

Hope And Recovery A Twelve Step Guide For Healing From Compulsive Sexual Behavior

Sexual Compulsives Anonymous - Sexual Compulsives Anonymous 2002-01-01

"The Little Blue Book" describes the program of SCA. It is written by members and includes the 12 Steps/12 Traditions adapted from Alcoholics Anonymous, 14 Characteristics we have in common, The Tools that Help us Get Better and chapters on Sobriety / Recovery Plans, Sponsorship, Service, what happens at Meetings, how to avoid slips, masturbation, shame and a brief history of the program followed by some useful prayers and meeting formats.

Clinical Management of Sex Addiction - Patrick Carnes 2013-06-17

This is the first comprehensive volume of the clinical management of sex addiction. Collecting the work of 28 leaders in this emerging field, the editors provide a long-needed primary text about how to approach treatment with these challenging patients. The book serves as an excellent introduction for professionals new to the field as well as serving as a useful reference tool. The contributors are literally the pioneers of one of the last frontiers of addiction medicine and sex therapy. With a growing awareness of sex addiction as a problem, plus the advent of cybersex compulsion, professional clinicians are being confronted with sexual compulsion with little clinical or academic preparation. This is the first book distilling the experience of the leaders in this emerging field. With a focus on special populations, it also becomes a handy problem-solving tool. Readable, concise, and filled with useful interventions, it is a key text for a problem clinicians must be able to identify. It is destined to be a classic reference.

Sex Addiction as Affect Dysregulation: A Neurobiologically Informed Holistic Treatment (Norton Series on Interpersonal Neurobiology) - Alexandra Katehakis 2016-09-20

Examining the neurobiological underpinnings of sex addiction.

Neuroaffective science—studying the integrated development of the body, brain, and mind—has revealed mechanisms linking psychological and biological factors of mental disorders, including addiction. Indeed, its paradigm-shifting theoretical umbrella demonstrated that substance and behavioral dependencies share identical neurobiological workings, and thus that problematic repetitive behaviors are genuine addictions—a state increasingly understood as a chronic brain disorder. Clinical experience strongly suggests that sex addiction (SA) treatment informed by affective neuroscience—the specialty of Alexandra Katehakis—proves profoundly transformative. Katehakis's relational protocol, presented here, blends neurobiology with psychology to accomplish full recovery. Her Psychobiological Approach to Sex Addiction Treatment (PASAT) joins therapist and patient through a relationally-based psychotherapy—a holistic, dyadic dance that calls on the body, brain, and mind of both. Written with clarity and compassion, this book integrates cutting-edge research, case studies, verbatim session records, and patient writings and art. Katehakis explicates neurophysiological, psychological, and cultural forces priming and maintaining SA, then details how her innovative treatment restores patients' interpersonal, sexual, and spiritual relationality.

When Someone You Love is Addicted to Sex - Mic Hunter 2000-11

This authoritative guide to explaining the tragic life of individuals addicted to sex, offers helpful information to their partners who struggle with it.

Hope & Recovery - 1987

Thirty Days to Hope & Freedom from Sexual Addiction - Milton S. Magness 2011

A concise thirty-day guide to healing from sexual addiction

Hope and Recovery - Anonymous 2010-08-04

Hope and Recovery guides and supports the life-transforming move from self-defeating and destructive sexual behavior to healthy, affirming sexuality. A remarkable work, Hope and Recovery guides and supports the life-transforming move from self-defeating and destructive sexual behavior to healthy, affirming sexuality. This widely acclaimed contribution to addiction literature applies the Twelve Step Program of Alcoholics Anonymous to the complex problem of sex addiction.

Overcoming Sexual Terrorism - Jake Goldenflame 2006

WHY CASTRATION WON'T WORK Many times, you will hear people say, "Why don't we just castrate all the sex offenders? That will do the job." But, in fact, it won't, for some very simple reasons. First, long-term studies have already shown that, in spite of all the media hype, most convicted sex offenders (up to 75% of them) do not re-offend. (Hanson, 1999). To castrate them is a waste of time. Secondly, most children are not molested by them. Most children are molested by someone they know and trust: like a friendly neighbor, down the street, or a school teacher, volunteer in some youth group or at the church. Often, unfortunately, by a relative in the family, be that an older brother, cousin, an inlaw or step-parent. Because none of them have been caught, we don't call them "sex offenders" and, as a result, 'castrating all the sex offenders' won't get them. They will still be left just as free as before. There is a better answer. Records now show that when convicted sex offenders are given exactly the kind of treatment and counseling in that is described in this book, re-offense rates are cut by 60%. (Alexander 1999). It is not terribly complicated. It isn't just a lot of theories. It is just simple, blunt honesty: making men face the reality of what they are doing, and how it is also wrecking their own lives, then training them in the steps it takes to stop doing so. That is what does it, right there. Here is the book that tells it all. In ten chapters, I relate how it happened that I became a child molester and got over it. That was almost 20 years ago now and I remain re-offense free, with no further convictions or arrests. The lessons from it that you can use to protect your children are given at the end of each chapter. If you follow them, your child will be safer than ever before. Steps that sex offenders can take to earn their way back into the community and a prescription for the healing of America conclude the work. The readers' resources section includes a listing of further books, journals, websites, referral agencies and self-recovery organizations that may also be of use to those who want more information. Fully indexed, the book will be a useful guide in all future child sex abuse trials. If you have any questions, write me at: jake.goldenflame@gmail.com

Healing the Wounds of Sexual Addiction - Mark Laaser 2009-05-26

Hope--real hope--for recovery is within reach. This book goes beyond cliché answers and offers meaningful, spiritual, and practical steps to healing and freedom from sexual addiction--or any addiction. With today's rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects an increasing number of Christians, even pastors and priests. As devastating as any drug habit, it brings heartbreak and despair to those it entangles. But there is help for men and women caught in sexual addiction's downward spiral. This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation. Speaking from his own experience with sexual addiction and recovery, Dr. Mark Laaser is sensitive to the shame of sexual addiction without minimizing its sinfulness. He traces the roots of the problem, discusses its patterns and impact, and maps out a biblical approach to self-control and sexual integrity. Whether you know someone with a sexual addiction or struggle yourself, *Healing the Wounds of Sexual Addiction* points the way to understanding, wholeness, and holiness. Spanish edition also available; previously titled *Faithful and True*.

Why Is My Partner Sexually Addicted? - Paul Becker 2012-02-21

Why is My Partner Sexually Addicted,? provides critical insight into the nature of sexual addiction. A woman rarely need to probe the origin and consequences of sexual addiction until her partner is found-out. Each chapter reveals aspects of sexual addiction, all to help a woman decide how she will live after she discovers her partners aberrant sexual behavior. Meet a Reviewer: This book is outstanding. It's wildly packed with valuable information. I learned a lot and feel every woman married to a sex addict should get this book in order to have a very deep understanding about what is likely going on in her husband's mind/brain. Darcy H. Meet the Author: For Paul Becker, LPC, counseling and writing are second careers. He was a federal government economist and executive for over 36 years. Working with men in prison led him back to school where he earned a Master's degree in counseling education. He works in Virginia in private practice.

Comprehensive Handbook of Psychotherapy,

Psychodynamic/Object Relations - Jeffrey J. Magnavita 2002-10-15
Now available in paperback. In this volume, different approaches to Psychodynamic/Object Relations approaches are examined. It covers the important issues in the field, with topics ranging from "psychodynamic psychotherapy with undergraduate and graduate students" to "a relational feminist psychodynamic approach to sexual desire" to "psychodynamic/object relations group therapy with schizophrenic patients."

Recovery from Sexual Addiction: a Man'S Guide - Paul Becker 2012-05-14

Recovery from Sexual Addiction: A Mans Guide and a companion workbook, help men learn how to achieve a high level commitment to change their behavior and thinking. Men are introduced to insights on how to move out of compulsive behavior, depressed mood, and isolation into a more fulfilling life. Readers will learn about the Addicts Life Scale, a simple yet insightful tool that illustrates how ones mood is directly related to destructive acting-out behaviors. Once a man becomes aware of his mood levels, he can begin to take proactive steps to reach and sustain a mood level where he feels confident and motivated to remain free of destructive acting-out behaviors. Book chapters are structured to help men examine their most personal issues, including: the nature and origin of sexual addiction, the roles of anger, anxiety, isolation, and depression in sexual addiction, how co-dependency fosters sexual addiction, how to cultivate self-awareness and improved attitude, and creating a healthy life style absent sexually acting out. Ultimately, readers will discover the satisfaction that comes from improved relationships with their spouses, children, other men, and God. Paul Beckers unique Recovery From Sexual Addiction series includes a core book, client workbook, and a clinician guide. The three texts use an interactive approach to help therapists and clients thoroughly explore the roots of sexual addiction and effective ways to achieve long-term recovery. The series is especially helpful to therapists who prefer to base recovery on principles proven by Dr. Patrick Carnes.

Mental Illness and Psychiatric Treatment - Gregory Collins 2013-10-11

Take your rightful place on the holistic health care team, with the goal of restoring vitality of body, mind, and spirit to people suffering from emotional illness! This book is designed to bring essential knowledge and skills to the religious professional who seeks to provide special ministry to the emotionally troubled. It provides a basic understanding of psychiatric illnesses, theory, and treatment modalities that is certain to enlarge the perspective of the pastoral worker. In addition to an essential overview of psychiatry in general, *Mental Illness and Psychiatric Treatment: A Guide for Pastoral Counselors* will help you to better serve people suffering from depression, anxiety disorders, chemical dependency, reality impairment, or personality disorders. The book's format is designed specifically to help pastors grasp the principles of intervention in each of these disorders. Each of its five concise clinical chapters follows a four-part format that covers the duties and responsibilities of the clergyman as part of the holistic health care team, consisting of: recognizing the disorder assessing its severity intervening in a crisis counseling in the recovery phase In their experience, the authors have observed that severe emotional or psychiatric illnesses often involve spiritual sickness as well. Spiritual sickness is a complex concept that may take many forms depending on the type of emotional illness it accompanies. *Mental Illness and Psychiatric Treatment: A Guide for Pastoral Counselors* shows you what spiritual symptoms to look for when assessing someone in your care. For example, did you know that: severe depressive illness could include the loss of faith, abandonment of hope, loss of a right relationship with God, or even self-hatred, guilt, despair, and self-annihilation a psychotic reaction marked by loss of contact with reality might involve abnormal self-importance, grandiosity, fear, or stubbornly mistaken perceptions of reality a problem with alcoholism might involve immoral behavior, irresponsible conduct, denial of the loss of control over liquor consumption, or abject guilt, shame, and self-hatred personality disorders may bring on profound disturbances in social relationships, self-centered anger, impulsiveness, dishonesty, impurity, or distrust of others people with anxiety disorders can lose

their trust in God, develop obsessive fears and tensions, and become unable to turn things over to God's divine care In *Mental Illness and Psychiatric Treatment: A Guide for Pastoral Counselors*, you'll find the information you need to make effective judgments and assessments about the people seeking your help. The book provides you with fascinating case studies that highlight symptoms and illness patterns as well as treatment options and techniques for coordinating pastoral counseling with the mental health team. You'll learn to recognize the spiritual symptoms of disease—negative, inappropriate, of self-defeating attitudes or behaviors—and to deal specifically with these manifestations of illness through pastoral intervention and counseling.

America Anonymous - Benoit Denizet-Lewis 2009-01-06

America Anonymous is the unforgettable story of eight men and women from around the country -- including a grandmother, a college student, a bodybuilder, and a housewife -- struggling with addictions. For nearly three years, acclaimed journalist Benoit Denizet-Lewis immersed himself in their lives as they battled drug and alcohol abuse, overeating, and compulsive gambling and sexuality. Alternating with their stories is Denizet-Lewis's candid account of his own recovery from sexual addiction and his compelling examination of our culture of addiction, where we obsessively search for new and innovative ways to escape the reality of the present moment and make ourselves feel "better." Addiction is arguably this country's biggest public-health crisis, triggering and exacerbating many of our most pressing social problems (crime, poverty, skyrocketing health-care costs, and childhood abuse and neglect). But while cancer and AIDS survivors have taken to the streets -- and to the halls of Congress -- demanding to be counted, millions of addicts with successful long-term recovery talk only to each other in the confines of anonymous Twelve Step meetings. (A notable exception is the addicted celebrity, who often enters and exits rehab with great fanfare.) Through the riveting stories of Americans in various stages of recovery and relapse, Denizet-Lewis shines a spotlight on our most misunderstood health problem (is addiction a brain disease? A spiritual malady? A moral failing?) and breaks through the shame and denial that still shape our cultural understanding of it -- and hamper our ability to treat it. Are Americans more addicted than people in other countries, or does it just seem that way? Can food or sex be as addictive as alcohol and drugs? And will we ever be able to treat addiction with a pill? These are just a few of the questions Denizet-Lewis explores during his remarkable journey inside the lives of men and women struggling to become, or stay, sober. As the addicts in this book stumble, fall, and try again to make a different and better life, Denizet-Lewis records their struggles -- and his own -- with honesty and empathy.

The Sex Offender: Current treatment modalities and systems issues - Barbara K. Schwartz 1995

Cruise Control - Robert Weiss, MSW 2013-02-21

Cruise Control is the premiere book on the growing problem of sex addiction in gay men. This second edition explores how technology has impacted the instant ability to "meet up" and the implications of being in recovery in a committed relationship. Accessible resource for achieving sex addiction recovery including a "30 day test" and a dating plan.

Hope and Recovery - Compicare Publishers 1987

Written by recovering people for recovering people, this comprehensive work applies the world-renowned and time-honored Twelve Step program to the complex problem of compulsive sexual behavior.

Codependents' Guide to the Twelve Steps - Melody Beattie 1992-04-09

Explains how recovery programs work and how to apply the "Twelve Steps" of Alcoholics Anonymous. Offers specific exercises and activities for use by individuals and in group settings.

Health Care for the Uninsured - United States. Congress. Senate. Committee on Finance. Subcommittee on Health for Families and the Uninsured 1990

Hope & Recovery - Compicare Publishers 1987

An adaptation for persons suffering from sex addiction of the Twelve Steps program of Alcoholics Anonymous.

Hope And Recovery A Twelve Step Guide For Healing From Compulsive Sexual Behavior:

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