

Life After Sex Change Surgery

Sex Change - Female to Male - Eleanor Nye
2015-08-04

Deciding to undergo sex change surgery is a life-altering decision that needs to be considered thoroughly. If you're at the point where being female is affecting your emotional and mental health, or where you simply hate yourself for being a female, then perhaps a female to male (FTM) sex change surgery is the best thing to do so that you can finally feel more authentic in your own body. Sex changes from female to male have been successfully done thousands of times all around the world. This success rate is excellent with more and more people opting to resolve their Gender Dysphoria through sex change in order to lead happier lives. Before moving forward though, there is a lot of important information that you should be aware of. But just as with any procedure, there are risks involved, and it's crucial that you are aware of them. Sex change can be a daunting process, especially if you don't know the specifics of and what to expect from the procedure. Knowing and understanding the process will make for a smoother transition to your new gender and social environment after the surgery. The process of changing gender is not as simple or straightforward as you may think. The World Professional Association for Transgender Health (or WPATH) has certain standards that must be met before you will be allowed to undergo surgery. Also, it's important to fully prepare yourself for the permanent, irreversible transformation that gender reassignment surgery will have on your entire persona. This book was written to provide you with various things you should consider as you make this critical life-changing decision. I'm going to help you understand the process of gender reassignment surgery, and also explain what the actual steps are that you can follow. Included too are estimated expenses, as well as other advice and tips to help guide you along this life transformation.

S/he - Claudine Griggs 1998

Having undergone surgical gender reassignment, the author conducted extensive interviews with transsexuals to examine the pressures and motivations that such people experience and how social, educational and professional status affect their lives.

Gender Dysphoria - Betty W. Steiner
2013-06-29

In the decade-and-a-half since I coedited *Transsexualism and Sex Reassignment* (Green & Money, 1969), remarkable changes have occurred with Harry Benjamin's "transsexual phenomenon" (1966). Formerly, when writing about this condition in scientific journals, it was necessary to define the term transsexualism. Now the lay public recognizes it. Even the American Psychiatric Association acknowledges it as a "disorder," with its inclusion in the Third Edition of its Diagnostic and Statistical Manual (1980). Although this "elevation" to the status of mental illness may seem a Pyrrhic victory, it is a recognition of the legitimacy of transsexualism as a source of human suffering. The controversy that surrounded the decisions in the early patient cases to perform sex-change surgery has largely dissipated. The cries of "collusion with delusion," principally from psychoanalysts, have quieted. The dire predictions of psychosis and/or suicide following surgery as the "last psychic defenses are cut away" have almost never been realized. By contrast, many postoperative patients consider the surgery to have been life-saving. Medical centers worldwide have incorporated programs for evaluating and treating persons requesting sex reassignment. Elaborate guidelines for patient management have been developed by an international organization of health care professionals (Harry Benjamin International Gender Dysphoria Association, 1981). Harry Benjamin's child has come of age.

TRANSGENDER WELFARE AND SOCIETY - E. JAYANTHY 2019-06-04

1. Introduction, 2. Transgenders as Depicted in Hindu Mythology and in Tamil Literature, 3.

Intersex and Androgen Insensitivity Syndrome, 4. Transgenders - Physiological Parameters, 5. Transgenders - Psychological Parameters, 6. Role of Tamil Community in the Development of Thirunangai Communities - A Profile, 7. Social Exclusion Of Transgender, 8. Kalki Subramanian - A Profile, 9. Conclusion. - PREFACE - The legal, economic and social marginalization of transgender affects every aspect of their lives. Social exclusion is reflected in laws that do not acknowledge the existence of transgender, either as a third gender or as people who wish to transition from male to female, or from female to male. Without legal protection, transgender is vulnerable to daily violence and discrimination, with cumulative impacts. Some impacts are visible, such as the HIV epidemic among transgender in many parts of the world. Most impacts are insidious, with transgender, their families, and communities left to support each other and struggle for their rights. Human rights experts have offered guidance on how to apply existing human laws. From a young age, many transgender people experience social rejection and marginalization because of their expression of their gender identity. This social exclusion affects their self-perception and sense of worth. It may contribute to depression, anxiety, drug and alcohol use, self-harm and suicide. Young transgender people are particularly vulnerable to homelessness, unemployment and economic instability, as they often depend on family and educational institutions for housing and other resources. This is mainly due to the fact that their inherent complexities in physiology which does not gel with their psychology deprivation of everything in their life.

Transsexuals - Lynn Hubschman 1999

When Harry Became Sally - Ryan T. Anderson
2018-02-20

Can a boy be “trapped” in a girl’s body? Can modern medicine “reassign” sex? Is our sex “assigned” to us in the first place? What is the most loving response to a person experiencing a conflicted sense of gender? What should our law say on matters of “gender identity”? When *Harry Became Sally* provides thoughtful answers to questions arising from our transgender moment. Drawing on the best insights from biology, psychology, and philosophy, Ryan Anderson

offers a nuanced view of human embodiment, a balanced approach to public policy on gender identity, and a sober assessment of the human costs of getting human nature wrong. This book exposes the contrast between the media’s sunny depiction of gender fluidity and the often sad reality of living with gender dysphoria. It gives a voice to people who tried to “transition” by changing their bodies, and found themselves no better off. Especially troubling are the stories told by adults who were encouraged to transition as children but later regretted subjecting themselves to those drastic procedures. As Anderson shows, the most beneficial therapies focus on helping people accept themselves and live in harmony with their bodies. This understanding is vital for parents with children in schools where counselors may steer a child toward transitioning behind their backs. Everyone has something at stake in the controversies over transgender ideology, when misguided “antidiscrimination” policies allow biological men into women’s restrooms and penalize Americans who hold to the truth about human nature. Anderson offers a strategy for pushing back with principle and prudence, compassion and grace.

Sex Change - Male to Female - Eleanor Nye
2015-08-04

Sex change surgery is a life-changing decision that has to be thoroughly considered and thought through. However, if you've reached the point of hating yourself for being male, or where being male is negatively affecting your mental and emotional health, then perhaps a male to female (MTF) sex change is the right step for you in order to feel like a more authentic version of yourself. Before you proceed, there are some vital facts that you should know. The process is not as simple and straightforward as you might think. There are rules implemented by the World Professional Association for Transgender Health (WPATH) before any surgery can be performed. It's crucial that you learn about all of this so that you can come to an informed decision. Also, you should fully consider the permanent and irreversible changes that the gender reassignment surgery can have on your total persona. This book is designed to provide you with valuable information that will help you better understand the process and be prepared

for what's in store. It also includes a summary of the steps that you can follow in your gender reassignment process, including estimates for the cost of the surgery, along with other additional tips and pointers that will help guide you towards a successful transformation into a woman - the real you!

Virginia Prince - Richard Ekins 2006-02-07

Discover the influence of controversial writer Virginia Prince—friend, counselor, philosopher, and publicist for the cross-dressing community Virginia Prince: Pioneer of Transgendering documents the life and work of Virginia Prince, whose writings on transvestites and transsexuals influenced the thinking of an entire generation. This unique book gathers and updates her most important—and hard-to-find—articles that chronicle the development of her philosophy over a twenty-year period and provide insight into her role in the creation of a transgender community. The book includes a photo essay by acclaimed photographer Mariette Pathy Allen, a portrait of Virginia at age 92 from Richard F. Docter, and a foreword by celebrated transgender activist, historian, and scholar Susan Stryker. A staunch promoter of heterosexual transvestism since the late 1950s, Virginia Prince has had a powerful impact on the transgender community. She was the first person to establish a systematic organizational structure that provided a safe setting for transvestites and transsexuals to “come out,” and her advocacy of a “transgenderist” position since the late 1960s constituted a major conceptual and identity innovation. These articles focus on issues of sex, sexuality, and gender and serve as a foundation for what later became “transgender studies” in the 1990s. “The world that we live in is highly polarized and highly stereotyped into femininity and masculinity. What I would like to have you think about is the word in the middle-humanity. A man who wants to look after babies is only being a human being in dealing with young offspring. It has nothing to do with his being a male and not a female, and that is the problem in this area of sex and gender. This high degree of polarization in our society leads to all kinds of confusion in our culture. We must learn that being a person is more important than being either man or woman, male or female.” —Virginia Prince, “Sex

vs. Gender” Virginia Prince: Pioneer of Transgendering is an invaluable resource for academics working in the field of transgender studies and an important historical document for members of the transgender community.

Transgender Care - Gianna E. Israel 1997

By empowering clients to be well-informed medical consumers and by delivering care providers from the straitjacket of inadequate diagnostic standards and stereotypes, this book sets out to transform the nature of transgender care. In an accessible style, the authors discuss the key mental health issues, with much attention to the vexed relationship between professionals and clients. They propose a new professional role; that of “Gender Specialist.” Chapters 3, 4, and 5 provide definitive information (in the context of consulting health professionals) on hormone administration, aesthetic surgery, and genital reassignment surgery. Chapter 6 takes up the little-examined issue of HIV and AIDS among transgender people. There is also a chapter devoted to issues of transgender people of color, as well as a chapter on transgender adolescents. The book contains a wealth of practical information and accounts of people's experiences about coming out to one's employer or to one's friends or spouse. Several essays spell out the legal rights of transgender people with regard to insurance, work, marriage, and the use of rest rooms. The second part of the book consists of thirteen essays on a range of controversial topics. They include three personal stories of transgender life, one essay on the new academic field of Transgender Studies, two essays on legal rights, three essays on medical issues, and two essays on the origins and possible resolution of the conflicts between therapist and client. The authors have also provided useful listings of organizations, centers, and Web sites. The book has been reviewed by a national committee of professionals and consumers, some of whose members have contributed the essays in the second part of the book. Author note: Gianna E. Israel has been in private practice as a Gender Specialist since 1988. She has worked with over one thousand transgendered men and women, and is also a member of the transgender community. She is a founding member of the board of the American Education Gender

Information Service (AEGIS). Donald E. Tarver II, M.D., is a San Francisco psychiatrist working in public mental health and a private practice. He is Medical Director of New Leaf--a multiservice agency serving the mental health, substance abuse recovery, HIV/AIDS, and social service needs of the lesbian, gay, bisexual, and transgender communities.

The Finest Cut - Jean Churchill
2013-09-25

Transsexual autobiographies often focus on the individual's struggle to integrate mind and body to achieve wholeness, but tend to gloss over the actual surgical experience, relegating information about a very important physical, psychological, and spiritual period in one's life to a few vague pages or paragraphs. THE FINEST CUT helps to fill that void of information with a detailed account of the experiences of one male-to-female transsexual as she goes through the surgical process. Beginning a few weeks before surgery and continuing through the recuperation period afterwards, she relates the preparations, experiences, thoughts, feelings, and physical, psychological and spiritual changes that she found occurring in herself and observed in others. This wonderful narrative covers such usually unspoken-of things as: pre and post-operative feelings of loss, the psychological/spiritual life re-assessments that many pre-ops seem to make before surgery, the bonding that can occur between SRS candidates, hospital procedures, the surgery itself (explained in lay terms), physiological and emotional experiences that can occur following surgery, pain management strategies, post-surgical hygiene, dilation procedures, experiences with long-term recuperation care, and some of the emotional and spiritual perception shifts that might result. Also included is a section of frequently asked questions and a personal view of what transsexual existence is. This memoir flows in an easily readable fashion that is filled with information, anecdotes, and humor. It is a "must read" for anyone who is thinking about having sexual reassignment surgery or who wants to know more about it. OTHER BOOKS BY JEAN CHURCHILL: *Courting The Selkie*; *It's Not What You Think*

Lannie! - Lannie Rose 2007

In the battle between the sexes, he's her own

worst enemy Do you know about the great gender divide over clean underwear? I didn't either, until I changed my sex. When I stopped living as a man and began living as a woman, I learned about clean underwear and many other remarkable things, such as: My life may have been easier if I had just been gay. Sex reassignment surgery hurts! So does electrolysis. You truly can become anything your heart desires, as long as you are true to yourself. Thus begins the real-life memoir of Lannie Rose, a regular guy who, at the age of 49, decided to live as a woman. Six months later, he underwent extensive surgery to become a woman. From his unusual childhood to her present life as a woman, Lannie Rose writes frankly about the huge social and physical conflicts she faces...as well as the challenge of using the women's locker room and finding sexy size 13 sandals. Triumphant, poignant, shocking, hilarious and extremely informative, Lannie! is above all else a woman's story of her search for herself and her faith in her own decisions. Rose's upbeat attitude and entertaining writing style make this account of a serious, sensitive subject a joy to read.

Program Design for Transgender Individuals Pre/post Sex Reassignment Surgery - Jackie Shirley Colorado 2013

Furthermore, TMC offers a unique intervention that focuses on life after SRS. The Social Adaptive Living Skills (SALS) will aid the client in the following areas: voice and communication therapy, cosmetics/personal grooming, and gender specific etiquette training. These skills will foster a healthier and improved quality of life for the transgender individual and the community.

Principles of Transgender Medicine and Surgery - Randi Ettner 2013-02-01

A comprehensive and important text for health care professionals Gender variance is widely misunderstood, and few medical texts examine the social, legal, emotional, historical, biological, and economic issues involved. Principles of Transgender Medicine and Surgery provides medical and health care guidelines and comprehensive information on all aspects of treatment of gender diverse individuals. This one-of-a-kind resource examines a full range of relevant data important to health care

professionals. Each chapter addresses a different aspect of care, written by an authority on that sub-specialty. This practical guide instructs both novices and experienced practitioners on the state-of-the-art treatments and knowledge. Principles of Transgender Medicine and Surgery presents the foremost international specialists on the issues, offering their expert knowledge on the wide spectrum of issues encountered by gender diverse individuals. In this handy text, professionals of all types can get important information about various aspects of transgender health care. This essential text is extensively referenced, and includes numerous photos, tables, and figures to clearly illustrate information. Topics in Principles of Transgender Medicine and Surgery include: etiology primary medical care evidence-based preventive care hormone treatment of adults and juvenile transsexual patients general principles of surgical therapy reassignment surgery mental health issues developmental stages of the coming out process reproduction issues fertility issues karyotyping and genetics intersex individuals gender identity disorders aging and the care of elderly transgender patients Principles of Transgender Medicine and Surgery is an essential guide for health care professionals, educators, students, patients, and patients' families.

Lucia: The life of a Transgender Person - Lucia Richardson 2015-09-09

This book is for individuals that have an interest to grow their understanding of the realities facing the transgender community today. I hope that transgender family, friends, colleagues and the general population can appreciate my journey and will understand how essential it is to support individuals who choose a life of authenticity with respect to their gender identity despite the social stigma being imposed upon them. Living an authentic life is a gift for us all. The journey is like being re-borne where one redefines themselves and must learn much all over again. Its foreign territory for both transgender people and the general population which presents many challenges to overcome with little time given to learn. The courageous journey for self improvement can be an inspiration for us all and goes much beyond the physical appearance. Join me in discovering

"Lucia: The Life of a Transgender Person".

The Book of Transgender in Hong Kong - ☐☐

☐ Joanne Leung 2017-04-01

This is a handbook consolidated and translated from three of our Chinese booklets Gossip Boys & Girls series. The first booklet was published in 2012 as we found easy understanding information for Chinese readers was absent. Although there was quite a lot of information in English from western countries, we cannot just copy it from different contexts and cultures as the transgender community is so diverse all over the world. Another reason why we need to create our own book is that publications available are either produced by Transgender people, telling the outside world what people should do, or written by cisgender professionals or researchers. Taking into consideration the general public's perspective, Gossip Boys & Girls series were written in the language for the wider population. Gossip in Chinese is ☐☐. It also means Right and Wrong. Gender and sexuality of a person could always be the focus in gossips among people no matter you are LGBT people or not. What even worst is that transgender people are always judged by the others as "right or wrong". Two of my best transgender friends were unable to bear the suppression and committed suicide one in 2004, and another one in 2008. Another gay friend of mine has committed suicide recently in Jan 2017. What caused them to make such a decision? Is it their fault being true to themselves? I hope this handbook laid out from the experience of a transgender person who has overcome those unspeakable difficulties in life will give you more insight about the transgender community in Hong Kong.

No Way Renee - Renee Richards 2007-03-26

In 1975, at the age of forty, Richard Raskind, a renowned eye surgeon and highly ranked amateur tennis player, "died," and Renée Richards was "born," in what was to become the most public and highly scrutinized sex reassignment to date. It was not until Renée Richards was discovered playing in an amateur tennis tournament that the world took notice. Extensive media coverage and criticism thrust Renée reluctantly into the spotlight, sparking an intense public debate over her private life. Now, at seventy-two, Richards looks back and speaks

frankly about all aspects of her complicated and often notorious life in this eye-opening, thought-provoking memoir. Richards' honest and compelling narrative explores the dichotomy between the successful life she lived as Dr. Richard Raskind, who seemed to have everything (devoted friends, a beautiful wife and son, a stellar record of academic and professional achievement, and outstanding athletic ability), and a secret life of struggle with a drive that could not be suppressed, even by years of psychotherapy and the force of a considerable will. Richards takes readers through her difficult decision to undergo surgery and the complex mixture of relief and continued frustration that came with the realization of her new identity. Discussing life after her transformation, Richards candidly relates the details, trials, and pleasures of her romantic life as well as fascinating stories about her tennis career, including her experiences as Martina Navratilova's coach. She also provides an intimate account of her difficult but rewarding relationship with her rebellious son: runaway teenager, high-stakes Vegas gambler, karate champion, and entrepreneur. She describes the deterioration of a once-loving marriage and the challenges of reclaiming her place at the forefront of her demanding medical specialty. Having lived as a woman almost as long as she lived as a man, Richards draws on a personal history that illuminates thirty years of remarkable change in society's attitude toward gender issues. Her absorbing and inspiring story, at once heartbreaking and uplifting, is a testimony to how far we have progressed in our ability to discuss and accept sexuality in all its iterations, as well as a reminder of how far we still must travel.

Trans - Juliet Jacques 2015-09-22

In July 2012, aged thirty, Juliet Jacques underwent sex reassignment surgery—a process she chronicled with unflinching honesty in a serialised national newspaper column. *Trans* tells of her life to the present moment: a story of growing up, of defining yourself, and of the rapidly changing world of gender politics. Fresh from university, eager to escape a dead-end job and launch a career as a writer, she navigates the treacherous waters of a world where, even in the liberal and feminist media, transgender

identities go unacknowledged, misunderstood or worse. Revealing, honest, humorous, and self-deprecating, *Trans* includes an epilogue with Sheila Heti, author of *How Should a Person Be?*

Transgender - José Carlos Martins Júnior

2023-06-26

"Nowadays, the modern medicine is a great blessing in many lives around the world because it allows people who suffer from gender dysphoria to pursue their affirmation. I can affirm that the surgery was the most important decision I made. It was a watershed in my life. After that, I could feel complete for the first time. I became so happy and started enjoying my life with great level of happiness and fulfillment being myself. I achieved my real gender affirmation and could fill the harmony between my body and my mind." THALITA ZAMPIROLI Brazilian actress living in Boston, Massachusetts since 2016 and working as a businesswoman in the beauty business.

[The Transgender Paradox: To Be Oneself](#) - Amy Mueller 2012-04-01

Comprehensive analysis and case-study by a medically diagnosed Transsexual who completed gender reassignment surgery. An honest account of what life was like growing up with Gender Identity Disorder. Photographs are included, showing progress including earlier stages as a child. Raised Christian causing greater feelings of guilt as most religious groups continue to be in disbelief of the validity of this condition and proper treatment. The author has embraced the challenge to help educate the general public and calm their fears. Gender-Identity-Disorder is a very serious and potentially disabling condition. Experiencing first hand, the severity of losing one's own identity, then to write a book about the experience is extremely Rare. The author was married with children adding to the complexity. This study covers the Social, Medical, Spiritual and Philosophical aspects of gender change, offering hope for anyone who is transgender, homosexual or seeking gender reassignment [Becoming Lisa](#) - Lisa Kelly 2018-07-17

An inspiring memoir of overcoming fear and living your life in the open. A sincere and honest account of the transition to, and living your life as, your true self. A book about small town homophobia and bullying of those who do not fit in. *Becoming Lisa* is the incredible emotional

roller coaster journey from Dave, a shy boy, bullied throughout his life to becoming Lisa, a strong willed determined independent woman campaigning against hate and bigotry to help others along their path to living their life as they wish and without fear. As Dave, Lisa struggled through School in 1970's and 1980's Britain, bullied and beaten up because of her looks. She faced the trauma of rape and suicide, eventually having to move away from her home town to escape the bullying she had endured. She started her new life as Lisa, contemplating suicide herself when she was at her lowest point, but then overcoming the huge obstacles that lay in her path to achieving her new identity. It was as Lisa she was able to turn the tables on those

who bullied her, and became a role model and advocate for transgender people in her local area. She had now become someone who could speak in public with an open honesty about what she had gone through, and even undergo her life changing surgery in a public way. Lisa did not then retire into a quiet life after surgery, nor take the easy option to blend in. She continued her awareness campaign even though life dealt another cruel blow, but came back stronger than ever. She was then able to ride the crest of a wave of having achieved her goals. Share the tears of total desperation and mix them with the tears of triumphant euphoria as Lisa takes you through the heartbreaking lows and the triumphant highs of her journey

Life After Sex Change Surgery:

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