

Counseling For Sexual Disorders

Principles and Practice of Sex Therapy Kathryn S. K. Hall 2020-06-29 This widely used clinical reference and text--now significantly updated with 75% new material reflecting therapeutic advances, diagnostic changes, and increased coverage of sexual minority groups--comprehensively addresses sexual problems and their treatment. Prominent contributors interweave theory, research, and clinical considerations. Detailed case examples illustrate the process of assessment and intervention with individuals and couples across the lifespan, with attention to gender-related, cultural, and health concerns. The volume features an integrative introduction and conclusion, plus an instructive editorial commentary at the beginning of each chapter. New to This Edition *Many new authors and extensively revised chapters. *Coverage of advances in sexual medicine, ICD-11 diagnostic changes, and other timely topics. *Chapters on sexual aversion, female sexual arousal disorder, and out-of-control sexual behavior. *Chapters on the transition to parenthood and the treatment of sexual concerns in the BDSM community and adult transgender clients. *Chapters on additional medical issues: cancer and spinal cord injury.

What Every Mental Health Professional Needs to Know About Sex, Second Edition Stephanie Buehler, PsyD, CST-S 2016-11-07 The second edition of this acclaimed guide to understanding sexuality and working with clients on sexuality issues is extensively updated to reflect recent scientific, practical, and social developments in the field. It provides updated information on relevant disorders in the DSM-5, new theoretical approaches, new pharmacological treatments, updated information on STDs, new understandings of transgender individuals, the impact of same-sex marriage laws, controversies over sex addiction, and much more. Chapters are enhanced with the addition of new take-away points, additional worksheets, and a glossary. Distinguished by an easy-to-read, down-to-earth approach, the text provides plentiful information, tools, and exercises to increase the confidence and comfort of both trainee and experienced mental health professionals treating sexual issues. Based on the premise that the therapist must be comfortable with his or her own sexuality in order to provide effective treatment, the book discusses the characteristics of healthy sexuality for both client and therapist and addresses issues of discomfort that may arise for the therapist. New to the Second Edition: Sexual and other disorders in DSM-5 New understandings of sexual identity and fluidity, including transgender Legal status of same-sex marriage New pharmacological treatments for sexual issues New methods of sexological research Updated and expanded coverage of assessment tools Mindfulness interventions Supplemental Instructor's Manual with quizzes and chapter-by-chapter PowerPoint slides Updated Practitioner Resources including informational handouts and illustrations

Secrets of Counseling Room Farshad Najafipour 2016-08-04 Sometimes it looks simple but you have to bury the heavy burden of the forbidden truth and maintain a silence about your sexual life. Join us and see how shocking but common, the sexual disorders of these cases are.

Sexual Disorders Peter J. Fagan 2004-01-13 This book will be of interest to mental health care professionals, including psychiatrists, psychologists, and social workers, who treat patients with sexual disorders.--Elizabeth Bruce "Family Journal: Counseling and Therapy for Couples and Families"

Sexuality and Sex Therapy Mark A. Yarhouse 2014-03-07 The field of human sexuality is one of ever-increasing complexity, particularly for Christian therapists and psychologists seeking to be faithful to Scripture, informed by science and sensitive to culture. In *Sexuality and Sex Therapy*, Mark Yarhouse and Erica Tan offer a survey and appraisal of this field from a Christian perspective, which grounds sex therapy in the biblical affirmation of physicality and the redemptive purposes of human life. Integrating the latest research within a Christian worldview, the authors explore sexual dysfunctions as well as various clinical issues and treatments. Not only have Yarhouse and Tan written a standard resource for Christian therapists and counselors, but they also challenge the church to talk more honestly and openly about the blessing of human sexuality. Christian Association for Psychological Studies (CAPS) Books explore how Christianity relates to mental health and behavioral sciences including psychology, counseling, social work, and marriage and family therapy in order to equip Christian clinicians to support the well-being of their clients.

Integrating Sex And Marital Therapy Gerald R. Weeks 2013-06-20 Published in 1987, *Integrating Sex And Marital Therapy* is a valuable contribution to the field of Family therapy.

Sexual Disorders Tristan Marhenke 2022-05-10 This essential provides an overview of the diagnosis, epidemiology, etiology, and treatment of all sexual disorders according to the Diagnostic and Statistic Manual of Mental Disorder (DSM-5). Among the sexual dysfunctions, delayed ejaculation, erectile dysfunction, female orgasm disorder, female sexual interest/arousal disorder, genito-pelvic pain-penetration disorder, male diminished sexual appetite disorder, and premature (early) ejaculation are explained. Of the various paraphilias, voyeuristic disorder, exhibitionist disorder, frotteuristic disorder, sexually masochistic disorder, sexually sadistic disorder, pedophilic disorder, transvestic disorder, and fetishistic disorder are explained. For gender dysphoria, adolescent and adult gender dysphoria and child gender dysphoria are described. Studios Sophie and Therapy Tara knowledgeably guide the reader through the book. This Springer essential is a translation of the original German 1st edition essentials, *Sexuelle Störungen* by Tristan Marhenke, Springer Fachmedien Wiesbaden GmbH, part of Springer Nature in 2020. The translation was done with the help of artificial intelligence (machine translation by the service DeepL.com). A subsequent human revision was done primarily in terms of content, so that the book will read stylistically different from a conventional translation. Springer Nature works continuously to further the development of tools for the production of books and on the related technologies to support the authors.

Hypoactive Sexual Desire Gerald R. Weeks 2002 The lack of sexual desire, known clinically as hypoactive sexual desire (HSD), is generally recognized as the most common sexual problem in America.

Psychotherapeutic Approaches to Sexual Problems Stephen B. Levine, M.D. 2019-11-05 The book aims to increase the comfort of both mental health trainees and advanced practitioners in assisting patients with their sexual concerns. The author provides a thoughtful discussion of the nature of love--as an active, evolving process involving psychological intimacy, intense sexual interest, and commitment--and shows how sexual problems create barriers to loving.

Sexual Surrogate Heather Hill 1976 "More than half of all American couples are dissatisfied with their sex lives. Yet few know that effective professional help is available. As early as the 1950's, Masters and Johnston demonstrated that such common sexual problems as impotence and frigidity could be alleviated by using paid sex partners as part of a carefully planned therapeutic program. But the public remains skeptical. In her ten years as a sexual surrogate, Heather Hill, who is licensed as a sex counselor by the city of Los Angeles, has grown to expect skepticism, but has not yet become resigned to it. "Aren't you really just a high-priced called girl?" is a frequent question. This book is her reply. While it is true that she sometimes functions as a paid sexual partner, Hill sees her role as much broader and more professionally based than that. Essentially it's a therapeutic one. The cases described in *Sexual Surrogate* range from the familiar to the bizarre. Heather Hill's moving account of how she helps troubled men and women who come to her is at once disturbing and reassuring -- but it is always fascinating." -- book jacket.

Handbook of Clinical Sexuality for Mental Health Professionals Stephen B. Levine 2011-01-19 The constantly-changing field inspired the second edition of *Handbook of Clinical Sexuality for Mental Health Professionals*. In a state-of-the-art guide, Dr. Levine and his associates continue to help professionals with the assessment and treatment of a large array of sexual concerns. Written in a personal, supervisory style, the book will help new therapists anticipate clinical contingencies and help experienced therapists refine their thinking and teaching. Easily accessible, the *Handbook* is divided into six major sections with helpful annotated references: Being a Therapist; Intimacy; Sexual Dysfunction; Sexual Identity Struggles; The Forgotten; and Additional Vital Topics. Twenty-one chapters have been thoroughly revised and updated, and five new ones have been added. These focus on gay and lesbian life, transitioning to single life, cancer survivorship, the sexual issues of the developmentally challenged, and sex among the aging.

Contemporary Sex Therapy Cate Campbell (Relationship therapist) 2020 *Contemporary Sex Therapy* explores modern sexuality, its expression and problems, and some of the uniquely twenty-first century issues facing sex therapists and society as a whole. Seeking solutions to these and other

common sexual and relationship problems, the book provides a practical, sensitive and modern approach, which tackles the complexities of contemporary relationships, identity, love and sex. A comprehensive, stepped approach to psychosexual therapy is offered, demonstrating how to tackle blocks to sex and intimacy as well as providing an understanding of how and why they develop. Loss of desire, sexual pain and erectile and orgasm difficulties are seen within the context of modern life and relationship dynamics, so that comprehensive and realistic solutions are more readily enabled. The book looks at significant issues such as sexual consent, sexual and gender identity, sexual trauma and culture, as well as the more recent challenges of porn-related sexual dependency, chemsex, female genital cutting and technology. Throughout, the emphasis is on recognising and meeting the specific obstacles and needs of a wide diversity of relationships and experiences, providing a vast toolbox to appropriately address contemporary sexual issues. Established sex therapists, as well as students, will benefit from the book's modern approach which focuses on each partner's experience, avoiding outcome and response anxiety entirely and appreciating the range of pressures experienced by modern couples. Relationship therapists and couples themselves will also be motivated by new ideas and explanations, which often challenge existing intuitive understanding to produce nuanced and effective solutions to improve sex and intimacy.

What Every Mental Health Professional Needs to Know About Sex Stephanie J. Buehler 2013-07-29 Print+CourseSmart

Sex Made Simple Barry W. McCarthy 2015-06-15 Everything you wanted to know about integrating Sex therapy into your practice, Sex Made Simple is a comprehensive guide to healing sexual issues and dysfunction, with dozens of strategies, techniques and methods to promote healthy sexuality for couples and individuals. Tools for couples to maintain strong, resilient sexual desire, Strategies to move past affairs, sexual trauma, variant arousal, Framework for counseling gay individuals and couples, Treating sexual dysfunction, Psychosexual skill exercises, Psychobiosocial model for assessment, treatment and relapse prevention, Case studies Book jacket.

Alcoholism and Sexual Dysfunction David J. Powell 1984 Experts provide specific methodologies for clinicians working with recovering alcoholics and their families. This landmark study of sexual issues in alcoholism treatment addresses impotence in male alcoholics, the sexual dynamics of the client-counselor relationship, homosexual alcoholics, and many other important issues.

Counseling Survivors of Childhood Sexual Abuse (US ONLY) Claire Burke Draucker 2009-02-24 Praise for the Second Edition: 'This is a user-friendly, readable, practical guide to assist survivors of childhood sexual abuse that will be particularly useful to students and practitioners who are new to this field' - Journal of Child and Adolescent Mental Health 'This is a book that should give those who find themselves working with sexual abuse survivors some tools and skills for the job' - Young Minds Magazine 'This book will be found valuable by all therapists and counselors, not just those who have a special interest in childhood sexual abuse. Many will want to follow up the well-selected references the author gives. The detailed index will also help one to browse and read selectively' - Sexual and Relationship Therapy The experience of childhood sexual abuse is a trauma which continues to have an impact on survivors throughout their lives. The pervasive and long-term effects that stem from sexual abuse make it vital that counselors become adept at addressing the unique and complex needs of survivors. In this Third Edition of Counseling Survivors of Childhood Sexual Abuse, Claire Burke Draucker and Donna S Martsof identify the significant healing processes which are essential to achieve recovery. These include: " disclosing the abuse " reinterpreting it from an adult perspective " addressing issues related to the context of the abuse; and " making desired life changes. Each of these processes is discussed in conjunction with the most effective counselling interventions to facilitate resolution. Carefully chosen case examples demonstrate the appropriate use of interventions in practice. The Third Edition includes a wealth of new material covering memory retrieval, outcome research, multicultural counselling, emerging therapeutic approaches, and neuroscience and counseling. Dynamics and difficulties in the therapeutic relationship are also discussed in great depth.

Sex Therapy Handbook E.C. Krohne 2012-12-06

Systemic Sex Therapy Katherine M. Hertlein 2015-02-20 This comprehensive textbook, intended for graduate students in couple and family therapy programs as well as for clinicians of diverse orientations, offers descriptive discussions of sex therapy based on the Intersystem Approach, as developed by Gerald Weeks. The Intersystem Approach considers the biology, psychology, couple dyad, family-of-origin, and larger contextual factors of any sexual disorder or issue. It is grounded in systems theory and represents a new understanding of human sexuality and sexual problems. Appropriate for anyone who wants to progress to a more comprehensive and integrative understanding of sexual dysfunctions, this text will teach the reader how to treat the couple, rather than the individual. Now in a second edition, Systemic Sex Therapy presents 12 updated chapters and two new chapters, bringing the material up-to-date with the DSM-5. Each chapter examines the definition and description of a disorder, its etiology, assessment, treatment, research, and future directions. Experts in the field discuss issues ranging from pharmacology, sexual compulsivity, therapy with lesbian and gay couples, to chapters on male and female lack of desire. A standard text in the field, Systemic Sex Therapy integrates couple and sex therapy to inform the treatment of sexual problems, and to give beginning and experienced clinicians the abilities and confidence they need to produce viable change in their patients' lives.

Counseling of Sexual Disorders by Telephone Dora Minou 1998

Sexual Dysfunction in Men David L Rowland 2012-01-01 "By far the best professional book ever published about understanding, assessing, and treating male sexual dysfunction." Sexual dysfunctions in men, such as erectile dysfunction, ejaculatory disorders, and low sexual desire, are typically sources of significant distress for men. This book, being published with the companion volume Sexual Dysfunction in Women, provides general therapists with practical, yet succinct evidence-based guidance on the diagnosis and treatment of the most common male sexual disorders encountered in clinical practice. It assumes that mental health professionals and other clinicians without expertise in the field of sex therapy have much to offer these men by combining a multidisciplinary understanding of issues surrounding sexual problems with their general clinical knowledge and expertise. With tables and marginal notes to assist orientation, the book is designed for quick and easy reference while at the same time providing more in-depth understanding for those desiring it. The book can serve as a go-to guide for professional clinicians in their daily work and is an ideal educational resource for students and for practice-oriented continuing education. Recent Praise: "Simply put, this is by far the best professional book ever published about understanding, assessing, and treating male sexual dysfunction. David Rowland examines the biopsychosocial model of sexual function and dysfunction and applies a multi-dimensional, complex approach to understanding and changing male sexual dysfunction. This book makes a major contribution to the field and should be on the bookshelf of every psychologist, physician, and couple therapist treating men individually or in couple therapy." Barry McCarthy, Professor of Psychology, American University, Washington DC; certified marriage and sex therapist; coauthor of Men's Sexual Health and Sexual Awareness (5th ed.) "David Rowland's text is an important addition to the literature and belongs in every therapist's library. It is especially valuable because it is designed to help the generalist deal with sexual problems and is written clearly with a practical emphasis." Robert Taylor Segraves, MD, PhD, Professor of Psychiatry emeritus, Case Western Reserve University, Cleveland, OH; Editor of Journal of Sex and Marital Therapy "Written for both professionals and the general population, David Rowland's work provides a comprehensive, scholarly review of men's sexual problems and up-to-date treatments. He concisely examines physiological and psychological causes and provides the theoretical underpinnings necessary for accurate diagnosis and treatment. This compact volume is a valuable source of useful information succinctly covering an all-too-often ignored area of human function and interaction." Diane Morrissette, PhD, Psychotherapist specializing in sex and relationship counseling, Palo Alto, CA "The interdisciplinary expertise of Dr. David Rowland makes this comprehensive book on sexual dysfunction in men an essential read for any professional. The excellent descriptions of assessment and treatment will prove enlightening to medical health providers as well as anyone in the mental health field. The inclusion of the empirical evidence of varying treatments will help clinicians focus on the most efficacious approach. Sex Dysfunction in Men is a welcomed addition to evidence-based practice." Lin Myers, Professor of Psychology, California State University, Stanislaus, researcher, educator, clinician in the field of sexology for over 25 years, full member of the International Academy of Sex Research, and a member of SSTAR, and ASSECT

Treatment Interventions in Human Sexuality Carol Nadelson 2012-12-06 Despite much progress in the past ten years, American medical schools have woefully inadequate sex education curricula. While some have a reasonable amount of lecture time, few have clinical opportunities for students

to develop practical skills in working with patients who are struggling with sexual problems. It is my impression that the same is true in medical and gynecological residencies, as well as in graduate schools of psychology, counseling and social work. This book was specifically written to help fill that gap. This is a book for clinicians, and it will provide a wealth of practical clinical knowledge and skills in dealing with the gamut of patient's sexual concerns, problems and dilemmas. Twenty-four experts have contributed eighteen chapters which address both the common and unusual sexual issues encountered in practice. These include sexual concerns from childhood to old age; gender identity and sexual preference; sexual dysfunction, including that of the physically ill and disabled; counseling with students, premarital, marital, and divorced patients; fertility and infertility; and chapters dealing with rape, incest and other sexual contacts between adults and children. Of particular importance are chapters on human sexuality in American minority populations, a chapter on alcohol, medication and other drugs, and a chapter on medical management of sexual problems in the gay population, a subject long-ignored by the profession. The focus on practical intervention and skill development is amplified by the concluding four appendixes devoted to patient management problems.

Psychosexual Counseling in Andrological Surgery Elena Vittoria Longhi 2019-04-02 This book combines concise descriptions of the various andrological surgical interventions in the adolescent and adult with detailed analysis of the pre- and postoperative psychosexual counseling of the patient and his family that is appropriate to each procedure. It offers a multidisciplinary approach to the candidate for andrological surgery that reflects the everyday experiences of an andro-sexology team. Each chapter focuses on a particular surgical procedure. Succinct description of the disease and its epidemiology, diagnosis, and treatment is followed by extensive discussion of all aspects of psychosexual relevance and the required counseling. Topics addressed include, for example, the impact of diagnosis, body image issues, fears relating to the surgical procedure and its outcome, the risk of excessive expectations and consequent disillusionment, relationship issues and communication problems, and the role of the sexologist. The analysis and guidance offered in this book will be of particular value to the less experienced andrologist and will assist in achieving postoperative patient satisfaction.

Sexual Counseling Eugene C. Kennedy 1989

Hypnosis and Sex Therapy Daniel L. Araoz 1982 This volume presents a remarkably clear and useful integration of hypnosis, cognitive therapy, and sex therapy. Starting from a firm basis in both hypnosis and sex therapy, it evaluates the theoretical rationale for using hypnosis in the treatment of sexual dysfunctions and outlines numerous specific applications. The author introduces important new concepts, particularly the concepts of the processing phase of sexual functioning and of negative self-hypnosis.

Sexuality Counseling Estelle Weinstein 1988

A Clinician's Guide to Systemic Sex Therapy Gerald Weeks 2015-12-07 The second edition of A Clinician's Guide to Systemic Sex Therapy has been completely revised, updated, and expanded. This volume is written for beginning psychotherapy practitioners in order to guide them through the complexities of sex therapy and help them to be more efficient in their treatment. The authors offer a unique theoretical approach to understanding and treating sexual problems from a systemic perspective, incorporating the multifaceted perspectives of the individual client, the couple, the family, and the other contextual factors. Both beginning and experienced sex/relationship therapists will broaden their perspectives with the Intersystem approach and gain information rarely seen in sex therapy texts such as: how to thoroughly assess each sexual disorder, the implementation of various treatment principles and techniques, how to incorporate homework, dealing with ethical dilemmas, understanding different expressions of sexual behavior, and addressing the impact of medical problems on sexuality. Aside from bringing the diagnostic criteria up-to-date with the DSM 5, this new edition contains a new chapter on sensate focus, an expanded section on assessment, more information about development across the lifespan, and more focus on diversity issues throughout the text.

Master Conflict Therapy Stephen J. Betchen 2018-04-17 Illustrated with case studies, this book teaches couples and sex therapists the comprehensive, integrative treatment approach of master conflict therapy (MCT), which combines psychoanalytic conflict theory and Bowen Theory with the basic principles and practice of sex therapy. MCT suggests that each partner has an internal conflict born out of their experiences from their respective families of origin. Partners then choose one another based on these conflicts, and it is only when they are out of balance that the couple experiences symptoms. The authors help clinicians treat couples through providing them with a solid theoretical foundation, a practical assessment procedure, and highly effective treatment techniques to re-balance a couple and, in turn, alleviate their sexual symptoms.

Sexual Health Concerns Michael W. Ross 2000 A guide for mental and physical health practitioners, social workers, and students, giving practical tips on asking basic screening questions, completing more detailed sexual histories, and advising patients and clients. Coverage includes history taking for STDs, reactions to STD infection, sexuality and chronic illness, HIV counseling, and sexual orientation. Examples of questions are given which can help identify common sexual concerns and problems. This second edition gains strength from a third author, and contains new chapters on children and adolescents, and on aging and sexuality. Annotation copyrighted by Book News, Inc., Portland, OR.

The Art of Sex Therapy Supervision James C. Wadley 2018-08-06 The Art of Sex Therapy Supervision is a collection of scholarly writings and case narratives that sheds light on issues that sex therapists face as supervisors or supervisees and provides techniques that can be adapted to fit clients' specific needs. Written by experts in a range of fields, this book covers a wide range of perspectives and methodologies for assisting diverse populations, including conservative Christians, LGBTQ clients, and those who exhibit out-of-control sexual behavior. It addresses individual, relational, and systemic engagement in the context of sexual function/dysfunction, and it also discusses obstructions clinicians can face when providing critical feedback to clients. This book will be useful for aspiring supervisors as well as those who supervise clinicians seeking licensure or certification.

Counselling Survivors of Childhood Sexual Abuse Claire Burke Draucker 2006-05-18 Praise for the Second Edition: 'This is a user-friendly, readable, practical guide to assist survivors of childhood sexual abuse that will be particularly useful to students and practitioners who are new to this field' - Journal of Child and Adolescent Mental Health 'This is a book that should give those who find themselves working with sexual abuse survivors some tools and skills for the job' - Young Minds Magazine 'This book will be found valuable by all therapists and counsellors, not just those who have a special interest in childhood sexual abuse. Many will want to follow up the well-selected references the author gives. The detailed index will also help one to browse and read selectively' - Sexual and Relationship Therapy The experience of childhood sexual abuse is a trauma which continues to have an impact on survivors throughout their lives. The pervasive and long-term effects that stem from sexual abuse make it vital that counsellors become adept at addressing the unique and complex needs of survivors. In this Third Edition of Counselling Survivors of Childhood Sexual Abuse, Claire Burke Draucker and Donna S Martsolf identify the significant healing processes which are essential to achieve recovery. These include: "disclosing the abuse" reinterpreting it from an adult perspective "addressing issues related to the context of the abuse; and "making desired life changes. Each of these processes is discussed in conjunction with the most effective counselling interventions to facilitate resolution. Carefully chosen case examples demonstrate the appropriate use of interventions in practice. The Third Edition includes a wealth of new material covering memory retrieval, outcome research, multicultural counselling, emerging therapeutic approaches, and neuroscience and counseling. Dynamics and difficulties in the therapeutic relationship are also discussed in great depth.

Counseling for Sexual Disorders Joyce Penner 1990 Part of the Resources for Christian Counseling Series, this volume deals with sexual dysfunction and therapeutic techniques in the context of biblical standards of morality. The authors are a husband and wife team with vast counseling experience.

Psychosexual Therapy Susan H. Spence 2013-12-17 The increasing number of individuals and couples seeking help for psychosexual difficulties presents a challenge to the helping professions. Although considerable progress has been made over the past twenty years in the development of therapy approaches, there remains a significant proportion of cases who fail to respond to treatment or whose improvement in sexual functioning is short-lived. It is suggested that such limitations of therapy reflect our lack of understanding of the psychosocial determinants of sexual responding. Whereas the biological determinants are now well understood, much less is known about the psychosocial factors which influence sexual responding.

The aim of this book is to examine in depth some of the psychosocial factors which must be considered during the assessment and treatment of psychosexual dysfunction. It has been written for those helping professionals who already have expertise in cognitive behavioural assessment and therapy. Although much of the text focuses on practical issues, reference is made to empirical evidence regarding the determinants of sexual functioning and effectiveness of therapy methods. A scientist-practitioner approach is followed wherever possible, combined with practical illustrations from the author's own clinical work.

Contemporary Sex Therapy Cate Campbell 2020-02-20 Contemporary Sex Therapy explores modern sexuality, its expression and problems, and some of the uniquely twenty-first century issues facing sex therapists and society as a whole. Seeking solutions to these and other common sexual and relationship problems, the book provides a practical, sensitive and modern approach, which tackles the complexities of contemporary relationships, identity, love and sex. A comprehensive, stepped approach to psychosexual therapy is offered, demonstrating how to tackle blocks to sex and intimacy as well as providing an understanding of how and why they develop. Loss of desire, sexual pain and erectile and orgasm difficulties are seen within the context of modern life and relationship dynamics, so that comprehensive and realistic solutions are more readily enabled. The book looks at significant issues such as sexual consent, sexual and gender identity, sexual trauma and culture, as well as the more recent challenges of porn-related sexual dependency, chemsex, female genital cutting and technology. Throughout, the emphasis is on recognising and meeting the specific obstacles and needs of a wide diversity of relationships and experiences, providing a vast toolbox to appropriately address contemporary sexual issues. Established sex therapists, as well as students, will benefit from the book's modern approach which focuses on each partner's experience, avoiding outcome and response anxiety entirely and appreciating the range of pressures experienced by modern couples. Relationship therapists and couples themselves will also be motivated by new ideas and explanations, which often challenge existing intuitive understanding to produce nuanced and effective solutions to improve sex and intimacy.

Therapy with Couples Michael Crowe 2008-04-15 Since the first edition of this practical book was published in 1990, a number of important developments have taken place and have been incorporated into the new edition. There are now many kinds of "non-traditional" relationships that accompany an increasing divorce rate and the shrinking number of marriages. Co-habitation, remarriage, step-parent/step-child relationships and their implications for the extended family, their strengths and areas of tension are examined. Accompanying these changes has been a development in therapeutic approaches and additional outcome data is now available. Rapid progress has been made in treatments, and their implications are described. In addition the therapeutic managing of separating and divorcing couples, domestic violence, and the aftermath of sexual and physical abuse are discussed.

Alcoholism and Sexual Dysfunction Bruce Carruth 2014-04-04 Experts provide specific methodologies for clinicians working with recovering alcoholics and their families. This landmark study of sexual issues in alcoholism treatment addresses impotence in male alcoholics, the sexual dynamics of the client-counselor relationship, homosexual alcoholics, and many other important issues.

Sexuality Counseling Christine Murray 2016-01-12 "Sexuality Counseling: Theory, Research, and Practice is an important resource for mental health practitioners. Sexuality is complex and rather than attempting to simplify, this book works within that complexity in a well-organized and comprehensive way." - Alexandra H. Solomon, Northwestern University Providing a comprehensive, research- and theory-based approach to sexuality counseling, this accessible and engaging book is grounded in an integrative, multi-level conceptual framework that addresses the various levels at which individuals experience sexuality. At each level (physiological, developmental, psychological, gender identity and sexual orientation, relational, cultural/contextual, and positive sexuality), the authors emphasize practical strategies for assessment and intervention. Interactive features, including case studies, application exercises, ethics discussions, and guided reflection questions, help readers apply and integrate the information as they develop the professional competency needed for effective practice.

Sexuality and Its Disorders Mike Abrams 2016-11-01 Sexuality and Its Disorders explores sexuality from an evolutionary perspective using powerful, real-life case studies to help readers provide effective guidance around issues relating to sexuality. Drawing on his 30 years of clinical experience and research, author Mike Abrams provides a comprehensive, evidence-based, and clinically-oriented text with cutting-edge coverage throughout. Discussions include the physical and psychological development of sexual identity; the social aspects of sexual behavior; the many expressions of sexuality; cognitive behavior treatment of sexual problems; and more. The many perspectives of sexuality are examined with interviews and commentaries from major figures in the field—including David M. Buss, Helen Fisher, C. Sue Carter of Kinsey, Todd K. Shackelford, Ken Zucker, and Gordon Gallup—who discuss such topics as the origins of sexuality, the nature of love, the role of attachment, and the treatment of sexual problems.

Sexual Dysfunction in Men David L Rowland 2012-01-01 "By far the best professional book ever published about understanding, assessing, and treating male sexual dysfunction." Sexual dysfunctions in men, such as erectile dysfunction, ejaculatory disorders, and low sexual desire, are typically sources of significant distress for men. This book, being published with the companion volume *Sexual Dysfunction in Women*, provides general therapists with practical, yet succinct evidence-based guidance on the diagnosis and treatment of the most common male sexual disorders encountered in clinical practice. It assumes that mental health professionals and other clinicians without expertise in the field of sex therapy have much to offer these men by combining a multidisciplinary understanding of issues surrounding sexual problems with their general clinical knowledge and expertise. With tables and marginal notes to assist orientation, the book is designed for quick and easy reference while at the same time providing more in-depth understanding for those desiring it. The book can serve as a go-to guide for professional clinicians in their daily work and is an ideal educational resource for students and for practice-oriented continuing education. Recent Praise: "Simply put, this is by far the best professional book ever published about understanding, assessing, and treating male sexual dysfunction. David Rowland examines the biopsychosocial model of sexual function and dysfunction and applies a multi-dimensional, complex approach to understanding and changing male sexual dysfunction. This book makes a major contribution to the field and should be on the bookshelf of every psychologist, physician, and couple therapist treating men individually or in couple therapy." Barry McCarthy, Professor of Psychology, American University, Washington DC; certified marriage and sex therapist; coauthor of *Men's Sexual Health and Sexual Awareness* (5th ed.) "David Rowland's text is an important addition to the literature and belongs in every therapist's library. It is especially valuable because it is designed to help the generalist deal with sexual problems and is written clearly with a practical emphasis." Robert Taylor Segraves, MD, PhD, Professor of Psychiatry emeritus, Case Western Reserve University, Cleveland, OH; Editor of *Journal of Sex and Marital Therapy* "Written for both professionals and the general population, David Rowland's work provides a comprehensive, scholarly review of men's sexual problems and up-to-date treatments. He concisely examines physiological and psychological causes and provides the theoretical underpinnings necessary for accurate diagnosis and treatment. This compact volume is a valuable source of useful information succinctly covering an all-too-often ignored area of human function and interaction." Diane Morrissette, PhD, Psychotherapist specializing in sex and relationship counseling, Palo Alto, CA "The interdisciplinary expertise of Dr. David Rowland makes this comprehensive book on sexual dysfunction in men an essential read for any professional. The excellent descriptions of assessment and treatment will prove enlightening to medical health providers as well as anyone in the mental health field. The inclusion of the empirical evidence of varying treatments will help clinicians focus on the most efficacious approach. *Sex Dysfunction in Men* is a welcomed addition to evidence-based practice." Lin Myers, Professor of Psychology, California State University, Stanislaus, researcher, educator, clinician in the field of sexology for over 25 years, full member of the International Academy of Sex Research, and a member of SSTAR, and ASSECT

Women and Sex Therapy Ellen Cole 2014-03-18 Outstanding feminist scholars present seldom discussed women's views of sexuality. In the past, there has been little feminist discussion among sexuality professionals and between feminist therapists and sex therapists. The valuable ideas expressed by the contributors to this book are aimed at increasing the possibilities for all therapists and counselors to discuss with their clients the nature of sexuality, and in particular, what women feel about sex. Professionals provide remarkable perspectives on issues that concern all women--orgasm, the double standard, new reproductive options, intimacy, bisexuality, and more.

Counseling For Sexual Disorders

Counseling For Sexual Disorders: In today digital age, eBooks have become a staple for both leisure and learning. The convenience of accessing Counseling For Sexual Disorders and various genres has transformed the way we consume literature. Whether you are a voracious reader or a knowledge seeker, read Counseling For Sexual Disorders or finding the best eBook that aligns with your interests and needs is crucial. This article delves into the art of finding the perfect eBook and explores the platforms and strategies to ensure an enriching reading experience.

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