

Sex Hormones Love

Chemistry of Love and Sex - Madalena M. M. Pinto 2013-01-04

Chemistry of Love and Sex is a chemist's guide to the chemical phenomena and molecules associated with endogenous hormonal mechanisms and brain neurotransmission - the basis of many emotions associated with love, passion, and sex. Chemistry of Love and Sex demonstrates how these substances interact and "play" with each other in the different phases of human relationships. External factors which may influence love and sex, such as pharmaceuticals, cosmetics or food are also considered.

Hang on to Your Hormones - Beverly J. Hadland 1992

Lust and Love - Gabriele Froböse 2015-11-09

Philosophers have mused over them, poets have written about them and musicians have sung about them. Love, desire and passion will at some point touch everyone's life - yet they are little understood and some of the oldest mysteries of mankind. Why do people fall in love and what is love anyway? What makes people attractive? How do these emotions tie in with our physiology and how we have evolved? Lust and Love: Is it more than Chemistry? provides answers to some of these questions through the eyes of science. It takes a light hearted and entertaining approach in explaining the current scientific knowledge of why people are attracted to each other, from the first moments of meeting to how emotions change in a long lasting partnership. The book covers research from the fields of chemistry, biochemistry, neurology, psychiatry, psychology, physics and medicine while using the love story of a fictional couple to take the reader on a journey explaining the science. Additional topics on the 'tools of attraction', including the history of the lipstick, and the development of perfumes and aphrodisiacs, provide an absorbing insight into the subject. Medical treatments and conditions including contraception, erectile dysfunction and the climacteric phenomenon are also discussed.

This engaging and unusual book is ideal for anyone interested in the science behind love, desire and passion.

The Science of Orgasm - Barry R. Komisaruk 2006-11-26

This award-winning book "offers a thorough compilation of what modern science, from biomechanics to neurochemistry, knows about the secrets of orgasm" (Publishers Weekly). The coauthor of the international best-selling book *The G Spot and Other Discoveries about Human Sexuality*, Beverly Whipple joins neuroscientist Barry R. Komisaruk and endocrinologist Carlos Beyer-Flores to view orgasm through the lenses of behavioral neuroscience along with cognitive and physiological sciences. Covering every type of sexual peak experience in women and men from intense to phantom, this fascinating and comprehensive work illuminates the hows, whats, and wherefores of orgasm. The authors explain how and why orgasms happen, why they fail to happen, and what brain and body events are put into play at the moment of orgasm. They also describes the genital-brain connection, how the brain produces orgasms, how aging affects orgasm, and the effects of prescription medication, street drugs, hormones, disorders, and diseases. Winner of the 2007 Bonnie and Vern L. Bullough Book Award, given by the Foundation for the Scientific Study of Sexuality

The Complete Idiot's Guide to the Chemistry of Love - Maryanne Fisher, Ph.D. 2010-12-07

Is love an exact science? The Complete Idiot's Guide® to the Chemistry of Love shares the amazing new findings about the chemical reactions that create what people call "love." With the help of neuroscience, biochemistry, and physiology, readers can finally get some real insight into the affairs of the heart and the actual "laws of attraction." ?Covers the role of pheromones, neurotransmitters, and hormones that occur during sexual attraction and lead to the euphoria of "love" ?Includes information on how readers can use this knowledge to enhance their significant relationships both romantic and

nonromantic

Love Cycles - Winnifred Berg Cutler 1996-04

The Oxytocin Factor - Kerstin Uvnäs Moberg
2003-09-18

In recent years there have been exciting scientific discoveries about a powerful hormone whose role in the human body has long been neglected. Oxytocin is the hormone involved in bonding, sex, childbirth, and breast-feeding, as well as in relaxation and feelings of calm. It is the mirror image of the stress hormone (adrenaline), which triggers the "fight or flight" systems in the body. Much has been written about the latter but the many-sided importance of oxytocin is currently known only to specialists in obstetrics, physiology, and psychiatry. *The Oxytocin Factor*, by Dr. Kerstin Uvnäs-Moberg, is the first book on the subject for a general audience. The new research findings, as well as the potentially beneficial applications of this hormone in reducing anxiety states, stress, addictions, and problems of childbirth, are not only fascinating but of great significance to all our lives.

Why We Love and Lust - Theresa Larsen
Crenshaw 1996

Hormones control our sex drives and direct our love lives. The effect of these potent chemicals help us answer these questions:

The Evolution of Love - Ada Lampert
1997-09-16

Lampert presents the story of love: when, why, and how love became a central experience of humans. Assuming that our world is built of matter, she states that evolution is the change of this matter, according to the supreme criterion of success in offspring reproduction. Love evolved because of its contribution to reproduction. It first appeared in the mothers of mammals, who used the body's proximity as a main adaptation. Human love expands its borders to include the relationships between women and men, friends, and even nonhuman subjects. Lampert describes motherhood as the source of the genetic, hormonal, brain, and behavioral changes that we call love. In the sexual stage, love enters both as a way to select a partner and as a bonding force. Sexuality is built upon ancient layers of early forms of life, before humanity, and includes strong elements

of aggression which interrupt our ability to experience a peaceful sexual life. Maternal love and sexual love combine in the evolution of the family. Lampert also examines homosexual love as a way to look at the fascinating process of growing sexual identity and behavior in an individual. Written in a style suited to any educated person, Lampert uses current scientific knowledge on the brain, hormones, the nervous system, ethology, psychology, and even modern physics to make her case. This book will be of interest to students and scholars alike.

The Chemistry Between Us - Larry Young PhD
2012-09-13

How much control do we have over love? Much less than we like to think. All that mystery, all that poetry, all those complex behaviors surrounding human bonding leading to the most life-changing decisions we'll ever make, are unconsciously driven by a few molecules in our brains. How does love begin? How can two strangers come to the conclusion that it would not only be pleasant to share their lives, but that they must share them? How can a man say he loves his wife, yet still cheat on her? Why do others stay in relationships even after the romance fades? How is it possible to fall in love with the "wrong" person? How do people come to have a "type"? Physical attraction, jealousy, infidelity, mother-infant bonding—all the behaviors that so often leave us befuddled—are now being teased out of the fog of mystery thanks to today's social neuroscience. Larry Young, one of the world's leading experts in the field, and journalist Brian Alexander explain how those findings apply to you. Drawing on real human stories and research from labs around the world, *The Chemistry Between Us* is a bold attempt to create a "grand unified theory" of love. Some of the mind-blowing insights include: Love can get such a grip on us because it is, literally, an addiction. To a woman falling in love, a man is like her baby. Why it's false to say society makes gender, and how it's possible to have the body of one gender and the brain of another. Why some people are more likely to cheat than others. Why we sometimes truly can't resist temptation. Young and Alexander place their revelations into historical, political, and social contexts. In the process, they touch on everything from gay marriage to why single-

mother households might not be good for society. The Chemistry Between Us offers powerful insights into love, sex, gender, sexual orientation, and family life that will prove to be enlightening, controversial, and thought provoking.

The Oxytocin Factor - Kerstin Uvnäs Moberg
2011-01-01

Swedish medical doctor and physiologist Moberg persuades readers to cultivate the pleasurable moments of life-when our bodies produce the hormone oxytocin, the ready-made healing nectar she asserts is responsible for inducing peace, growth and bonding. As the ying to the better-known yang adrenaline, which triggers feelings of stress and defense, oxytocin increases social memory (like a mother's recognition of her child), she says, inspires serenity, spurs physical growth and healing, lowers blood pressure and regulates digestion. In simple, flowing prose Moberg argues that both hormones are equally necessary parts of a balanced, healthy physiological system. She explains how oxytocin works to inspire calm and connection, and explores the various physical and mental routes to activate it. While Moberg admits that her assumptions are largely based on piecemeal evidence from experiments and observations of animals and humans, she provides a clear, lay introduction to a little-known hormone and a convincing case for further studies.

Handling Your Hormones - Jim Burns 1986-03

The Real Science of Sex Appeal -
HowStuffWorks.com 2013-06-04

Ever wonder why love makes us so crazy? Dive into this fun, interactive ebook with the minds behind HowStuffWorks to find out the real science behind sex appeal and why we love, lust, and long for each other. Did you know your walk, your scent, and even the food you eat can make you sexier? Or that there are scientifically proven ways to become more successful at dating, especially online? In The Real Science of Sex Appeal, the team at Discovery's award-winning website HowStuffWorks.com reveals the steamy science of love and sex, from flirting to falling in love and everything in between. Discover: How aphrodisiacs and sex appeal work (and how to increase yours!) Whether love at

first sight is scientifically possible Why breakup songs hurt so good What happens in the brain during an orgasm The crazy chemistry behind long-term relationships The dope on dating and matchmaking And much more! Packed with podcast clips, interactive quizzes, videos, photos, trivia tidbits, and more, this dynamic ebook from the experts at HowStuffWorks will show you what to expect—and what to do—the next time someone sets your heart racing.

Tune Your Brain for Health, Intelligence, Love, Sex and Emotional Well-Being - Carl Grant Looney Ph D 2013-03-01

This work provides the keys to a younger brain and body so one can feel better, have more energy, be sharper mentally, look and feel younger, have more resistance to disease, and have a more peaceful and enjoyable life. The keys include exercise, healthy food (especially the listed ones), enough sleep, controlling anger and stress and resentment, and finding and doing enjoyable activities. Other keys are human growth hormone (HGH) stimulants. HGH replaces sick and dead cells with new ones to counter aging and boost testosterone and estrogen. Yet more keys are higher levels of the feel-good hormones serotonin and dopamine that prevent depression, and DHEA, the mother of hormones. One can turn back the clock, increase IQ, have better sex and feel better about life by applying information from contemporary neuroscience. This book is for anyone over 25 years old.

Why Men Want Sex And Women Need Love -
Allan Pease 2017-03-01

From internationally renowned authors, Allan and Barbara Pease comes the worldwide bestseller Why Men Want Sex and Women Need Love. In this fascinating book, the authors translate science and cutting-edge research into a powerful yet entertaining read. This is the book for singles looking for love, those in relationships that need some real help or people who want to keep their partner happy and reap the extraordinary benefits that follow. You will discover:

- What men and women really want from love and sex
- How to find a great partner and have a happy future
- What to do when the chemistry is wrong
- What turns men and women on - and off
- How to handle a cheater
- How to make women want sex more often

to regain your mojo • How to change your love-life forever Why Men Want Sex and Women Need Love is essential reading for anyone who wants to get the most from their relationship. It provides the answers that men and women are desperate to learn.

Soul Mate Biology - Gregor Majdic 2021-02-26 Love, one of the most profound of human emotions, love that accompanies us from puberty to old age, love that follows us from ancient times to modern, from ancient writings, through the Bible and the texts of medieval scribes to modern day books and movies. Through the millennia love has lost none of its secrecy, charm, attractiveness, craziness, even in this digital age, when we are overwhelmed by information. But what is love? Where does this emotion originate? Are we humans the only living beings feeling this emotion? Can love be explained by some chemical reactions in our brains? Is love just a trick of nature or is love some kind of higher feeling? We do not have definite answers to any of these questions, nevertheless, neuroscience, behavioral science and others have provided us with some, at least partial answers. We know today a great deal more than ever before about what is happening in the brain when we are madly in love. We understand why our hearts beat faster when we see the person we love, we know why we sweat and why we feel anxious when the loved one is away from us, and we have some ideas about how feelings of attachment form in the brain. This book guides you through the complicated labyrinth of genes, molecules and brain cells that are involved in the feelings of love, attachment, affection, and also simple sexual reproduction.

The Alchemy of Love and Lust - Theresa L. Crenshaw 1997-07-01

From Simon & Schuster, The Alchemy of Love and Lust is Theresa L. Crenshaw's guide to how our sex hormones influence our relationships. The Alchemy of Love and Lust identifies the role our hormones play in the different sexual stages, exploring the age-old concept of chemistry between the sexes and how hormones can determine the course of human relationships.

The Intimacy Solution - Dr. Erika Schwartz MD 2018-06-05

What exactly is sexuality and how does it impact

our lives? In her enthralling book The Intimacy Solution, Dr. Erika Schwartz presents an in-depth look at how our individual sexual identities are shaped, and how the "norm" differs vastly from what social stereotypes and the media would have us believe. In fact, Dr. Erika confirms without a doubt—there is no norm. The Intimacy Solution walks us through the "seasons" of our continuous sexual development, helping readers view sexuality through the lenses of biology, learned behaviors, personal truth, and culture. Moving beyond Masters and Johnson's unilateral approach to sexuality, Dr. Erika takes a broad leap forward to explain and shine a light on the impact of the myriad factors such as our delicate hormone balance, life experiences and trauma, and societal expectations as they come together to affect our personal belief systems in what sex and intimacy are at various points in our lives. In The Intimacy Solution, Dr. Erika uncovers the mystery behind the driving forces of sexuality and their impact at every stage in our lives. · how pairing sexuality with intimacy enhances emotional health and overall happiness · the direct and indelible interaction between hormones, sex and intimacy · how to overcome the loneliness, isolation, and shame associated with sexual issues, emphasizing that such problems are never unusual · the many myths about sexuality and how they affect our beliefs and behaviors...and much more. Sexuality is one of the most complicated and least understood aspects of our lives. Drawing on the personal experience of thousands of patients as well as medical expertise, research, and insightful observation, Dr. Erika helps us break down the barriers keeping us from our personal growth, truth, and identity, as well as the intimacy and passionate abandon associated with the profoundly defining force of human sexuality and the connection to intimacy and love.

Love in Marriage - Mandy Changufu 2013-10 This book describes the keys to understanding the true secrets of love: - Intimacy and sex in the covenant of marriage - One spirit, soul, heart, mind, and body - Secrets of true love and self-love Learn ways to improve, season, and maintain flavour in a marriage relationship: - How to romance and keep romance alive - The benefits of regular sex in marriage - Strategies

for financial prosperity - Planning and preparation in a marriage Learn about foods that increase, stimulate, and heighten sex drive and

that de-stress the sex hormones and sex drive. Learn the benefits of fasting.
The alchemy of love and lust - Theresa Larsen Crenshaw 1996-05-01

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