by any company, product, or organization. * Vital Information that other sources can't or won't reveal-including the very latest research on prenatal and genetic testing. * Insider Secrets on how to weather the physical and emotional highs and lows of pregnancy, with tips on health, exercise, sex, and career management. * Money-

Saving Tips that help you save on baby gear and maternity wear. * The Latest Trends in new childbirth methods, including Doula care, pain management, and alternative birthing options. * Handy Checklists and Charts to track your baby's development, identify potentially dangerous medications and drugs, and record the milestones in your pregnancy.

The Impatient Woman's Guide to Getting Pregnant - Jean M. Twenge 2012-04-17

Comforting and intimate, this "girlfriend" guide to getting pregnant gets to the heart of all the emotional issues around having children—biological pressure, in-law pressures, greater social pressures—to support women who are considering getting pregnant. Trying to get pregnant is enough to make any woman impatient. The Impatient Woman's Guide to Getting Pregnant is a complete guide to the medical, psychological, social, and sexual aspects of getting pregnant, told in a funny, compassionate way, like talking to a good friend who's been through it all. And in fact, Dr. Jean Twenge has been through it all—the mother of three young children, she started researching fertility when trying to conceive for the first time. A renowned sociologist and professor at San Diego State University, Dr. Twenge brought her research background to the huge amount of information—sometimes contradictory, frequently alarmist, and often discouraging—that she encountered online, from family and friends, and in books, and decided to go into the latest studies to find out the real story. The good news is: There is a lot less to worry about than you've been led to believe. Dr. Twenge gets to the heart of the emotional issues around getting pregnant, including how to prepare mentally and physically when thinking about conceiving; how to talk about it with family, friends, and your partner; and how to handle the great sadness of a miscarriage. Also covered is how to know when you're ovulating, when to have sex, timing

your pregnancy, maximizing your chances of getting pregnant, how to tilt the odds toward having a boy or a girl, and the best prenatal diet. Trying to conceive often involves an enormous amount of emotion, from anxiety and disappointment to hope and joy. With comfort, humor, and straightforward advice, *The Impatient Woman's Guide to Getting Pregnant* is the bedside companion to help you through it. [How to Get Pregnant Fast](#) - DR EMMA. GRAY 2017-06-21

Easy to read and informative, this book will guide you through the physical and emotional roller coaster of getting pregnant. Based on her professional and personal experience of infertility Dr Emma Gray, a mother of 4 conceived naturally over the age of 35, despite being told she was 'infertile', shares scientifically proven strategies to prepare your mind and body to conceive naturally and quickly. Including comprehensive information on diet, supplements, optimising ovulation and conception, lifestyle, complementary approaches, psychological techniques and dealing with miscarriage, you will be able to get pregnant without needing to read anything else. Dr Emma Gray is a Clinical Psychologist and awarding winning author with 16 years of experience helping people overcome infertility. Her book is written so you can quickly and easily understand what you need to do to get pregnant and feel confident that whatever has happened before, this is possible for you.

Pregnancy For Dummies - Sarah Jarvis 2011-09-23

Everything expectant mums need to know, trimester by trimester Both new and seasoned parents alike have questions and concerns over the course of the nine-month adventure. *Pregnancy For Dummies* offers comfort and reassurance while serving as a guide to what mother and baby experience before, during, and just after birth. Here, you'll find expert advice on diets and exercise when you're pregnant; guidance on following your baby's development, trimester by trimester; tips on how to prepare for the big day; techniques for taking care of yourself before and after delivery; and support for caring for a newborn baby. *Pregnancy For Dummies* gives parents-to-be authoritative, friendly, up-to-date advice on every aspect of

pregnancy and childbirth. This new edition offers all of the latest information expecting parents want to know, including medical and nutritional information and updated resources/changes in NHS practice, so that new mums will feel prepared and reassured ahead of the birth. A guide to what mother and baby experience before, during, and just after birth Helpful information on preparing for pregnancy Advice on diet and exercise during pregnancy Information on your rights and welfare benefits Guidance on how to care for a newborn baby If you're an expectant mum looking for practical, down-to-earth guidance on what to expect before, during, and after pregnancy, *Pregnancy For Dummies* will keep you prepared and reassured every step along the way.

A Woman's Body - Niels H. Lauersen 1987

This comprehensive reference book remains the best source of information for any woman concerned with the well-being of her body. Over 100 photographs and line drawings.

Assisted Reproductive Technology Success Rates - 2002

How to Avoid Unplanned Pregnancy WITHOUT Using Contraceptive Drugs - Pett Corby 2019-01-13

Here is possibly everything you need to know about well forgotten natural ways for avoiding Unplanned Pregnancy (UP). There's practically NO need to use contraceptive drugs, coming with a list of dangerous side effects, altering our fragile hormonal balance, to say the least.

Before the industry's first steps in mid 1800s, humanity did not experience a boom of reproduction due to ignorance. How did people avoid unwanted pregnancy then? Simple. Using non-intrusive methods, in harmony with nature. *How to Avoid Unplanned Pregnancy WITHOUT Using Contraceptive Drugs* explores both the physical and emotional sides to intimacy, ways to assess a relationship and its longevity potential, actions that can sabotage a relationship and techniques you can use to help prevent UP safely and naturally.

Prenatal Care Manual - 1994

The Everything Fertility Book - Nicole Galan 2010-12-18

Infertility can be a frustrating and heartbreaking

disorder compounded by complicated treatments and so-called miracle cures on the market. But couples who have trouble conceiving need all their options laid out in one convenient guide. In this book, you'll find the medical and holistic information you need to conceive and bear a happy, healthy child, such as: Side effects of the latest fertility drugs Yoga poses that aid fertility What to expect when seeing a fertility expert Birth rates associated with various treatments Coping methods for dealing with loss With this authoritative and friendly guide, getting pregnant doesn't have to be a stressful process. Armed with knowledge and reassurance, you will be ready to make the choices that work best for you and start you family, today.

The Kama Sutra of Vatsyayana - Vatsyayana
2021-08-29

The Kama Sutra of Vatsyayana Vatsyayana - The Kama Sutra of Vatsyayana by Richard Francis Burton is an edition of the ancient Indian text on sexuality and emotional needs. Vatsyayana was an ancient Indian philosopher who lived during the second or third century. Although it is often thought of as a sex manual, it is much more, with guides on living well, the nature of love, and finding a partner. Indeed, Vatsyayana says himself: 'This work is not to be used merely as an instrument for satisfying our desires'. Burton did not in fact translate the Kama Sutra - it was translated by the Indian scholar Bhagwan Lal Indraj. It was edited by Burton to suit prevailing British attitudes to sex, but was still banned in England and the United States until 1962. Other criticisms levelled at Burton's translation is that instead of using English words for the sex organs, he uses the words 'lingam' and 'yoni', despite those words not appearing in the original work. This was seen as an attempt to distance them and make them 'other', rather than about English people's sexual organs. He also removes the agency of women, and where in the original, women's words are direct quotes, in the Burton translation, women's words are removed and put into the passive state (i.e., A woman saying 'Stop!' becomes 'She continually utters words expressive of prohibition'). Despite all this, it has been such an influential translation that even modern editions in the Hindi language are re-translations of the Burton version. The Kama Sutra is an ancient Indian

Hindu text widely considered to be the standard work on human sexual behavior in Sanskrit literature written by Vaatsyayana. A portion of the work consists of practical advice on sexual intercourse. It is largely in prose, with many inserted anustubh poetry verses. "Kama" which is one of the four goals of Hindu life, means desire including sexual desire the latter being the subject of the textbook, and "sutra" literally means a thread or line that holds things together, and more metaphorically refers to an aphorism (or line, rule, formula), or a collection of such aphorisms in the form of a manual.

Contrary to popular perception, especially in the western world, Kama sutra is not exclusively a sex manual; it presents itself as a guide to a virtuous and gracious living that discusses the nature of love, family life and other aspects pertaining to pleasure oriented faculties of human life.

Fertility - National Collaborating Centre for Women's and Children's Health (Great Britain)
2004

Regulation of Implantation and Establishment of Pregnancy in Mammals -

Rodney D. Geisert 2015-10-08

Over the past few decades technological advances in transcriptomics, proteomics, metabolomics, and glycomics along with the ability to selectively knockout genes of interest has greatly advanced our understanding of maternal-conceptus interactions that are essential for the establishment and maintenance of a successful pregnancy. This knowledge provides a foundation from which to build research endeavors to help resolve infertility, embryonic loss and recurrent abortion in humans, captive wild animals and important farm species. The present volume on "Regulation of Implantation and Establishment of Pregnancy in Mammals" brings together current reviews from leading experts to address the diversity of mechanisms by which species establish and maintain pregnancy. Implantation in rodents, dogs, pigs, cattle, sheep, horses, primates, humans and embryonic diapause in wild species are discussed. Reviews will provide current knowledge on the role of endometrial steroid receptors, adhesion factors, cytokines, interferons, steroids, prostaglandins, growth

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factors and immune cells involved with regulation of conceptus development.

Clinical Management of Male Infertility -

Giorgio Cavallini 2014-10-20

This book provides andrologists and other practitioners with reliable, up-to-date information on all aspects of male infertility and is designed to assist in the clinical management of patients. Clear guidance is offered on classification of infertility, sperm analysis interpretation and diagnosis. The full range of types and causes of male infertility are then discussed in depth. Particular attention is devoted to poorly understood conditions such as unexplained couple infertility and idiopathic male infertility, but the roles of diverse disorders, health and lifestyle factors and environmental pollution are also fully explored. Research considered stimulating for the reader is highlighted, reflecting the fascinating and controversial nature of the field. International treatment guidelines are presented and the role of diet and dietary supplements is discussed in view of their increasing importance. Clinicians will find that the book's straightforward approach ensures that it can be easily and rapidly consulted.

Listen to Your Body - Niels H. Lauersen 2000

Completely revised and updated with the latest medical information, "Listen to Your Body" is the classic guide to women's health. Using a sensitive Q&A format, trusted physician and well-known advocate for women's health Dr. Niels Lauersen demystifies the medical issues that deeply concern today's women, among them: How to recognize and treat PMS and menstrual cramps The most effective ways to overcome endometriosis What causes infertility in women and men, and explanations of The newest fertility treatments Choosing the contraceptive that fits your lifestyle Fibrocystic disease and other breast conditions How to cope with miscarriage, ectopic pregnancy, and abortion State-of-the-art treatment options for sexually transmitted diseases, including HIV How to avoid unnecessary surgery for fibroids and ovarian cysts Reliable, sympathetic, and comprehensive, "Listen to Your Body" encourages you to take charge of your gynecological health.

Fast Working Home/Herbal Remedies For

Erectile Dysfunction - Akinola Olusegun

2020-06-13

One of the worst things that could happen to a man is erectile dysfunction. Apart from the fact that he could not be able to impregnate a woman, he would lose his self-confidence concerning sexual intercourse. This book will expose you to various home and herbal remedies for correcting erectile dysfunction. It contains the following topics that can help you to improve your sex life: Chapter 1: 10 home remedies for erectile dysfunction Chapter 2: Why pepper soup can boost libido Chapter 3: 5 ways to improve male libido Chapter 4: The best chance of becoming pregnant is the two to three days right before ovulation - expert Chapter 5: Five organic compounds that can make your erections firmer and stronger Chapter 6: Zimbabwean men are being encouraged to have at least 21 ejaculation a month to beat killer prostate cancer Chapter 7: 13 herbal remedies to increase male libido Chapter 8: 4 HOME REMEDIES FOR ERECTILE DYSFUNCTION Chapter 9: FOODS FOR HARD ERECTION Chapter 10: 3 Ways To Use Garlic As Home Remedy To Correct Erectile Dysfunction Chapter 11: 5 Things You Should Never Do Before s*x Chapter 12: HEALTH MERITS AND DEMERITS OF MASTURBATION Chapter 13: Couples who eat a lot of seafood may have sex more often and get pregnant more quickly. So BUY the book now and improve the quality of your sex life

Infertility and Impaired Fecundity in the United States, 1982-2010 - Anjani Chandra 2013

Contraceptive Methods Women Have Ever Used: United States, 1982-2010 - Kimberly Daniels 2013

Taking Charge of Your Fertility - Toni

Weschler 2015-07-14

This new edition for the twentieth anniversary of the groundbreaking national bestseller provides all the information you need to monitor your menstrual cycle—along with updated information on the latest reproductive technologies Are you unhappy with your current method of birth control? Or demoralized by your quest to have a baby? Do you experience confusing signs and symptoms at various times in your cycle? This invaluable resource provides

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the answers to your questions while giving you amazing insights into your body. Taking Charge of Your Fertility has helped literally hundreds of thousands of women avoid pregnancy naturally, maximize their chances of getting pregnant, or simply gain better control of their gynecological and sexual health. Toni Weschler thoroughly explains the empowering Fertility Awareness Method (FAM), which in only a couple of minutes a day allows you to: Enjoy highly effective and scientifically proven birth control without chemicals or devices Maximize your chances of conception before you see a doctor or resort to invasive high-tech options Expedite

your fertility treatment by quickly identifying impediments to pregnancy achievement Gain control and a true understanding of your gynecological and sexual health This new edition includes: A fully revised and intuitive charting system A selection of personalized master charts for birth control, pregnancy achievement, breastfeeding, and menopause An expanded sixteen-page color insert that reflects the book's most important concepts Six brand-new chapters on topics including balancing hormones naturally, preserving your future fertility, and three medical conditions all women should be aware of

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